

**SILVERTHORN COLLEGIATE
HPE DEPARTMENT AND
ATHLETICS**



DEPARTMENT MEMBERS

SEAN KING – ACL

MELISSA REED

CARMELA DEMICHINO

JELENA LUCIC

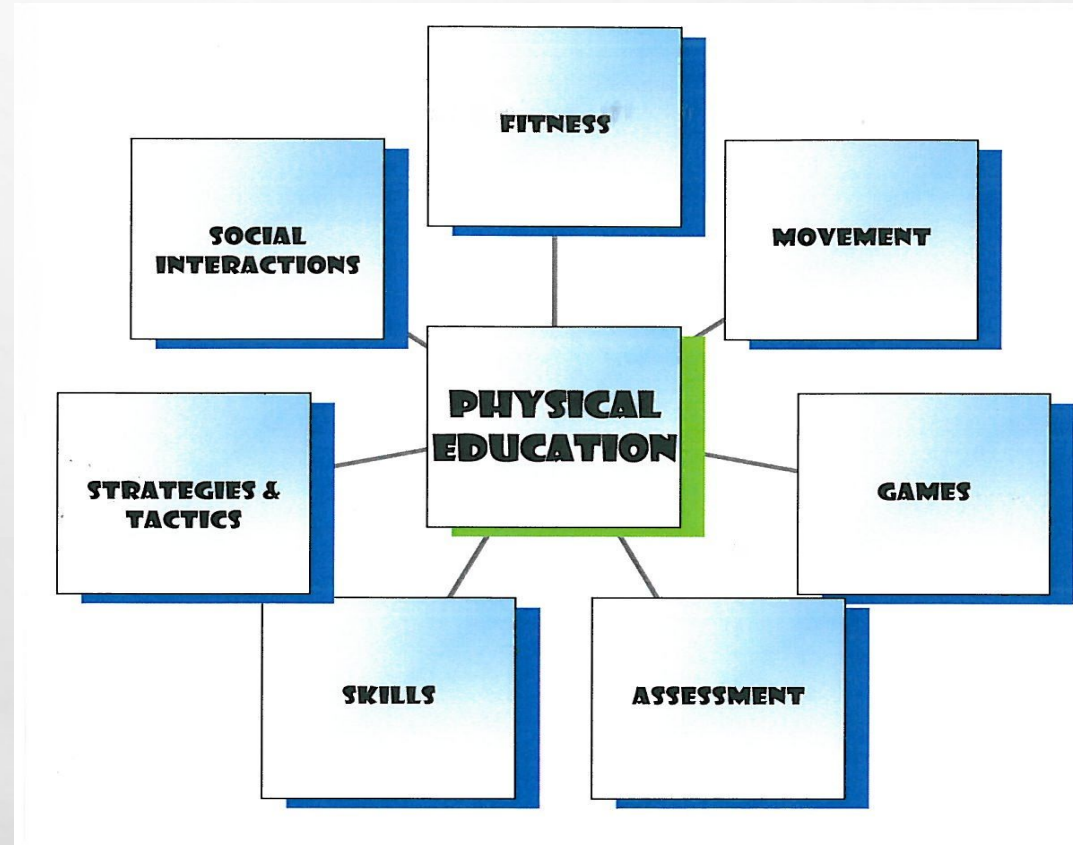
KEVIN BUY

MARKO ZECEVIC



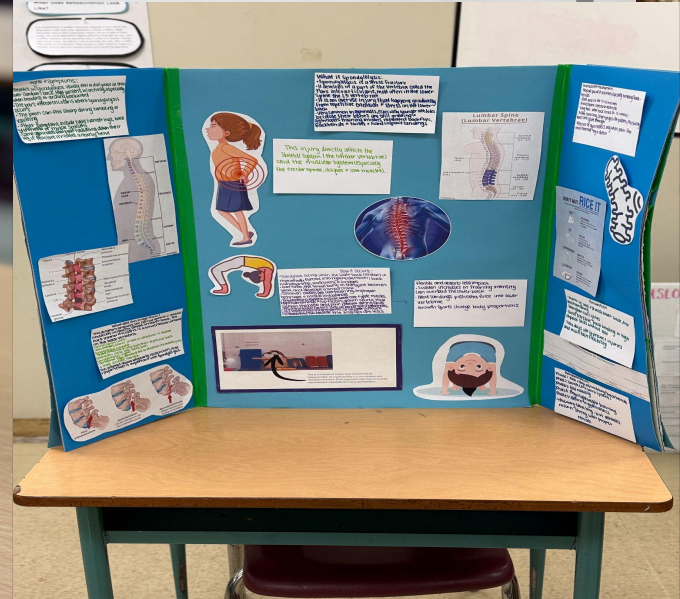
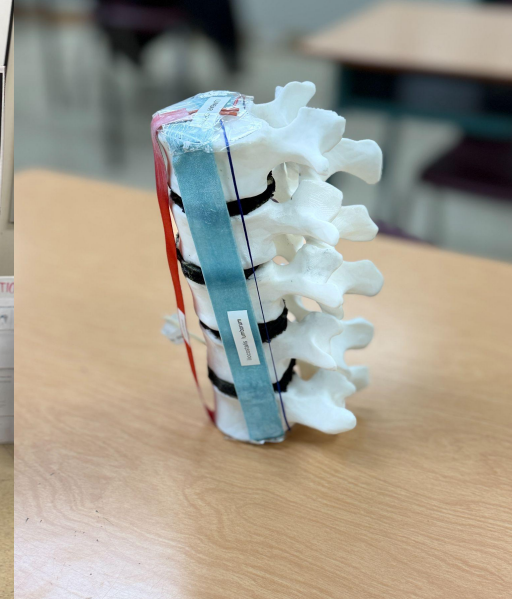
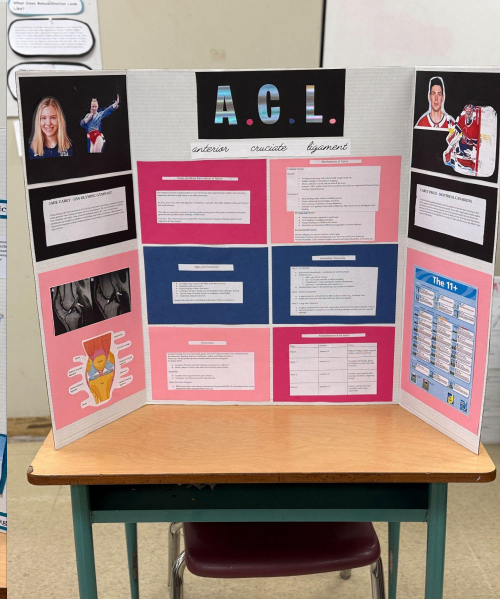
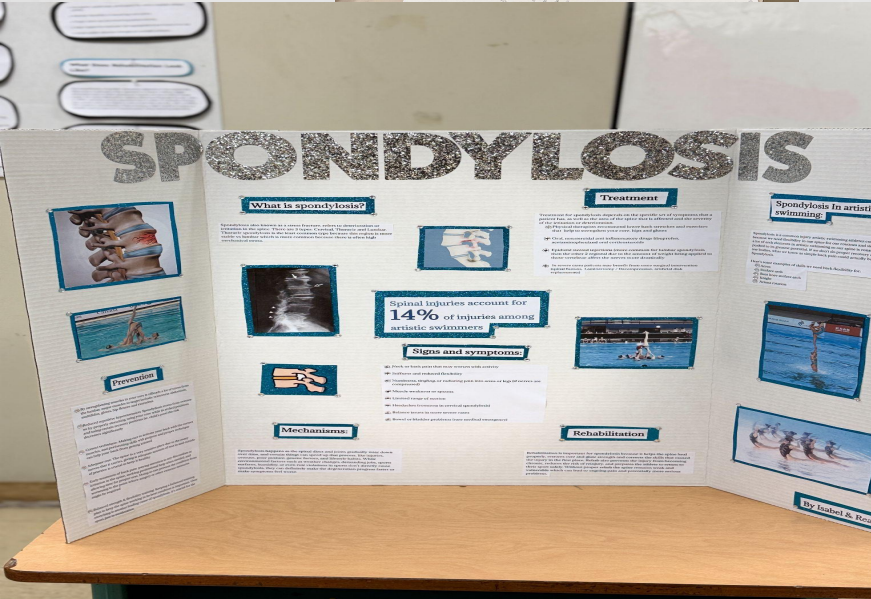
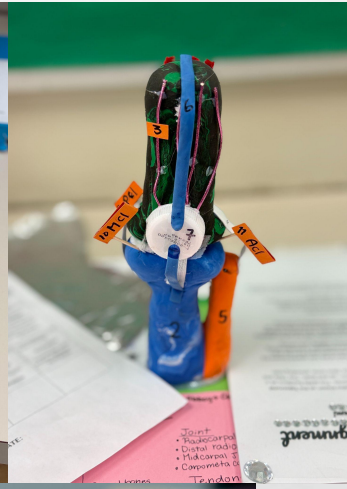
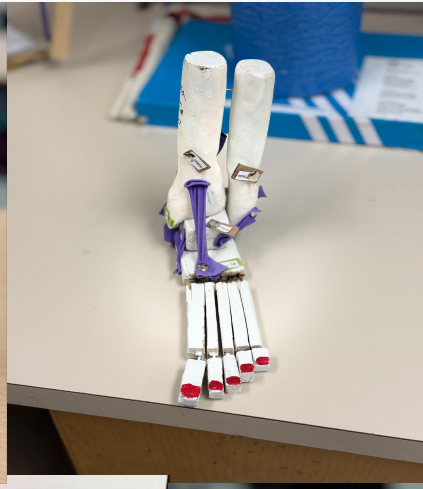
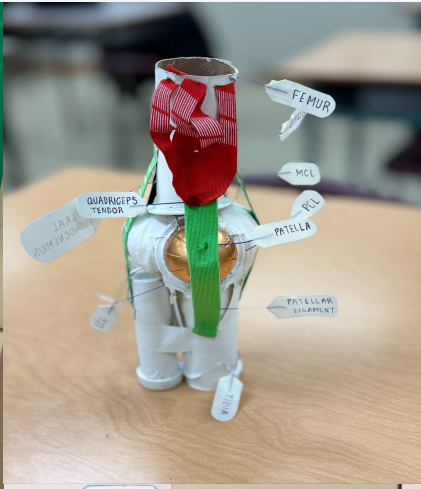
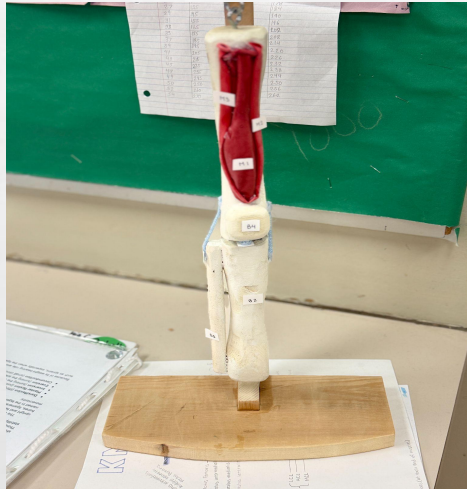
COURSES OFFERED

- **BOYS GRADE 9 PPL**
- **BOYS GRADE 10 PPL**
- **BOYS GRADE 10 PERSONAL FITNESS**
- **BOYS GRADE 11/12 PERSONAL FITNESS**
- **GIRLS GRADE 9 PPL**
- **GIRLS GRADE 10 PPL**
- **GIRLS GRADE 11/12 PERSONAL FITNESS**
- **CO-ED GRADE 11/12 LARGE GROUP ACTIVITIES**
- **GRADE 11/12 LEADERSHIP**
- **GRADE 12 INTRODUCTION TO KINESIOLOGY**



SAMPLES OF STUDENT WORK

• GR. 12 INTRODUCTION TO KINESIOLOGY



GRADE 9'S IN ACTION!



MALE SPORTS TEAMS FALL SEASON

- **JUNIOR VOLLEYBALL**
- **SENIOR VOLLEYBALL**
- **GOLF**
- **CROSS COUNTRY**



MALE SPORTS WINTER SEASON

- **JUNIOR BASKETBALL**
- **SENIOR BASKETBALL**
- **VARSITY HOCKEY**
- **JUNIOR INDOOR SOCCER**
- **SENIOR INDOOR SOCCER**



MALE SPORTS SPRING

- **SENIOR SOCCER**
- **JUNIOR SOCCER**
- **BADMINTON**
- **TRACK AND FIELD**



FEMALE SPORTS FALL

- **JUNIOR BASKETBALL**
- **SENIOR BASKETBALL**
- **GOLF**
- **CROSS COUNTRY**



FEMALE SPORTS WINTER

- JUNIOR VOLLEYBALL
- SENIOR VOLLEYBALL
- INDOOR SOCCER
- VARSITY HOCKEY



FEMALE SPORTS SPRING

- **VARSITY SOCCER**
- **TRACK AND FIELD**
- **BADMINTON**
- **COED VOLLEYBALL**



RECENT CHAMPIONSHIPS

- **BANTAM BOYS BASKETBALL CITY CHAMPIONS 2014,2015,2017,2018**
- **JUNIOR BOYS VOLLEYBALL WEST REGION CHAMPS 2018**
- **SENIOR BOYS VOLLEYBALL WEST REGION CHAMPS 2018**
- **TENNIS WEST REGION CHAMPS 2018**
- **CURLING AA CITY CHAMPS 2018**
- **INDOOR SOCCER JR CITY CHAMPS 2018**
- **SENIOR SOCCER OUTDOOR AA CITY CHAMPS 2015, 2018**
- **SENIOR SOCCER OUTDOOR WEST REGION CHAMPS 2015, 2017, 2018**
- **VARISTY HOCKEY AA CITY CHAMPS 2015**
- **SENIOR GIRLS VOLLEYBALL WEST REGION CHAMPS 2017, 2018**
- **SENIOR GIRLS AA CITY CHAMPS 2017, 2018**
- **SENIOR BOYS SOCCER OFSAA CHAMPIONS 2013, 2018**



ATHLETES OF THE YEAR 2024-2025



SPARTANS AT THE NEXT LEVEL

IVAN NIKOLIC- UNIVERSITY OF AKRON



MICHAEL WILLIAMS - YORK UNIVERSITY



MATTHEW KOMONEN- LAURIER



SPARTANS AT THE NEXT LEVEL

- **SOPHIE JAQUES- OHIO STATE HOCKEY**



ANDREA MITROVIC- U OF BUFFALO VOLLEYBALL



SPARTANS AT THE NEXT LEVEL

- **NIKOLA KALINIC- NFL CHICAGO BEARS**



- **ALLAN MCSHANE- MONTREAL CANADIANS**



SPARTANS AT THE NEXT LEVEL

• **NICK WONG- OSHAWA GENERALS**



STEFAN JOVCIC- KEYANO COLLEGE BASKETBALL



MESSAGE FROM THE STAFF



SCHOOL PROGRAMS