



# Rolph Road ES Newsletter

February 03, 2023

LN5 Superintendent: Andrew Howard

TDSB Chair & Ward 11 Trustee: Rachel Chernos Lin



[@RolphRoadSchool](https://twitter.com/RolphRoadSchool)

Principal: Frances Themeliopoulos

Office Administrator: Anna Ivans



## Breaking News

Rolph Road News is a new student-produced show that will broadcast every Wednesday morning from our production studio, in place of the traditional PA announcements. We are excited about this new initiative and think it will be a great way to expand student voice and boost student/family engagement with school communication. Grade 6 students, Stella and Leighton did an amazing job as our first hosts!

Here is a link to the first broadcast of the school year on February 1, 2023: [Rolph Road News](#)



## Rolph Road Supports the Daily Bread Food Bank

Our Grade 5 student leaders in Ms. Macapagal's class have launched our **Giving from the Heart Food Drive**. They have been researching information to share with our community about who uses food banks and how we can support the Daily Bread Food Bank. ***Thank you to our community for all of the donations so far!***

Thank you to Malcolm, Markus, Vlad, Adam, Lucas, and Brayden for this week's poster below. We are very proud of you, Grade 5 student leaders!

By Malcolm, Markus, Vlad, Adam, Lucas and Brayden

Hello all parents and students we would like to tell you that here at Rolph Road, we are having a **Giving From The Heart Food Drive** for the Daily Bread Food Bank. The bins for food donations are placed outside the main office for the month of February. The Food Drive will run from February 1st to February 28th. Everyone can help.

Last year, there were roughly **2 million** people that showed up at the **Daily Bread Food Bank** hungry in Toronto, that is roughly **30%** of Toronto's population and that is way too much. So, if possible, please donate to our **Giving From The Heart Food Drive** to help those who can't help themselves. Also we would prefer canned food if possible. Thank you.



## Book Selections Celebrating Black Joy

Thank you to Mr. Jonsohn for ensuring that Rolph Road receives books funded by a partnership between the Toronto Raptors and the Indigo Love of Reading Foundation. The books purchased with the money donated have arrived! Thank you to Ms. Massos for setting up a special book selection display for Black History Month celebrating Black Joy.



## Kindergarten Registration for September 2023

February is Kindergarten Registration month at the TDSB. Families may register their child online using the Online Registration System (OLR) at [www.tdsb.on.ca/kindergarten](http://www.tdsb.on.ca/kindergarten) to begin the registration process.

Answers to Kindergarten Frequently Asked Questions are available [HERE](#).

Families who have completed the online registration may phone Ms. Ivans at 416-396-2435 to schedule an in-person appointment to review registration documents.

We are booking appointments on Wednesday February 8<sup>th</sup> and 22<sup>nd</sup>.

All families who register their child for September 2023 will also be invited to attend an in-person Kindergarten Orientation session this June.

# Parent Voices: Creating Fun Opportunities to Connect and Enhance Positive Mental Health, Joy & Happiness

**Let's Connect**  
ABOUT MENTAL HEALTH AND WELL-BEING

All families are invited to our ongoing series!

**Parent Voices**  
**Feel Good February**

**Wednesday, February 22, 2023**

**7:00 - 7:40 pm**  
**Dr. Amy Gajaria**

**7:45-8:30pm**  
**Breakout Rooms**

**JOIN ZOOM**

**Key Note Speaker: Dr. Amy Gajaria,**  
**Child Psychiatrist from CAMH**

**&**

**Introduction to our Parent**  
**Partnership Committee Members**

Then join us for one of these activities in the breakout rooms:

- Healing with Music
- Food Share
- Pet Show and Tell
- Game Night with - Students4Wellbeing
- Calming and Relaxation Activities

**Learn More**

**Mental Health and Well-Being**  
Parent Partnership Committee

Parents, guardians, caregivers, students, and TDSB staff are all invited to attend the upcoming virtual “Parent Voices” session on Wednesday February 22<sup>nd</sup>.

The Keynote speaker will be Dr. Amy Gajaria, Child & Adolescent Psychiatrist at (CAMH), Centre for Additions & Mental Health.

In addition, there will be five break out rooms of fun opportunities to chose from, to explore alternatives activities for wellness, joy & happiness (*see flyer for the opportunities*).

Join via the Zoom [LINK](#) on February 22<sup>nd</sup>.

## Mental Health and Well-Being

The TDSB Professional Support Services team offers weekly virtual drop-in times where you can connect directly with a staff member to help answer questions and provide support to help you and your child.

More information is available [HERE](#).



## February is African Heritage Month & Chinese Heritage Month

During the month of February, the Toronto District School Board (TDSB) proudly recognizes African Heritage (Black History) Month. It is an occasion to celebrate the many achievements and contributions of peoples of African descent to Canada and the world. The chosen theme for 2022-2023 is **Black Joy**.

This year the contributions of numerous inspiring Black individuals including the Honourable Jean Augustine will be highlighted. She was the first Black Canadian woman elected to Parliament and she introduced a motion to the House of Commons to recognize February as Black History Month.

To learn more about African Heritage Month at the TDSB, visit [@tdsbAfricanHM](#)

TDSB's Chinese Heritage Month is proudly recognized in February each year. The Lunar New Year, also known as the Spring Festival, is one of the most significant holidays for Chinese communities around the world. The date is selected by the traditional lunisolar Chinese calendar and the celebration lasts 16 days. This year marks the Year of the Rabbit, which began on Sunday, January 22, 2023. At TDSB, the theme **Year of the Rabbit: Kind, Generous, and Harmonious** is being celebrated.

To learn more about Chinese Heritage Month at the TDSB, visit [@tdsbChineseHM](#)

We will be sharing more about learning experiences at Rolph Road recognizing African Heritage Month and Chinese Heritage Month in next week's newsletter.



- February 07 – Pump Up Assembly for 2023 Dance-A-Thon
- February 08 – NEW to Kindergarten Registration appointments in Room 5
- February 10 – Grade 1-6 Skate Day at Leaside Gardens Arena (PM)
- February 13 – Term 2 Individual Education Plans sent home electronically.
- February 14 – Term One Report Card sent home electronically.
- February 16 – School Support Team meetings all morning.
- February 17 – PA Day
- February 20 – Family Day Holiday
- February 22 – NEW to Kindergarten Registration appointments in Room 5
- February 23 – **PIZZA LUNCH**
- February 24 – Grade 1-6 Skate Day at Leaside Gardens Arena (PM)
- March 02 – Dance-A-Thon

## Skating Spectacular on February 10 and 24

Please complete the EMA online permission form sent by your child's teacher for the Skating Spectacular. If your child does not have skates and/or a helmet, and would like to participate, please let your child's teacher know **by Monday February 6<sup>th</sup>**.

Who is participating: All Students in Grades 1 to 6

Where: Leaside Memorial Gardens Arena

When: February 10th 12:00 pm - 2:00 pm & February 24th 12:30 pm - 2:30 pm

How: Each class will walk to and from Leaside Memorial

A nut-free Snack and Juice box will be provided. If your child typically goes home for lunch, please ensure they are back at school **no later than 12:00 pm**.

### What your child needs on February 10<sup>th</sup> and February 24<sup>th</sup>

- Skates and a hockey helmet (NOTE: Bike helmets are not acceptable.)
- Appropriate winter attire including snow pants, hats, gloves etc.
- Water bottle
- Large bag to carry items during the walk to and from the arena

### **VOLUNTEERS NEEDED!**

Please sign up [HERE](#).

Volunteers who are helping to supervise students at the rink (e.g., washroom breaks) must have a police reference check. Volunteers who are helping teachers tie skates, or on-ice Skate Patrol volunteers do not need a police reference check. If possible, please feel free to sign up for multiple time slots and stick around for the entire event!

### [WE NEED YOUR HELP!](#)



[@leasidegardens](#)

## Rolph Road 2023 Fun Fair

We're excited to share that a date for Fun Fair has been secured. Save Thursday June 8th for another memorable evening for the Rolph Community!

We're starting to think about planning and looking for people to join this year's planning committee. It's a great way to get involved and meet new people. If you're interested in participating, a kick-off meeting has been scheduled for **Tuesday February 28th at 7:00pm at 99 Bessborough Drive.**

We'd love to see you there! Please RSVP to Fun Fair Chair, Heather McKelvey, at [hmckelvey1@gmail.com](mailto:hmckelvey1@gmail.com) if you can make it. Not to worry if you are unable to attend the first meeting, there is still opportunity to be involved. Send Heather an email and she will add you to the Fun Fair 2023 communications distribution list. Thanks!



**Rolph Road School Council and Home & School Association**

# THANK YOU TO OUR ROLPH ROAD COMMUNITY SPONSORS

## FUN FAIR PLATINUM SPONSORS 2021-2022



## WINTERFEST PLATINUM SPONSORS 2022-2023



## Rolph Road Elementary School

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