



# Parents and Students

## PORT ROYAL WEEKLY

**October 19-23**

此文件含有重要资讯。请找一能阅读英文的人替你翻译或将文件带到你的学校办事处以便他们能替你安排一口译员或翻译员。

<p><b><u>Monday, October 19, 2020 (Day 4)</u></b></p>	<p><b>Character Education:</b>          Responsibility 责任心          Islamic Heritage Month          Somali Heritage Month          Women's History Month</p>
<p><b><u>Tuesday, October 20, 2020 (Day 5)</u></b></p>	
<p><b><u>Wednesday, October 21, 2020 (Day 1)</u></b>          Take Me Outside Day          AM- School Support Team Meeting (Virtual)</p>	
<p><b><u>Thursday, October 22, 2020 (Day 2)</u></b>          Early Childhood Educator Appreciation Day          7PM: School Council Meeting (Virtual)</p>	
<p><b><u>Friday, October 23, 2020 (Day 3)</u></b>          Panther Pride Day! (Wear school colours: Purple/Teal)</p>	
<p><b><u>Upcoming Dates:</u></b>  <b>October 26-29:</b> Virtual Curriculum Night/Meet the Teacher Night  <b>October 27:</b> Character Education Awards Announced  <b>October 30:</b> Costume Day/Wear Orange/Black Day</p> <p><b><u>Curriculum Night/Meet the Teacher Night</u></b></p> <p>This year, curriculum night will look a little different. Instead of all teachers, students and parents coming into the school for an evening, we will be holding separate curriculum nights by teacher. Each teacher will be sending you a Google Meet link for their own meet the teacher night/curriculum night on one of the dates in the range of dates noted above. Your child will need to sign into their AW Google Account in order for you to access the Google Meet. Please ensure that your child has had an opportunity to login in advance of the curriculum night so that you can join in without difficulty.</p>	

## **FROM THE TDSB BOARD ROOM:**

### **Elementary - Opportunity to Change in November**

The Board of Trustees and the School Board have identified issues with continuing with a November Transition for families to opt to Virtual Schools/Face to Face. The following concerns were identified:

- Student & Staff Mental Health & Well-Being
- Academic achievement (Assessment & Evaluation)
- Staffing (In-Person and Virtual School)
- Requirements of Central Staff
- Keeping class size in In-Person School within targeted caps

**Based on feedback during the recent transition, and in the interest of stability at this time for students and staffing in both Virtual School and In-Person, we will no longer offer a November transition date.** The Board is exploring different options for how virtual learning may be delivered for the next scheduled transition date in January.

### **Tips and Strategies to Help Students Wear Masks: How can I support my child in mask-wearing?**

Depending on a child's age, the idea of masks and mask-wearing can sometimes be confusing. To assist your child understand this new normal, consider the following suggestions:

- Talk to them and explain it at their level
- Use words and concepts they will understand.
- Use a mask on one of their favourite toys to show as an example.

Show them videos on masks:

Masks for Kids by Dr. Olaf Kraus de Camargo (CanChild)

<https://www.youtube.com/watch?v=Ck83dbiWkbA&feature=youtu.be>

Dr. Cheddar on Wearing a Masks (TVOKids)

<https://www.youtube.com/watch?v=odYscrFsfOA>

There are more links below!

- Be a role model by showing your child what a mask looks like and then wear a mask correctly as an example (Children's Specialized Hospital)  
[http://rwjms.umdnj.edu/departments\\_institutes/boggscenter/Links/documents/ParentGuide-HelpingYourChildWearaFaceMask-F.pdf](http://rwjms.umdnj.edu/departments_institutes/boggscenter/Links/documents/ParentGuide-HelpingYourChildWearaFaceMask-F.pdf)
- It is important to remind your child not to touch the mask too often and to keep their hands away from their face.

Make COVID-19 mask-wearing a habit by using these suggestions from some social scientists (CBC)

- Try a pair or shape technique, like a reward system for wearing their mask (Nationwide Children's Hospital)  
<https://www.nationwidechildrens.org/family-resources-education/700childrens/2020/05/masks-and-new-routines-helping-children-with-special-needs-during-covid-19>
- Help your child practice putting a mask on and wearing it within your home, before going outside.

This video on Facebook helps make mask-wearing easier for those with autism or sensory needs.

<https://www.facebook.com/watch/?v=657088018464932>

- Give your child choices: if using fabric masks, consider asking your child to choose a fabric in a colour or pattern they like.

Resources to help your child wear a mask

Booklet:

- I Can Stay Healthy by Wearing a Face Mask (Children's Specialized Hospital)  
[http://rwjms.umdnj.edu/departments\\_institutes/boggscenter/Links/documents/ICanStayHealthybyWearingaFaceMask-F.PDF](http://rwjms.umdnj.edu/departments_institutes/boggscenter/Links/documents/ICanStayHealthybyWearingaFaceMask-F.PDF)

The booklet has three blank paper mask examples your child can colour and decorate, to help them become familiar with a mask.

Videos:

- We Wear Masks – A Social Story About Coronavirus  
[https://www.youtube.com/watch?v=lnP-uMn6q\\_U&app=desktop](https://www.youtube.com/watch?v=lnP-uMn6q_U&app=desktop)

(A PDF version of the story can be downloaded for free here:

<https://www.teacherspayteachers.com/Product/We-Wear-Masks-Coronavirus-Social-Story-about-Wearing-a-Mask-5425981>

- Superheroes behind the mask: personal protective equipment (PPE) for kids (Children's Hospital of Eastern Ontario)  
<https://www.youtube.com/watch?v=LMkm63GQdSI&feature=youtu.be>

If my child cannot wear a mask, what safety practices can I use?

You know your child best. If they need to be exempted from mandatory mask-wearing, think about the following solutions:

- Talk to your family doctor to see if they can write a note exempting your child from wearing a mask.

You can carry this note with you anytime you leave the house:

- Continue to practice social distancing when out in public, staying 2 metres away from other people.
- Try to avoid being out during busy hours.
- Wash their hands regularly or use an alcohol-based hand sanitizer where soap and water are not available.
- Bring hand sanitizer and disinfecting wipes wherever you go.
