

## After School and Lunchtime Programs –Spring 2013

This flyer contains registration information for **After School** and **Lunchtime** Programs organized by your OSAC committee. The Spring flyer includes some **exciting programs!** For further details on the programs below, please see attached pages. Remember that registration is “first come, first served.” Programs fill up quickly --- register soon to avoid disappointment! **If you do not hear otherwise, your child is successfully registered for their chosen program(s).**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>LUNCH PROGRAMS</b>					
<b>11:50-12:25pm</b>	<b>Chess</b> (beg + inter) (Gr. 1-6) (Rm.123) April 8-June 17	<b>Whimz Live Animals</b> (SK-Gr 6) ( Rm 103) April 2-June 18	<b>Petra's Arts and Crafts</b> (Gr. 1-6) (rm. 105) April 3-May 22	<b>Chess</b> (Interm/adv.) (Gr. 2-6) (Rm 123) April 4-June 20	<b>Ukulele Kids</b> (Gr.1-6) (Rm 107) April 12-June 21
	<b>Owen Strings</b> (Gr. 2-6) (Rm 122) April 8-June 24	<b>Stuffed Animals</b> (Gr. 1-3)(Rm 122) April 2-June 18	<b>C.S.I – Crime Scene Investigation</b> (Gr. 3-6)(Rm. 123) April 3-June 19	<b>Lego Animation</b> (Gr. 1-6) (Rm. 122) April 4-June 20	<b>Drama and Improv I</b> (Gr 1-6 library) Jan 18-June 14 <b>THIS IS ONGOING- NO NEW STUDENTS</b>
	<b>Artoonz</b> (Gr. 1-6)( Rm 106) April 8-June 17				
<b>AFTERSCHOOL PROGRAMS</b>					
<b>3:20-4:20pm</b>	<b>U-Can-Do-It Woodworking II</b> (Gr. 1-6) Outside Rm 123 April 8-June 3	<b>Baking</b> (Gr. 2-4) (Outside Staff Room) April 2-June 4	<b>Cooking</b> (Gr 1-6) (Outside Staff Room) April 3-May 22	<b>Computer Keyboarding</b> (Gr. 1-6) (Library) April 4-June 20	<b>Judo A</b> (Gr. 1-3) (lunchroom) April 5-June 14
	<b>Sportball Multisport – (JK/SK)</b> (Gym) April 15-June 24	<b>Learn to Paint</b> (Gr.1-6) (Rm. 105) April 2-June 18	<b>The Musiq Club</b> (Gr. SK–3) (Rm 104) April 10-June 19	<b>Petra's Pottery</b> (Gr. 1-6) (rm. 106) April 4-May 23	<b>Elite Basketball 1</b> (Gr. 2-4) (Gym) April 5-May 31
	<b>Breakdancing</b> (Gr. 2-5)(Lunchroom) April 8-June 17	<b>Dance</b> (SK-Gr. 2) (Gym) April 2-June 18	<b>Soccer</b> (Gr. 2-4)(Lunchroom) April 3-June 19	<b>Young Rembrandts</b> (Gr. 1-6)(Rm 107) April 4-June 20	
		<b>Baseball</b> (Gr.2-6) (Outside gym/ Baseball Diamond) April 30-June 18		<b>Yoga</b> (Gr. 4-6) (Gym) April 4-June 20	
		<b>Judo A</b> (Gr. 1-3)(Lunchroom) April 2-June 4	<b>Robotics</b> (Gr 5-6) (Rm 103) April 3-May 29 <b>*Maximum students is 8- First come First Serve*</b>		
<b>4:20-5:20pm</b>	<b>Sportball Multisport II</b> (Gr. 1-3) (Gym) April 15-June 24	<b>Judo B</b> (Gr. 4-6) (lunchroom) April 2-June 4 <b>(4:20-5:35)</b>	<b>Kids for Kids</b> (Gr 1-6) (Gym) April 10-May 8 <b>Please note this is a 2 hr class</b>		<b>Judo B</b> (Gr. 4-6) (lunchroom) April 5-June 14 <b>(4:20-5:35)</b>

To sign up for one or more of the above classes please:

- Complete the registration form attached to the end of this flyer: use one form per program (make copies as needed).
- Staple your cheque to the back of the form: one cheque for each program (no envelopes please).
- Leave forms & cheques in the “After School/ Lunchtime Program” basket on the file cabinet in the Owen school main Office.
- Families unable to pay must FIRST fill out a registration form and then contact Principal Patricia Broderick in order to be subsidized. You will be eligible for one program per term.
- Please note that the programs listed with “Dates to be announced” do not require a registration form – details will be announced during school.

OSAC AFTERSCHOOL/ LUNCHTIME PROGRAM COMMITTEE: Debbie Levy [debbielevy@sympatico.ca](mailto:debbielevy@sympatico.ca)

## Lunchtime Programs

Children registered in lunchtime programs will eat their lunch in the lunchroom from 11:30-11:50 am and will then be escorted to their program. .

Day / Program	Time	Dates	Fee	Grades	Room / Instructor
<b>MONDAY</b>					
<b>Chess</b>	11:50-12:25	April 8-June 17 (Excl. May 20) 10 Weeks	\$100 (* see note)	1– 6 Beginners + Intermediate (*see note)	Room 123
<p>Chess school “<b>The Knights of Chess</b>” invites continuing and new students. We start from square one. How the pieces move and all the basic rules. Children will learn to play a complete game and will learn some basic tactics. (Chess also runs on Thursdays lunch time, accommodating different skill levels) (12 <b>Fee is \$90</b> for the second child from the same family.**Children below grade 2 may register only if they can listen for 15 minutes. <b>After the course every student will get certificate in according to level achieved.</b></p>					<p>Iuri Lebedev (905)-370-2299</p> <p>e-mail <a href="mailto:lebedev@post.com">lebedev@post.com</a></p> <p>You can visit our website to learn more about our programs. <a href="http://sites.google.com/site/theknightsofchess/">http://sites.google.com/site/theknightsofchess/</a></p> <p>Cheque Payable to <b>“Mr. Lebedev</b></p>
<b>Artoonz</b>	11:50-12:25	April 8-June 24 (Excl. May 20) 12 Weeks	\$132	Gr. 1-6	Room 106
<p>Esther the Cartoonist will be teaching cartooning and art with brand new and exciting classes and projects. Kids weill learn to draw famous cartoons from their favourite TV shows and latest movies such as Wreck it Ralph, Angry Birds, Brave, to old classics such as MickeyMouse and Looney Tunes. New projects including the Basics of cartooning, Decoder Toon, Animal Game, 3D Dragons, and much more. No previous drawing experience necessary. Beginners learn step by step and advanced students will learn technique and add to the work. All supplies included. Each class kids go home with new work while learning in a fun atmosphere. ARToonz offers a variety of educational and fun cartooning classes to over 20 schools, daycares, and camps in the GTA. Esther has been teaching for over 8 years, and is a Graphic Designer.</p>					<p><b>Esther Ravka 905-762-8970 cheques payable to Esther Ravka</b></p>
<b>Owen Strings</b>	11:50-12:25	April 8-June 17 (Excl. May 20) 10 Weeks	\$160 (includes \$30 violin rental)	Gr 2 – 6	Room 122
<p>Owen Strings is presenting you a great opportunity to learn the basics of one of the most beautiful classical instruments of all time. What you learn will be yours for the rest of your life to enjoy. Even though it is difficult, with your determination and under the tutorage of Xiao Grabke, you will have a fruitful year in this musical journey. Mrs. Xiao Grabke is a member of National Ballet of Canada. She is also one of the four violinists in the new musical, The Sound of the Music. She has taught in Havergal College and the Royal Conservatory of Music for over ten years.  Beginners welcome to register, but continuing students and students that have already played have first priority. Limited space available.</p>					<p>Xiao Grabke 416-733-7706</p> <p>Cheques payable to: Mrs. X. Grabke</p>

Day / Program	Time	Dates	Fee	Grades	Room / Instructor
<b>TUESDAY</b>					
<b>Whimz Live Animals</b>	11:50 – 12:25	April 2-June 18 12 Weeks	\$179.64	SK – 6	Room 103
<b>WHIMZ LIVE ANIMAL PROGRAMS</b> the acclaimed traveling naturalist program is back!!! Join us again or for your very first time and meet all our animals- from rabbit, hedgehogs, ground squirrel, lizards, toads, snake, even a chicken and a tarantula- have lots of hands on time while learning about all of them in their natural habitats and in captivity. We have lots of new animals for this session (a new leopard gecko, eastern black bellied leaf turtle, baby pink toed tarantula and more), plus all of your old favorites. Every week, participants will meet up to 5 different animals. An incredibly engaging program where your children will learn tons of stuff while having TONS of fun.					Tracy Guerin 416-656-7894 or <a href="mailto:whimz@whimzonline.com">whimz@whimzonline.com</a>  Cheques Payable to Whimz Inc.
<b>Stuffed Animals</b>	11:55- 12:25	April 2-June 18 12 Weeks	\$198.88	Gr. 1-3	Rm. 122
Join us to create one-of-a-kind stuffed animals or cute and crazy creatures of your very own! We will explore the use of different materials and techniques to make designing, sewing and crafting these critters fun and easy. This class is excellent for beginner sewers with a creative flair! <b>Stuffed Monsters</b> Do you want to design, craft and sew Stuffed Animals and Monsters of your very own? In this program we will explore pattern making, sewing, personalizing, and even dressing your creatures to make them truly one-of-a-kind. This program is excellent for crafty-types with a desire to learn new skills.					Explore after 4 M. 416.567.1742 O. 416.417.0477 F. 888.400.1120 <a href="mailto:Melissa@ExploreItAll.ca">Melissa@ExploreItAll.ca</a> Cheques: Explore It Inc.

Day / Program	Time	Dates	Fee	Grades	Room / Instructor
<b>WEDNESDAY</b>					
<b>Petra's Arts and Crafts</b>	11:50-12:25	April 3-May 22 8 Weeks	\$125	Gr. 1-6	Rm. 105
In This class, we will start with a timely craft to start the new year – a snow man! We will make a new project every week with something special for Valentines. Come join the fun.					Petra Manning 416-222-3748. Cheques Payable to Petra Manning
<b>C.SI. – Crime Scene Investigation</b>	11:50-12:25	April 3-June 19 12 Weeks	\$189.84	Gr. 3-6	Room 123
If taking fingerprints, questioning suspects, and investigating 'crimes' sounds like fun – then this program is for you! Become a detective and use your analytical skills and keen senses to solve weekly mysteries. We'll learn to collect evidence, listen to testimony, search for fingerprints, and figure out "who dunnit" just by examining a crime scene. Join us this term and explore the fascinating world of criminology with us!					Explore It! Inc M. 416.567.1742 O. 416.417.0477 F. 888.400.1120 E. <a href="mailto:Melissa@ExploreItAll.ca">Melissa@ExploreItAll.ca</a>

Day / Program	Time	Dates	Fee	Grades	Room / Instructor
<b>THURSDAY</b>					
<b>Chess</b>	11:50-12:25	April 4-June 20 12 Weeks	\$100 (* see note)	2 – 6 Intermediate / advanced (*see note)	Room 123
<p>Chess school “<b>The Knights of Chess</b>” invites continuing and new students.</p> <p>This course designed for the student who can play a complete game of chess. Here we get into basic endgames and tactics such forks, pins and discovered attacks (checks) and more. (Chess also runs on Monday lunchtime accommodating different skill levels) (12 Fee is <b>90\$</b> for the second child from the same family. **Children below grade 2 may register only if they can listen for 15 minutes. <b>After the course every student will get certificate in according to level.</b></p>					<p>Iuri Lebedev</p> <p>905-370-2299 e-mail <a href="mailto:lebedev@post.com">lebedev@post.com</a> <a href="http://sites.google.com/site/theknightsofchess/">http://sites.google.com/site/theknightsofchess/</a> Cheques Payable to Mr. Lebedev</p>
<b>Lego Animation</b>	11:50-12:25	April 4-June 20 (12 Weeks)	\$160	Gr. 1-6	Room 122
<p>Ready to take your fascination with Legos to the next level? At iCompute, we will have all the Legos you need to create amazing movies. The ideas will be yours, the sets will be built by you, and you will operate all the equipment to bring your masterpiece to the big screen. Whether it's a re-creation of an epic pirate battle scene, or an adventure in another galaxy, this workshop is the ultimate place to play with Legos. Each student will take home a DVD of their masterpiece filled with titles, narration, music &amp; special effects.</p>					<p>Marc Basman (905) 707-6110 Cheques Payable to iCompute Learning Centre Inc</p>

Day / Program	Time	Dates	Fee	Grades	Room / Instructor
<b>FRIDAY</b>					
<b>Drama / Improv I and II</b>	11:50-12:25	Jan 18-June 14 (Excl. Jan 25, Feb 15, Mar 29, June 7) 18 Weeks		Gr 1 – 6	Library
<b>PLAYWORKS presents THE OWEN SCHOOL PLAY</b> Using Second City style theatre games, the group will choose a theme and develop a play based on that theme. Everyone's ideas and strengths will be incorporated into the final performance and the kids are involved in every aspect of the production; costumes, sets, choreography. Whether they sing, act, or dance, they will shine, and the play will be their creation. In the world of room we there are no "lead" roles, everyone is on the same playing field. The play will be a great experience for both born performers and children who need to break out of their shell. Players will learn how to think quickly on their feet, memorize lines, build self esteem and improve public speaking. Boys and girls will be empowered by what they bring to the show; they'll have a blast, and acquire valuable life skills at the same time!  Grades 1 – 6 \$250.00 for 18 wks Minimum 10 Maximum 25 kids <b>PLEASE NOTE THAT THIS CLASS IS CONTINUING FROM THE WINTER AND IS FULL!</b> <b>Program Resumes April 5</b>					Lori Pearlstein 416 648 9055 Cheques payable to : Playworks
<b>Ukulele Kids</b>	11:50-12:25	April 12-June 21 (Excl. June 7) 10 Weeks	\$ 159 &119 (Returning students)	Gr. 1-6	Room 107
Here's an instrument that is fun to play, easy and a great introduction to the guitar. The ukulele is built for small hands and young minds. Join us to play and sing a variety of songs from old to new. As well, you can choose the colour of your own ukulele from red, green, blue, orange, purple, pink or brown. Each course fee covers the lessons, a ukulele to keep and a 35 page songbook. Take your ukulele anywhere with you and enjoy the love of music while having fun with friends and family. Our teachers are all experienced professional musicians and educators and encourage students of all ages to take part. "There's a lot of music in a ukulele!!" <b>PLEASE INDICATE COLOR CHOICE FOR UKULELE ON REGISTRATION FORM!</b>					Please make cheques payable to: Ukulele Kids

## After School Programs

Please make sure that your child is picked up on time as they will not be supervised once the program ends.

Day / Program	Time	Dates	Fee	Grades	Room / Instructor
<b>MONDAY</b>					
<b>Sportball – Multi-Sport</b>	3:20-4:20	April 8-June 17 (Excl. May 20) (10 Weeks)	\$238.43	JK – SK	Gym
This returning non-competitive program is designed for young children. Instructors use creative exercises, specialized sporting equipment and positive encouragement to help children develop balance, strength, stamina, timing and co-ordination. Children will develop, practice and improve sport skills. Sports include hockey, baseball, basketball, tennis, soccer, volleyball and golf.					Jeanette 905-882-4473 Cheques Payable to Sportball Canada Inc
<b>U Can do it Woodworking</b>	3:20-4:20	April 8-June 3 (Excl. May 20) (8 Weeks)	\$140	Gr. 1-6	Outside 123
Another original, creative project awaits this Spring in woodworking!					Cheques Payable to U Can Do it Woodworking
<b>Breakdancing</b>	3:20-4:20	April 8-June 17 (Excl. May 20) (11 Weeks)	\$140	Gr. 2-5	Lunchroom
This exciting program will consist of the introduction of break dancing (or B-boying/B-girling, which are the formal names of the dance form). From here, the children will begin with top rock (the standing up dance moves); footwork, which consists of ground movement; freezes, which are the frozen poses and ultimately, they will be taught how to combine these moves all together. They will be shown and encouraged to be creative and choreograph their own movements in combination with the ones that they are taught. I will also help facilitate those who want to pursue dancing outside of class, through mentorship and introduction to various events, competitions and auditions.					Cheques payable to Marvin McPherson
<b>Sportball – MultiSport II</b>	4:20-5:20	April 8-June 17 (Excl. May 20) (10 Weeks)	\$238.43	Gr. 1-3	Gym
This returning non-competitive program is designed for young children. Instructors use creative exercises, specialized sporting equipment and positive encouragement to help children develop balance, strength, stamina, timing and co-ordination. Children will develop, practice and improve sport skills. Sports include hockey, baseball, basketball, tennis, soccer, volleyball and golf.					Jeanette 905-882-4473 Cheques Payable to Sportball Canada Inc

Day / Program	Time	Dates	Fee	Grades	Room / Instructor
<b>TUESDAY</b>					
<b>Dance/Jazz</b>	3:20-:420	April 2-June 4 (10 weeks)	\$170	Gr. SK-Gr 2	Gym
<p>This class is an exciting form of dance full of rhythm, high energy movement, and passion. Classes consist of warm-up, skills across the floor and dynamic dance combinations. Children will work on strength and flexibility as well as current dance choreography. Music is age appropriate pop, promising to get the kids pumped!!</p>					<p>Amanda Valencia  <a href="mailto:Amandavalencia74@gmail.com">Amandavalencia74@gmail.com</a>            Cheques payable to            Amanda Valencia</p>
<b>Judo A</b>	3:20-:420	April 2-June 4 (10 weeks)	\$180.80	1 – 3	Lunch Room
<b>Judo B</b>	4:20-5:35	April 2-June 4 (10 weeks)	\$214.70	4 – 6	Lunch Room
<p>Judo has a long tradition at Owen P.S. with instructor Rick Koglin having taught classes here for seventeen years. He is a 4<sup>th</sup> degree black belt, Judo Canada and the Kodokan Institute, Tokyo, Japan. He has been national champion of Canada and has taught for the University of Toronto, the Japanese Canadian Cultural Centre, the North York YMCA, North York Parks and Recreation, Crescent School, and the Yamanaka Budo Life Centre. He is currently on the Judo Ontario Aboriginal Development Committee, head instructor of Judo for North Hill Private Schools and head instructor of Yawara Dojo which is based at Owen P.S. and offers classes for Youth and Adults. Students from the judo program at Owen have gone on to participate in provincial, national and international level tournaments.</p> <p>Students should wear loose fitting clothes or a judogi to class. Afterschool judo classes at Owen P.S. focus on recreational judo with opportunity for competition as well. Students wishing to enroll in more than one class per week should contact Sensei Koglin directly for availability and discount information.</p>					<p>Rick Koglin            Cheques made payable            to "The Gentle Way"</p>
<b>Baking</b>	3:20-:420	April 2-June 4 (10 weeks)	150.00	Gr 2-4	Outside Staff Room
<p>Students in Grades 2 to 4 will have the opportunity to bake various culinary delights. Each child will have the opportunity to follow a recipe through from beginning to end and enjoy a baked delight they have made with their own hands!</p>					<p>Myria Antoniou            Cheques Payable to            Myria Antoniou</p>
<b>Learn to Paint</b>	3:20-4:20	April 2-June 18 (12 weeks)	\$144.00	Gr. 1-6	Room 105 Lupita Romo
<p>Painting for all ages. Experiment with colors, textures and develop you own painting skills. You will learn about art movements, famous artists, artistic styles and techniques. Join us and start painting right away</p>					<p><a href="mailto:Lupita_romo@yahoo.com">Lupita_romo@yahoo.com</a>            Cheques made            payable to Maria G.            Romo</p>
<b>Baseball</b>	3:20-4:20	April 30-June 18 (8 Weeks)	\$110.00	Gr. 2-6	Outside Gym/Baseball Diamond
<p>North Toronto Baseball Camp will run a 10 week after-school program for students from grades 2–6. Our goal is to provide high quality baseball instruction in a friendly, safe and enjoyable atmosphere. We strive to foster skill development while stressing valuable lessons such as sportsmanship, team work and fair play.</p> <p>The structure of a session will begin with a warm-up followed by throwing instruction and a throwing activity. After the warm-up and throwing, each week the majority of the session will focus on two different baseball skills. These skills will include different aspects of fielding (infield, outfield, catcher), batting and pitching. Different activities and games will be used each week to teach the relevant skill in focus.</p> <p>This program is open to boys and girls of all skill levels. Depending on age and level, students will be placed in groups best suited for them. This will ensure a fun and safe environment that will allow students to feel comfortable while enabling significant improvement.</p>					<p>Simon Weisz            Cheques payable to :            North Toronto Baseball            Camp            Contact :            info@ntbaseballcamp.com            416 619-1224</p>





Day / Program	Time	Dates	Fee	Grades	Room / Instructor
<b>WEDNESDAY</b>					
<b>Cooking</b>	3:20-4:20	April 3- May 22 (8 weeks)	\$150	Gr. 1-6	Outside Staff Room
Dinners are meant to be fun and social .So come us in the lovely teachers lounge for some cooking fun. We will make some great light dinners and after school snacks. We will create a take home edible arrangement for your family to enjoy and you to have fun making. We will again personalize an apron, make a cook book and try new recipes. Come join the fun!					Petra Manning 416 222-3748 Cheques Payable to Petra Manning
<b>Robotics</b>	3:20-4:20	April 3-May 29 (Excl. Mar 13) 9 Weeks	\$108	Gr. 5-6	Room 103
<b>Do you love LEGO and ROBOTS?</b> Come try out the brand new Lego robotics program. Work in groups to overcome challenges, learn new skills and have a ton of fun! Through hands on experience building and programming, you'll discover robotics first hand. In weekly challenges you will take on different roles in the group experience all sides of Lego robotics. Join us for this brand new program you won't want to miss <b>PLEASE NOTE THERE IS A MAXIMUM NUMBER OF 8 STUDENTS!</b>					Cheques payable to Myria Antoniou.
<b>Soccer</b>	3:20-4:20	April 3-June 19 (12 Weeks)	\$165	Gr.2-4	Lunchroom
The TenTen Sports Academy's exciting <b>Soccer Program</b> offers children a well rounded, active and energetic program instructed in a fun, and controlled environment. <b>The Soccer Program</b> is instructed using methods of drills and exercises, and also includes match play. <b>The Soccer program</b> helps improve ball control, better technique, and a better appreciation and understanding of the game. WE SUPPLY ALL THE EQUIPMENT					Brian Panovka (905)771-7511 / 416-575-7494 <a href="http://www.tententennis.com">www.tententennis.com</a> Cheques payable to: Ten Ten Sports Academy
<b>The Musiq Club I</b>	3:20-4:20	April 10-June 19 11 Weeks	\$192.50	Gr SK - 3	Room 104
Musiq Club provides a unique opportunity for your child to have a fun, comprehensive instrumental music education. MusIQ Club applies proven music pedagogy and motivating activities to learning. Laura Savage your Musiq Club teacher, supported with a state of the art music lab and our own award winning software, facilitate MusIQ Club classes, providing an individual self paced learning path for each student in a small group setting. Your child can progress from level to level, advancing their musical abilities in music reading, composition, and playing skills.					<a href="mailto:rosemary.galloway@rogers.com">rosemary.galloway@rogers.com</a> , <a href="http://www.musiqclubgta.com">www.musiqclubgta.com</a> Cheques payable to The Musiq Club
<b>Kids For Kids</b>	3:20-5:20	April 10-May 8 5 Weeks	\$125.00	Gr. 1-6	Gym
Scott Graham's Kids 4 Kids Leadership Programs have been inspiring school age children since 1993. Kids 4 Kids incorporates cooperative games, team building activities and instruction into a fun, five week program that runs right after school once a week for 90 minute right after school. Scott Graham is a bestselling author, producer and singer songwriter who has been featured on Breakfast Television, CFRB and the Toronto Star. Kids 4 Kids Leadership Programs have been voted to be Canada's best leadership program for children. Topics will include: Building your leadership skills, Anti-bullying and Anger Management strategies and Dealing with Peer Pressure.					Scott Graham Scott.graham1@sympatico.ca

Day / Program	Time	Dates	Fee	Grades	Room / Instructor
<b>THURSDAY</b>					
<b>Acro/Yoga</b>	3:20-4:20	April 4-June 20 (Excl. June 13) (11 Weeks)	\$120	3-6	Gym
<p>An uplifting physical practice incorporating the healing elements of yoga, acrobatics and massage, Kids Acro Yoga is a program that is based on these ancient arts as a means of fostering trust, communication and playfulness between the students. While there is an unlimited source of lightheartedness present in children during their younger years, this invariably fades as they slowly transition towards adolescence and ultimately, adulthood. A yoga program such as this one serves as a reminder that the inner child is always alive and well inside you - a feeling that is captured as one soars in partner poses or as one is able to master a particularly challenging arm balance. The community of positivity that is created builds strength, both physically and mentally, and encourages the children to tap into their undiscovered potential. Ultimately, yoga is movement and for students, physical activity is always encouraged as an extracurricular activity as a means of combating stress and encouraging healthier habits, thereby enabling them to thrive in a more balanced, well-rounded lifestyle. These classes are a fun mish-mash of warm-ups, individual poses, inversions, games, massage and partner acrobatics in a safe, supervised environment. In these sessions, the mantra is trying is doing and if the reward is being able to do something that the students never thought they would or could ever do...then the sky is the limit. And magically, if one puts in the practice, the results will always come.</p>					<p>Olivia Yung Cheques Payable to Olivia Yung <a href="mailto:y_olivia@yahoo.com">y_olivia@yahoo.com</a></p>
<b>Computer Keyboarding</b>	3:20-4:20	April 4-June 20 (Excl. June 13) (11 Weeks)	\$155.00	Gr. 1-6	Library
<p>Keyboarding: An Essential Lifelong Skill for People of All Ages Children learn how to keyboard using my unique A-B-C Method. In addition to keyboarding, your child will learn to save documents, create folders, borders and cover pages. He/She will learn to insert clip art and word art, to copy and paste pictures from the internet and basic word-processing skills. Learn how to keyboard the ABC way! Introducing a method which uses the alphabet for keyboard mastery which is proven to be the best way to learn how to type. Learn keyboarding in an alphabetical sequence We all know the alphabet, so no letter sequence recall is necessary Easy to master - fast learning time Relevant - applying useful and common words immediately, such as and, the, happy Ability to type without looking at the keyboard in no time at all</p>					<p>ABC Computer Programming Cheques Payable to: Cindy Sachar  Cindysachar@rogers.com</p>
<b>Petra's Pottery</b>	3:20-4:30	April 4-May 23 8 Weeks	\$110	Gr. 1-6	Room 104
<p>This term in pottery we be making spring inspired crafts and of course a special item to celebrate Mother's day! ..We will have a make what you like class so think what you would like to make tea pot, mug, my dog you decide. Come and be creative and enjoy the feel of making your own hand built creation! MATERIALS, TOOLS, GLAZE AND KILN FIRING ARE INCLUDED.</p>					<p>Petra Manning 416-222-3748. Cheques Payable Petra Manning</p>
<b>Young Rembrandts</b>	3:20-4:20	April 4-June 20 (Excl. June 13) (11 Weeks)	\$160.00	Gr. 1-6	Rm 107
<p>Learn basic design and composition as students draw a hockey player and a boot still life. More refined and technical drawing techniques will be explored as our students draw Henry Ford's historical Model-T automobile. Besides strengthening drawing and coloring skills, students will learn art history as we present a lesson featuring master artist Leonardo Da Vinci.</p>					<p>Kathryn Sue-Chan Cheques: Young Rembrandts</p>

Day / Program	Time	Dates	Fee	Grades	Room / Instructor
<b>FRIDAY</b>					
<b>Judo A</b>	3:20-:420	April 5-June 14 (Excl. June 7) (10 weeks)	\$180.80	1 - 3	Lunch Room
<b>Judo B</b>	4:20-5:35	April 5-June 14 (Excl. June 7) (10 weeks)	\$214.70	4-6	Lunch Room
See Tuesdays Judo listing for description of this program. <i>Judo also runs on Tuesdays</i>					Rick Koglin 416-712-6751 Cheques Payable: The Gentle Way
<b>Elite Basketball</b>	3:20-:420	April 5- May 31 (9 weeks)	\$132.21	Gr. 2 - 4	Gym
<p>Elite Camps offers a fun and interactive basketball program that focuses on individual skills, and teamwork. Our program consists of a half hour of skill work, 20-minute scrimmage and 10 minute competition.</p> <p>Skills Covered: Shooting; Triple Threat; Passing; Ball Handling; Life Skills; Rebounding; Defense.</p> <p>Required Skill Level: Beginner, Intermediate or Advanced. This is a fun way to learn and stay active.</p> <p><a href="http://www.elitecamps.com">www.elitecamps.com</a></p>					<p>Stephanie Rudnick 905-326-9214 416-989-0685 <a href="mailto:steph@elitecamps.com">steph@elitecamps.com</a></p> <p>Cheques payable to: Elite camps Ltd.</p>

## Owen After School and Lunchtime Registration Form, Spring 2013

### Registration Checklist:

- ☐ Complete One Form for Each Program for which you are registering.
- ☐ Staple your cheque to the back of the form.
- ☐ Return form & cheque to the "After School/ Lunchtime Program" basket on the file cabinet in the school office.
- ☐ Please indicate whether your child takes the bus from school

Child's Name \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_ Bus: Yes/No

Address: \_\_\_\_\_

Telephone Numbers: Home: \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Bus#: \_\_\_\_\_ Cell: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Bus#: \_\_\_\_\_ Cell: \_\_\_\_\_

Primary Email: \_\_\_\_\_

### Individuals Authorized to pick up your child:

\_\_\_\_\_

**NAME OF PROGRAM:** \_\_\_\_\_ (you MUST use one form per Program)

Place checkmark by Program type: LUNCHTIME \_\_\_\_\_ or AFTERSCHOOL \_\_\_\_\_. Day of Program:

Cheque Enclosed for: \$\_\_\_\_\_ (one cheque per program, please refer to flyer for whom to make the cheque payable to)

Does your child attend Owen Elementary? \_\_\_\_\_ If yes, Teacher's Name \_\_\_\_\_

### Special Info about your child:

\_\_\_\_\_

\_\_\_\_\_

(Please provide any info you think the instructor may need to help ensure that your child has a happy and safe experience in the program)

### Liability Release (required for participation in ANY program):

I understand that it is my responsibility to ensure that the child named above goes to the program for which he/she is registered and that for After School programs, the parents/caregivers are responsible for him/her immediately before and after the program, unless the child is registered in the Owen children (OCLC).

The student named in this application, his/her parents or guardians and family hereby release the program instructor/Director, the Owen School Advisory Council, and the Afterschool/ Lunchtime Program Committee members from all claims for damage, loss or injury which may be caused or arise from participation during any Owen After School or Lunchtime Program.

*If this registration is for a 4:20pm or 4:30 pm class, I hereby agree to ensure my child does not remain unsupervised at school prior to the class starting. I recognize that my child may be asked to leave the class with no refund if this is not adhered to. Alternatively the entire class may be canceled, at the discretion of the After School Committee and the School Administration. \_\_\_\_\_ Initial here if you are registering for a 4:20 or 4:30pm class.*

Signature of Parent / Guardian: \_\_\_\_\_ Print Name: \_\_\_\_\_

Date(d/m/y) : \_\_\_\_\_

