

ROYWOOD SCHOOL



Roywood News Online #18

Sunday, January 29th, 2023

Click on the image to access our
Website and Twitter page.

Appreciation

Thank you to Mrs. Ataalla who who will be coming back next week to support in the office! When you call the school or come to the front door, Mrs. Ataalla is the person you will talk to.

Thank you to the WHOLE SCHOOL COMMUNITY for coming together to get students to school this week on the snowy day. Mr. D worked tirelessly to get paths shoveled and plowed so families could get to the school.

The students had a great day outside playing in the snow!



Thank You!



Upcoming Events/Significant Days of the Year

- Jan. 30-Feb. 1 - Mahayana New Year
- Feb. 4-11 - Children's Mental Health Week
- Feb. 8th - School Advisory Council Meeting @ 5:30pm - Staffroom
- Feb. 15 - Anti-Bullying Magic Show with Coby in the afternoon for all Grades
- Feb. 17 - Family/Educator Conferences in the evening
- Feb. 18 - PA Day (no school for students)
- Feb. 18 - Family/Educator Conferences in the morning
- Feb. 20 - Family Day Holiday (school/daycare closed)



School News

School CashOnline - ACTION ITEM

Roywood PS will be going CASHLESS next school year. Please take some time to create an account in School CashOnline to be able to pay for field trips, special lunches, spirit wear and any other school items while your child is at Roywood PS.

All of the TDSB is moving towards becoming cashless schools so that children do not have to bring money to school (with the chance of it getting lost), schools do not have to hold a lot of money (with a chance of it getting lost) and to keep up with the ever changing times of the world.

Please use the following link to create your account today! **Roywood has 65% of our school signed up... Let's make it 100%!!**

School Cash Online Links:

<https://tdsb.schoolcashonline.com/>

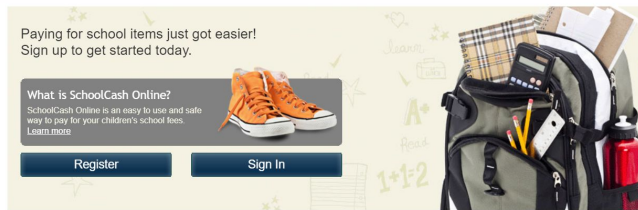
[School Cash Online - Sign Up Instructions](#)

SchoolCash Online



Toronto District School Board

IMPORTANT: Please click [here](#) to read information from the Toronto District School Board regarding the collection of your personal information.



Roywood Spirit Wear Orders

All of the Roywood Spirit Wear orders have been delivered to all students. If you are still missing any items that you ordered, please contact the school office.

Thank you for your patience!





MIDDLE FRENCH IMMERSION (Grade 4 Entry)

Applications Open: January 9, 2023

Deadline to Apply: February 3, 2023

Applications open to Grade 3 students
not currently in a French Program

Virtual and In-Person Information
Sessions available in January.



For more information and to apply online,
please visit: www.tdsb.on.ca/french



Out-of-Area Admissions Application Process

The former Optional Attendance Policy was updated in Spring 2022 to the new [Out-of-Area Admissions Policy \(P013\)](#). As part of the new policy, the application process is now managed centrally and the application form is an online form.

The Elementary application is available on the [Elementary Out-of-Area Admissions web page](#). The Secondary application is available on the [Secondary Out-of-Area Admissions web page](#).

- Both the elementary and secondary applications open today: Monday, January 9, 2023.
- The Secondary application will close on Friday, January 27, 2023 at 4:00 p.m.
- The Elementary application will close on Friday, February 10, 2023 at 4:00 p.m.

Parents/Guardians/Caregivers who require assistance with the application or access to technology can contact their current school for support. Resources available to support the completion of these applications are also available on the [Out-of-Area Admissions Resources website](#).

Schools are asked to share information about the application process with their communities.

PLEASE PAY ATTENTION TO APPLICATION DEADLINES!!!



Open Houses for Specialty Elementary Schools

(please note application deadlines
if interested)



SCARBOROUGH VILLAGE P.S. JK-GRADE 8

JOIN US!

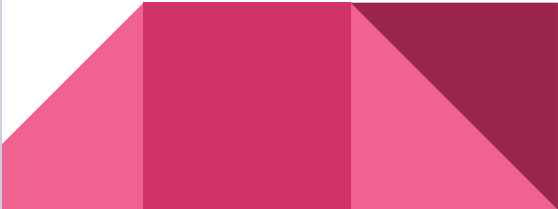
OPEN HOUSE

WEDNESDAY, FEBRUARY 1ST 2023

6-7 P.M.

**15 LUELLA STREET
SCARBOROUGH, ON
416-396-6560**

**VISIT THE [APPLICATION PROCESS WEBPAGE](#) TO
LEARN MORE ABOUT THE PROCESS. SUBMIT AN
ELEMENTARY ALTERNATIVE SCHOOLS [ONLINE
APPLICATION FORM](#) BETWEEN MONDAY, JANUARY
16 TO THURSDAY, FEBRUARY 16 AT 4 P.M.**





This Week @ Roywood PS

The students in Grade 4 and 5 created inspirational quotes and posted them around the school to keep everyone feeling motivated during this winter season. The next few slides showcase some of their quotes. Here are a few more!!

Tyler

If you dream
you can do it.

ALL OUR DREAMS CAN
COME TRUE - IF WE
HAVE THE COURAGE
TO PURSUE THEM.

WALT DISNEY

QUOTES4EVERLASTING.COM

Walt Disney dreamed of making movies and he dreamed and dreamed then he made one of the most famous if not the most famous movie company as well as theme park and resorts company. He inspired many other people

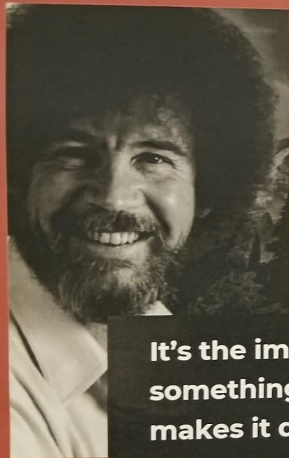
Ingrid
juāliq

Shaming is
blaming

piawina
zupawina iz

It reminds me
that people
can't just
shame me
zupawe we
csu, f!n2f
fmu2 beobie

Ysobel

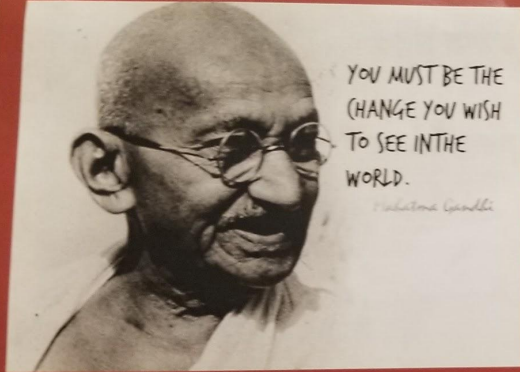


Bob ross


It's the imperfections that make something beautiful, that's what makes it different and unique from everything else.

Our differences and imperfections are the things that make us all beautiful. It's the same thing with paintings and artwork, just like the tiny dot on the paper. If you create a drawing its one of a kind, even if you recreate it, it's not the same because its unique and different just like you and me.

Iniya!!



Mahatma Gandhi is a style of writing and was **simple, precise, clear and as devoid of artificialities** as the life of its author. Some English Viceroy's admitted that Gandhi was direct and expressed himself in excellent English with a fine appreciation of the value of words he used.



Be kind,
for everyone you meet
is fighting a hard battle.

Plato / @InspiringThinkn

motivational-inspirational-world.blogspot.com

zahraa

What does this
quote mean to
you?

Be kind to everyone
not mean to everyone
because you never
know what
someone's going
through.

Keyahra

When you've worked hard,
and done well, and walked
through that doorway of
opportunity...you do not slam
it shut behind you...you reach
back, and you give other folks
the same chances that helped
you succeed.

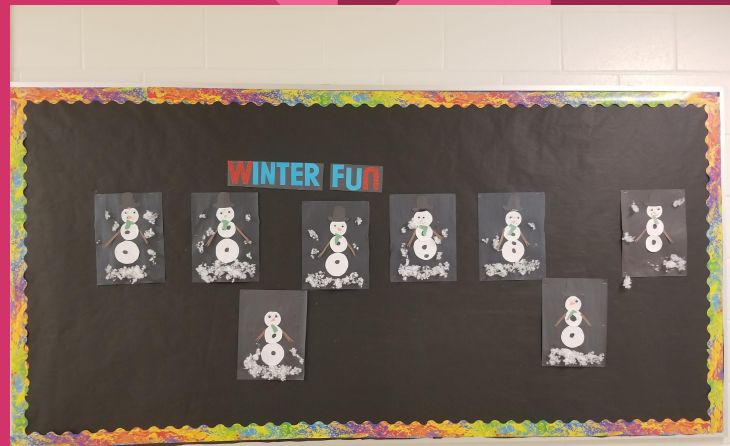
By Michelle Obama

Helping others
when needed, and
giving others a
chance to to be
successful like you.



Our kindergarten friends are having a blast in class exploring with iPads, pretending to be airplane pilots and twirling around with hula hoops in the gym.

Take a look at some of our wintery bulletin boards!



Happy Lunar New Year to all our families. The festival continues this week. Our kiddies made their lanterns and tried to draw their own rabbit.

[#LunarNewYear2023](#) [#YearOfTheRabbit](#)

[#ChineseNewYear](#)

[@TDSB_RoywoodPS](#)



The students in Room 129 celebrated Lunar and Chinese New Year this week. They created their own lanterns to honor the Year of the Rabbit.



Continued Learning for All

Students, Families & Staff

School Improvement Planning @ Roywood PS

We are focusing on including more student voice into classroom programming and throughout the school. Some of the ways that we are doing this is through:

- Offering student choice in presentation formats
- Virtual announcements each day with students included
- Sharing resources and books that are representative of the Roywood school community
- Listening to using student opinion on intramural ideas, graduation ideas, classroom setup, etc.
- And more...

We are also focusing on classroom environment to help us use the walls in our classrooms as a third teacher. Some of the ways that we are doing this is through:

- Learning goals and success criteria posted on walls for students to know and understand
- Creating print rich environments for students to learn from
- Including many faces and images of people from many different cultural backgrounds
- And more...



Community News



TDSB Social Workers Invite you to a **Virtual Community Fair**

For Parents/Caregivers of Children, Youth
and Young Adults with Complex/Special Needs



WHEN

February 6th - 9:30 am – 12 pm

And Repeated On

February 13th - 5:30 pm – 8 pm

Click [HERE](#) to join the Zoom Meeting
or Call 647-558-0588 or 647-374-4685

Come meet with Community Partners who will
provide information about

Camp and Funding

So, parents/caregivers can start planning
early!!!!

FEATURING!!!!



VARIETY VILLAGE



GENEVA CENTRE



For more information, email
virtuallfairinfo@tdsb.on.ca
Call

Jill Elliott Brennan at 647-229-
0728 or Larena Case at 416-
570-3314

Please take a look at the flyer if you
are a parent/caregiver of a child
with complex/special needs!

This is an opportunity to learn about
Camps and Funding.

Please [CLICK HERE](#) to join the
zoom meeting!

Winter 2022-2023 Well-Being Guide

In This Guide ...

Let's Get Excited for Winter!

Support for Mental Health & Well-Being

Support & Resources for Youth

Winter Programs & Activities for My Child/Youth

Ideas for Keeping My Child/Youth Active This Winter

Resources for My Child/Youth with Special/Complex Needs

TDSB Supports & Resources for Mental Health & Well-Being



As the days get shorter, the nights get longer & the temperature continues to drop, it is not unusual to feel a decline in our mental wellness. Our **Winter 2022-2023 Well-Being Guide** is a place to learn about Culturally Responsive and Identity Affirming resources and activities to make the most of this time of year while improving our mental well-being. Some ways to do this include:

Keeping Active: Physical activity produces endorphins that help elevate your mood.

Making up for Lost Sunshine: A decrease in daylight can impact your mood. Bundle up and get outside. The sun on your face is an instant booster.

Establishing Healthy Routines: Having a routine to fall back on can be very helpful. It can be as simple as sleeping & waking at the same time each day.

Getting Enough Sleep is important for our physical and mental health.

Reaching Out For Help: This may be the right time to seek extra support if your regular mental health routine & seasonal adjustments just are not enough. We all have mental health & talking about things is one of the best ways to take care of it. No issue is too big or too small.

TDSB Winter 2022-2023 Well Being Guide

Please click on the picture to the left to access the entire winter guide.

Click on the link below to access the winter guide translated into many different languages:

<https://www.tdsb.on.ca/Elementary-School/Supporting-You/Mental-Health-and-Well-Being-Professional-Support-Staff-PSS/Well-Being-Guide>

From TDSB Psychological Services
to Your Family

In this issue of Hearts & Minds, we are highlighting the neurodiversity of our complex needs students! In TDSB Psychological Services, we get to witness the joys & triumphs of our neurodivergent students every day, and we also aim to provide the extra support they need to thrive. Students with complex needs are children and teenagers with multiple or unique differences in their learning, behaviour, mental health, or brain functioning.



Understanding Mental Health in Children & Youth

What is Mental Health?

Mental health can mean different things to different people. Generally, it refers to the ability to feel, think, and act in ways that help us enjoy life and deal with difficulties. Just like we all experience different states of physical health (e.g., like being healthy one day and having a cold the next), our mental health may vary day to day and often depends on what is going on in our lives and what resources we have to help us cope.

"Mental health is inspired by a balance of the mental, physical, spiritual, and emotional self. Everyone, even the most vulnerable or mentally ill, has an opportunity to live as a healthy and whole individual." — First Nations Mental Wellness Continuum Framework, 2014

What is a Mental Health Problem?

Mental health problems occur when people experience a lot of distress that is intense or does not go away. If a person's stressors outweigh their coping resources, they can develop a mental health problem. These problems can sometimes be classified as disorders or mental illness. Naming these health problems can help people understand why they are struggling, and find the best ways to cope.



CAMH video
on the continuum
of mental health



1 in 5 people will
experience a serious
mental health problem
in their lifetime.



Mental health problems
can seriously impact
functioning at home,
school, or in relationships.

Hearts & Minds TDSB Psychology Newsletter

Please click on the picture to the left to access the newest edition of the TDSB Psychological Services newsletter. This issue contains articles on mental health, how to support mental health in our neurodivergent student population, and strategies to facilitate the transition to adulthood for students with complex needs.

Dear Families,

Visit our EarlyON drop-in program with your little children to enjoy songs, stories, art and sensory activities every day of the week. Meet other families and build friendships for life.

Everyone is Welcome!



Roywood EarlyON Contact Info:
Phone: 416-395-2830
Mon. to Fri. 8:30am - 12:00pm

**Early
ON**
Child and Family Centre

Connecting with the School

Office Hours 8:00am - 4:00pm

Telephone

416-395-2830

E-Mail

RoywoodPS@tdsb.on.ca

Website

<https://schoolweb.tdsb.on.ca/roywood/>

Twitter

https://twitter.com/TDSB_RoywoodPS

