





December 17, 2012 Published Weekly / Édité Par Semaine Issue - 16



École Owen Public School

Principal: [Pat Broderick](#) Vice-Principal: [Stephanie Bailey](#)
 Office Administrator: [Lisa Podaras Wong](#) Data Secretaries: [Marsha Marlow](#), [Karen Baksi](#)
 Superintendent: [Rauda Dickinson](#) Trustee: [Gerri Gershon](#) OSAC Chair: [Debbie Levy](#)

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CHARACTER DEVELOPMENT ATTRIBUTE FOR

December: KINDNESS & CARING – BIENVEILLANCE & COMPASSION



Date	Time	Details
Monday, Dec. 17, 2012		
Tuesday, Dec. 18, 2012		No School Lunch and After School Programs cancelled
Wed., Dec. 19, 2012		
Thurs., Dec. 20, 2012		
Friday, Dec. 21, 2012	Day	Spirit Day – Bright and Backwards Day Last Day of School – School Resumes January 7th, 2013

Monday, December 24, 2012 – First day of holidays

On behalf of the Owen staff, we wish everyone a safe, happy holiday season filled with special time with family and friends.

Monday, January 7, 2013 – Back to school



Holiday Hamper Food Drive /

Nine Days of Giving

During Owen Public School's annual Holiday Hamper / Nine Days of Giving Food and Gift Drive, each classroom collected food, clothes, toys, and other gift items. As always, our community gave generously and we will be distributing the collections to the families in time for the holidays. Many thanks to everyone who donated an item and helped make a difference for a family in our community.

Please visit the Owen Public School Website at:
schools.tdsb.on.ca/owen

You will find forms, games, Owen-on-line, newsletters, slideshows of activities that happen at Owen, OSAC meeting agendas and minutes and lots more information!

Also, look for this ICON



on the student page, to listen to over 1000 books, take quizzes, and play games with your child.

Events to Look Forward To:

Tuesday, January 8, 2013 – OSAC Meeting
6:30 p.m.; Babysitting available

O.S.A.C. PRESENTS

OSAC MEETING DATES for the 2012-2013 School Year
Meetings are held at 6:30 p.m. in the Staffroom
Babysitting Available



Tuesday, January 8, 2013

Tuesday, February 5, 2013

Tuesday, April 2, 2013

Tuesday, June 4, 2013

Your child received a Healthy Snack this week.

Banana Chip Muffins

Homemade muffins can be a great lunch box snack. Most of your favourite recipes can be modified to become a nutritional powerhouse....without sacrificing flavour.



Original Ingredient

1 cup all-purpose flour
1 cup white or brown sugar
1 cup oil

Healthy Substitution

1 cup whole wheat flour
½ cup white or brown sugar
1 cup applesauce, mashed banana,
pureed sweet potato or pumpkin
or ¾ cup plain nonfat yogurt

Incorporate grated zucchini, carrot, sweet potato and apple

Add ¼ cup of mini chocolate chips... to make the muffins a treat

I like using mini muffin tins and popping a couple in my children's lunches. Bake up a batch or two on the weekend and freeze.

Email me if you'd like to try some healthy muffin recipes.

Happy, healthy snacking from OSAC's Healthy Living Committee!

Jennifer Young jennifer.ley.young@gmail.com