

Parents Resource



texted.ca



netlingo.com



CANADA'S NATIONAL TIPLINE FOR REPORTING THE ONLINE SEXUAL EXPLOITATION OF CHILDREN



thedoorsnotlocked.ca

www.SNSTIPS.com

Safe Computing / Networking Practices

Computer should be placed in a common area in the home – with easy access to everyone

Facebook Settings

- 1) Secure ALL Your Settings
- 2) Start “Un-friending” Unkown Contacts
- 3) Minimize the number of pictures kept online at any given time
 - 3b) Reduce the number of pictures uploaded
 - 3c) Parents should approve all pictures to be uploaded
- 4) Remove any Facebook applications from hand-held devices
- 5) Full Access to children's accounts.
- 6) Ensure “Tagging” is turned off
- 7) RE-CHECK SECURITY SETTINGS MONTHLY

DELETE A FACEBOOK / INSTAGRAM ACCOUNT

www.deleteyouraccount.ca

Free Software Downloads

www.download.com

Anti Spyware / Anti Malware / Anti Virus

GOOGLE SEARCH SETTINGS

Ensure your Google searches return age appropriate material.

Use Google SafeSearch

<http://www.google.ca/familysafety/>

- 1) Click on Google Safety Tools**
- 2) Click on SEARCH SETTINGS**
- 3) Set the SafeSearch Filters to STRICT**
- 4) Click on SAVE at the bottom of the page**

When searching for images on Google Images, the above should now be the default setting for when using Google Images.

These settings should be applied for each computer, and each browser used.



Email Safety

Ensure email is used on a computer located in the area of the home where parents can respond to children who need immediate assistance.

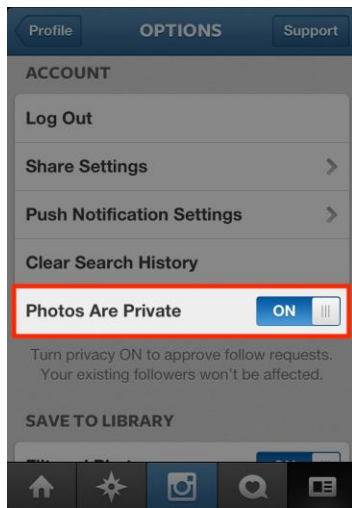
Safety Tips

- 1) Strong password – 10 characters or longer – Including Upper Case Letters, Lower Case Letters, Numbers and Symbols.**
- 2) Never click on links in emails (may be phishing links)**
- 3) Never open attachments in emails unless from a trusted source, and you have validated that the source of the email did actually send it. Viruses spread through attachments – example TXT files.**
- 4) Ensure your email provider has a strong SPAM filter, reducing your chance of unwanted emails in your inbox**
- 5) Do not forward emails, with everyone's email in the original body of the email**
- 6) If using online email programs (Gmail, Hotmail) – when logging on a third party computer, always ensure you Log Off!**
- 7) If email was used for cyber-bullying, save and print off all copies of your emails for backup**

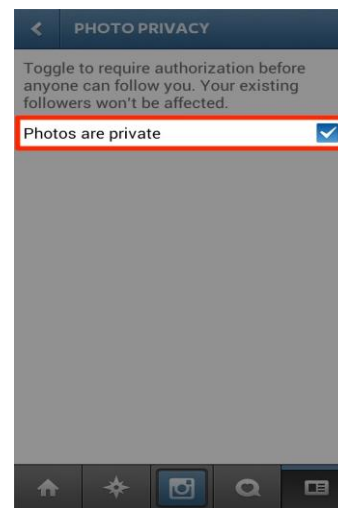
Privacy on Instagram

By default, **anyone** can view your profile on Instagram. If you would like to make sure only approved followers can see your profile:

1. Go to your profile by tapping the far right address card icon
2. Tap the settings icon in the upper right corner
3. **Apple iOS** -- Scroll to "Photos are private" and toggle the switch to ON to turn on privacy. **Android** -- Tap on "Photo privacy" then tap the box to turn on privacy.



Apple iOS



Android

Once you turn on Privacy, anyone who wants to see your photos, or followers & following lists, will have to send you a follow request that will appear in your News > You feed, which you can then approve or ignore. To approve or deny a follow request, just tap on the username that appears in the request. You'll then be brought to their profile page and at the top of this page you will see an "approve" and "ignore" button.

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