Good afternoon Parents/Guardians & Families,

Please take a moment to view some of the upcoming opportunities for our Oakridge family and some important information from Dr. Sloan.

Virtual Parent/Guardian Gathering

Currently, there are no candidates for the school council positions. However, because parent/guardian voice and participation remains an integral part of Oakridge as a school and school community, we're hoping you could join us <u>Tuesday November 24th @ 6pm</u> for some school updates, to answer your school-related questions and to share some of your experiences as it relates to educational matters.

Join Zoom Meeting https://tdsb-ca.zoom.us/j/7418800635

Brightspace and Google Classroom Sessions for Families

Community Support Workers in collaboration with TDSB educators are inviting Parents and Caregivers to join us for an orientation on BrightSpace and Google Classroom.

The session will explore how to log on, how the two platforms are similar and different, and resources to support families in virtual learning.

Parents and Caregivers are encouraged to join us on **Zoom, Wednesday November 25, 2020 at 6:00pm** for our **Brightspace** orientation and on **Wednesday December 2, 2020 at 6:00pm** for our **Google Classroom** orientation.

Please visit the links below. (see Steve's email)

Hearts and Minds

Dear Oakridge parents and caregivers,

Here is the most recent "Hearts & Minds" newsletter from the TDSB Psychology department, with a focus on ADHD this month. ADHD is a "neurodevelopmental disorder" (not a behaviour problem) that can be diagnosed by a medical doctor or Psychologist after a thorough evaluation. In Ontario, about 5% of children and youth are diagnosed with ADHD (2-3% of girls). Early intervention is important and helpful!

In this newsletter, you will find a lot of information and helpful tips. For example, you will learn about some things that you can do to support and include students with ADHD. There are also some photos of successful people who have ADHD. As always, if you would like to speak with me, please reach out to your child's teacher or Mr. Parker.

Wishing all Oakridge families health and well-being.

Dr. Laura Sloan

Stay Strong! Stay Safe! Stay Positive!

Mr. D. Parker Principal