



# April 2023

544 Horner Avenue  
Toronto, Ontario M8W 2C2

Tel: 416-394-7670

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<https://schoolweb.tdsb.on.ca/siradambeck>

## Upcoming Events April

**2:** World Autism Day

**7/8:** Easter Long Weekend,  
No School

**12:** International Day of Pink

**14/28:** Council Pizza Lunches

**17:** School Council Mtg, 6:30 PM

ZOOM link: <https://tdsb-ca.zoom.us/j/5433391421>

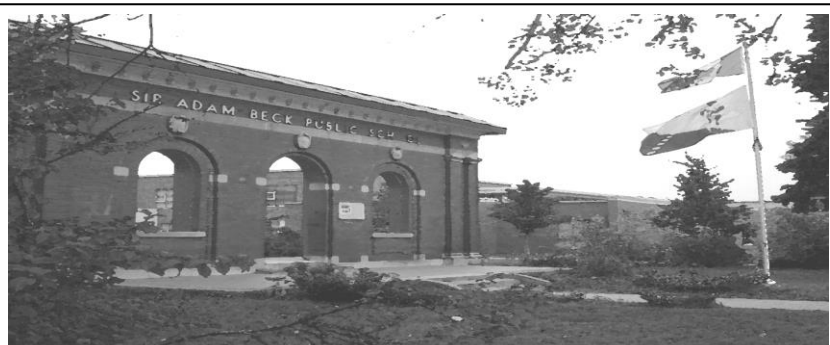
**22:** Earth Day

**26:** Walk on Wednesday (WOW)

**28:** Council Family Dance Night

### Character Attribute Cooperation

**World Autism Month**  
**Hispanic Heritage Month**  
**Sikh Heritage Month**  
**Latin America History Heritage Month**



Will your child be absent from school?

Call our Safe Arrival Number.

**NEW \*\* 1-833-250-2290 \*\***

### Principal's Message:

Dear SAB families,

Thank you to our School Council for the wonderful enrichment opportunities provided to our students this past month. Every student was able to enjoy three sessions of Junglesport this past week. It was amazing to see the strength and agility displayed as students climbed, balanced and zip lined with joy. We were all treated to the Shoestring Opera who performed a wonderful rendition of the Magic Flute. Finally we crunched and gulped in support of two very important EcoSchools initiatives highlighting the importance of eating healthy local grown produce and raising awareness about access to clean drinking water and the impact of single-use plastic bottles on the environment.

As we head into the final stretch of the 2022-2023 school year the planning and organization process for next September has already begun. I want to reassure parents that staff and administration put a great deal of time and thought into the organization of classroom groupings each year taking into account the Ministry of Education's Primary Class Size which places a 'hard cap' of 20 students in Primary classes (Gr.1- 3). Teachers will meet with school administration to discuss the needs of each student. The following factors are taken into consideration:

- The academic needs and learning style of the child
- The social/emotional/behavioural needs of the child
- Support programs - care is taken when placing children who are supported by special programs i.e. Special Ed., ESL
- A range of ability levels of the students in the class
- The class size (primary caps)
- Parental input shared with the teachers regarding the following:

i) Academic needs and learning style of their child

ii) The social/emotional/behavioural needs of the child;

(Please note requests for specific teachers will not be entertained)

We appreciate your trust in our professional judgement in balancing the considerations mentioned above. The final decision for class placements is the responsibility of the Principal.

March went out like a lion with cooler than expected temperatures. Please ensure your child has the appropriate spring weather wear – splash pants, boots and rain jackets along with a spare change of clothes.

Wishing all of our students, families and staff a wonderful long weekend.

**M. Kanalec**

**Principal** Michael Kanalec

**Vice-Principal** Lauren Rovas

**Superintendent** Dr Debbie Donsky

**Trustee** Patrick Nunziata

**School Council Co-Chairs**

Corinne Frey, Beverley Essue

**Title Photo Credit:** Steve Burazin

**Centennial Logo Credit:** Eliane Dibon-Smith

## Lunchroom Supervisors Needed

Do you have an hour to spare in the middle of the day? We are seeking energetic, reliable and trustworthy individuals with a love of working with children that are interested in becoming Supply Lunchroom Supervisors. If you are interested, please contact the school at 416-394-7670 for more details.



## April 2023 Council Corner

Email: [sabschoolcouncil@gmail.com](mailto:sabschoolcouncil@gmail.com)

Facebook: <https://www.facebook.com/groups/290183431386941>

Website: <https://schoolweb.tdsb.on.ca/siradambeck/School-Council>

### Roll out the red carpet for the SAB Spring Dance April 28!

Celebrate Spring at a Hollywood-themed dance on Friday, April 28 from 6:30 to 8:30 p.m. There will be games, prizes, treats, photos, flowers and more! Admission is \$5/individual or \$20/family. Note this is a cash-only event requiring parent supervision of their Sir Adam Beck Jr. School children.

*Students are welcome to let their imaginations come to life and dress for the red carpet OR their favourite character in the movies.*

### School lunch clubs are back!

Starting in April, Extra Ed will be running two clubs during the lunch hour based on interest previously expressed by parents: guitar lessons and robotics. See the flyer attached for details. There is a fee to participate, with the option of a sliding fee structure upon request. Note this is not a School or Council-run program, but the company is a TDSB approved vendor. For questions or registration, visit [www.extra.ca/login](http://www.extra.ca/login), [info@extraed.ca](mailto:info@extraed.ca) or 416-953-1955

### Council investments at play

SAB children participated in some enriching activities over the past month thanks to your generous support of Council initiatives this year. The funds raised have gone directly back into supporting student achievement and experiences, equity, diversity and inclusion and classroom support:

- On March 9, students crunched into fresh apples and carrots as part of [The Big Crunch](#) to raise awareness of healthy food in schools
- On March 22, our students were introduced to opera with a kid-friendly adaptation of Mozart's the Magic Flute, performed by the [Shoestring Opera](#).
- This past week of March 27, the gym was transformed into a climbing junglegym with activities and challenges for our student athletes, thanks to [Junglesport](#)

The Council thanks all teachers, administrators and volunteers who helped to run these programs on the day.

### Diversity & Inclusion Corner

#### *Anti-racism parent workshop series material*

SAB parents participated in a [three-part workshop series](#) delivered in February and March by The Freedom School. We had a great turn out, with on average 20+ participants attending each workshop and engaging in these important discussions. For those of you who are interested, the presentations used during the workshops are available online:

<https://schoolweb.tdsb.on.ca/Portals/siradambeck/docs/How%20to%20Talk%20to%20Your%20Kids%20About%20Race%20and%20Racism.pdf>.

TDSB recognizes **April 12th as International Day of Pink**, this year's theme is Courage.

<https://www.dayofpink.org/en/home-2023> Families are encouraged to wear pink shirts to show we

have the courage to stand in solidarity with the 2SLGBTQIA + communities in the continued fight for equality and acceptance for all.

April is World Autism Month: <https://un.org/en/observances/autism-day>, an annual opportunity to promote autism awareness and inclusion. Autism is a neurodevelopmental disability characterized by communication and behavioural differences that impact how people perceive and interact with the world. Autism falls under the umbrella of [neurodivergent conditions](#), which includes ADHD, dyslexia, Tourettes, and others. Neurodivergent people's brains work differently, which sometimes means they have to do things differently from their neurotypical peers in order to get the same results.

In school, many neurodivergent children benefit from formal accommodations, but big impact can be made with smaller *adjustments* as well, that can be implemented easily in most classrooms, without high cost, formal diagnoses or an IEP. Examples include:

- Wearing noise canceling headphones or earplugs, to limit sensory overload
- Allowing space for movement breaks or a quiet corner
- Providing instructions in multiple formats (verbal, written, picture guide)
- Using non-verbal forms of communication when needed
- Clearly established routines and expectations, with warning and preparation for changes

SAB Council has been able to support a replenishment of the sensory library and purchase some equipment to support these smaller adjustments in the classrooms.

## Learning Corner

*Upcoming Joys of Parenting Workshop offered through the TDSB*

### Sir Adam Beck Junior School

## “A MESSAGE FROM OUR COMMUNITY OFFICER”

As the spring months roll in, traffic-wise, things can get particularly busy, especially near schools. For the safety of all children, we are strongly encouraging everyone to drive carefully and obey traffic signs around school grounds.

If possible, we are encouraging everyone to walk, cycle or carpool to school. If you must drive, consider parking a few blocks away and walk the rest of the way.

“NO STOPPING 8am – 5pm SCHOOL DAYS”

**Please use the “Kiss & Ride” properly, by not parking and leaving your vehicle unattended. Once you drop off your child we ask that you promptly drive off, so that another vehicle/family can make use of the “Kiss & Ride”. Allow your children to exit your vehicle on the curb side and NOT in a live lane/street, which will reduce the chance of injury.**



“NO STOPPING 8am – 5pm SCHOOL DAYS”

These signs designate the zones where vehicles are not permitted to stop under any circumstances. These zones are kept clear to provide good sight lines for drivers to see students and students to see drivers.



April 2023

# SAB Athletics

[CONTACT US](#)

Mme Mahaney  
Mme Dibon-Smith



## Volleyball

Congratulations to our girls on a great end to their season. However, when one season ends, another one begins! Some of the girls will be joining our boys in our co-ed volleyball team. We are happy to be hosting the co-ed volleyball tournament at SAB on Thursday, April 13th. We look forward to cheering them on at home!



## Ball Hockey

A big congratulations to our ball hockey team who won their city finals semi-finals game at Winston Churchill Collegiate Institute. They were awarded the city finalists banner after a hard fought City Finals Championship match. A job well done by all!



## Badminton

Our badminton season is underway! Our co-ed team will be participating in their tournament later this month.



## Thank You!

We want to extend our gratitude to all of our parent volunteers and drivers during these sporting events. Your time and support is greatly appreciated. These events would not be possible without you.