

Phoenix Feed

"Rising from the ashes"



Northview Heights' First Student
Newspaper

Oct - Dec 2018



Credits

A special thank you to
all the Newspaper club members!

Semi formal

- by Yas Hassanzadeh

Impact Week

- Article by Ramijha Puspanathan
- Format by Yas Hassanzadeh

Remembrance Day Assembly Photographs

- Photographs by Crina Mustafa
- Format by Daniel Hanick

Writing and Art Pieces

- Pieces by Zara Rahman and The garbage uncles
- Format by Nathan Tang

Horoscopes

- Article by Jackson Machtinger and

Zack Szikla

- Format by Yas Hassanzadeh

Why Remember?

- Article by Mikayel Sargsyan
- Format by Daniel Hanick

October Spirit Week @ Northview

- Photographs by Linsey Bollegala
- Photographs by Crina Mustafa
- Format by Jacob Epstein

Remembrance Day

- Article by Jack Armstrong
- Photographs by Avi Abel
- Format by Daniel Hanick

Remembrance day Assembly

- Article by Allison Kuo, Dasha Nazarkina, and Jiyoo Kim
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Remembering the Holocaust

- Article by Henchel Santilan

Cover and Credit Page

- by Yas Hassanzadeh

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issue together!

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of help!

October Spirit Week @ Northview

Photos by: Linsey Bollegala Template by: Jacob Epstein

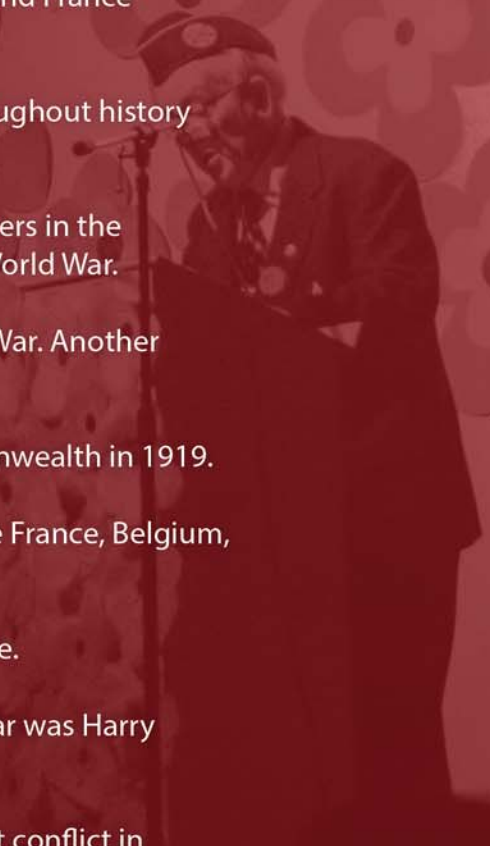


Remembrance Day Assembly Photographs



Facts about Remembrance Day

By Allison Kuo, Dasha Nazarkina, and Jiyoo Kim
Page Designed by Daniel Hanick

1. The poppy is the symbol of Remembrance Day. Replica poppies are sold by the Royal Canadian Legion to provide assistance to Veterans.
 2. Approximately 4,000 aboriginal Canadians enlisted during the First World War, representing nearly one-third of all aboriginal men eligible to serve.
 3. At the 11th hour on the 11th day of the 11th month, Canadians across the country take a moment to commemorate our veterans.
 4. Lieutenant Colonel John McCrae, a famous Canadian army doctor who wrote "In Flanders Fields", was born in Guelph, Ontario on November 30, 1872.
 5. Approximately 18,000,000 poppies are distributed around the world every year.
 6. Canada adopted the poppy as the symbol for Remembrance Day in 1921.
 7. Poppies were the first flowers to bloom on the battlefields in Belgium and France during the First World War.
 8. More than 1,500,000 Canadians have served to protect our nation throughout history and more than 118,000 made the ultimate sacrifice.
 9. Over 50,000 Canadian women served in the military and as nursing sisters in the Second World War, and close to 3,000 Nursing Sisters served in the First World War.
 10. Almost 200,000 Canadians were killed or wounded in the First World War. Another 68,000 were killed or wounded in the Second World War.
 11. Remembrance Day was first observed throughout the British Commonwealth in 1919.
 12. Non-Commonwealth nations that observe Remembrance Day include France, Belgium, and Poland.
 13. Nine Canadians earned the Victoria Cross for fighting at Passchendaele.
 14. The last surviving British soldier who saw combat in the First World War was Harry Patch, who lived to 111. He died in 2009.
 15. In total, 516 Canadians died during the Korean War, the third deadliest conflict in Canadian history.
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Remembrance Day Assembly

By Allison Kuo, Dasha Nazarkina, and Jiyoo Kim
Page Designed by Daniel Hanick

On November 9, the students and teachers of Northview Heights Secondary School gathered to express their greatest appreciation and respect to the veterans who have contributed to our nation and have fought for our freedom and wellbeing. Through this assembly, we were able to remember what they have sacrificed for our people and country. First, we honored them by standing for the national anthem sung beautifully by Sarah Sandoval. Then the assembly was followed by a performance from the senior band and the choir. In addition, students read the poem "In Flanders Field" written by Lieutenant Colonel John McCrae who was a well known Canadian military doctor.

Many other events took place at the Remembrance Day assembly; dance performance and the presentation by the French Club. The assembly was concluded with a video presentation and a moment of silence. For this day of remembrance, numerous students have participated in the making of poppies to manifest one's honor and respect. This flower has been the symbol of Remembrance Day since the year 1921. In fact, nearly 18,000,000 replica poppies are shared around the world every year. In Canada, they are distributed by the Royal Canadian Legion. On this day, Canadians remember the brave veterans who have served the country and we come together to pay our respect.

On behalf of Northview Heights Secondary School, it is definite to state that their actions should not be forgotten. Once again, we give thanks to those who have put forth their lives for our country.



Why Remember?

By Mikayel Sargsyan

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November the 11th is widely known in Canada as Remembrance Day. It's a day of sorrow as people gather in silence to commemorate the first World War. The 11th marks the end of WW1, at 11am on the 11th day, on the eleventh month, of 1918. Every year at 11am, a 2 minute moment of silence is held. This first occurred on 11 November 1919, when King George V asked the public to observe a silence at 11am. This was one year after the end of World War One. We use the poppy as a symbol of remembrance. In the spring of 1915, shortly after losing a friend in Ypres, a Canadian doctor, Lieutenant Colonel John McCrae was inspired by the sight of poppies growing in battle-scarred fields to write a now famous poem called 'In Flanders Fields'.

After the First World War, the poppy was adopted as a symbol of Remembrance. But why must we remember? This question has been interpreted differently by many. *"We must remember. If we do not, the sacrifice of those one hundred thousand Canadian lives will be meaningless. They died for us, for their homes and families and friends, for a collection of traditions they cherished and a future they believed in; they died for Canada. The meaning of their sacrifice rests with our collective national consciousness; our future is their monument."* - Heather Robertson

These wars touched the lives of Canadians of all ages, all races, all social classes. Fathers, sons, daughters, sweethearts: they were killed in action, they were wounded, and thousands who returned were forced to live the rest of their lives with the physical and mental scars of war. The people who stayed in Canada also served—in factories, in voluntary service organizations, wherever they were needed. Yet for many of us, war is something seen through the lens of a television camera or a journalist's account of fighting in distant parts of the world. Our closest physical and emotional experience may be the discovery of wartime memorabilia in a family attic.

We often take for granted our Canadian values and institutions, our freedom to participate in cultural and political events, and our right to live under a government of our choice. The Canadians who went off to war in distant lands went in the belief that the values and beliefs enjoyed by Canadians were being threatened.

By remembering their service and their sacrifice, we recognize the tradition of freedom these men and women fought to preserve. They believed that their actions in the present would make a significant difference for the future, but it is up to us to ensure that their dream of peace is realized. On Remembrance Day, we acknowledge the courage and sacrifice of those who served their country and acknowledge our responsibility to work for the peace they fought hard to achieve.

During times of war, individual acts of heroism occur frequently; only a few are ever recorded and receive official recognition. By remembering all who have served, we recognize their willingly-endured hardships and fears, taken upon themselves so that we could live in peace.

Remembrance Day

By Jack Armstrong

Page Designed by Daniel Hanick

Although Remembrance Day has come and gone, the meaning of it should never be forgotten. We all know Remembrance Day is a day to remember and mourn for those who lost their lives in World War 1, but we also need to look at what they have accomplished. Though peace has still not been established everywhere in the world, it is definitely something Canada has been able to acquire and it all started with the veterans of World War 1. Remembrance Day is a day for grief as well as a day for being grateful. Grateful for those who gave their lives defending our great country, and for that, they deserve to be commemorated throughout history. Whether this commemoration is through the memory of what they did, or through the many different art forms promoting their legacy, they all deserve to have a special place in our hearts.

To truly understand the importance of Remembrance Day, you must acknowledge the history behind this special day and understand what actually happened and why it matters. Remembrance Day is also known as Veterans Day and is a time to honour those who sacrificed their lives for their country. We recognize this on the 11th hour of the 11th day of the 11th month to symbolize the passing of war and the shortcoming of peace before World War 2. The First World War started in 1914 and has been thought to have been started in relation to an assassination committed by a Serbian man who killed Archduke Franz Ferdinand and his wife. Allies to Canada in the war included Britain, Russia, The United States, Italy, and France. The opposing countries included Germany, Bulgaria, Austria-Hungary, and the Ottoman Empire. The war lasted around 4 years and ended in 1918 with Germany surrendering and signing an armistice to end all the fighting. Afterwards, the guns fell silent and the fighting stopped all because of the brave men and women who gave up their lives fighting for what they all believed in. Though the peace was short-lived and resulted in another war being declared by Britain in 1939, up until then the world felt calm. A holiday even started to be celebrated in the year 1919 to make sure society would not forget the sacrifices made to make sure we have the luxury of freedom. A day we in Canada call Remembrance Day. So as days come and go and our lives pass by, we shall never forget the gift that was given to us by all who had spent their lives protecting their country, the gift of freedom.

Although Remembrance Day is a sombre day for most, we as human beings are always able to turn pain into art and that is exactly what occurred at our Remembrance Day assembly. The premise of the whole scenario is very dark and gloomy, yet the assembly was beautifully put together and showed what students can do with a little motivation. One of the first performances during the assembly was of the Canadian national anthem being perfectly played on the ukulele. The next performance was of Northview's orchestra playing beautifully as they always do while an inspiration slideshow was played. Afterwards, the famous poem "In Flanders Fields" was presented marvellously to honour the heroes who gave their lives protecting our country. Therefore these great heroes were buried within the cemetery "Flanders Field," where poppies grew to symbolize these great men and women. After the poem was finished, the orchestra once again performed, this time alongside the stunning choir.

Remembrance Day

By Jack Armstrong

Page Designed by Daniel Hanick

Afterwards, our school had the honour to listen to an actual veteran share his story with us. His name was Dr. Barry Ross and he was a living survivor of the war which intrigued everyone with his tales. Also, the French club gave their thanks towards all the men and women who fought in the war, both in French and in English. There was also a short reenactment and slideshow of the stories of civilians returning back into their home countries for the first time after the war. The second last performance was a miraculous dance piece played to the music of both John Lennon's Imagine and the song One Day. Finally, the assembly came to an end with a final performance on trumpet playing both The Last Post and The Reveille in a very touching and motivational manner. With all these great ways students were able to express themselves towards Remembrance Day, it is obvious that this day holds a great meaning in all of their hearts and should be treasured until the end of time.

Even though Remembrance Day has passed, there is much more we can do to make sure that it does not end. As I stated before, we should always reflect on the past to make better decisions for the future and to maybe even one day follow in the footsteps of our great veterans. We must never forget their legacy and we must teach future generations what these men and women did. Whether we continue telling their tales, or create even more artwork to help inspire others, there is always something that can be done.



Impact Week

By: Ramijha Puspanathan

In the week of November 12th Northview was filled with happy face stickers and motivational post its. Smile and joy were plastered on students' faces. This was all thanks to the I'MPACT club. A week in November has always been dedicated to anti-bullying. You hear your typical speeches by teachers and administration. You attend seminars, workshops maybe even informative assemblies. You probably even hear about it all over the P.A system. But this year was different.

Students didn't have their average assembly telling them "bullying is wrong." I'MPACT club took a better and more effective method of conveying this message. On the week of November 12th-15th, I'MPACT club showed Northview Heights what a world without bullying would look like. A world where appreciation, positivity and self-love mattered. A world where you mattered. They showered Northview with happy face stickers and stuck positive messages on each person's locker. The week started off with a Happy Face Revolution. Members of the I'MPACT club stood at entrance doors of the school and handed out smiley face stickers with pieces of paper that had a random kind acts attached to them. The rules were to take one sticker and pass the other sticker to the stranger that you performed a kind act for. Students of Northview were holding doors, giving high fives and complimenting people they've never spoken to before all the while wearing their stickers.

The following day was the Positivity Post Its. Students of Northview came to school that day to find a kind and heartwarming motivational quote stuck on their locker. The encouraging and motivational compliments really made many students' day, some even said it made their week. Wednesday was dedicated to having fun and getting to know people over Snakes and Lattes. I'MPACT club with the courtesy of Board Games club hosted a lunch event where students were allowed to come in and play board games over some snacks and drinks. The following day was called Handprints for Kindness. Students were allowed to come down to the front foyer at lunch and show their support to anti-bullying by painting their handprint onto the branches and leaves of the handprint tree. The week ended off successfully showing how much a small gesture could go a long way.

I'MPACT club did more than just raise awareness for bullying that week, It showed people what a life full of positivity, support and encouragement would look like. A world we'd all rather live in, a world we all should be living.

Remembering the Holocaust



With the coming of November 11th, several public agencies and institutions commissioned the poppy as a sign of solemn remembrance for the efforts and sacrifices made by victims and combatants in the First World War. In keeping with the spirit of meaningful recollection, homeform classes of Northview Heights Secondary School participated in self-conducted workshops during the week of November 1st to November 8th. Digressing from rigid lesson plans, students - as ambassadors to the Holocaust - took a moment to re-examine one of the most tragic events in human history through the lenses of impactful memoirs and biographies.

HOLOCAUST EDUCATION WEEK

Nov 1-8



In particular, the week-long programme elected to highlight a survivor, the late Felicia Carmely, and the events in her life leading up to and succeeding the wake of the Holocaust in Europe during World War Two. Born in Romania, Carmelly was compelled to surrender a life of relative peace during the invasion and occupation of Europe by the Axis Powers and its doctrines in the late 1940s. In 1941 at the age of ten, she and her family were deported to a “ghetto” in Transnistria in South-Western Ukraine by the installed Romanian fascist government, suffered a death march and were then subjected to three years of squalor and impoverished conditions.

Students were introduced to or reminded of the thematically-sensitive mapping of the Holocaust and its entrenchment in memory as a crime against humanity.

Homeform classes viewed a video clip outlining Carmelly's memoir *Across the Rivers of Memory* and were able to explore and gain insight on the eras afflicted through an interactive online resource supported by Toronto's Azrieli Foundation, featuring powerful anthologies and galleries of primary data of Holocaust history. Furthermore, classes engaged in valuable discussion concerning such themes as social injustice, anti-semitism, and power.

The Holocaust, known in Hebrew as the Shoah, served as the climax of anti-semitic and anti-foreign sentiments expressed primarily by Nazi Germany and its collaborators at the onset of World War Two. The rise of fascism led to the severe marginalization of cultural minorities, notably the European Jewish community, in nations such as Germany still collapsing under destitution and feeble governance. Its consolidation in Europe was the impetus for the propagation of a plethora of anti-semitic pogroms and hate agendas, resulting in the systematic mass extermination of over six million European Jews and other alienated threads of society; including Jehovah's Witnesses, the Roma, and the Sinti, among others — in less than a decade.

Across The Rivers of Memory



A historical memoir authored by the late Felicia (Steigman) Carmelly, is a profound review of her experiences as a Jew in conflict-stricken Europe during World War Two, and then as an immigrant in both Israel and Canada. The memoir, written at the encouragement of the Azrieli Foundation of Toronto and through an intrinsic urge to add her voice into the chorus of circulating testimonies of Holocaust survivors and victims, brings a plain-spoken and pure perspective on Fascist Romania and its role in the Holocaust.



In the epilogue of her memoir, Carmelly concludes with powerful anecdotes: life is a gift, and that, "If we shrink in the face of our difficulties, we will remain powerless and be defeated." Contrary to one her vivid memories of malice and human vice, Carmelly preaches and guides her memoir with a simple truth: to love life in spite of its difficulties and to be grateful. Indeed, in times of adversity, she is demonstrated to have extracted more value from her experiences and has grown more as a person when she remained positive and optimistic. Carmelly's thesis seems antithetical for those torn at the crossings of two worlds; she, on the other hand, reassures through her unique and insightful storytelling, that we, unwittingly, have a choice to make life the gift it is meant to be. Lastly, Carmelly

Carmelly opens her memoir with a fleeting recollection of her childhood, illustrating the climate of her birthplace as free-spirited, predictable, and comfortable. Gradually, she replaces this liberal tone with a monochromatic depiction of the brutal rounding of Romanian Jews onto manure-filled cattle cars for deportation into the killing fields of Transnistria, an uncharted ghetto concealed in the terrains of what was then South-Western Ukraine. At the age of ten, she recounts being deprived of her innocence and sentenced to three years of cold, squalor, disease, and death, and is thereupon inflicted a lifelong spiritual wound she would recover from only decades later. Following the Allied liberation of Transnistria, she witnesses her parents plunge into a spiral of depression while she, in search of truth and a guidance, finds herself blinded by communism and then the emerging Zionist movement. Carmelly and her family, reduced utterly in numbers, soon leave a corrupt Romania for Israel, and in due time, settle in Canada. At both destinations she undergoes the struggles of immigrant life: financial insecurity, acclimating to novel normative social and cultural contexts, and then, with the birth of her daughter, making space for a future family.

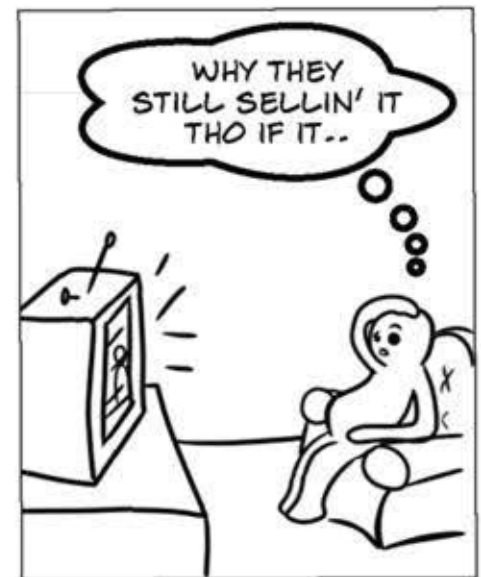
On top of the candid recount the memoir provides of the sordid socio-political leanings of wartime Romania, Carmelly presents an exclusive perspective on the thematic thread of her life, weaving together sensitive themes such as identity, civic engagement, family, and home. In spite of being a vehicle for assembly amongst silenced, disregarded, or traumatised survivors of the Holocaust, Carmelly's courage in sharing such a harrowing perspective of arguably one of the most tragic events in human history, has also enabled her to construct her own meanings and answers for her life values and questions, as well as to pen the closing of her former life and seal it into the deep realm of the past as a mean to move forward.

Writing and Art Pieces



Which
Harry
Potter
Movie
features this
item?

THE HIGHLY TRAINED MONKEYS #01 BY. THE GARBAGE UNCLES



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“Where’s Your Homework?” By Zara Rahman

Alien abducted for special occasions
Bird poop splattered math equations
Cyborg robots burned the pages
Dentist appointment lasted ages
Excuses? I never make them!
Fishing bait for catching lunch
Gusty wind took away the bunch
Haunting ghost possessed my work
Indian elephants went berserk
Jumped out of a plane with a parachute
Kid in class screamed, “There’s a substitute!”
Lilac flowers wilted all over
My magic genie had a hangover

Octopus inked it bold
Parisian snails slid across my notes
Quest for elongate anecdotes
Ripe tomatoes needed plucking
Snakes wrapped around my wrists — restricting
Trees broke promise to sprout answers
Urban metal, diverting dancers
Volcanic eruption swallowed report
Weekends are too short
X-ray declared writers block
Yeah, I was busy with all sort!
Zero correct from A to Z, cut short?
I hope my teacher believes me.

Horoscopes

Northview's Monthly Horoscope



Aries (March 21-April 19) Compute expenses, and pay bills. Cash flow is on the rise. Keep taking profitable actions. Others provide a boost. You can get what you need. You may even find a job or figure out what you want to do for the future.



Libra (Sept. 23-Oct. 22) Opposites attract. Collaborate for shared financial gain. Avoid reckless spending. Invest time, energy and money for your family's future. You or your family will succeed greatly in terms of finance.



Taurus (April 20-May 20) Guard your energy. Take restorative time for yourself. Increase your comfort zone. Review options with a personal decision. Advances now have lasting benefit.



Scorpio (Oct. 23-Nov. 21) Some wonderful new developments could take place in your community, Scorpio. You might meet some new people who move in nearby. New businesses could also arrive and give a whole new look to the area. You could spend a lot of time visiting others to learn about what's happening.



Gemini (May 21-June 20) Private contemplation produces satisfying plans and objectives. Slow down, and consider options. Make sure you're building on stable foundations. Organize and strengthen connections between classmates and partners for group projects.



Sagittarius (Nov. 22-Dec. 21) Practice and polish your work, health and fitness routines. Build energy, and strength through steady action. You're gaining respect. Keep moving. You will become popular throughout the school.



Cancer (June 21-July 22) Teamwork goes the distance with a collaborative push. Throw yourself into a shared effort. Inspire others to victory. You can surpass an obstacle together. All your group projects will succeed greatly.



Capricorn (Dec. 22-Jan. 19) Relax and have fun with friends, family and your sweetheart. Add romantic touches and ambiance to inspire intimate connections. Love grows and flowers. Your winter break has the best one yet.



Leo (July 23-Aug. 22) A lucky break reveals new professional possibilities. Rely on a strong team. Forge ahead with a creative project. Invest in your own success.



Aquarius (Jan. 20-Feb. 18) Home is where your heart is. Feather your nest with softness and warmth. Provide nurturing foods and comfort. Strengthen family connections, make new friends and meet new people.



Virgo (Aug. 23-Sept. 22) Widen your horizons by exploring around the edges. The news could affect your decisions. Monitor conditions, and go for a dream. Take extra ground. Try out for any programs or schools that you want to get into.



Pisces (Feb. 19-March 20) Creative projects and ideas abound. Writing and communications bloom. Organize your thoughts, and articulate what you want to say. Get your message out. Join leadership opportunities throughout the school, be part of different committees and opportunities.