

Roywood News Online #15

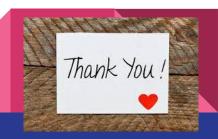
Sunday, December 15th, 2024

Click on the image to access our Website and Twitter page.

Appreciation

A giant thank you goes out to Mrs. Bossert for organizing, setting up, taking down and more with the school Scholastic Book Fair this past week! It was a huge success! Roywood families purchased over \$2000 worth of books and other treasures from the book fair. This means that Roywood PS will be able to purchase around \$800 worth of new books for the school! WOW!!! What an amazing turn out!

Thank you to all the families and students who came out and purchased treasures from the book fair! We appreciate you! Your support has helped the school and the purchase of new books!!!



Upcoming Events

Holiday Spirit Week

- Dec 16 Red, Green, and Sparkle Day! ■ → ■ → ■ →
- Dec 17 Celebrating "Ugly" Holiday Sweaters Day + Holiday Concert **
- Dec. 17 Winter Holiday Concert @ 12:45 p.m. Families invited in the Gym Concert will start at 1 p.m. sharp!!!
- Dec 18 Holiday Hats/Headbands and funny socks Day 🥳 🕸 🥳
- Dec 19 Cozy Pajama & Holiday Slippers Day
- Dec. 19 Cookie Thursday Fundraiser \$2.00 per cookie
- Dec 20 Favourite Holiday Outfits & Accessories Day + New Year Countdown at the end of the day!
- Dec. 20 Last Day of School for Winter Break

The school bell rings at 8:40am! Please make sure to be at school on time as a lot of literacy and numeracy lessons are taught in the morning! If your child is going to be late or absent from school at any time, please call Mrs. De Silva in the office to let her know or leave a message on the school answering machine.

Drop Off & Pick Up at Roywood PS



Please be aware that the school parking lot is for staff only. There is lots of space in the cul-de-sac for families to park when dropping off and picking up children from school.

Roywood PS is home to many students who ride the bus to and from school and we need the parking lot clear for the busses to enter and exit safely. We also have families that need to park in the accessible parking spaces, so please make sure to keep them clear.

Thank you for your understanding and cooperation!



Late to School

Each school day begins at 8:40 a.m. sharp!!! Teachers are on yard duty at 8:30 a.m. at all entry doors and family members can drop of children starting at this time.

UPDATE: If your child does not make it to their entry doors by 8:40 a.m. in the morning and has to enter through the front door of the school, they will be marked late unless there was an unforeseen circumstance.

The school day begins with literacy and numeracy learning. Students who come late to school miss out on this instruction.

Please make every effort to have your child(ren) at school each day on time.

Families that are regularly late will need to make a school plan with Mrs. Pegg and the attendance counsellor.





Donate to a School-Specific Nutrition Program

Thank you for supporting nutrition programming at the Toronto Foundation for Student Success!



Your donations count!!

Tax receipts will be issued (and emailed to families) for donations \$20 and over!



Ways to Follow Along with School Information

You can learn about and stay informed with all things Roywood PS in a variety of ways:

- Visit the school website → https://schoolweb.tdsb.on.ca/roywood/
- 2. Visit the school X account → https://x.com/TDSB_RoywoodPS
- Weekly Newsletter → sent to registered email address' (if you do not receive the weekly newsletter to your email inbox, please contact the office to update your information!)
- 4. Communication from classroom teachers

Kindnes er ecemp

SUNDAY Spread share the December others

Contact kindness and someone you can't be with to see how calendar with they are

- Offer to help someone who is facing difficulties at the moment
- Support a charity, cause or campaign you

really care about

WEDNESDAY

Give a gift to someone who is homeless or feeling lonely

THURSDAY

Leave a positive message for someone else to find

FRIDAY

Give kind comments to as many people as possible today

SATURDAY

Share a happy memory or inspiring thought with

- Do something helpful for a friend or family member
- Notice when you're hard on vourself or others and be kind instead

MONDAY

Listen wholeheartedly to others without judging them

TUESDAY

- Buy an extra item and donate it to a local food bank
- Be generous. Feed someone with food, love or kindness today
- See how many different people you can smile at today
- a loved one

- Say hello to your neighbour and brighten up their day
- Look for something positive to say to everyone you speak to
- Give thanks. List the kind things others have done for you
- Ask for help and let someone else discover the joy of giving
- Contact someone who mav be alone or feeling isolated
- Help others by giving away something that you don't need
- **Appreciate** kindness and thank people who do things for you

- Congratulate someone for an achievement that may go unnoticed
- Choose to give or receive the gift of
- Bring joy to others. Share something which made you laugh
- Treat everyone with kindness today, including yourself!
- Get outside. Pick up litter or do something kind for nature
- Call a relative who is far away to say hello and have a chat
- Be kind to the planet. Eat less meat and use less energy



- 29 Turn off digital devices and really listen to people
- Let someone know how much you appreciate them and why
- Plan some new acts of kindness to do in 2025









Happier · Kinder · Together

with us this **KINDNESS** December

Follow along

Try as many **KINDNESS** activities as you can with family!

School News

Roywood Holiday Spirit Week is HERE!!!!

Roywood Spirit Week

Monday Dec 16: Red, Green, and Sparkle Day!

Tuesday Dec 17: Celebrating "Ugly" Holiday Sweaters Day + Holiday Concert 💸

Wednesday Dec 18: Holiday Hats/Headbands and funny socks Day 🥳 🕸 🥳 💸

Thursday Dec 19: Cozy Pajama & Holiday Slippers Day 🥿 🕿 🕸 🥿 👟 🕸

Friday Dec 20: Favourite Holiday Outfits & Accessories Day + New Year Countdown at the end of the day!

Cheers!

Mrs. Bossert 🗇 🧡 💛

Roywood Parent Council - Parent/Guardian Survey



Roywood Public School Parents/Caregivers Survey.

Please take a moment to scan the QR code and complete the Roywood School Council Parent/Guardian Survey!

This survey will help the council plan for the school year with YOU and your child in mind!

There are only 4 questions on the survey and it will only take a few minutes to complete!

Thank you!

Click the picture, scan the QR code or follow this link to access the survey:

https://docs.google.com/forms/d/e/1FAIpQLSds_K Celz6edsQFCksiP786GZOy2g-kJgVOZSohKvuVxgR7 9Q/viewform









Vanilla Snowman (Nov – Jan)



Funfetti DeLite*

For cookie ingredients, please use the link below:

https://terracottacookies.com/school-c ookie-program/cookie-ingredients/

Cookie Thursday YUM!

This week we will have our cookie fundraiser on Thursday.

This week's cookies are:

- 1. Fudge Chip DeLite
- 2. Funfetti DeLite
- 3. Vanilla Snowman

Individual cookies will be sold for \$2.00 each!

All proceeds from this cookie sales will go towards purchasing new sports equipment for the physical education program and sports teams.



This Week @ Roywood PS

The bookfair was a huge success! Families, students and staff purchased OVER \$2000 worth of books and other treasures! This means that Roywood will receive over \$800 in new books for the school! Roywood Rocks!!!





Thank you to the Roywood School Council members and family volunteers for making Friday's pizza lunch a huge success! Organizing, counting money, ordering and handing out pizza to the students - the smiles were seen all around! :)



Continued Learning for All

Students, Families & Staff

School Improvement Planning @ Roywood PS

Literacy Goal:

Through a structured literacy approach in Kindergarten to Grade 1 and a deeper application of the comprehensive literacy program in Grades 2-5, the students of Roywood will develop their confidence in decoding and comprehending texts at or above their expected grade level. We will focus on the most underserved students. Teachers will learn how to use phonological and phonemic screeners to develop instruction based on early reading needs. We will monitor three times a year using DRA and ongoing running records.

Math Goal:

By implementing evidence based numeracy strategies (high-impact instructional practices), we will improve student engagement, learning, and attitudes towards math. To accomplish this, we will support teachers to make instructional choices that help to eliminate disproportionate outcomes and to interrupt oppressive practices (e.g. provide explicit needs-based professional learning opportunities such as "Building Foundational Math Skills in the Early Years" and "Building Thinking Classrooms in Mathematics Through an Anti-Oppressive Lens", work with Math Learning Partner, etc.)

Community News



BHEARTS & MINDS

From TDSB Psychological Services to Your Family Volume 6 Issue 2 Winter 2024



Parenting in the Age of Stress

Parenting & caregiving has become more stressful in new and different ways over the past century. The internet has made access to information often overwhelming, and difficult to navigate. The rise of social media has led to many unrealistic (and sometimes unachievable) displays of what 'ideal' parenting should look like. Along with heightened expectations to keep children happy at all times, the fast-paced and consumer-driven society we live in has increased caregiver stress, especially for those managing financial burdens, the rising cost of living, and/or a lack of community support.

This time of year, parents and caregivers may feel even more anxiety and stress than usual. For some families, the holidays come with additional expectations and responsibilities that we (and others) place on ourselves. Caregivers are increasingly feeling that they don't have enough time, energy, or resources to give when needed.

Parents often blame themselves for feeling deficient, but these challenges reflect broader societal issues. Recently, the U.S. Surgeon General issued a <u>public health</u> advisory about the impact of modern stresses on parents' mental health. In light of this, here are some questions and reminders to tell yourself this winter season.

What do you need from yourself and others to help manage parenting stress?

Take perspective. No parent or caregiver is perfect, nor can they be! Children don't expect their caregivers to be perfect, either.



Ask for help.

It really can "take a village" to both parent and keep yourself mentally well. Make sure to ask for and receive support from your "village" - extended family, friends, neighbours, school, place of worship, or community resources.

Practice self-care.

Take whatever time you have to release your stress, recharge your energy, and reward small (or big!) wins for yourself. Remember, we need to put our own 'oxygen masks' on first before we can help others.



Create Healthy Boundaries. Set daily and weekly goals that prioritize the most important tasks and people. Practice firm yet respectful ways to say no.

Our articles, tips, and suggestions do not constitute treatment advice. If you or a family member is in crisis, please contact <u>Kids Help Phone</u>: 1-800-668-6868 or <u>Distress Centres of Greater Toronto</u>: 416-408-4357.

Please click the link below to access the Hearts & Minds newsletter, Volume 6, Issue 2 Winter newsletter.

https://drive.google.com/file/d/1ddbHCoIYTUq-m ELosuLzDE8hNkMyZLbW/view?usp=sharing



Please click the link below to access the Parent/Caregiver & Community Engagement Worker monthly newsletter, volume 3 newsletter.

https://drive.google.com/file/d/12fSx8ff7aAmY_ihWaQqodRP-3XhP_ktL/view?usp=drive_link

Please use this link to access past newsletters.

https://sites.google.com/tdsb.on.ca/csws/newsletter-archives

Roywood EarlyON Contact Info: Center Coordinator: Maria Rusu Phone: 416-395-2830 Mon. to Fri. 8:30a.m. - 12:30p.m.

Dear Families

Join the EarlyON program to have fun with your little ones while using playdough. They love this special sensory activity.

Everyone Is Welcome!





Connecting with the School

Office Hours 8:00am - 4:00pm

Office Administrator

Patricia-Anne De Silva

E-Mail

Patricia-Anne.DeSilva@tdsb.on.ca

Telephone

416-395-2830

General E-Mail

RoywoodPS@tdsb.on.ca

Website

https://schoolweb.tdsb.on.ca/roywood/

Twitter

https://twitter.com/TDSB_RoywoodPS