

Travel Smart

Do your part!



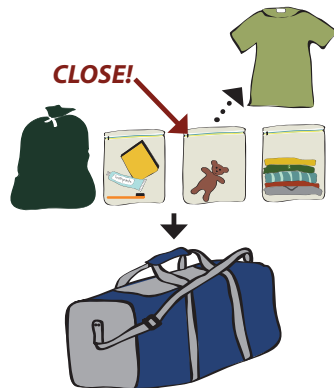
TDSB Outdoor Education Centres take great care to be bed bug aware. All facilities are routinely and conscientiously monitored by TDSB staff. If there might be bed bugs where you live, please **TRAVEL SMART** so they don't travel with you.

1 Be Prepared Leaving Home



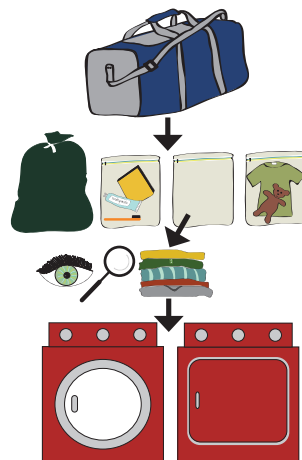
- bring freshly washed and dried clothes and bedding
- when you take them out of the dryer, immediately put them in plastic bags you can seal or tie (garbage bags are fine)
- put non-washable items in ziplock bags
- pack everything in a bag that can be put in a washer or dryer

2 Be Smart at your Destination



- keep clothing (or other items) in sealable plastic bags
- when you take something out, seal or tie the bag

3 Be Cautious Returning Home



if you are concerned...

- unpack in a garage, basement, balcony or porch – avoid living spaces
- inspect all items carefully
- immediately wash clothes & bedding in hot water then place in the dryer (minimum: 20 minutes, hot setting)
- hot dry anything else that is dryer safe for at least 20 minutes — **heat kills bed bugs!**

Did you know that bed bugs are...

- not associated with cleanliness – anyone can be affected
- an increasing problem in Toronto and the GTA
- found in many countries around the world and have been discovered everywhere, including the finest hotels
- “hitchhikers” and can travel easily from place to place, especially in luggage and backpacks
- annoying pests that we are ALL at risk of transporting so we all need to take responsibility and **TRAVEL SMART!**