



Rolph Road ES Newsletter

December 06, 2024

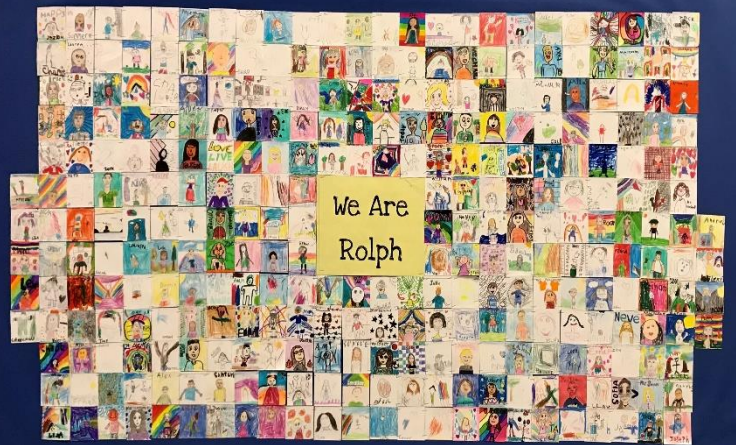
FOS 14 Superintendent: Nadira Persaud

Acting Trustee for Ward 11: Shelley Laskin

X [@RolphRoadSchool](https://twitter.com/RolphRoadSchool)

Principal: Frances Themeliopoulos

Office Administrator: Soniela Furxhi



Winter Showcase in the Gym on December 10

We are looking forward to welcoming parents/guardians on Tuesday evening. Due to limited capacity in our gym, the performance is for parents/guardians only.

Please note that the timelines outlined below are very important to a smooth experience for our student performers and guests – especially for our families with infants, babies, toddlers, and kindergarten students. ***Our Program includes an Intermission to allow families who do not have a child in Grades 1-6 to leave early.***

Thank you to Brightpics for providing a FREE self-serve style **Winter Showcase “Selfie Station”** where families can take selfies. **More details to follow.*

All students should be dropped off to teachers in classrooms at 6:10 PM: Please do not arrive before 6:10 pm as some of our classrooms are shared spaces with daycare and are not available before 6:00 pm.

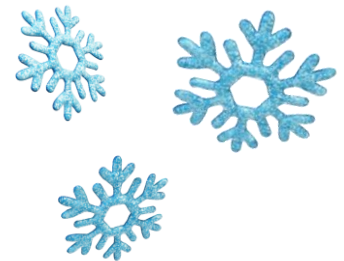
Drop off to classrooms: 6:10 pm.

North Gym Doors Open: 6:15 pm.

Winter Showcase begins: 6:30 pm

Intermission: 6:45 pm – 6:55 pm

Winter Showcase resumes: 6:55 pm – 7:35 pm



Wear Your Coziest Outfit to School Spirit Day on December 13th

Thank you to Ms. Nulla’s class and Ms. Kroboth’s class for picking our next Spirit Day theme. Students are encouraged to wear something comfy/cozy that’s already in their closet on Friday December 13th. Have fun and get creative! We’re looking forward to seeing all the outfits.



- December 11 – Rescheduled School Support Team Meetings (*Morning)
- December 13 – **Wear your favourite Cozy/Comfy clothes to school Spirit Day!**
- December 13 – Hot Dog & Hamburger Combo – Bonus Hot Lunch Day
- December 16-20 – Rolph Road Week of **Giving Light** Spirit Week!
- December 19 – **PIZZA LUNCH #6**
- December 20 – Last day of school before Winter Break
- January 06 – First day of school following Winter Break
- January 08 – School Wide Lice Check (*Afternoon)
- January 09 – Grade 1 field trip to The Artful Child (*Morning)
- January 16 – SST Meetings (*Afternoon)
- January 17 – PA Day (Assessment and Reporting)
- January 22 – School Council Meeting

Health & Physical Education Reminders from Mr. Jonsohn

The weather has changed, and students are strongly encouraged to have a pair of indoor shoes for use in the gym. To participate safely during their Physical Education classes, students **must wear approved footwear**.

- Shoelaces are only recommended for students that are able to tie their laces on their own.
- Velcro shoes are recommended for many primary students who may have difficulty with laces.
- Running shoes should have flat rubber soles with a tread.
- Please note that sandals, crocs, slip-ons, boots, slippers, open toe, or open heel footwear are **not** appropriate gym footwear.

OPHEA Recommendation: *“Appropriate footwear must be a minimum requirement. Appropriate footwear is a shoe designed for athletic activities with a sole that provides traction and is secured to the foot. Some examples of shoes that are not appropriate include shoes with a rocker sole, a platform, wheels, cleats, spikes, open toes, or open heels. Hard-soled shoes and socks without shoes can inhibit movement and possibly cause injury during active movement.”*

OPHEA (Ontario Physical and Health Education Association) is a registered provincial charity. Since 1921, OPHEA has worked in partnership with school boards, public health, government, non-government organizations and companies to develop ground-breaking programs and services.

Winter Well-being Guide

As we head into the Winter Season, there may be excitement as well as thoughts and feelings that bring forward a need for support.

You may view the TDSB's 2024 Winter Well-being Guide in 25 languages including English [HERE](#).

The guide includes:

- *Supports for Mental Health and Well-Being
- *Supports and Resources for Youth
- *Winter Programs and Activities for Children/Youth
- *Ideas for Keeping my Child/Youth Active this Winter
- *Resources for My Child/Youth with Special/Complex Needs
- *TDSB Resources for Mental Health and Well-Being

Mental Health and Well-being

Families are invited to access resources via the TDSB website [HERE](#) and learn about the supports provided by TDSB Mental Health and Well Being Professional Support Staff (PSS).

Virtual Drop-In Hours: Pathways To Care For Mental Health

Virtual Drop-In Hours will be quarterly on dates provided for all Parents, Guardians & Caregivers with students at TDSB, including students with Special Education/Complex Needs are welcome, for this 2024-2025 school year.

Please see the remaining dates below and read more about the topics to be discussed [HERE](#).

January 15, 2025

March 19, 2025

May 21, 2025

**Virtual Drop-In Hours:
Pathways To Care For Mental Health**

Join our Virtual Drop-ins
on Teams Meet
Quarterly on Wednesdays*
7 p.m. - 8 p.m.
www.tdsb.on.ca/virtualsupport
*Check website for specific dates offered

Connect with Professional Support Staff to
explore ideas related to your child's mental
health & wellbeing, including students with
Special Education & Complex Needs



Rolph Road School Council and Home & School Association

Hot Dog/Hamburger Combo Days

We're excited to introduce hot dog/hamburger combo days! [Kids Catering](#) is ready for your orders - order a hot dog/hamburger combo delivered right to your kid's classroom. What's exciting about the combo days is that they fundraise for Rolph Road!

\$2.00 from each lunch goes back to the RR Home and School Association. The first combo date is Wednesday, December 13th—don't miss out! Sign up via the Kids Catering link.

[Place your bonus combo day orders](#) today and help us make a difference!

Direct Donation Campaign Closes December 6th

A Big thank you to the Rolph Road Community for your donations to the Wish List Blitz. The campaign closes on December 6th at midnight. Stay tuned, we will announce the tally of donations and where the money will go directly to the school.



Rolph Road School Council and Home & School Association



THANK YOU SPONSORS!



Thank you to our Platinum Community Sponsors!
Your contributions turn dreams into reality at Rolph Road!
We are grateful for your support

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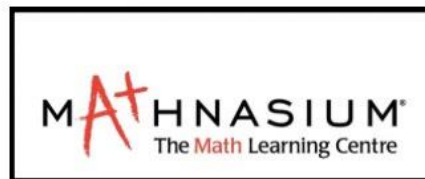
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Rolph Road Elementary School

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