January 22, 2021

Quote of the Week:

" **There comes a time when one must take a position that is neither safe nor politics nor popular, but he must take it because his conscience tells him it is right."**

**~ Martin Luther King Jr.**

Please see below for this week's updates:

**Letter from Toronto Public Health (Jan. 15) -  Important Information Related to the Provincial Emergency Declaration:**

[TPH Parent Letter - January 15, 2021](http://track.spe.schoolmessenger.com/f/a/SCJtwXdQ6hrfDmNrHnRPPQ~~/AAAAAQA~/RgRh7Eg7P0R0aHR0cHM6Ly9tc2cuc2Nob29sbWVzc2VuZ2VyLmNhL20vP3M9ZWFxRWRIYWtyeHMmbWFsPTQ1YjkwZDViNWM0MzRmNDc2NGE4YWUwMTQzNDFmYzY5YTFkOWY2ZTc5NGM4ZTY5OGQxMTZmMTFkMzE4YzFkYWRXB3NjaG9vbG1CCmAIuxQLYE0c285SGU1hcmlhLkxvQmlhbmNvQHRkc2Iub24uY2FYBAAAAAI~)

**Optional Attendance Information for September 2021**

[https://www.tdsb.on.ca/News/Article-Details/ArtMID/474/ArticleID/1581/Optional-Attendance-for-September-2021](http://track.spe.schoolmessenger.com/f/a/Q3l-vgKD8OLmnhunb9wmKg~~/AAAAAQA~/RgRh7Eg7P0RsaHR0cHM6Ly93d3cudGRzYi5vbi5jYS9OZXdzL0FydGljbGUtRGV0YWlscy9BcnRNSUQvNDc0L0FydGljbGVJRC8xNTgxL09wdGlvbmFsLUF0dGVuZGFuY2UtZm9yLVNlcHRlbWJlci0yMDIxVwdzY2hvb2xtQgpgCLsUC2BNHNvOUhlNYXJpYS5Mb0JpYW5jb0B0ZHNiLm9uLmNhWAQAAAAC)

**Tamil Heritage Month – Wellness Wednesday Day**

 TDSB's Tamil Heritage Month Planning Committee is hosting a Wellness Wednesday on January 27th, 2021 at 5:00 pm - 5:30 pm.  All TDSB students in K-8 are invited to participate.  Some techniques of Super Brian Yoga will be shared to promote our students' mental health and wellbeing in the current educational climate.  It is an excellent opportunity to unwind, relax and get out of our regular routine.

Please share this information directly with the parents and guardians of your school.  Parents/guardians will be required to fill out a Google Form to pre-register for this event.  Below is the link to the Google Form.  Upon completion of the Google Form, a link to the Zoom session will be sent to the listed TDSB email address.

Google Form link: [https://forms.gle/uMDp7UnBp7K9MdTJ8](http://track.spe.schoolmessenger.com/f/a/aUEgeuepP1ClEQjWVOr-Ng~~/AAAAAQA~/RgRh7Eg7P0QjaHR0cHM6Ly9mb3Jtcy5nbGUvdU1EcDdVbkJwN0s5TWRUSjhXB3NjaG9vbG1CCmAIuxQLYE0c285SGU1hcmlhLkxvQmlhbmNvQHRkc2Iub24uY2FYBAAAAAI~)

Any questions may be directed to [thirumahal.kumarappah@tdsb.on.ca](mailto:thirumahal.kumarappah@tdsb.on.ca)  or [veni.rajkumar@tdsb.on.ca](mailto:veni.rajkumar@tdsb.on.ca)

**African Heritage Month Launch – February 1st, 2021**

During the month of February, the Toronto District School Board is proud to recognize and celebrate African Heritage Month.  It is an occasion to recognize and celebrate the many achievements and contributions made by peoples of African descent to Canada and the world. The chosen theme for 2020-2021 is Kujichagulia: Self Determination.

The members of the African Heritage Month Planning Committee have developed several initiatives to recognize African Heritage Month by gathering meaningful resources, encouraging the expansion of Black Students Alliances and the creation of a Black Student Leadership Council, organizing the Know Your Worth Conference for Black secondary students and enhancing our TDSB educators’ knowledge through professional learning opportunities.

In addition to the above, we are delighted to share with you that a virtual launch will be taking place and you’re invited to attend!  Details are provided below and on the [attached flyer.](http://track.spe.schoolmessenger.com/f/a/IYIaaLoyyAyimziq7b6jIA~~/AAAAAQA~/RgRh7Eg7P0RSaHR0cHM6Ly9kcml2ZS5nb29nbGUuY29tL2ZpbGUvZC8xcGQ3WF9QNzZpX0NWekFlbm05OEdZNTlISDR3cHZrN1Uvdmlldz91c3A9c2hhcmluZ1cHc2Nob29sbUIKYAi7FAtgTRzbzlIZTWFyaWEuTG9CaWFuY29AdGRzYi5vbi5jYVgEAAAAAg~~)

Date:               Monday, February 1st, 2021

Time:               1:00 pm – 2:00 pm

Virtual Link:   [https://tdsb-ca.zoom.us/s/98434421029](http://track.spe.schoolmessenger.com/f/a/CPz8llaruamRxv7LLxI3Mg~~/AAAAAQA~/RgRh7Eg7P0QlaHR0cHM6Ly90ZHNiLWNhLnpvb20udXMvcy85ODQzNDQyMTAyOVcHc2Nob29sbUIKYAi7FAtgTRzbzlIZTWFyaWEuTG9CaWFuY29AdGRzYi5vbi5jYVgEAAAAAg~~)

**Conversation Series**

The [Conversation Series](http://track.spe.schoolmessenger.com/f/a/aDBCm3UR9vVhXK_tdgIkkQ~~/AAAAAQA~/RgRh7Eg7P0QiaHR0cDovL3d3dy50ZHNiLm9uLmNhL2NvbnZlcnNhdGlvblcHc2Nob29sbUIKYAi7FAtgTRzbzlIZTWFyaWEuTG9CaWFuY29AdGRzYi5vbi5jYVgEAAAAAg~~), hosted by the Parent and Community Engagement Office and the [Parent Involvement Advisory Council](http://track.spe.schoolmessenger.com/f/a/TK3gEhaB3jo8E8AtOqoTvA~~/AAAAAQA~/RgRh7Eg7P0QiaHR0cHM6Ly90b3JvbnRvcGlhYy5jb20vaW5kZXguaHRtbFcHc2Nob29sbUIKYAi7FAtgTRzbzlIZTWFyaWEuTG9CaWFuY29AdGRzYi5vbi5jYVgEAAAAAg~~), is kicking off its second year with its first session:

**How Children Understand Race and How Adults Can Help**  
Many people avoid discussing race and racism with children because they believe that children don’t see race, or because they’re unsure how to have a conversation about it. Join us to hear from Professor Erin Winkler who will guide parents, families, and educators to help children understand racial identity, racism, and racial inequities in age-appropriate ways that empower the young children in their lives.

A question and answer period will follow the presentation.

* Speaker: [Erin Winkler](http://track.spe.schoolmessenger.com/f/a/ml06--c6CHSSwzQRQJsw_g~~/AAAAAQA~/RgRh7Eg7P0Q_aHR0cHM6Ly91d20uZWR1L2FmcmljYW4tZGlhc3BvcmEtc3R1ZGllcy9wZW9wbGUvd2lua2xlci1lcmluLW4vVwdzY2hvb2xtQgpgCLsUC2BNHNvOUhlNYXJpYS5Mb0JpYW5jb0B0ZHNiLm9uLmNhWAQAAAAC), Associate Professor, African and African Diaspora Studies, University of California, Berkeley
* **Saturday,  January 30, 2021, 11 am**

Visit the [Conversation Series website](http://track.spe.schoolmessenger.com/f/a/aDBCm3UR9vVhXK_tdgIkkQ~~/AAAAAQA~/RgRh7Eg7P0QiaHR0cDovL3d3dy50ZHNiLm9uLmNhL2NvbnZlcnNhdGlvblcHc2Nob29sbUIKYAi7FAtgTRzbzlIZTWFyaWEuTG9CaWFuY29AdGRzYi5vbi5jYVgEAAAAAg~~) regularly to see when other events are added!

**School Council Updates**

**Next PSC meeting**

The next Parent & School Council meeting will be held virtually on Wednesday, February 10th at 7 p.m.

Join Zoom Meeting   -   [https://tdsb-ca.zoom.us/j/99279601778](http://track.spe.schoolmessenger.com/f/a/4N5cPQHDVQpWQA6alXdShw~~/AAAAAQA~/RgRh7Eg7P0TTaHR0cDovL3RyYWNrLnNwZS5zY2hvb2xtZXNzZW5nZXIuY29tL2YvYS9uOUljdG5SMWhhT2pjVDZuMkZXRk53fn4vQUFBQUFRQX4vUmdSaDRlWW5QMFFsYUhSMGNITTZMeTkwWkhOaUxXTmhMbnB2YjIwdWRYTXZhaTg1T1RJM09UWXdNVGMzT0ZjSGMyTm9iMjlzYlVJS1hfMm5zZ0JndFJVT1lGSVpUV0Z5YVdFdVRHOUNhV0Z1WTI5QWRHUnpZaTV2Ymk1allWZ0VBQUFBQWd-flcHc2Nob29sbUIKYAi7FAtgTRzbzlIZTWFyaWEuTG9CaWFuY29AdGRzYi5vbi5jYVgEAAAAAg~~)

[January 13 PSC Meeting Minutes](http://track.spe.schoolmessenger.com/f/a/AlA56O153ycxYYuvF3fPPQ~~/AAAAAQA~/RgRh7Eg7P0R0aHR0cHM6Ly9tc2cuc2Nob29sbWVzc2VuZ2VyLmNhL20vP3M9ZWFxRWRIYWtyeHMmbWFsPTZmM2U4OTBmMWMyYTcyMzBmMmNjODkzN2I3MDk4NDljMjNlOGIxNWVlMWNkMzA0ODYzYTZiYWQ2MjE3ZmQ3OWRXB3NjaG9vbG1CCmAIuxQLYE0c285SGU1hcmlhLkxvQmlhbmNvQHRkc2Iub24uY2FYBAAAAAI~)

**RH McGregor Community Fitness Challenge!**

Do you have what it takes to be a fitness star? To compete with your family and friends? And maybe even beat your teacher? Then the Tiger Challenge is right for you!!! A great way to engage our school community as well as being active with our families!  This challenge is open to ALL students, family members and teachers!!

Date: The challenge will run between January 22-28. You can complete the challenge as many times as you want trying to beat your personal best time.

For full challenge details check out the google slides below!!!!

[**https://drive-thirdparty.googleusercontent.com/16/type/application/vnd.google-apps.presentation RH McGregor Community Fitness Challenge**](http://track.spe.schoolmessenger.com/f/a/3ll6_cCsorZOkW2FFh7pxw~~/AAAAAQA~/RgRh7Eg7P0RmaHR0cHM6Ly9kb2NzLmdvb2dsZS5jb20vcHJlc2VudGF0aW9uL2QvMXZsTnJ1d0FCODVPd1dmOExZUjhFQTg4Rlc4SVp0WEU2a1JxbWJoeXZLd1kvZWRpdD91c3A9ZHJpdmVfd2ViVwdzY2hvb2xtQgpgCLsUC2BNHNvOUhlNYXJpYS5Mb0JpYW5jb0B0ZHNiLm9uLmNhWAQAAAAC)

Starting Monday January 26th we will update our Phys Ed website to provide families with additional resources and activities to keep everyone active and fun for the whole family!!!!

[https://sites.google.com/tdsb.on.ca/rhmcgregorhpeathletics/home](http://track.spe.schoolmessenger.com/f/a/F3bT-qlj2Eg9PSxCVtWn8A~~/AAAAAQA~/RgRh7Eg7P0Q_aHR0cHM6Ly9zaXRlcy5nb29nbGUuY29tL3Rkc2Iub24uY2EvcmhtY2dyZWdvcmhwZWF0aGxldGljcy9ob21lVwdzY2hvb2xtQgpgCLsUC2BNHNvOUhlNYXJpYS5Mb0JpYW5jb0B0ZHNiLm9uLmNhWAQAAAAC)

Hope everyone is staying Happy, Healthy & Active!

Ms. Proudfoot & Mr. McKay

**Online Survey for Students and Parents/Guardians – Week of January 25**

The TDSB will be surveying both parents/guardians (JK to Grade 12) and students (Grades 6 to 12) during the week of January 25 to learn more about experiences to date related to mental health and well-being, student engagement, and learning. Please watch for an email with a link to the survey and/or check the TDSB website. Thank you in advance for your participation.

**Cosburn Intensive Extended French Program**

The Cosburn Intensive Extended French Program is now accepting applications for the 2021/2022 school year.

Cosburn’s Intensive Extended French Program begins in Grade 6 and offers an 80% model of French instruction in Grades 6-8. This Program is open to all students currently enrolled in regular, English language programs.

Students need only Core French in Grades 4 and 5 to be eligible to apply.

Students are welcome to apply from schools throughout East York or neighbouring areas.

Please see attached information letter [Cosburn Extended French Info Letter](http://track.spe.schoolmessenger.com/f/a/W6zPo06WoHIxCrmdfS1OwQ~~/AAAAAQA~/RgRh7Eg7P4Q7AWh0dHA6Ly90cmFjay5zcGUuc2Nob29sbWVzc2VuZ2VyLmNvbS9mL2EvOWRkal9VYk93YmFlMUhhcmpiWnM3Z35-L0FBQUFBUUF-L1JnUmg0ZVluUDBSMGFIUjBjSE02THk5dGMyY3VjMk5vYjI5c2JXVnpjMlZ1WjJWeUxtTmhMMjB2UDNNOVVtUldRbTlYVjI0emNUQW1iV0ZzUFdaaE16RmlNamt5T1dJNE5XRmpZVFJrWlROallqVXpOR1ZtTkRobFlqbGlOamN4WkRReVpEQTVNVEptTkRsaU56TXpOalZoWXpSa01qVmhNV000WmpGWEIzTmphRzl2YkcxQ0NsXzlwN0lBWUxVVkRtQlNHVTFoY21saExreHZRbWxoYm1OdlFIUmtjMkl1YjI0dVkyRllCQUFBQUFJflcHc2Nob29sbUIKYAi7FAtgTRzbzlIZTWFyaWEuTG9CaWFuY29AdGRzYi5vbi5jYVgEAAAAAg~~)

Applications and FAQs for this program are available on our website at: [https://schoolweb.tdsb.on.ca/cosburn/Intensive-Extended-French](http://track.spe.schoolmessenger.com/f/a/WkH_XSMd2MCPELREc7ny-w~~/AAAAAQA~/RgRh7Eg7P0TzaHR0cDovL3RyYWNrLnNwZS5zY2hvb2xtZXNzZW5nZXIuY29tL2YvYS91dHlYOWkyYkUtQm1wMVNNcnJOVlFBfn4vQUFBQUFRQX4vUmdSaDRlWW5QMFEtYUhSMGNITTZMeTl6WTJodmIyeDNaV0l1ZEdSellpNXZiaTVqWVM5amIzTmlkWEp1TDBsdWRHVnVjMmwyWlMxRmVIUmxibVJsWkMxR2NtVnVZMmhYQjNOamFHOXZiRzFDQ2xfOXA3SUFZTFVWRG1CU0dVMWhjbWxoTGt4dlFtbGhibU52UUhSa2MySXViMjR1WTJGWUJBQUFBQUl-VwdzY2hvb2xtQgpgCLsUC2BNHNvOUhlNYXJpYS5Mb0JpYW5jb0B0ZHNiLm9uLmNhWAQAAAAC)

Please contact Cosburn Middle School principal, [David.Finkelstein@tdsb.on.ca](mailto:David.Finkelstein@tdsb.on.ca) if you have any further questions.

**Completed Applications are due before 4:00pm on January 29, 2020.**

**Early French Immersion (SK) Program - Application Information**

The initial offers of placements to the SK French Immersion programs for the 2021-22 school year will be sent to parents. This process takes several weeks and will continue into January 2021.  Please see the FAQ below for answers to many of your questions:

[FAQ - Early French Immersion](http://track.spe.schoolmessenger.com/f/a/827NoPSbJCiN0nSw_GNsEQ~~/AAAAAQA~/RgRh7Eg7P4SrA2h0dHA6Ly90cmFjay5zcGUuc2Nob29sbWVzc2VuZ2VyLmNvbS9mL2EvWTFYUUd6OUFMQ0xDM2REOTNnYUp3QX5-L0FBQUFBUUF-~~)

For more information about French as a Second Language programs, please visit[www.tdsb.on.ca/french](http://track.spe.schoolmessenger.com/f/a/a1LRE1D4hmtNmX0MUEq3yQ~~/AAAAAQA~/RgRh7Eg7P4RvBGh0dHA6Ly90cmFjay5zcGUuc2Nob29sbWVzc2VuZ2VyLmNvbS9mL2EvOHpTYlZYX1NvVTl0RnhkQXFhZ1FIUX5-L0FBQUFBUUF-~).

**Important Information for Families of Grade 3 Students (NEW Middle French Immersion Program – Grade 4 Entry)**

For families interested in the Toronto District School Board's system-wide NEW Middle French Immersion Program (begins in Grade 4), we offer an online process to apply.   [Attached](http://track.spe.schoolmessenger.com/f/a/M1NjbkaCYG9aooS8XmWSHA~~/AAAAAQA~/RgRh7Eg7P4RbA2h0dHA6Ly90cmFjay5zcGUuc2Nob29sbWVzc2VuZ2VyLmNvbS9mL2EvdWxRN1h5NGU5aFNpUmlLMVI4M3RDQX5-L0FBQUFBUUF-~) to this email you will also find an important information package.

To apply for the Middle French Immersion Program (Grade 4 entry) for September 2021, applications must be completed online between  [January 4 and January 29, 2021](http://track.spe.schoolmessenger.com/f/a/g47_B7Haa4qC8rMmlJSl9Q~~/AAAAAQA~/RgRh7Eg7P4SrA2h0dHA6Ly90cmFjay5zcGUuc2Nob29sbWVzc2VuZ2VyLmNvbS9mL2EvSVZIMHFOSEpDSGJtZXVuUkhodUdLZ35-L0FBQUFBUUF-~~).

An offer of placement in the program (not a specific school) is guaranteed to all on-time applicants and will be made in the weeks following the close of the application window.

Please note: Families with an older sibling currently enrolled in a French program and who will be in attendance next year are still required to complete an online application for the new student. Please select the “sibling option” within the online application.

For more information about the Middle French Immersion (Grade 4) application process, please join us for a[Virtual Information Session](http://track.spe.schoolmessenger.com/f/a/NoLQIxXLUULDuNJA19-Vfg~~/AAAAAQA~/RgRh7Eg7P4RvA2h0dHA6Ly90cmFjay5zcGUuc2Nob29sbWVzc2VuZ2VyLmNvbS9mL2Evbk1HbWxuSmFzTTNsMklGaHBRRU95QX5-L0FBQUFBUUF-~~) on one of the following dates:

* January 14, 2021 – 10 am
* January 21, 2021 – 7 pm
* January 27, 2021 – 7 pm

In order to participate in a live scheduled webchat, please visit the web page below and a link will be available to join on the dates/times outlined above.

[**https://www.tdsb.on.ca/Elementary-School/School-Choices/French-Programs/Information-Sessions**](http://track.spe.schoolmessenger.com/f/a/c_iotXbOFAmkDNLA6AbTZw~~/AAAAAQA~/RgRh7Eg7P4RvA2h0dHA6Ly90cmFjay5zcGUuc2Nob29sbWVzc2VuZ2VyLmNvbS9mL2EvNzhQLU5XdUxrRGdxS3FZbnZQbnB4Z35-L0FBQUFBUUF-~~)

For more information about Middle French Immersion Program, available in multiple languages, please visit[https://www.tdsb.on.ca/Elementary-School/School-Choices/French-Programs/French-as-a-Second-Language-FSL-Programs](http://track.spe.schoolmessenger.com/f/a/0lwzoJLzKjpkJL09_NbjPA~~/AAAAAQA~/RgRh7Eg7P4SfA2h0dHA6Ly90cmFjay5zcGUuc2Nob29sbWVzc2VuZ2VyLmNvbS9mL2EvSEwzQ0ExY3lCZEZMVDRSRmpwU1NyUX5-L0FBQUFBUUF-~~).

**School Calendar**

Please see the attached school calendar outlining the 5 day cycle and any PA Days and holidays for your reference

[Day 1 - 5 School Calendar](http://track.spe.schoolmessenger.com/f/a/ARphveHFDms5YQmaawCPkg~~/AAAAAQA~/RgRh7Eg7P4Q7AWh0dHA6Ly90cmFjay5zcGUuc2Nob29sbWVzc2VuZ2VyLmNvbS9mL2EvalljeEVia2kwWWZ6Y0xkV0szV0FUZ35-L0FBQUFBUUF-L1JnUmg0ZVluUDBSMGFIUjBjSE02THk5dGMyY3VjMk5vYjI5c2JXVnpjMlZ1WjJWeUxtTmhMMjB2UDNNOVVtUldRbTlYVjI0emNUQW1iV0ZzUFRCa05USmhOMk5pTUdJd1lqWXdZMlZsWVRZMk9HTmhNV1l4WkRJd1lXTXhOamc1WkRBMlpERTJPV1prT1RBM01UZzNOV016T1RBeE5qZzVOVFUyTWpsWEIzTmphRzl2YkcxQ0NsXzlwN0lBWUxVVkRtQlNHVTFoY21saExreHZRbWxoYm1OdlFIUmtjMkl1YjI0dVkyRllCQUFBQUFJflcHc2Nob29sbUIKYAi7FAtgTRzbzlIZTWFyaWEuTG9CaWFuY29AdGRzYi5vbi5jYVgEAAAAAg~~)