

## **Roywood News Online #14**

Sunday, December 8th, 2024

Click on the image to access our Website and Twitter page.

## **Appreciation**

Thank you to our school council members for working hard for the Roywood students and staff. They provide special lunches for students monthly, work on fundraising ideas, brainstorm ways to make Roywood a better place and so much more!

If you want to find out more about the Roywood School Council, pop into the book fair family night on thursday to meet a school council representative and see how you can get involved! :)



### **Upcoming Events**

- Dec. 9 13 Scholastic Book Fair in the Library Open for Sales everyday until 3:45 p.m.
- Dec. 10 Basketball Intramurals for Gr. 4/5 students @ Fenside PS 12:45 p.m. 2:45 p.m.
- Dec. 12 Cookie Thursday Fundraiser \$2.00 per cookie
- Dec. 13 Family Late Night Book Fair Event Book Fair will stay open until 5:30 p.m.
- Dec. 13 Pizza Lunch for Students Orders due on School Cash Online by Wednesday
- Dec. 16 Dec. 20 Holiday Spirit Week (see slide or calendar for specifics)
- Dec. 17 Winter Holiday Concert @ 1:00 p.m. Families invited in the Gym
- Dec. 19 Cookie Thursday Fundraiser \$2.00 per cookie
- Dec. 20 Last Day of School for Winter Break

The school bell rings at 8:40am! Please make sure to be at school on time as a lot of literacy and numeracy lessons are taught in the morning! If your child is going to be late or absent from school at any time, please call Mrs. De Silva in the office to let her know or leave a message on the school answering machine.

## Drop Off & Pick Up at Roywood PS



Please be aware that the school parking lot is for staff only. There is lots of space in the cul-de-sac for families to park when dropping off and picking up children from school.

Roywood PS is home to many students who ride the bus to and from school and we need the parking lot clear for the busses to enter and exit safely. We also have families that need to park in the accessible parking spaces, so please make sure to keep them clear.

Thank you for your understanding and cooperation!



### Late to School

Each school day begins at 8:40 a.m. sharp!!! Teachers are on yard duty at 8:30 a.m. at all entry doors and family members can drop of children starting at this time.

UPDATE: If your child does not make it to their entry doors by 8:40 a.m. in the morning and has to enter through the front door of the school, they will be marked late unless there was an unforeseen circumstance.

The school day begins with literacy and numeracy learning. Students who come late to school miss out on this instruction.

Please make every effort to have your child(ren) at school each day on time.

Families that are regularly late will need to make a school plan with Mrs. Pegg and the attendance counsellor.





## **Donate to a School-Specific Nutrition Program**

Thank you for supporting nutrition programming at the Toronto Foundation for Student Success!



#### Your donations count!!

Tax receipts will be issued (and emailed to families) for donations \$20 and over!



## Ways to Follow Along with School Information

You can learn about and stay informed with all things Roywood PS in a variety of ways:

- Visit the school website → <a href="https://schoolweb.tdsb.on.ca/roywood/">https://schoolweb.tdsb.on.ca/roywood/</a>
- 2. Visit the school X account → <a href="https://x.com/TDSB\_RoywoodPS">https://x.com/TDSB\_RoywoodPS</a>
- Weekly Newsletter → sent to registered email address' (if you do not receive the weekly newsletter to your email inbox, please contact the office to update your information!)
- 4. Communication from classroom teachers

# Kindnes er ecemp

#### SUNDAY Spread share the December others

#### Contact kindness and someone you can't be with to see how calendar with they are

- Offer to help someone who is facing difficulties at the moment
- Support a charity, cause or campaign you

really care about

WEDNESDAY

Give a gift to someone who is homeless or feeling lonely

THURSDAY

Leave a positive message for someone else to find

FRIDAY

Give kind comments to as many people as possible today

SATURDAY

Share a happy memory or inspiring thought with

- Do something helpful for a friend or family member
- Notice when you're hard on vourself or others and be kind instead

MONDAY

Listen wholeheartedly to others without judging them

TUESDAY

- Buy an extra item and donate it to a local food bank
- Be generous. Feed someone with food, love or kindness today
- See how many different people you can smile at today
- a loved one

- Say hello to your neighbour and brighten up their day
- Look for something positive to say to everyone you speak to
- Give thanks. List the kind things others have done for you
- Ask for help and let someone else discover the joy of giving
- Contact someone who mav be alone or feeling isolated
- Help others by giving away something that you don't need
- **Appreciate** kindness and thank people who do things for you

- Congratulate someone for an achievement that may go unnoticed
- Choose to give or receive the gift of
- Bring joy to others. Share something which made you laugh
- Treat everyone with kindness today, including yourself!
- Get outside. Pick up litter or do something kind for nature
- Call a relative who is far away to say hello and have a chat
- Be kind to the planet. Eat less meat and use less energy



- 29 Turn off digital devices and really listen to people
- Let someone know how much you appreciate them and why
- Plan some new acts of kindness to do in 2025









Happier · Kinder · Together

with us this **KINDNESS** December

Follow along

Try as many **KINDNESS** activities as you can with family!

## **School News**

## Roywood Holiday Spirit Week is COMING!!!!

Roywood Spirit Week: December 16 – 20

Monday Dec 16: Red, Green, and Sparkle Day! ● ■ → ● ■ → ● ■ →

Tuesday Dec 17: Celebrating "Ugly" Holiday Sweaters Day + Holiday Concert 💸

Wednesday Dec 18: Holiday Hats/Headbands and funny socks Day 🥳 🗱 🥳 🗱

Thursday Dec 19: Cozy Pajama & Holiday Slippers Day 🥿 🕿 💸 🥿 🕿 💸

Friday Dec 20: Favourite Holiday Outfits & Accessories Day + New Year Countdown at the end of the day!

Cheers!

Mrs. Bossert 🗇 🧡 💛

### Roywood Parent Council - Parent/Guardian Survey



Roywood Public School Parents/Caregivers Survey.

Please take a moment to scan the QR code and complete the Roywood School Council Parent/Guardian Survey!

This survey will help the council plan for the school year with YOU and your child in mind!

There are only 4 questions on the survey and it will only take a few minutes to complete!

Thank you!

### Pizza Lunch is Coming! Friday, December 13th

#### PIZZA LUNCH ORDER FORM - FRIDAY, DECEMBER 13TH

Student Name:	Teacher Name/Grade:

On Friday, December 13th the students at Roywood PS will have a pizza lunch. Pizza slices will be offered and can be ordered below or through School CashOnline (preferred method). Gluten-free options are available, please use the order form below. Thank you to the Roywood Family Volunteers for helping with this special lunch event. Domino's will provide this pizza lunch. All slices are halal.

#### ORDERS ARE DUE: Wednesday, December 11th!!!

This pizza lunch event is in support of school council fundraising activities.

Please check one of the options below to order.

Exact cash only. No change will be given.

Pizza Lunch Slices (PLEASE CHECK ONE ONLY)

Regular	Gluten-Free
Slice Options	Slice Options
☐ 1 Cheese Slice - \$3.00 ☐ 2 Cheese Slices - \$4.00 ☐ 3 Cheese Slices - \$5.00	☐ 1 GF Cheese Slice - \$3.00 ☐ 2 GF Cheese Slices - \$4.00 ☐ 3 GF Cheese Slices - \$5.00

Place your pizza lunch order through Cash Online as the preferred order and payment method.

A limited number of paper order forms will be available at the office with Mrs. De Silva. If you need a paper order form, please contact Mrs. De Silva.

All orders are due on: Wednesday, Dec. 11th









Vanilla Snowman (Nov - Jan)



Funfetti DeLite\*

For cookie ingredients, please use the link below:

https://terracottacookies.com/school-c ookie-program/cookie-ingredients/

## Cookie Thursday YUM!

This week we will have our cookie fundraiser on Thursday.

This week's cookies are:

- 1. Fudge Chip DeLite
- 2. Funfetti DeLite
- 3. Vanilla Snowman

Individual cookies will be sold for \$2.00 each!

All proceeds from this cookie sales will go towards purchasing new sports equipment for the physical education program and sports teams.



## This Week @ Roywood PS

This week students in the Grade 4/5 class along with Mr. Goldenberg and Mr. Ho participated in Basketball intramurals at Fenside Public SChool. This partnership will continue each month with a different sporting activity. The students had a great time and are making new friendships with students that they will attend middle school with. What

a fun time!!!





## Continued Learning for All

Students, Families & Staff

## School Improvement Planning @ Roywood PS

#### Literacy Goal:

Through a structured literacy approach in Kindergarten to Grade 1 and a deeper application of the comprehensive literacy program in Grades 2-5, the students of Roywood will develop their confidence in decoding and comprehending texts at or above their expected grade level. We will focus on the most underserved students. Teachers will learn how to use phonological and phonemic screeners to develop instruction based on early reading needs. We will monitor three times a year using DRA and ongoing running records.

#### Math Goal:

By implementing evidence based numeracy strategies (high-impact instructional practices), we will improve student engagement, learning, and attitudes towards math. To accomplish this, we will support teachers to make instructional choices that help to eliminate disproportionate outcomes and to interrupt oppressive practices (e.g. provide explicit needs-based professional learning opportunities such as "Building Foundational Math Skills in the Early Years" and "Building Thinking Classrooms in Mathematics Through an Anti-Oppressive Lens", work with Math Learning Partner, etc.)

## **Community News**



### BHEARTS & MINDS

From TDSB Psychological Services to Your Family Volume 6 Issue 2 Winter 2024



#### Parenting in the Age of Stress

Parenting & caregiving has become more stressful in new and different ways over the past century. The internet has made access to information often overwhelming, and difficult to navigate. The rise of social media has led to many unrealistic (and sometimes unachievable) displays of what 'ideal' parenting should look like. Along with heightened expectations to keep children happy at all times, the fast-paced and consumer-driven society we live in has increased caregiver stress, especially for those managing financial burdens, the rising cost of living, and/or a lack of community support.

This time of year, parents and caregivers may feel even more anxiety and stress than usual. For some families, the holidays come with additional expectations and responsibilities that we (and others) place on ourselves. Caregivers are increasingly feeling that they don't have enough time, energy, or resources to give when needed.

Parents often blame themselves for feeling deficient, but these challenges reflect broader societal issues. Recently, the U.S. Surgeon General issued a <u>public health</u> advisory about the impact of modern stresses on parents' mental health. In light of this, here are some questions and reminders to tell yourself this winter season.

What do you need from yourself and others to help manage parenting stress?

## Take perspective. No parent or caregiver is perfect, nor can they be! Children don't expect their caregivers to be perfect, either.



#### Ask for help.

It really can "take a village" to both parent and keep yourself mentally well. Make sure to ask for and receive support from your "village" - extended family, friends, neighbours, school, place of worship, or community resources.

#### Practice self-care.

Take whatever time you have to release your stress, recharge your energy, and reward small (or big!) wins for yourself. Remember, we need to put our own 'oxygen masks' on first before we can help others.



Create Healthy Boundaries. Set daily and weekly goals that prioritize the most important tasks and people. Practice firm yet respectful ways to say no.

Our articles, tips, and suggestions do not constitute treatment advice. If you or a family member is in crisis, please contact <u>Kids Help Phone</u>: 1-800-668-6868 or <u>Distress Centres of Greater Toronto</u>: 416-408-4357.

Please click the link below to access the Hearts & Minds newsletter, Volume 6, Issue 2 Winter newsletter.

https://drive.google.com/file/d/1ddbHCoIYTUq-m ELosuLzDE8hNkMyZLbW/view?usp=sharing



Please click the link below to access the Parent/Caregiver & Community Engagement Worker monthly newsletter, volume 3 newsletter.

https://drive.google.com/file/d/12fSx8ff7aAmY\_ihWaQqodRP-3XhP\_ktL/view?usp=drive\_link

Please use this link to access past newsletters.

https://sites.google.com/tdsb.on.ca/csws/newsletter-archives

Roywood EarlyON Contact Info: Center Coordinator: Maria Rusu Phone: 416-395-2830 Mon. to Fri. 8:30a.m. - 12:30p.m.

Dear Families,

Toin the EarlyON to engage together with your little treasures in a variety of early learning experiences such as sorting things in groups according to a variety of criteria.

Let's Play Together!





### Connecting with the School

Office Hours 8:00am - 4:00pm

**Office Administrator** 

Patricia-Anne De Silva

E-Mail

Patricia-Anne.DeSilva@tdsb.on.ca

Telephone

416-395-2830

**General E-Mail** 

RoywoodPS@tdsb.on.ca

Website

https://schoolweb.tdsb.on.ca/roywood/

**Twitter** 

https://twitter.com/TDSB\_RoywoodPS