

Norman Ingram PS

50 Duncairn Rd, North York, ON M3B 1C8 | Tel: (416) 395-2720

Date: Thursday, April 17, 2026

[School Website](#) / [2025-26 School Year 5-Day Calendar](#)



Principal's Message

Dear Norman Ingram Families,

Over the past little while, I have noticed a great deal of excitement and energy in the building. The children can feel the warmer weather arriving, and they also know that the summer break is gradually getting closer. This seasonal shift often brings a little extra buzz to the school day, and it is a good time for us to gently remind students about the importance of continuing to be kind, respectful, and thoughtful in their words and actions. We ask families to reinforce with children the importance of respecting one another's personal space and physical boundaries at all times.

I would also like to ask for your support with an important safety reminder. Students are expected to remain on school property throughout the school day unless they are signed out through the office. Maintaining student safety and appropriate supervision at all times is a shared responsibility. Thank you for your support with this.

We also kindly ask that Pokémon cards and other personal toys or collectible items not be brought to school. Unfortunately, these items have been contributing to conflicts between students. We also ask that students not bring money to school unless it is for a specific school-related purpose. Your support in helping us reduce distractions and avoid unnecessary conflicts is greatly appreciated.

This week, I also had the chance to see many wonderful examples of perseverance and grit. On Thursday morning, Mr. Arthurs welcomed parents into the school for a presentation that was funny, engaging, and full of personality. All of the students did an excellent job. What may not have been visible to everyone was the hard work behind the scenes and, in several cases, the courage it took for students to overcome their fear of presenting in front of so many parents. Watching them speak with confidence and do such an excellent job made me very proud and happy to see how far they have come in reaching their goals.

Thank you to the parents who attended on Thursday morning, to Mr. Arthurs for his excellent work, and of course to the superstars and stand-up comedians in Room 210. Thank you as well to all of our families and staff for your ongoing support of our students and our school community. We will continue sharing success stories from across the school and celebrating the many ways our students are growing, learning, and shining.

Warm regards,
Kosta Flegas
Principal

Significant Dates:

- April 23: Family Dance Social & Bake Sale (5:30 PM – 7:30 PM)
- April 27: Grade 3 Universal Screening
- April 30: Grade 3 Universal Screening
- May 11: School Council Meeting
- May 14: Spring Choral Concert
- May 18, 2026: No School (Victoria Day)
- May 20: Kindergarten Open House (5:30 pm to 6:30 pm)
- May 25-May 30: EQAO (Grade 3)
- June 4: Fun Fair & Art Exhibit
- June 5: No School (PA Day)
- June 11: Jump Rope Event
- June 16: Grade 5 Trip
- June 23: Grade 5 Graduation / Farewell (2:30 pm-3:45 pm)
- June 25: Last day for students
- June 26: No School (PA DAY)

Track and Field Schedule

Tuesdays and Thursdays

- April 21, 23, 28, 30, May 5, 7, 12
- Conference Qualifiers – May 19, 21, 26, 28
- City Qualifiers – June 4

Track and Field Meets:

- Area Championships – Thursday, May 14 at Esther Shriner Stadium
- Conference Championships – Tuesday, June 4 at Esther Shriner (qualifiers – Top 4 finishers)
- City Championships – Tuesday, June 9 at Birchmount Stadium (qualifiers – Top 4 finishers)

Slo-Pitch (baseball)

Dear Parents and Guardians,

Your child has expressed interest in participating in the Slo-Pitch (baseball) program at Norman Ingram. Please review all pages and fill in **pages 2 and 3 of the try-out participation form** and return them as soon as possible to confirm your child's participation.

Tryout and Practice Schedule:

All sessions will take place from **7:50 AM to 9:00 AM** on the following dates:

- Friday, April 17, 2026 (**Tryout**)
- Wednesday, April 22, 2026 (**Tryout**)
- Friday, April 24, 2026
- Wednesday, April 29, 2026
- Friday, May 1, 2026
- Wednesday, May 6, 2026
- Friday, May 8, 2026
- Wednesday, May 13, 2026

Additional dates will be added and will be communicated in advance.

If you have any questions, please reach out.

Sincerely,

Mr. Arthurs and Mr. Whittington

Important Info:

- Please drop off your baked goods by 4:00 PM on the day of the event (April 23rd).
- Nut-free treats only, please!
- Label any baked goods that are gluten-free, dairy-free, or contain common allergens.
- We also request that an ingredient list be sent in so that we can post it along with your baked good.
- Kindly provide any serving utensils required to serve your baked goods.
- *If you would like to volunteer your time during the evening, please choose any area(s) you would like to help out in and what time(s)*

Let's make our Dance Social sweeter than ever! Thank you for your support!

Please use the link below to sign up for our Volunteer list to bake or assist throughout the evening.

<https://docs.google.com/forms/d/e/1FAIpQLSdunQCS-Vu693B0uN-wlMUBBrD4PFHV3lfzfm1bGNLhDUjsg/vie wform?usp=sharing&oid=115599561727804627258>

Social Media & Safety: A Parents' Roadmap is an engaging evening for parents and caregivers to better understand the digital world young people are navigating every day. We will talk openly about online exploitation, sextortion and AI, and harmful digital behaviours, while keeping the focus on practical, realistic ways to support children's safety and well-being online.

This session is about building confidence, not fear. You will leave with clear strategies, conversation starters, and tools to help your child make safer choices, set healthy boundaries, and know when and how to ask for help. To register for the event, please click here:

[Registration Link](#)

Food will be served, childcare is available, and community partners will be present. We hope you will join us for an evening of learning, connection, and shared care.

For any further questions, please contact mentalhealthandwellbeing@tdsb.on.ca.

Free Adult ESL Classes at Overland Learning Centre ([Poster](#))

TDSB families are invited to learn about free Adult ESL classes offered at **Overland Learning Centre**, located at **55 Overland Drive (Lawrence and Don Mills)**. These classes are available for eligible adults aged 18 and over in certain immigration categories and include flexible scheduling options in the morning, afternoon, or both. The program runs during the TDSB school year, with continuous enrolment and regular English assessments. A YMCA language assessment is required before attending. Families who have already been assessed can contact the program directly at AdultESL@tdsb.on.ca or **416-395-5080**. Families who have not yet been assessed can contact the YMCA at languagetest@ymcagta.org or **416-925-5462**. More information is also available at ESLtoronto.ca.