

Norman Ingram PS

50 Duncairn Rd, North York, ON M3B 1C8 | Tel: (416) 395-2720

Date: Friday, May 8, 2026

[School Website](#) / [2025-26 School Year 5-Day Calendar](#)



Principal's Message

Dear Norman Ingram Families,

We have had a wonderful week at Norman Ingram, filled with school spirit, community, and important reminders about how we care for one another and our school environment.

Thank you to everyone who supported our recent Dance Fundraiser. We will announce the total funds raised next week. It was great to see so much joy, positive energy, and enthusiasm throughout the school. A special thank you to James, one of our Kindergarten parents, for generously donating the DJ services, and to Mr. Arthurs for helping organize the event. Funds raised will support the purchase of new library resources and math manipulatives to support student learning.

This week's morning announcements theme has been the joy of learning and being at school. We continue to remind students that school is a place where we learn, grow, make friends, try new things, and celebrate together. We also spoke about kindness, respect, and taking pride in our shared spaces. Students were reminded to keep our school yard and field clean by placing garbage and recycling in the proper bins. Our school environment belongs to all of us, and we all have a role in keeping Norman Ingram clean, safe, and beautiful.

We also want to welcome Ms. Anita Paul, who is supporting us as our temporary Office Administrator. If your child will be absent, please email your child's classroom teacher and copy both Ms. Anita Paul and me so that absences can be recorded accurately. We would also like to sincerely thank Ms. Lillian Ozvald for her support and service to the Norman Ingram community. Ms. Ozvald is now supporting a new school community, and we wish her all the very best in her new placement.

Ms. Anita Paul: anita.paul@tdsb.on.ca

Mr. Flegas: konstantinos.flegas@tdsb.on.ca

Starting next week, we will also begin our nutrition program. Please see the details below for more information.

Thank you for your continued support and partnership. Have a wonderful weekend.

Kosta Flegas
Principal

Significant Dates:

Next week:

- **May 11: School Council Meeting (7 pm in the library).** Please use door 4 to enter the school.
- **May 13: Spring Choral Concert (11 am - 11:30 am)** - Our theme this year is all about unity, strength and hope. The show is approximately 30 minutes long, and we hope that your students will be inspired by these powerful songs.
- **May 14: Track and Field**

Future Dates:

- **May 18: No School (Victoria Day)**
- **May 20: Kindergarten Open House (4:30 pm to 5:30 pm)**
- **May 25-May 30: EQAO (Grade 3)**
- **June 4: Fun Fair & Art Exhibit**
- **June 5: No School (PA Day)**
- **June 8: Sunshine Therapy Dogs**
- **June 11: Jump Rope Event**
- **June 16: Grade 5 Trip (Cedar Glen YMCA Outdoor Education Center - 9:00 am - 7 pm)**
- **June 23: Grade 5 Graduation / Farewell (2:30 pm-3:45 pm)**
- **June 25: Last day for students**
- **June 26: No School (PA DAY)**

Student Nutrition Program 2026

Dear Parents/Caregivers,

We are pleased to let you know that beginning next week, we will also be starting our nutrition program. The Student Nutrition Program (SNP) will provide a healthy morning snack to all of our students. This program supports the health and well-being of students and their daily learning. Studies have shown that a nutritious meal at the start of the day helps improve students' academic success.

Program Details

Our nutrition program begins on Tuesday, May 12, 2026 and runs until June 2026. The meals/snacks will be offered in the morning before recess time.

Students are served food items from 2/3 food groups: fruits/vegetables, whole grains, and protein (such as dairy, cheese, or yogurt). Food choices follow the provincial Nutrition Guidelines for student nutrition programs.

Participation

All students are included regardless of financial contribution. If you do *not* wish your child to be part of the program, please email me at konstantinos.flegas@tdsb.on.ca.

Parent Contributions

Our program receives only partial funding from the city and province. We rely on family and community support to help sustain the program for the full school year.

Suggested contribution: Any amount is much appreciated. If you would like to make a contribution, please use the following link:

TFSS – Website Donation Procedure

Donations can be made to a specific SNP through the TFSS website at

<https://tfss.ca/donate/schoolsitessnp>

Donors should follow these steps:

1. Choose the option either a one-time donation or a recurring donation (this will recur indefinitely until notified).
2. Select your donation contribution.
3. Choose the school from the drop-down.
4. Complete the donor information, as this will be shown on the tax receipt.
5. Once all is confirmed, "Give Securely" will prompt payment information. 6. Enter payment information.

Donations of \$10 or more are eligible for a tax receipt. We would also like to thank our lunchroom supervisor, **Ms. Uma Suriyakumar**, for taking on the role of **Nutrition Program Coordinator** at Norman Ingram.

More information will be shared in the coming weeks. We will also need the support of our school and parent community through **volunteer opportunities and fundraising** to help sustain and strengthen the program.

Please reach out to the school if you have any questions, ideas, or would like to support this important initiative.

Allergy Safety

We offer only nut-free and peanut-free food items and will attempt to accommodate other allergies as much as possible.

[Jump Rope for Heart \(Poster\)](#)

On Thursday, June 11th, students at Norman Ingram will be jumping for a cause! We are excited to have students once again participate in a fun afternoon of skipping, music, and school spirit. Our student kickoff assembly will happen on Monday, where students will learn about being active and staying healthy, as well as learn about our school fundraising efforts for the Heart and Stroke Foundation. An information postcard will go home with your child on Monday.

The grade four and five students from Ms. Bloom's class will also be selling drinks and freezies on Friday, May 15th and Friday, May 29th. All money raised will be added to our [school fundraising page](#), along with those families who wish to personally donate using the link below.

The school's JUMP ROPE FOR HEART donation page is as follows: <https://jumpropeforheart.crowdchange.ca/117250>

Track and Field Schedule

Tuesdays and Thursdays

- May 12
- Conference Qualifiers – May 19, 21, 26, 28
- City Qualifiers – June 4

Track and Field Meets:

- Area Championships – Thursday, May 14 at Esther Shriner Stadium
- Conference Championships – Tuesday, June 2 at Esther Shriner (qualifiers – Top 4 finishers)
- City Championships – Tuesday, June 9 at Birchmount Stadium (qualifiers – Top 4 finishers)

[Slo-Pitch \(baseball\)](#)

Dear Parents and Guardians,

Your child has expressed interest in participating in the Slo-Pitch (baseball) program at Norman Ingram. Please review all pages and fill in **pages 2 and 3 of the try-out participation form** and return them as soon as possible to confirm your child's participation.

Tryout and Practice Schedule:

All sessions will take place from **7:50 AM to 9:00 AM** on the following dates:

- Wednesday, May 13, 2026

Additional dates will be added and will be communicated in advance.

If you have any questions, please reach out.

Sincerely,

Mr. Arthurs and Mr. Whittington

School Council Messages

Dear Families and Staff,

Fun Fair! June 4th, 2026 🎉

Our End-of-Year Fun Fair is coming soon, and we can't wait to celebrate together as a school community! Be sure to save the date for an evening filled with fun, food, games, prizes, and community spirit. More details will be shared soon!

We also need your help to make our **Silent Auction Gift Basket Fundraiser** a success. Each class will be helping to create a themed gift basket for the auction, with all proceeds going back to support school initiatives and student enrichment opportunities at Norman Ingram. If they have not already, your class parent representative will be reaching out soon with details about your class theme and how you can contribute.

In addition, we are looking for donations of all kinds for our Silent Auction — gift cards, vouchers, event tickets, experiences, artwork, housewares, décor items, and more! Every contribution helps make this fundraiser a success for our students and school community.

Parent Council Meeting Reminder:

Please join us for our next Parent Council Meeting on **Monday, May 11th (7 pm)**. We'd love to see you there and share more exciting Fun Fair updates!

Continuing Education Summer 2026 Programs & Registration

Please see the [latest Continuing Education summer programming updates](#). These can be included in your next e-newsletter or other school communications.

Visit the [Summer Programs webpage](#) for more information. Highlights include:

- Elementary Summer School Program and International Languages Summer Program
- Secondary Credit Programs Summer School
- Reach Ahead Program and Summer Music Camp
- Learn4Life – General Interest Programs (Adults and Seniors)

Kindergarten Inspired to Excel Summer Learning Program

The Inspired to Excel Pre-Kindergarten - Kindergarten Summer Learning Program welcomes pre-school students who will be **starting school in September 2026**, as well as students who are **currently in JK at a TDSB school** (SK in September 2026). The program cultivates a strong sense of self-awareness, positive identity development, and belonging in our early learners. The program develops foundational skills in literacy and numeracy while connecting play and learning to a child's identity and interests. The Inspired to Excel program values and affirms families and their community as partners within the educational process.

Please take a moment to [review the flyer](#) and [complete this form](#) in its entirety to register for the Inspired to Excel Pre-Kindergarten - Kindergarten Summer Learning Program. A confirmation of enrolment will be sent to families mid-June 2026.

Start Right Social Skills – Summer Program ([Poster](#))

The free **Start Right Social Skills Summer Program** is available for children entering **Senior Kindergarten or Grade 1**. This one-week, small-group “play-and-learn” program supports children with school readiness, social skills, sharing, following directions, expressing feelings, problem-solving, and making friends. Sessions are offered in July and August at **197 Euclid Ave., Toronto**, with morning and afternoon options available. For registration or more information, please contact **416-603-1827 ext. 8017** or intake@childdevelop.ca.

Lyme Disease – Resources & Info from City of Toronto

Over the last several years, we have had information about Blacklegged Ticks and the spread of Lyme Disease. [The risk of Lyme Disease](#) can be decreased by preventing tick bites, early detection, and removal of ticks. Ticks are often found in areas with trees, shrubs, grass, woodpiles, and leaf piles. Common locations include yards, lawns, and areas where forests or wooded areas meet lawns or gardens. This includes school yards.

Please find information on how to prevent tick bites and Lyme disease below. This information can be **shared with your school communities**. Questions? Contact your TDSB Health and Safety Officer or [David Hawker-Budlovsky](#).

- Wear light-coloured clothing so ticks are easy to see
- Cover up by wearing closed footwear and tucking pants into socks
- Use a repellent that contains [DEET](#)
- [Perform full-body checks](#) on yourself, children, and pets
- Find out [how Lyme disease is identified and treated](#)