

SA TEC



# AND SO THE ADVENTURE BEGINS ANONYMOUS



# <u>APPOINTMENTS</u>

## VIRTUAL

Guidance appointments will take place virtually for 2020-2021.

## EMAIL

19

Email your guidance counsellor to book an appointment and provide a phone number where you can be reached and the day and time you are available.

## ASYNCHRONOUS

Except for emergencies, schedule guidance appointments during asynchronous learning.

# THE GUIDANCE TEAM







Ms. Karimwabo



Ms. Noble



Mr. Knight



Ms. McVannell (On Leave)



Ms. Griffin

# CONTACT US!

Guidance Counsellor	Last Name (Alphabet)	Email Address
Michelle Singroy	A-C	michelle.singroy@tdsb.on.ca
Rita Karimwabo	D-H	rita.karimwabo@tdsb.on.ca
Mary-Louise Noble	I-Q	marylouise.noble@tdsb.on.ca
Calvin Knight	R-Z (Quad 1)	calvin.knight@tdsb.on.ca
Felicia McVannell	R-Z (On leave)	felicia.mcvannell@tdsb.on.ca
Alorna Griffin	Guidance Secretary	alorna.griffin@tdsb.on.ca

The information presented here is for Quad 1 only. We will post information for Quad 2 on the Grade 9 Google Classroom.



# STUDENT SERVICES GUIDANCE SECRETARY

## CONTACT FOR DOCUMENTATION

Credit Counselling Summaries Transcripts Booking Appointments General Inquiries



# YOU HAVE FEET IN YOUR SHOES. YOU CAN STEER YOURSELF IN ANY DIRECTION YOU CHOOSE. DR. SEUSS



## STUDENT SERVICES GUIDANCE COUNSELLORS

## ACADEMIC COUNSELLING

myBlueprint<sup>-,</sup> Course Selection Academic Difficulties Post-Secondary Planning Career Planning Volunteer/Employment Opportunities

## PERSONAL COUNSELLING

Mental Health Support Building Resilience Strategies to manage difficulties Social Work Referrals Child and Youth Work Referrals Settlement Work Referrals Community Referrals

# STAY CONNECTED

## GOOGLE CLASSROOM

Join the Grade 9 Google Classroom for up-to-date Guidance information.

### ufe3zr5

## SATEC WEBSITE

Access the SATEC website for updated school-wide information.

www.schoolweb.tdsb.on.ca/satec

# HIGH SCHOOL GRADUATION REQUIREMENTS

#### 18 compulsory credits

Students must earn the following compulsory credits to obtain the Ontario Secondary School Diploma:

- 4 credits in English (1 credit per grade)\*
- 3 credits in mathematics (1 credit in Grade 11 or 12)
- 2 credits in science

8 COMPULSOR

- 1 credit in Canadian history
- 1 credit in Canadian geography
- 1 credit in the arts
- 1 credit in health and physical education
- 1 credit in French as a second language
- 0.5 credit in career studies
- 0.5 credit in civics

#### In addition, students must complete:

- / 12 optional credits\*
- 40 hours of community involvement activities
- the provincial literacy requirement

#### Plus one credit from each of the following groups:

#### Group 1:

- English or French as a second language\*\*
- a Native language
- · a classical or international language
- · social sciences and the humanities
- · Canadian and world studies
- · guidance and career education
- cooperative education\*\*\*

#### Group 2:

- · health and physical education
- the arts
- business studies
- · French as a second language\*\*
- cooperative education\*\*\*

#### Group 3:

- science (Grade 11 or 12)
- technological education
- French as a second language\*\*
- · computer studies
- cooperative education\*\*\*



# DECODING COURSE CODES

## 

#### These 3 letters identify the subject

The first letter in the course code identifies the curriculum area as follows:

- A = Arts
- B = Business
- C = Canadian & World Studies
- E = English
- F = French
- G = Guidance
- H = Humanities & Social Sciences
- K = Alternative, Non-Credit Courses
- L = International Languages
- M = Mathematics
- N = Native Studies
- P = Physical Education
- S = Sciences
- T = Technological Education

The 4<sup>th</sup> digit identifies the grade as follows: 1 = Grade 9

- 2 = Grade 10 3 = Grade 11
- 4 = Grade 12

#### The 5<sup>th</sup> digit identifies the education pathway.

#### Grade 9-10

- D = Academic
- P = Applied
- L = Locally Developed
- 0 = Open

#### Grade 11-12

- Essential
- U = University
- C = College
- M = University/College
- O = Open



Essential Concepts

Abstract Thinking

Theory

Research

Problem-Solving

Independent Learner

#### PPLIED

COURSE TYPES

Essential Concepts Practical

Hands-On

Discussions

Dependent Learner

## LOCALLY DEVELOPED

Most Essential Concepts

Teacher Direction and Instruction

Develop Literacy and Numeracy Skills

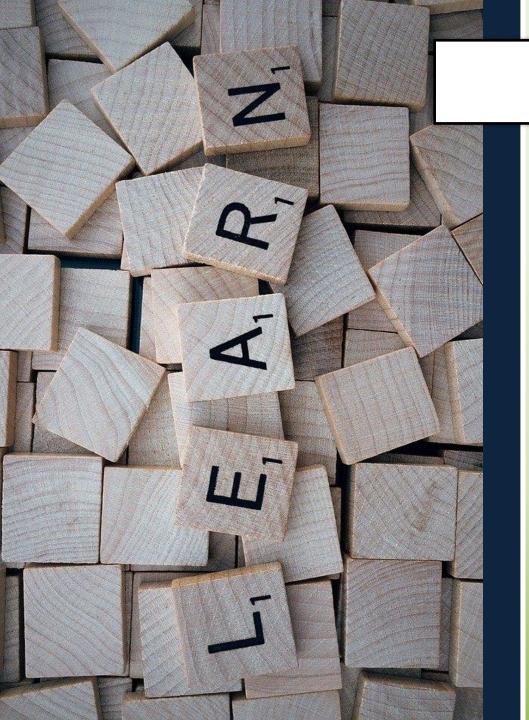
Develop Learning Skills All Levels

All Abilities

All Learning Skills

**OPEN** 

All Strengths



## GRADE 9 PATHWAYS

#### SATEC is currently **destreamed**.

There are <u>no</u> applied level courses in Grade 9.



# NEVER CONFUSE A SINGLE DEFEAT WITH A FINAL DEFEAT. ANONYMOUS





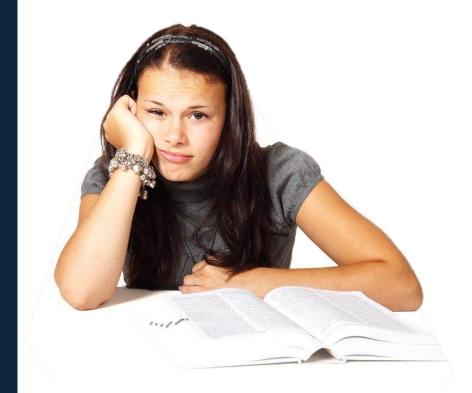
If you do not pass a subject in high school you <u>DO NOT</u> move to the next grade for that course.

You will be required to:

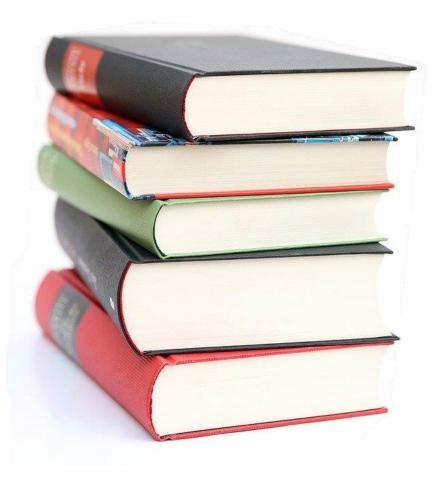
# TAKE SUMMER SCHOOL

or

# REPEAT THE COURSE



## ACADEMIC SUPPORT



## TEACHER

Ask your teacher for extra help.

## TUTORING

West Scarborough Neighbourhood Community Centre is offering e-tutoring. Email <u>yis@wsncc.org</u> for more information.

## MATH HELP

Post questions to the Math Help Google Classroom.

ny4fd7p

## ACADEMIC SUPPORT

## TVO ONTARIO

Provides math tutoring with Ontario Certified Teachers.

www.tvomathify.com

## KHAN ACADEMY

Provides lessons in a variety of subject areas.

www.khanacademy.org



# TIPS FOR SUCCESS

Keep your student I.D. card in a safe place.

Use an agenda to keep track of tests and assignments.

Connect with people in your classes to ask for help.

Get involved in extracurricular activities. Engage in self-advocacy.

Talk to someone about your day.

Do your homework.

Search out your strengths and talents.

Start your community service hours. Check out volunteertoronto.ca!



guidance.

# RECORD OF COMMUNITY SERVICE

Download the fillable PDF forr from the Grade Google Classroo	9 →	Toronto District School Board Proposed Activity/ Organization Name	Stud	ents are encouraged to b	egin their community	rity Notification and hours in the summer preceding School First Name: Description of Activity	•	Supervisor's Signature
Proposed Activity/ Organization Name	Principal/Designate Pre-approval (Please Initial)		If the activity identified is on the TDSB Approved List then you are Pre-approved and do not need a signature. (see back of this page) If the activity is NOT on the TDSB Approved List you MUST get written					
	If the activity identified is on the TDSB Approved List then you are Pre-approved and do not need a signature. (see back of this page) If the activity is NOT on the TDSB Approved List you MUST get written approval from the principal, or vice principal or guidance counsellor. (see back of this page)	For Office Use Only Completion has be the student's OST Date Signature of School Official	Guid	ance, Career olescent Development	Total Hours:	and me or child. I am aware of the allowing my child to participate, I i child and the possibility of person I confirm that I am not aware of an participating in the activity and fu such injury, permanent disability of transportation fees. Signature	me or my child to participate in this activity is risks, dangers and hazards associated with the risky accept and risk participate and loss resulting yr teason, medical or otherwise, that would p ill soccept personal responsibility for the dam or death, including incidental expenses such a rdian required if student is under 18 years of o	e activity and by agreeing to or angers and hazards to me or my herefrom. event me or my child from nges, claims and costs following s ambulance and other
		<ul> <li>Send to your guidance counsellor for approval only if the activity is <u>not</u> on the approved TDSB list (see reverse side).</li> </ul>						

# RECORD OF COMMUNITY SERVICE

#### **TDSB Approved Activities**

Events or activities to support a not-for-profit initiative unless pre-approved by school principal or designate

#### HELP YOUR NEIGHBOURS

- provide service to seniors or to others who have difficulty leaving their homes – raking, shovelling (no snow blowers), shopping (students should not drive vehicles for this purpose), visiting, reading, meal preparation
- assist a neighbour with child care take child to the park, watch child while parent prepares dinner
- tutor younger students read, take to library, help with homework
- assist neighbours with pet sitting, animal care

#### HELP YOUR COMMUNITY

- volunteer at a seniors' home/centre visit, read, play cards or board games, take seniors for walks, make crafts
- help organize local community events food drives/banks
- take part in environmental initiatives recycling campaigns, park cleanup, planting trees & flower beds (students should not use power tools – lawn mowers, hedge trimmers, wood chippers, etc.)
- get involved in charitable activities walk-a-thons, daffodil sales, canvassing for non-profit organizations
- assist with sports teams but not as a player- community leagues, parks and recreation programs
- volunteer in leadership roles with community groups – youth groups
- volunteer in hospitals, libraries or any charitable, not-for-profit organization
- volunteer with social service or animal welfare agencies – Red Cross, United Way, Humane Society

- get involved in the democratic political process – scrutineering, canvassing, campaigning
- offer service through religious communities/ places of worship
   assist with literacy initiatives – at local
- libraries, day care centres, community centres

#### tutor younger students - read, take to library, HELP YOUR SCHOOL OR OTHER SCHOOLS

- help with sports teams run skills drills, assist coach or team but not as a team player
   help in the library – shelve books, tidy up, change bulletin boards
- tutor other students help with homework, review difficult concepts
- assist students with special needs act as peer buddy
- assist with the planning of arts or athletic events – work on publicity, set up for track meets, sell tickets, check coats, offer
- technical support facilitate school events such as fun fairs, parent information nights - greet visitors, set up and supervise booths, give tours, serve
- refreshments assist with environmental activities – encourage recycling, plant trees/flowers, work on grounds crews (students should not use power tools)
- participate in charitable initiatives food and clothing drives, holiday drives for toys or food
   sit on school councils, committees – school
- governance, be a peer mentor/mediator, help with orientation of grade 9 students

#### **Ministry of Education Ineligible Activities**

The Ministry of Education has developed a list of activities that may NOT be chosen as community involvement activities and that are therefore ineligible activities.

#### An ineligible activity is an activity that:

- is a requirement of a class or course in which the student is enrolled (e.g., cooperative education portion of a course, job shadowing, work experience)
- takes place during the time allotted for the instructional program on a school day. However, an activity that takes place during the student's lunch break or "spare" periods is permissible
- takes place in a logging or mining environment, if the student is under 16 years of age
- takes place in a factory, if the student is under 15 years of age
- takes place in a workplace other than a factory, if the student is under 14 years of age and is not accompanied by an adult
- would normally be performed for wages by a person in the workplace (students are not to replace paid workers or be paid themselves)

Student Injury – The Board does not provide insurance coverage for injury resulting to student volunteers. To assist, students may purchase student accident insurance by visiting www.insuremykids.com

- involves the operation of a vehicle, power tools, or scaffolding
- involves the administration of any type or form of medication or medical procedure to other persons
- involves handling of substances classed as "designated substances" under the Occupational Health and Safety Act
- requires the knowledge of a tradesperson whose trade is regulated by the provincial government
- involves banking or the handling of securities, or the handling of jewellery, works of art, antiques, or other valuables
- consists of duties normally performed in the student's home (i.e. daily chores, caring for siblings) or personal recreational activities
- involves a court-ordered program (e.g. community-service program for young offenders, probationary program)



#### Make note of eligible and ineligible volunteer activities.

# RECORD OF COMMUNITY SERVICE

#### M TORONTO

Community Recreation Programmer The Etobicoke Olympium 399 The West Mall Toronto, ON. M9C 2Y2 Phmer (45):394-2417 Fax: (416):394-2485

Gabriella Bozzo

Re: Reference Letter for Jacalynn Pengilly

Date: September 3rd, 2013.

To whom it may concern

I am pleased to comment on Jacalynn Pengilly's characteristics. Jacalynn is a highly valued employee with the City of Toronto, Parks, Forestry and Recreation Division. She excels in her capacity as an Aquatic Trainer, Event Manager and Pool Supervisor. Her ability to fuffill many roles and assume numerous responsibilities demonstrates her initiative, organization and flexibility.

Jacalym's moral and ethical character are reflected in her daily life. She is compassionate and empathetic, and cares about dheres within her community. Jacalym values honesty and integrity. She is careful to consider all parameters in her decision-making processes, and utimately make decisions that uphold her morals. She is hardworking and dedicated, well-organized, and has been able to successfully balance school with extraourioutar advities, volutener work and part time employment. Jacalym nows well with others, and heitas well to all individuals. She is an intent listener and approachable. Her positive outlook provides inspiration and encouragement to others.

Jacalynn is an excellent candidate. She has all the necessary skills to be successful, and has the necessary work ethic to realize her goals. Thank-you for your time and consideration of Jacalynn Pengilly

Sincerely,

Gabriella Bozzo

If you volunteer at a location for more than 20 hours, please have your supervisor document your hours and tasks on official letterhead.

# GET INVOLVED!

Due to the pandemic some clubs/teams are not running. Please contact Ms. Repar to learn more about clubs/teams.

