



# Rolph Road ES Newsletter

October 13, 2023

LN5 Superintendent: Andrew Howard

TDSB Chair & Ward 11 Trustee: Rachel Chernos Lin

X [@RolphRoadSchool](https://twitter.com/RolphRoadSchool)

Principal: Frances Themeliopoulos

Office Administrator: Anna Ivans



## Resources for Families

Following the terrorist attacks against Israeli civilians last weekend, the board has been receiving a number of questions from our TDSB community about the next steps in ensuring our students, staff and families are supported. Please review the additional resources below that were included in the communication to all families from Director of Education, Colleen Russell-Rawlins on October 11<sup>th</sup>.

While not exhaustive, that may be helpful at this tremendously challenging time:

- [Jewish Community Support and Resources](#)
- [Arab Community Support and Resources](#)
- [Mental Health Culturally Responsive & Relevant Resource Lists](#)
- [School Mental Health Ontario How to help students after tragic events - Educators and student support staff - School Mental Health Ontario \(smho-smso.ca\)](#)
- [Immediate Supports for Students](#)

These are in addition to the previously shared [tips created by TDSB Professional Support Services staff](#) about speaking with children who are experiencing difficulties. Should additional resources be required, they will be shared on the TDSB website as they become available over time.

You may also check the TDSB's X account for updates [HERE](#).



- October 16 – Girls Soccer Tournament at Bridlewood P.S.
- October 17 – Wenjack Walk
- October 18 – Cross Country Conference Finals
- October 20 – Final placement day for our current George Brown ECE students
- October 20 – Home & School Pumpkin Patch Fundraiser
- October 23 – Boys Soccer Tournament at Bridlewood P.S.
- October 25 – Brightpics Photo Day
- October 25 – Cross Country City Championships
- October 25 – Ward 11 [Community Coffee Event](#) with Trustee Chernos Lin
- October 26 – Rolph Road hosting Flag Football Tournament
- October 31 – Rolph Road Spooktacular Parade & Dance Party
- November 02 – Family Literacy Night
- November 13 – School Support Team Meetings (All afternoon.)
- December 01 – Junior Division Field Trip – Raptors 905 @ Rogers Centre

## Appreciation for our Student ECEs from George Brown College

We would like to thank our Student ECEs and the George Brown College team who coordinates placements for partnering with our Rolph Road Kindergarten team.

We have enjoyed welcoming and getting to know Ms. Nosheen Nazari in Room 9, Ms. Wing Yee Mak in Room 8, and Ms. Julia Belittchenko in Room 2. We thank them for working with our youngest students and supporting their learning. We wish Ms. Nazari, Ms. Mak, and Ms. Belittchenko the best in their future endeavours as Friday October 20<sup>th</sup> will be their final placement day at Rolph Road. We will miss them and wanted to provide a chance for everyone to say goodbye before their placement ends.



## Indigenous Education and Sovereignty

Indigenous Education is one of the pillars of the School Improvement Plan (SIP) at every TDSB school. We are committed to continuing our year-round learning and furthering our efforts in the pursuit of reconciliation.

This year, Ms. Oliver has coordinated our school-wide participation in a Walk for Wenjack.

The [Downie & Wenjack Fund \(DWF\)](#) was created out of two families coming together to make change, uphold Chanie Wenjack and Gord Downie's legacies, and create a pathway on the journey toward reconciliation. While many of us may know the famous Gord Downie, the story of Chanie Wenjack is just as important. Wenjack was an Anishinaabe boy who was forced to attend Cecilia Jeffrey Residential School in Kenora, Ontario. Three years later, determined to return to his family and culture, Wenjack escaped and attempted to walk over 600 kilometres to his home. Wenjack could not survive the harsh October temperatures in Northern Ontario.

Rolph Road wants to help Wenjack complete the rest of his walk back home. If you would like to watch a movie about Chanie Wenjack's life, you may view it [HERE](#).

Our Rolph Road Fundraising Goal is \$2.00 per child towards the DWF. We will only be accepting donations through the DWF website. Thank you for your support!

Below is a QR code that will send you to the [DWF Fundraising Page](#).



**Chanie "Charlie" Wenjack**

## Mental Health and Well-Being



TDSB Professional Support Services team offers weekly virtual drop-in times where you can connect directly with a staff member to help answer questions and provide support to help you and your child.

More information is available [HERE](#).



[Children's Mental Health Ontario](#)

Trusted resources to help parents and caregivers support their child's mental health and well-being.



School  
Mental Health  
Ontario

Santé mentale  
en milieu scolaire  
Ontario

School Mental Health Ontario video series for parents and caregivers: <https://smho-smso.ca/online-resources/by-your-side-video-series/>

## October is ADHD Awareness Month

In Canada, it's estimated that 1 of every 21 people – or 2 million Canadians – have ADHD. Find support and learn more about ADHD on the Centre for ADHD Awareness website [HERE](#).



## Free Online 8 Module Series

“Rolling with ADHD” is a free, online, eight module series that covers practical tools and strategies for caregivers of children with ADHD. More information is available [HERE](#).



The **Learning Disabilities Association of Ontario** ([LDAO](#)) offers resources and services (e.g., workshops for children and parents) designed to help people with Learning Disabilities and ADHD.

Additional resources for parents, students and families dealing with LDs can also be found at the [LDATHOME website](#).



POWERED BY CHILD DEVELOPMENT INSTITUTE

**Integra** Learning Disabilities & Mental Health provides family-centred, evidence-informed direct clinical services to children and youth ages 8 to 18 with diagnosed learning disabilities complicated by mental health issues (LDMH) in Toronto. More information is available [HERE](#).

Surrey Place provides services for children and adults with a diagnosis of Autism Spectrum Disorder (ASD), developmental disabilities and visual impairment, their families, and caregivers.

More information is available [HERE](#).



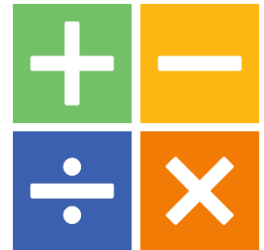
The **Geneva Centre for Autism** offers a wide range of age-specific programs designed to support individuals with Autism Spectrum Disorder.

More information is available [HERE](#).

## Mathematics for Families & Caregivers Website

**TDSB Mathematics for Families & Caregivers** is a website that provides links to both digital tools to support learning at home and resources to encourage the development of positive identities around mathematics.

Families may view and explore the resources [HERE](#).



## TDSB Family and Caregiver Early Literacy Website

The Early Literacy Family and Caregiver website is now available. It provides information for families about the vision of early reading in the TDSB and how to continue to explore early literacy at home.

Click on the links below for the Guide and translations.

[Family and Caregiver Early Literacy Guide – English](#)

Click [HERE](#) to select translations that are available in Arabic, Bengali, Dari, Farsi, French, Greek, Gujarati, Hindi, Hungarian, Korean, Pashto, Portuguese, Punjabi, Russian, Simplified Chinese, Turkish, Urdu, and Vietnamese.

TDSB OT/PT site for Caregivers: Pre-recorded webinars on a variety of topics.

<https://sites.google.com/tdsb.on.ca/ot-pt/parentcaregiver-sessions>

## Resources from the Department of Speech-Language Pathology

The TDSB's department of Speech-Language Pathology offers wonderful resources for families and educators that support language development.

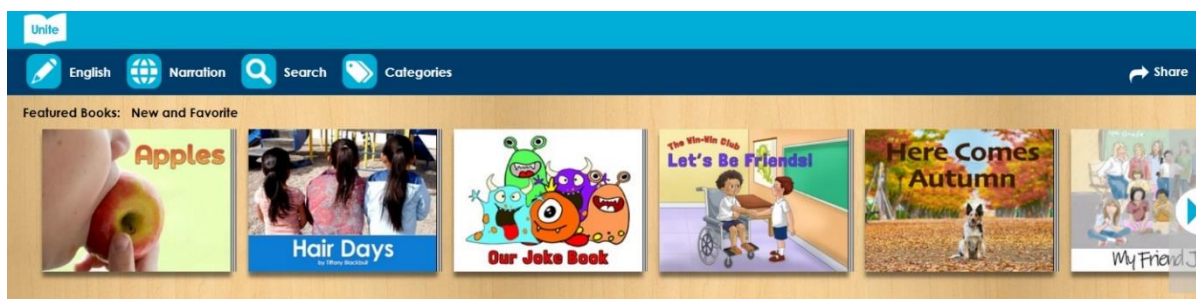
For example, here is a [video](#) (with a closed captioning option) that provides 5 tips for when you don't understand your child's speech.

Their SLP Google site for parents is linked [HERE](#).

Their Twitter Account with free resources such as visuals related to snowy weather is linked [HERE](#).

## Unite for Literacy Website: Stories Narrated in Several Languages

[Unite for Literacy](#) offers free digital access to stories narrated in many languages. Their vision is of a world "where all children have access to an abundance of books that celebrate their languages and cultures and cultivate a lifelong love of reading" and you can view the available "Narration Languages" by clicking on Narration on the top tab.





# Rolph Road School Council and Home & School Association

## THANK YOU!

### PLATINUM SPONSORS

- GYRO GROUP
- HEAPS ESTRIN
- LEASIDE DAYCARE
- LEASIDE FLOORING PLUS
- LEASIDE ORTHODONTIC CENTRE
- LEXUS ON THE PARK
- STANWAY REAL ESTATE



HEAPS ESTRIN  
REAL ESTATE TEAM

ROLPH ROAD COMMUNITY SPONSORS

## Rolph Road Elementary School

31 Rolph Road  
East York, Ontario M4G 3M5  
416.396.2435