

ROYWOOD SCHOOL



Roywood News Online #29

Sunday, April 14th, 2024

Click on the image to access our Website and Twitter page.

Appreciation

Thank you to Mr. D who has been organizing, opening and closing the cookie store each Thursday morning. The students love buying cookies from him and shopping at the cookie store. So far this year we have raised just over \$2000 dollars from cookie sales to go towards the purchase of new computers in the library!


Thank you to all the families and students that support this fundraising effort each week. Thank you to the School Council for counting all of the toonies collected from pizza lunches and cookie Thursdays!



Upcoming Events

- Apr. 15th - Mrs. Peralta & Mr. Perera's classes Trip to Forest Valley OEC
- Apr. 16th - Dental Screening Day - students teeth will be screened during the day
- Apr. 17th - Dental Screening Day - students teeth will be screened during the day
- Apr. 20th - SATURDAY - Edge Graduation Re-Take Photo Day (pre-registration required)
- Apr. 22nd - Earth Hour @ 2:00 p.m. - 3:00 p.m. (all unnecessary electricity will be turned off)
- Apr. 24th - Anti-Bullying Presentation for Students @ 1:30 p.m.
- Apr. 24th - Anti-Bullying Presentation for Parents/Caregivers @ 5:00 p.m.
- Apr. 26th - Spring Fling Dance-A-Thon & Pizza Lunch hosted by School Council Volunteers :D
- May 20th - Victoria Day Holiday (no school for students)
- May 27th - Barrier Free Track Meet @ Variety Village - Mrs. Daye's class

The school bell rings at 8:40am! Please make sure to be at school on time as a lot of literacy and numeracy lessons are taught in the morning. If your child is going to be late or absent from school at any time, please call Mrs. De Silva in the office to let her know or leave a message on the school answering machine.



School News

Roywood P.S. School Council Presents

BULLY-PROOFING CHILDHOOD

Come and learn about parent's guide to detection and intervention presented by Ryan Broadfoot

Ryan Broadfoot, RSW has been working in children's mental health since 2002 and speaking to students about bullying since 2016. Ryan has completed extensive research on school bullying but also has personal experience to draw upon. Ryan is a father of three children.

Join us for a chance to win a \$25 gift card!

BULLY-FREE ZONE

BULLY

Learn how to:

Empower your child with bully-resilient skills

Uncover and address childhood bullying

Partner with the school to address bullying incidents

EVENT DETAILS



ROYWOOD PUBLIC SCHOOL



WEDNESDAY APRIL 24, 2024



5PM

SAVE THE DATE

REFRESHMENTS AND CHILD-MINDING PROVIDED



For more information, please contact: dawndee1026@gmail.com or yetunde.olowokere@tdsb.on.ca

Join us on April 24th in the Library to learn more about Bully-Proofing Childhood!

Kindergarten Registration Has Opened for 2024/2025!

Welcome to **KINDERGARTEN**

Kindergarten registration has opened up for the 2024/2024 school year!

Children who will be four by December 31, 2024, can start Junior Kindergarten in September 2024.

Please click the link to get more information on how to register your child today:

<https://www.tdsb.on.ca/EarlyYears/KindergartenMonth>

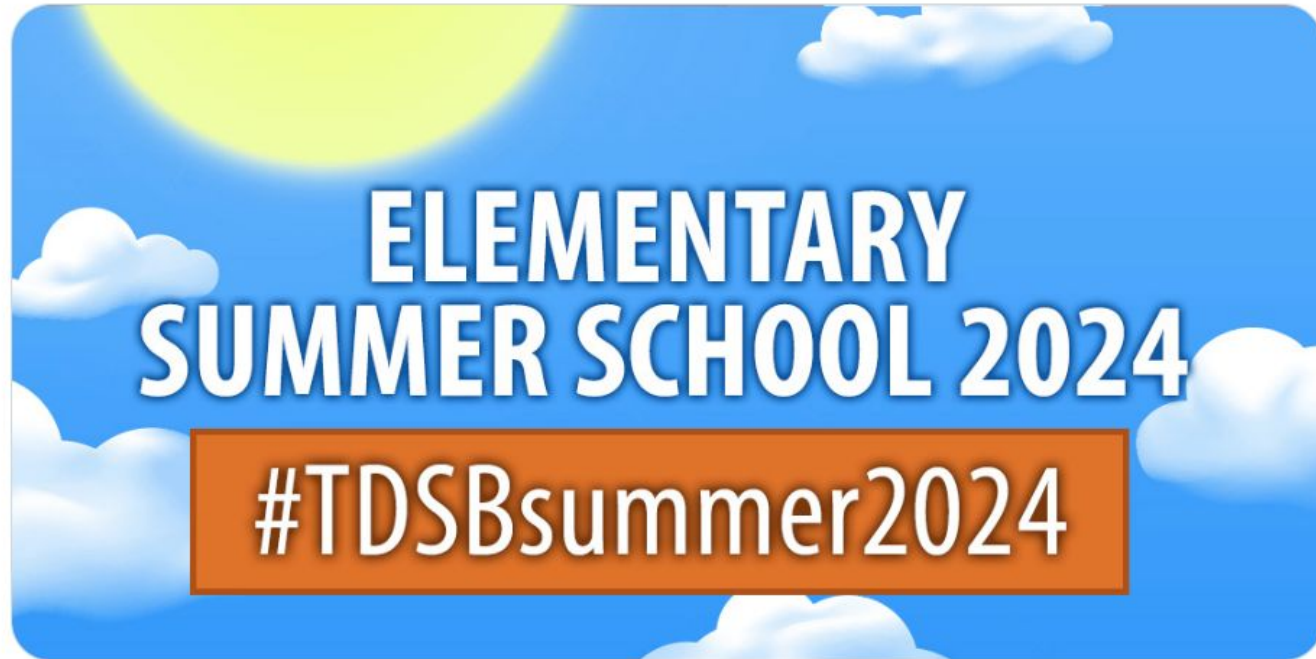




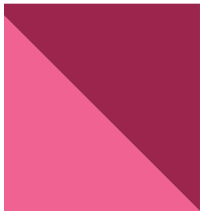
TDSB Continuing Education Department @TDSB_ConEd · Mar 25



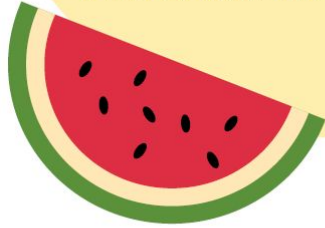
Registration is NOW OPEN for Elementary Summer School! ☀️ Programs are offered to students in grades K-8, running from July 2 to July 26, 2024. Plus, select schools are hosting the free afternoon @JaysCare RBI Summer Edition Program. Register here ➡️ bit.ly/3Njuafx



Toronto District School Board



**Please consider
donating to our
Nutrition Program!**



**Scan the QR Code
with your phone
camera:**



or go to tfss.ca/donate/schoolsites-snp

**The Nutrition
Program helps
with:**

Student focus and energy.

Student leadership and
responsibility.

Fruit and vegetable intake.

Community building.



Scan the QR code to donate
to the Roywood Student
Nutrition Program!

Your donations count!!

Tax receipts will be issued
for donations \$20 and over!



Terra Cotta COOKIE CO.

Cookie Thursday YUM!

This week we will have our cookie fundraiser on Thursday.

This week's cookies are:

1. Fudge Chip DeLite
2. Butterfly Vanilla
3. Funfetti DeLite

Individual cookies will be sold for \$2.00 each!

All proceeds from this cookie sale will go towards purchasing new computers for the



Fudge Chip DeLite *



Oatmeal DeLite *



Funfetti DeLite*

For cookie ingredients, please use the link below:

<https://terracottacookies.com/school-cookie-program/cookie-ingredients/>

School CashOnline - ACTION ITEM

Roywood PS is going CASHLESS. Please take some time to create an account in School CashOnline to be able to pay for field trips, lunches, spirit wear and any other school items while your child is at Roywood PS.

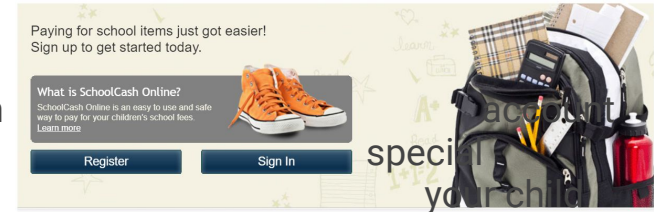
All of the TDSB is moving towards becoming cashless schools so that children do not have to bring money to school (with the chance of it getting lost), schools do not have to hold a lot of money (with a chance of it getting lost) and to keep up with the ever changing times of the world.

Please use the following link to create your account today!

School Cash Online Links:

<https://tdsb.schoolcashonline.com/>

[School Cash Online - Sign Up Instructions](#)



Paying for school items just got easier!
Sign up to get started today.

What is SchoolCash Online?
SchoolCash Online is an easy to use and safe way to pay for your children's school fees.
[Learn more](#)

Register Sign In

special your child

The banner features a dark grey backpack filled with school supplies like a pencil case, a water bottle, and a folder. Next to it are a pair of bright orange sneakers. The background is light yellow with faint icons of a school building, a book, and a graduation cap.

Active April 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Commit to being more active this month, starting today	2 Spend as much time as possible outdoors today	3 Listen to your body and be grateful for what it can do	4 Eat healthy and natural food today and drink lots of water	5 Turn a regular activity into a playful game today	6 Do a body-scan meditation and really notice how your body feels	7 Get natural light early in the day. Dim the lights in the evening
8 Give your body a boost by laughing or making someone laugh	9 Turn your housework or chores into a fun form of exercise	10 Have a day with less screen time and more movement	11 Set yourself an exercise goal or sign up to an activity challenge	12 Move as much as possible, even if you're stuck inside	13 Make sleep a priority and go to bed in good time	14 Relax your body & mind with yoga, tai chi or meditation
15 Get active by singing today (even if you think you can't sing!)	16 Go exploring around your local area and notice new things	17 Be active outside. Plant some seeds and encourage growth	18 Try out a new exercise, activity or dance class	19 Spend less time sitting today. Get up and move more often	20 Focus on 'eating a rainbow' of multi-coloured vegetables today	21 Regularly pause to stretch and breathe during the day
22 Enjoy moving to your favourite music. Really go for it	23 Go out and do an errand for a loved one or neighbour	24 Get active in nature. Feed the birds or go wildlife-spotting	25 Have a 'no screens' night and take time to recharge yourself	26 Take an extra break in your day and walk outside for 15 minutes	27 Find a fun exercise to do while waiting for the kettle to boil	28 Meet a friend outside for a walk and a chat
29 Become an activist for a cause you really believe in	30 Make time to run, swim, dance, cycle or stretch today					



Follow along with us this ACTIVE April month. Try as many ACTIVE activities as you can with family!



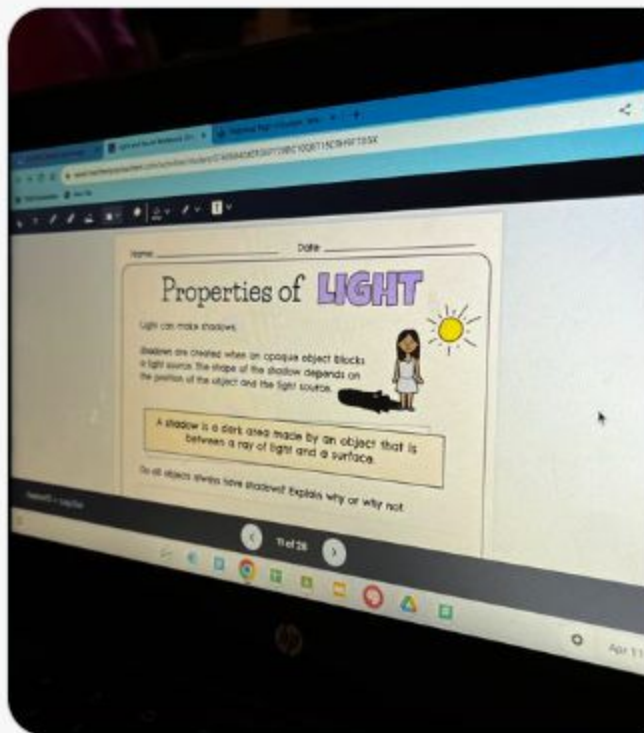
This Week @ Roywood PS



Roywood P.S. @TDSB_RoywoodPS · 18m



Looking at the properties of light and playing around with shadows in the Grade 3/4 class! What do the terms translucent and opaque mean? How would you describe them?





Roywood P.S. @TDSB_RoywoodPS · Apr 12



The students are having a great time creating their own personal avatars in the Grade 2/3 class! :) Thanks to [@Pixton](#) for having so many options for students to choose from when creating their own personal look!





Roywood P.S. @TDSB_RoywoodPS · Apr 11



Cookie sales are a hit at Roywood!!! Thursday mornings are our favourite!
We are working towards buying new computers for the library! We are
halfway to our goal - \$2000!! Thank you to the families for support!!!

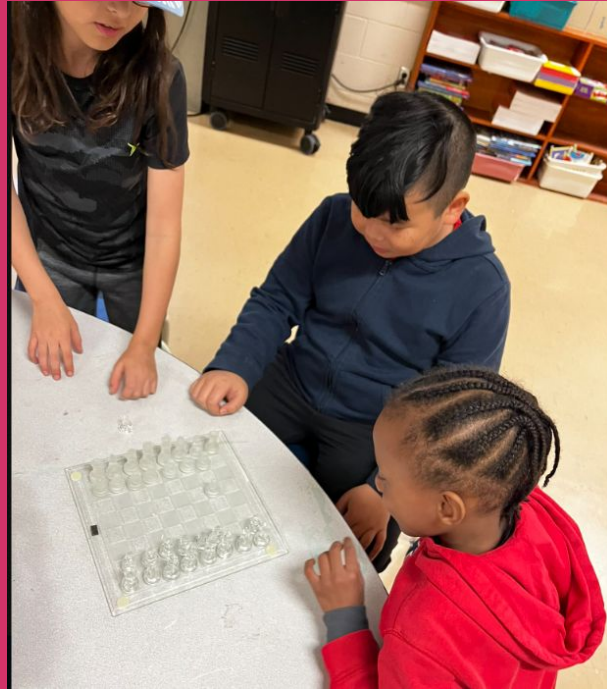
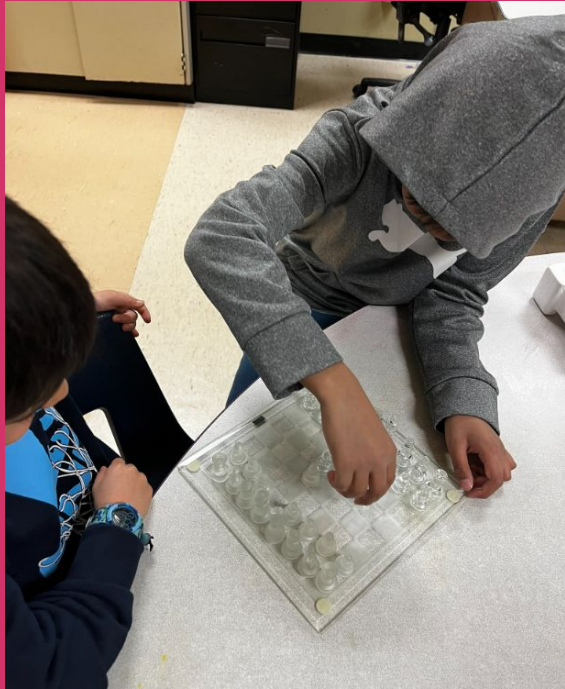




Roywood P.S. @TDSB_RoywoodPS · Apr 11



Chess Club is happening in the Grade 3/4 classroom. All levels of players are invited to join chess club on Day 4 at lunch! The Grade 3/4 students are ready to teach and play with other students who want to learn. [#chessclub](#)
[#lunchfun](#) [#studentleaders](#) [#funtimes](#)



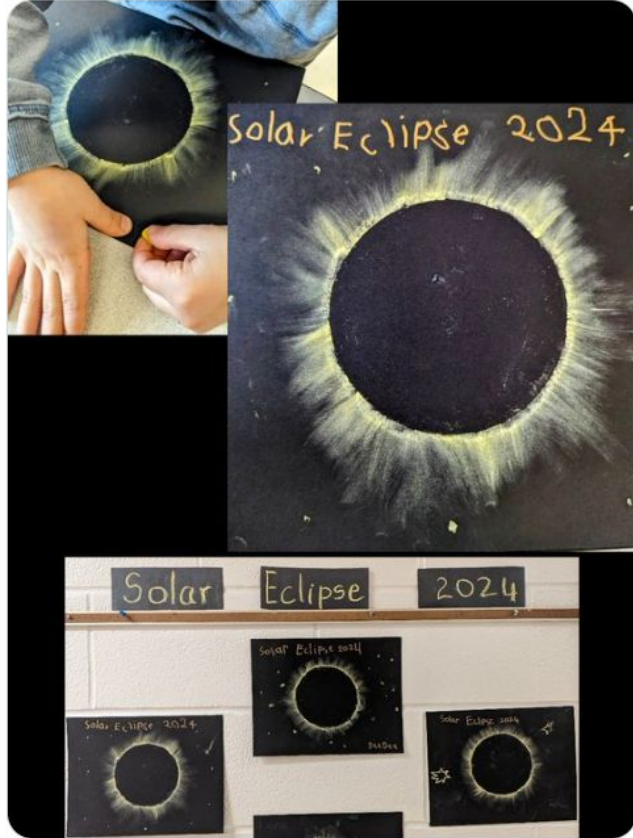
You reposted



Jacqueline Samuels @TechTeacherJSam · Apr 9

...

Today students shared their experience about their first [#SolarEclipse2024](#)
[#SolarEclipse](#) [#Kindergarten](#) @TDSB_RoywoodPS





Continued Learning for All

Students, Families & Staff

School Improvement Planning @ Roywood PS

Literacy Goal:

Through a structured literacy approach in Kindergarten to Grade 1 and a deeper application of the comprehensive literacy program in Grades 2-5, the students of Roywood will develop their confidence in decoding and comprehending texts at or above their expected grade level. We will focus on the most underserved students. Teachers will learn how to use phonological and phonemic screeners to develop instruction based on early reading needs. We will monitor three times a year using DRA and ongoing running records.

Math Goal:

By implementing evidence based numeracy strategies (high-impact instructional practices), we will improve student engagement, learning, and attitudes towards math. To accomplish this, we will support teachers to make instructional choices that help to eliminate disproportionate outcomes and to interrupt oppressive practices (e.g. provide explicit needs-based professional learning opportunities such as "Building Foundational Math Skills in the Early Years" and "Building Thinking Classrooms in Mathematics Through an Anti-Oppressive Lens", work with Math Learning Partner, etc.)



Community News



HEARTS & MINDS

From TDSB Psychological Services
to Your Family

Volume 5
Issue 3
April
2024

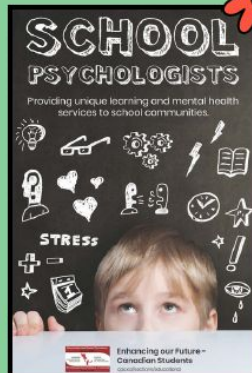
HAPPY SPRING TDSB!

This spring, the Hearts & Minds newsletter turns 4 years old! We started this newsletter in order to share our passion for neurodiversity, mental wellness, and the positive impact research and psychology can have on learning. We have aimed to provide useful and interesting information to our school communities since May 2020.

We hope our newsletter continues to inform and reach out to all the caregivers, families, students and staff that make TDSB a place to learn and grow.

READ, ENJOY
& SHARE!

Want more tips?
Visit [TDSB Psychological Services website](https://www.tdsb.on.ca/About-Us/Professional-Support-Services/Psychological-Services) for more!



Psych Tip: Try This!

If you have trouble remembering someone's name when you first meet them...try using **mnemonic strategies** (pronounced 'nu-mon-ick')! One way is called the 'keyword method': Picture in your mind a visual image/keyword that reminds you of the person's first name. For example, when meeting 'Mike', picture him holding a microphone!
Mnemonics are evidence-based strategies proven to help you learn new information more easily. Click these [video & article links](#) to learn more!

Our articles, tips, and suggestions do not constitute treatment advice. If you or a family member is in crisis, please contact Kids Help Phone: 1-800-668-6868 or Distress Centres of Greater Toronto: 416-408-4357.



STUDY TIPS

TO PREPARE FOR HIGH SCHOOL EXAMS

By: Sumbel Malik, M.Psy.

Have an Agenda Handy.

An agenda (either digital or physical) is helpful when it comes to organizing your tasks. Write down the names of classes you have each day, any extra-curricular activities you are involved in, family commitments, etc. You can incorporate study time in the blocks of time you see on your agenda.

Study in Small 'Chunks'.

Studying too much information at once can be overwhelming. It is important to break down the material into chunks (small, manageable parts) so that your brain has more time to absorb the information. The **'pomodoro technique'** is a widely used strategy that helps increase focus when studying. It involves breaking your study sessions down into timed, 25 minute chunks with a 5 minute break in between each session to stretch, check your phone, or grab a drink or snack.

Don't Forget to Recharge.

It is important to give yourself breaks, time to relax, and time to recharge your brain. Keeping yourself motivated through praise, positive reinforcement, or even tangible rewards is a great idea.

Take Meaningful Notes.

During class lessons, take detailed notes on important points. Try to review your notes before class so that the lessons can connect with new information you learn. Use highlighters for key points and use sticky notes to write down any questions you may have.

Be Prepared.

It is helpful to read the material before class so that you can understand the material in an in-depth manner. This will be helpful especially during class lessons. When the teacher is teaching the same material, you will be able to make connections and learn in a comprehensive manner. When it comes time to studying, you will already have much of the information down in your head and that will help make studying easier.

TDSB COMMUNITY CORNER

Virtual Drop-in Hours

OPEN TO ALL TDSB PARENTS, GUARDIANS, AND CAREGIVERS!

Join our Virtual Drop-ins on Google Meet

Wednesdays* 7 p.m. - 8 p.m.
www.tdsb.on.ca/virtualsupport
*Check website for specific dates offered

Connect with Professional Support Staff to explore ideas related to your child's mental health & wellbeing, including students with Special Education & Complex Needs



NEW Mental Health & Well-Being Resources



Check out the FULL Article at the link below:

<https://www.tdsb.on.ca/About-Us/Professional-Support-Services/Psychological-Services>

Visit the EarlyON drop-in program to spend quality time with your children while engaging in activities that help develop cognitive, physical, emotional, and social skills.

Let's Have Fun Together!



*Roywood EarlyON Contact Info:
Phone: 416-395-2830
Mon. to Fri. 8:30am - 12:00pm*

**Early
ON**
Child and Family Centre

Connecting with the School

Office Hours 8:00am - 4:00pm

Office Administrator

Patricia-Anne De Silva

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Patricia-Anne.DeSilva@tdsb.on.ca

Telephone

416-395-2830

General E-Mail

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Website

<https://schoolweb.tdsb.on.ca/roywood/>

Twitter

https://twitter.com/TDSB_RoywoodPS

