

Northview Heights S. S.



Principal: A. Ghazariansteja; Vice-Principals: C. Lee, A. Marshall, E. Winick; Superintendent: A. Morgan

550 Finch Ave. West, Toronto, ON M2R 1N6 Telephone: 416.395.3290

January 27 – January 31, 2025

<i>CURRENT WEEK</i>	<i>NEXT WEEK</i>
MON. January 27	MON. February 3
EXAMS	
TUES. January 28	TUES. February 4
EXAM CONFLICTS	<ul style="list-style-type: none"> Last Day to submit Semester 2 Course Change Requests
WED. January 29	WED. February 5
<ul style="list-style-type: none"> Exam Review Day Pd 1: 9:00-9:30a.m Pd 2: 9:35-10:05a.m Pd 3: 10:10-10:40a.m Pd 4: 10:45-11:15a.m Lunar New Year 	Superintendent Visit 9:00-11:00a.m
THURS. January 30	THURS. February 6
P.A Day No School <ul style="list-style-type: none"> Course Selection Information Night 6:30 p.m. 	<ul style="list-style-type: none"> Arts SHSM-NHSS Ontario Skill Day Course Selection Assemblies Course Selection Fair
FRI. January 31	FRI. February 7
<ul style="list-style-type: none"> Semester 2 Begins Pd 1: 9:00-10:00a.m Pd 2: 10:05-11:05a.m Lunch 11:05-12:05p.m Pd 3: 12:05-1:05p.m Pd 4: 1:10-2:10p.m Exam Review Semester 1, 2:15-3:15p.m 	<ul style="list-style-type: none"> Course Selection Fair SHSM Lunch/Learn

Save the Dates:

- Feb 10 – Expectations Assembly, Pd 2, Grades 9, 11
- Feb 11 – Expectations Assembly, Pd 2, Grades 10, 12
School Council Meeting 6:30 p.m.
- Feb. 14 – P.A Day
- Feb 17 – Family Day (Holiday)
- Feb 18-28 – Grad Photos
- Feb 19 – Late-Start 9:55a.m
- Feb 26 – Late-Start 9:55a.m
Pink Shirt Day

Survey

Here is the link to the student workload survey for students to complete: <https://forms.gle/nrudsknBuy3dN6su6>

Exam Schedule and Procedures

Here are the [exam schedule](#) and [exam procedures manual](#) for Semester 1. Families are encouraged to print page 4 of the manual and have their student **write in their exam details in the calendar** for posting at home. An [exam and culminating fact sheet](#) from the TDSB is also included for your reference.

Special Education:

A few updates:

Please see the attached calendar for an overview of the upcoming week: [January overview calendar](#)

Accommodations and Exams: All IEP students will be available and have extra time within the exam classroom itself.

Bus students and exams: The bus companies have been notified of the schedule for all students writing an exam and for all days that are an altered schedule. If you are bringing in your child yourself or picking them up yourself for an exam, please follow the same process as during the regular year.

Retirement

ALEX SMITH IS RETIRING!

Congratulations to our dear Alex Smith on a long and successful career at Northview Heights S.S. In his quarter-century career here, he positively impacted both students and staff with his infectious enthusiasm, creativity and laughter. He is responsible for numerous editions of Northview's yearbook and remains an active volunteer at the beautiful vegetable gardens adjacent to the school.

He may be retiring from his daily duties, but you don't have to go far to find him because he will be continuing his fantastic work with the community garden.



National Day of Remembrance of the Quebec City Mosque Attack and Action Against Islamophobia 2025

Wednesday, January 29 is the National Day of Remembrance of the Quebec City Mosque Attack and Action Against Islamophobia, honouring the six lives lost in the 2017 attack at the Islamic Cultural Centre of Quebec City. This tragic event forever impacted families, injured many, and deeply affected Muslim communities everywhere.

Our schools must be spaces where everyone feels they belong, are valued, and can thrive. To commemorate this day, the Equity, Anti-Racism, Anti-Oppression Department, in collaboration with the TDSB's Islamic Heritage Committee, is offering a virtual interactive storytelling session around the book, *The Boldest White: A Story of Hijab and Community* by S.K. Ali and Olympic medalist Ibtihaj Muhammad and illustrated by Hatem Aly. This inspiring picture book explores themes of courage, belonging, and community.

[Join us on January 29](#) at 12:45 pm for a virtual session available for classrooms and from 6 to 7 p.m. for a virtual session available to Kindergarten to Grade 6 students and their families.

Here is a list of curated resources for educators to learn and build a critical consciousness about Islamophobia:

- § [Islamic Heritage LLR Professional Teaching and Learning Library Resource Guide](#)
- § [Islamic Heritage Month Day of Remembrance: January 29](#)
- § [Government of Canada: Resources on Combatting Islamophobia](#)
- § [Culturally Responsive & Relevant Resources List](#)
- § [Islamic Heritage Month Committee](#)

Student Support Foyer Display Case

In case your students are experiencing stress or anxiety during this time leading up to the evaluation/culminating period please take them for a quick break to the front foyer display case. (See photo below.) The goal for this display is to arm students with clear study skills & resources; show our support; and to remember to practice self-care



during stressful times.

The exhibit has:

- Study tips for students, by students
 - Resources for students in the school that support their mental health (services, facilities & clubs)
 - Songs to listen to that focus on working hard / perseverance / etc.
 - Words of affirmation
 - A supportive message on behalf of all their teachers
 - An interactive area that hopefully supports their mental/emotional health:
- Look into the mirror in the display case!

Important Reminders from Guidance:

Course Selection for 2025-2026:

- **Parent Information Evening:** Thursday, January 30, 2025 at 6:30 PM in the school auditorium.
- Mark your calendars to stay on track!
- 2. **Course Change Requests for Semester 2:**
 - **Course Change Request Forms** will be available starting Friday, January 31st.
 - **Deadline to submit requests:** Tuesday, February 4th.
 - **Note:** Classes are full, and waitlists are closed. Changes are only possible for:
 - Students who failed a prerequisite in Semester 1.
 - Grade 11 and 12 students changing pathways or missing graduation requirements.

Stay organized and ensure you meet these key deadlines!

African Heritage Month

People of African descent have a rich legacy of cultural practices and traditions across generations. The Centre of Excellence for Black Student Achievement in collaboration with various community educators is excited to offer diverse learning experiences focused on honouring and affirming African, African-Caribbean and Black students' identities by embedding African-centred practices in instructional programming. These learning experiences further include opportunities for staff and caregivers and community members. The Centre of Excellence's January 2025 Calendar of Engagement can be found [here \(bit.ly/CEBSAJan2025\)](https://bit.ly/CEBSAJan2025). Please visit our [internal TDSB Staff website](#) for other resources and experiences, including recorded sessions.

Educators, join us with your class for the following experiences:

"My Blackness Is..." Identity Affirming Poetry with Dwayne Morgan (Gr. 4 - 10)

January 27, 2025

9:30 - 10:30 a.m. (virtual)

[Register](#)

ABC's of Literacy

January 28, 2025

6:30 – 7:00 p.m. (virtual)

[Register](#)

TDSB Transition Support

The [TDSB Transition Support website for families](#) is a new resource designed to assist families (and educators) in navigating key transitions throughout a student's educational journey, from Kindergarten to Post-21. These user-friendly platforms offer valuable tools, information, and support tailored to ensure successful transitions for all students, including those with disabilities and special education needs. Whether transitioning to a new grade, moving to a different school, or preparing for life beyond secondary education, the website provides practical resources and guidance to help educators and families plan effectively and make informed decisions.

Drop-Off & Pick-Up Zone

Please use the drop off and pick-up zone at Northview to drop off and pick-up your child.

DROP OFF



Affirming Muslim Identities & Addressing Islamophobia

TDSB Muslim Community Members, We Want Your Feedback

**TDSB Muslim Community Members:
We Want Your Feedback**

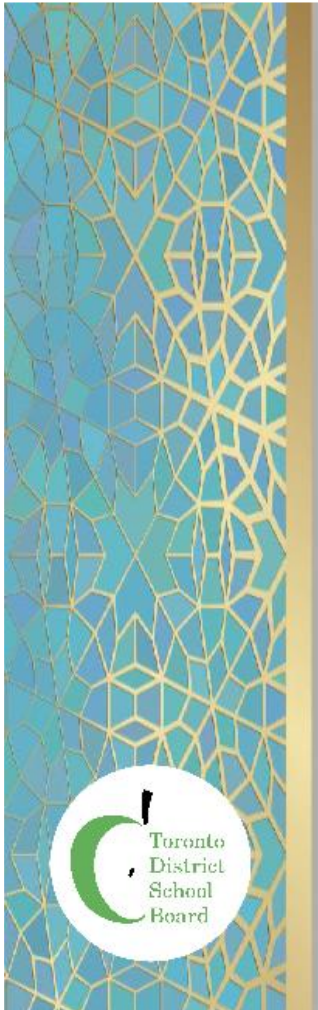
The Toronto District School Board (TDSB) invites TDSB students, families and community members who self-identify as part of the Muslim diaspora to attend a community consultation. These consultations will support the development of a multi-dimensional strategy to affirm Muslim identities and address Islamophobia within the TDSB.

Attendees are encouraged to participate in conversations exploring the various ways the TDSB can nurture, affirm and support Muslim students, families and community members, while also understanding and addressing manifestations of Islamophobia.

Please see below for the date, location and time of the different community consultations taking place between January and February 2025.

Click or Scan the QR Code to Register!

Date	Time	Location	Intersection	Registration
Tuesday, January 28, 2025	5 PM - 8 PM	Daniels Spectrum Cultural Centre 585 Dundas St E, Toronto	Dundas & Parliament	 Accessible link: bit.ly/Consult2025
Wednesday, January 29, 2025	5 PM - 8 PM	International Muslim Organization (IMO) 65 Rexdale Blvd. Toronto	Rexdale & Islington	
Monday, February 3, 2025	5 PM - 8 PM	David & Mary Thomson CI 125 Brockley Drive, Toronto	Lawrence East & Midland	
Thursday, February 6, 2025	5 PM - 8 PM	Masjid Darussalam - Islamic Society of Toronto 20 Overlea Blvd, East York	Overlea & Millwood	
Monday, February 10, 2025	6 PM - 8 PM	Virtual via Zoom (TDSB Students Only)		

**2025 Grad Photos**

The portal for Grade 12 students to book their grad portrait session is now open. Book your appointment **before** February 18th.



GRAD PHOTOS

DON'T MISS OUT!

Book your portrait session at
BOOKMYGRAD.CA



#EdgeGrad25
Do Good & Get Rewarded!

Find out how you could win a bursary
Check out edgeimaging.ca/win
for details

Book your session today!
Grab your student card and go to bookmygrad.ca to book your Graduation Photo Session! Enter your school code and student number to get started.
SCHOOL CODE: NVH - Photos Start Feb 18

January Days of Significance

Happy New Year! - We recognize many dates of significance that are celebrated and commemorated in January. "Later this month, on January 21, is Lincoln Alexander Day. This day commemorates the Ontario-born trailblazer and former Lieutenant Governor of Ontario who championed racial equality in Canada. Lunar New Year will be celebrated by many Asian communities and cultures on January 29. Every year, the start of the lunar calendar symbolizes renewal, family and hope. January is Tamil Heritage Month, which recognizes the valuable contributions that Tamil Canadians have made to Ontario's social, economic, political and cultural fabric."

Please see more on the January Days of Significance recognized by the Ontario Government below –

- **January 27:** International Holocaust Remembrance Day recognizes the anniversary of the liberation of Auschwitz-Birkenau, a concentration camp in German-occupied Poland during the Second World War. This annual day of commemoration honours the six million Jewish victims of the Holocaust and millions of other victims of Nazism.
- **January 29:** National Day of Remembrance of the Quebec City Mosque Attack and Action Against Islamophobia recognizes our commitment to eliminating Islamophobia and the remembrance of six people who lost their lives – as well as the 19 others who were seriously injured – during the 2017 terrorist attack at the Centre culturel islamique de Québec in Sainte-Foy.
- **January 29:** Lunar New Year /Chinese New Year/Spring Festival

January is Tamil Heritage Month

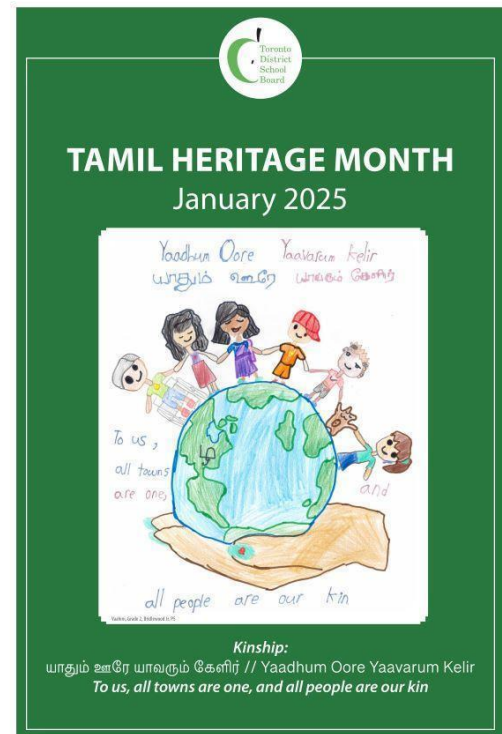
The month of January is recognized by the TDSB as Tamil Heritage Month. This year's theme for Tamil Heritage Month is:

Kinship:

யாதும் ஊரே யாவரும் கேளிர் // Yaadhum Oore Yaavarum Kelir

To us, all towns are one, and all people are our kin.

Toronto has the largest Tamil population outside of the South Asian subcontinent with thousands of TDSB students and staff members who identify as Tamil. The importance of building awareness, creating a strong self and collective identities, and understanding one's own roots and rights are important objectives of the Tamil Heritage Month volunteer planning committee. We are proud to recognize Tamil Heritage Month at the TDSB through various educational opportunities for students to learn about the history, culture, and traditions. For further information about Tamil Heritage Month, please follow on twitter to learn interesting facts on Tamil customs and traditions [@TDSB Tamil](https://twitter.com/TDSB_Tamil).



Night School 2024-2025 Semester 2 for Secondary Students - Registration closes Friday, January 31, 2025 at 10:00

a.m. For more information, please visit <https://schoolweb.tdsb.on.ca/conedsecondarycreditprogram/Night-School>

eLearning is still open: <https://schoolweb.tdsb.on.ca/elearning/e-Learning-Day-School>

Speaker's Idol - Speeches due on January 31, 2025

FSWC's Speaker's Idol is an annual public-speaking competition open to Canadian students in grades 6 to 12. Students are asked to reflect on a selected quote by Holocaust survivor Simon Wiesenthal, relate the quote to a human rights issue of their choice, and discuss ways in which they envision countering this issue and creating positive change in our world.

The first stage of the Speaker's Idol program is a written submission, followed by three rounds of oral presentations.

If you have any questions about Speaker's Idol 2025, please reach out to education@fswc.ca



FRIENDS OF SIMON WIESENTHAL CENTER FOR HOLOCAUST STUDIES

PROUDLY SPONSORED BY

ALBERT AND EVELYN KRAKAUER AND FAMILY

SPEAKER'S
STAND UP. SPEAK OUT. BE HEARD. **IDOL**

2025

Speaker's Idol is an annual speech competition for middle school and high school students across Canada

"Freedom is not a gift from heaven. You have to fight for it every day of your life."
- Simon Wiesenthal

Reflecting on the quote above by Simon Wiesenthal, students will discuss a human rights issue that concerns them while sharing how they envision creating positive change in the world.

SPEECHES DUE ON
JANUARY 31, 2025

February 19: Special testimony program and live announcement of quarter-finalists
April 6: Semi-final competition
April 30: Speaker's Idol finale

Contact education@fswc.ca for more information



Dr. Na-Koshie Lamptey
Acting Medical Officer of Health

Toronto Public Health
277 Victoria Street
Toronto, Ontario M5B 1W2

Dr. Michael Finkelstein
Deputy Medical Officer of Health
Health Protection

Tel: 416-338-7600
publichealth@toronto.ca
toronto.ca/health

January 13, 2025

Dear Parents and Guardians,

Re: Reducing the Spread of Respiratory Infections in Schools

At this time of year, respiratory illness can be more common as people gather indoors.

To help protect our school communities, staff, students, and visitors are reminded to:

- Check for [symptoms of respiratory infection](#) every day before going to school.
- Stay home when you have symptoms, even if they are mild.
- [Wash or sanitize your hands](#) often.
- [Cover coughs and sneezes with an elbow or a tissue](#).
- Get your [influenza and COVID-19 vaccines](#) at a participating pharmacy or your primary health care provider. These vaccines are the best way to protect against infection with influenza and COVID-19.
- Clean high-touch school surfaces often and when they are dirty.
- Consider wearing a tight-fitting, well-constructed mask in indoor public settings, especially if you are at higher risk of severe infection.

[What to do if you or your child are sick](#)

If you or your child have symptoms of a respiratory virus, stay home. This means:

- Stay home until you or your child have no fever and symptoms are improving for at least 24 hours (or 48 hours if you or your child have gastrointestinal symptoms such as vomiting and/or diarrhea).
- The Ontario Ministry of Health advises that for 10 days after symptoms start, an ill person should wear a well-fitted, high-quality mask when out in public, including in school and childcare.

4 STEPS FOR SELF-PROTECTION

We all have a role to play to help reduce respiratory virus spread and keep our city safe.



1. Stay home & self-isolate if you are sick

2. Watch your distance

3. Wear a high-quality, well-fitted mask

4. Stay in well ventilated indoor spaces, or outdoors

Cover Your Cough



1. Cover your mouth and nose when you cough, sneeze or blow your nose.



2. Put used tissue in the garbage.



3. If you don't have a tissue, cough or sneeze into your sleeve, not in your hands.



4. Clean your hands with soap and water or hand sanitizer (minimum 70% alcohol-based).

Stop the Spread of Germs

Always Cover Your Cough

- Covering your cough or sneeze can stop the spread of germs
- If you don't have a tissue, cough or sneeze into your sleeve
- Keep your distance (more than 2 metres/6 feet) from people who are coughing or sneezing

PH13010102

Hand Sanitizing



1. Apply sanitizer (minimum 70% alcohol-based).



2. Rub hands together.



3. Work sanitizer between fingers, back of hands, fingertips, under nails.



4. Rub hands until dry.

Stop the Spread of Germs

Always Sanitize Your Hands

After you:

- Sneeze, cough or blow your nose
- Use the washroom or change diapers
- Handle garbage
- Play outdoors

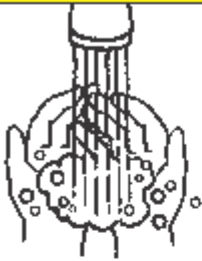
Before and after you:

- Prepare or eat food
- Touch a cut or open sore

If hands are visibly dirty use soap and water

PH14/01/010

Hand Washing



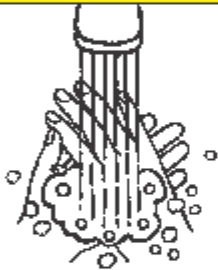
1. Wet hands.



2. Apply soap.



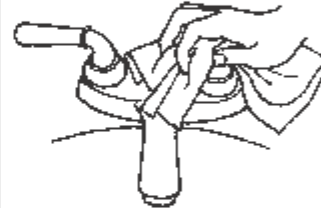
3. Lather for 15 seconds. Rub between fingers, back of hands, fingertips, under nails.



4. Rinse well under running water.



5. Dry hands well with paper towel or hot air blower.



6. Turn taps off with paper towel, if available.

Stop the Spread of Germs

Always Wash Your Hands

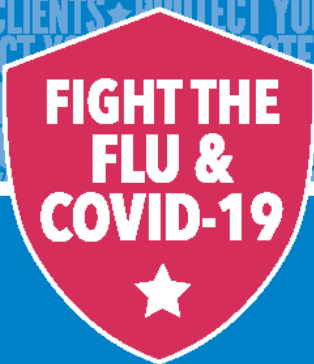
After you:

- Sneeze, cough or blow your nose
- Use the washroom or change diapers
- Handle garbage
- Play outdoors

Before and after you:

- Prepare or eat food
- Touch a cut or open sore

PHOENIX



STAY HOME IF YOU HAVE SYMPTOMS:



Fever $\geq 38^{\circ}\text{C}$ and/or chills



Cough



Trouble breathing



Sore throat



Headache



Feeling very tired



Decrease or loss of taste/smell



Runny nose/nasal congestion



Muscle aches/joint pain



Nausea, vomiting or diarrhea



Abdominal pain/decreased or no appetite



Stay home until your symptom(s) are improving for at least 24 hours (48 hours if nausea/vomiting/diarrhea) & you do not have any new symptoms.

HOW DO RESPIRATORY VIRUSES SPREAD?

Having close contact with someone who is contagious, even for short amounts of time.

Most contagious in the first few days when symptoms start.

Droplets from your nose & mouth when you breathe, talk, cough or sneeze can get in the air.

Aerosols are tiny droplets that can stay in the air longer.

Spreads easier when there are more people indoors, for a long time, with poor airflow.



ACTION: Keep a physical distance as much as possible.



ACTION: Stay home & self-isolate if sick. Get tested if eligible.



ACTION: Wear a mask indoors. Wash your hands often & cover your cough.



ACTION: Increase airflow & ventilation. Open windows & doors.



ACTION: Avoid indoor, crowded areas with poor ventilation.



HOW KIDS CAN HELP STOP THE SPREAD OF GERMS



Use a tissue to wipe & blow your nose.



If you don't have a tissue, cough or sneeze into your elbow.



Wash your hands often with soap & water.



Do not share cups, spoons, forks or toys.



Keep hands away from your mouth, nose and eyes.



Stay home when you're sick.



Roberto Castillo Elizondo
Food Programs Coordinator
NeighbourLink North York

89 Centre Avenue
Toronto, ON M2M 2L7
647-360-8445
roberto@neighbourlink.org

Thank You for Your Support to our Food Bank!

January 15, 2025

To the community at Northview Heights Secondary School,

On behalf of NeighbourLink North York, our recipients and volunteers, we would like to thank Northview Heights Secondary School and its community for the support to our Food Hub this past December.

Because of your generous donations of toys and non-perishables, we were able to ensure that 150+ under-resourced families in the Willowdale community were able to enjoy full and wholesome holiday dinners. These types of distributions really make our recipients feel the warmth of the community around them, and these are just a couple of sentiments they shared with us: *"The community support cannot be described in words"; "Thank you to all the neighbours behind this initiative. I am grateful for the people who see our humanity and not our circumstances."*

We are tremendously thankful for all those who support our food bank and our ongoing work at NeighbourLink North York. It is important to note that we receive no fixed government funding, meaning that everything we do, we are able to do because of the generosity and care of neighbours such as yourself. Your contribution was invaluable to our program!

Our belief is that it takes a village for our community to thrive. Thank you for being part of our village!

We look forward to continuing to work with you all!

Warm Regards,

Roberto Castillo Elizondo
Food Programs Coordinator, NeighbourLink North York

Occupational Therapy & Physiotherapy Services



tdsb | Occupational Therapy & Physiotherapy Services

would like to welcome you to...

Parent/Guardian/Caregiver

Drop-In Q & A with Occupational Therapy/Physiotherapy Staff

For Children who would benefit from:

- Sensory and/or Regulation supports
- Fine Motor and Printing supports

- Receive general OT/PT strategies for your child(ren)
- Chat with other parents/caregivers
- Ask questions

Monthly Virtual Drop-In Sessions:

- September 17, 2024 12:30 pm - 1:30 pm
- October 15, 2024 12:30 pm - 1:30 pm
- November 19, 2024 12:30 pm - 1:30 pm
- December 17, 2024 12:30 pm - 1:30 pm
- January 21, 2025 12:30 pm - 1:30 pm
- February 18, 2025 12:30 pm - 1:30 pm
- March 18, 2025 12:30 pm - 1:30 pm
- April 15, 2025 12:30 pm - 1:30 pm
- May 20, 2025 12:30 pm - 1:30 pm



[Scan or Click to Join us on Microsoft Teams](#)

If you require translation services or have questions regarding virtual drop in sessions, please email:

Learning Centre 1 - Rhanda Craig: rhanda.craig@tdsb.on.ca and Leslie Hopkins: leslie.hopkins@tdsb.on.ca
Learning Centre 2 - Anna Lin: anna.lin@tdsb.on.ca and Andrea Wiltsie: andrea.wiltsie@tdsb.on.ca



Winter Well-Being

We are excited to announce that the [Winter Well-Being Guide 2024-2025](#) is now available. The Guide is prepared by the Mental Health and Well-Being Committee, in collaboration with the Mental Health Leads and the System Leader for Mental Health and PSS. [The Winter Well-Being Guide 2024-2025](#) offers updated, culturally relevant, and responsive resources to support students and parents/caregivers/guardians in fostering mental and physical wellness during the winter months. It also includes specific supports tailored for students with disabilities and complex needs. To ensure accessibility for our diverse community, the guide has been translated into the top spoken languages within the TDSB. You can access it here: [The Winter Well-Being Guide 2024-2025](#). We encourage you to share this guide widely with students, parents/caregivers/guardians and your school communities, promoting well-being and continually building circles of care during the winter season. For any questions please feel free to email the mentalhealthandwellbeing@tdsb.on.ca. Wishing you all a wonderful weekend which is peaceful and restful. Thank you for all of the tremendous work you all continue to do to support students, families and your school communities!

Diverse Minds 2025

Calling all high school students, bring your words to life with the power of storytelling. Enter our Diverse Minds Creative Writing Competition for 2025! For more details or to enter the competition, click here: <http://diverseminds.ca>.



TDSB Learn4Life – Winter Session

Adults 18+ and Seniors interested in learning new skills and pursuing new hobbies are asked to see the flyer below for more information. Classes are offered at Northview Heights S.S



**Learn New Skills • Pursue Fun Hobbies
Make New Friends • Contribute to the Community**

Art | Business and Finance | Communications
Computers | Crafts Dance | Fitness | Food
Games & Hobbies | Handiwork
Health & Wellness | Interior Design
Languages | Music | Self-Development Sports
Theatre Film & TV



**SCAN TO VIEW
OUR COURSES**

To register, please visit us at www.learn4life.ca



@TDSB_ConED



@learn4lifetdsb



facebook.com/TDSBLearn4Life



COMMUNITY FRIDGE & PANTRY

Take what you need; Give what you can FREE FOOD for EVERYONE

HOW IT WORKS

Community Fridge & Pantry (Fridge) is a neighbours-helping-neighbours initiative with no registration, no monitoring, judgment-free access to food for Bathurst-Finch residents and anyone who need items. Food is donated by local businesses, organizations and individuals. This Fridge is run by volunteers.

WHY COMMUNITY FRIDGE

Who's Hungry 2023 report says that 1 in 10 people in Toronto visited food banks to make ends meet. 2.53 million visited food banks in Toronto - a 51% increase from 2022 and the highest annual increase ever recorded. Meanwhile, tons of edible, perfectly good food are thrown away. About 60% of food produced in Canada is lost and wasted annually; 32% of that food is edible and could be redirected to food insecure people in our communities. This Fridge gives access to food and reduces food waste.

WHO WE ARE

Bathurst Finch Food Coalition (BFFC) is a grassroots/community network of residents, partners and stakeholders who lead access to healthy and affordable food in the Bathurst-Finch neighbourhood.

2 LOCATIONS

540 Finch Ave. West
Bathurst-Finch Hub
(back of building)
OPEN Fridays, 10:30 am-12:30 pm

788 Sheppard Ave. West (First
Filipino Canadian Adventist Church)
Coming Soon

DONATE
FOOD

VOLUNTEER
with us!

SPREAD THE
WORD

CONTACT US: bfcc.fridge@gmail.com Ask about ways to volunteer, what to donate to the fridge & pantry, opening days/hours & availability. We plan to open the fridge/pantry 24/7, eventually.

Funders, Partners & Donors



Bathurst Finch Food
Coalition (BFFC)



BATHURST-FINCH
hub

Councillor
James Pasternak
York Centre



COMMUNITY
FRIDGES
TORONTO



WEEKLY MENU
January 27 – January 31, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup \$2.50	EXAMS Cafeteria will be closed for the duration of the exam period		Marks Return Day Cafeteria Closed	P D D A Y	Cream of Broccoli
Entree \$5 - \$8					Limited Selection Available
Sides \$2.50 - \$3.00					Selection of Rice Stir Fry, Pasta
Dessert \$2					Tasty Selection of dessert treats available daily

<u>Cold Menu</u>	<u>Hot-Buffer Menu</u> <u>served from Student Servery Side</u>
Tossed Salad \$3.50	portioned in 12 fl oz container
Sandwiches \$2.50 and up (individually priced)	Pasta & Sauce \$3.00
- Ham & Cheese	Vegetable Stir Fried Rice \$3.00
- Egg	Potatoes \$2.50
- Tuna Salad	Beef Burgers (Halal) \$3.25
Bagel with Cream Cheese \$2.50	Cheese Burger (Halal) \$3.50
	Soup \$3.00