

# Sir William Osler High School

## Soaring Eagle Update

01 March 2024

Dear Osler Community,

It is hard to believe we are in March! Our students have had a wonderful week, celebrating and learning about Black History. On Wednesday, classes competed in a scavenger hunt to discover remarkable Black Canadians, and the result is a mural display near our cafeteria. On Thursday, we had the privilege of hosting two presenters. Author Denise Lopes did a reading for our students, followed by a steelpan performance and demonstration by musician Robby Charles/Prostix. Thank you to Mr. Augustine for coordinating these opportunities!

It was also great to see parents and caregivers at our School Council Meeting on Wednesday evening. Please stay tuned for details about an upcoming Parent Share evening with Pooram Law Firm to discuss transitions to adulthood.

Monday, March 4<sup>th</sup> is a 1pm dismissal to allow for our Staff Meeting and PLC.

We wish you a great weekend – please reach out with any questions or concerns.

Ian Bain  
Principal

Jennifer Rochon  
Vice-Principal

Sir William Osler High School  
1050 Huntingwood Drive  
Scarborough, Ontario  
M1S 3H5



(416) 396-6830



[SirWilliamOsler@tdsb.on.ca](mailto:SirWilliamOsler@tdsb.on.ca)



[schoolweb.tdsb.on.ca/sirwilliamosler](http://schoolweb.tdsb.on.ca/sirwilliamosler)



@OslerHS



Sir William Osler H.S. -TDSB

Monday	Tuesday	Wednesday	Thursday	Friday
Mar 4	Mar 5	Mar 6	Mar 7	Mar 8
1 pm Dismissal (Staff Meeting/PLC)				
<b>March Break (March 11 – 15)</b>				
Mar 18	Mar 19	Mar 20	Mar 21	Mar 22
		Weekly Swim Program resumes		Grad Photo Day Osler Earth Hour (Period 4)
Friday, March 29 <sup>th</sup> : Good Friday (no classes) Monday, April 1 <sup>st</sup> : Easter Monday (no classes)		Thursday, April 4 <sup>th</sup> : Family Staff Interviews & Agency Fair (1pm Dismissal) Wednesday, April 17 <sup>th</sup> : Quad 4 begins		

Calendar dates may change due to unforeseen circumstances, please see website for up-to-date events.

---

### **Ward 20 EcoSchool Fair: Mark Your Calendars!**

Please see the attached flyer for the Ward 20 EcoSchool Fair on Saturday, May 4<sup>th</sup>. The event is organized by Trustee Manna Wong and will be held at L'Amoreaux CI – and Osler students will be participating! Admission is free, and we hope to see you there!

---

### **TDSB Virtual Community Fair For Parents/Caregivers of Children, Youth and Young Adults with Special or Complex Needs: Let's Talk about Adulthood Transition Community Programs**

Adulthood Transition Planning can be very challenging for Parents/Caregivers of Young Adults with Special/Complex Needs. Please Join Us as we hear from A Small Sample of Agencies that provide Community Day Programs for our Special/Complex Needs Students. These Community Agencies will share about their Recreational, Social, Life Skills or Employment Programs which TDSB Young Adults can utilize now or when they graduate.

Start The Transition Planning Early for Your Young Adult So They Can Be Successful. This is Part 2 of a 2 Part series which focusses on Transition Planning for Young Adults 18 – 21 years old.

Speakers: Humber College, JVS Toronto, Corbrook, Jakes House, Meta Centre, Pines Adult Day Centre, and Post 21 Foundation ([flyer](#))

When: Monday, March 18th, 2024, from 9:30 am to 12:00 noon  
and the same information will be repeated on  
Monday, March 25th, 2024, from 5:30 pm to 8:00 pm.

Join on your computer, mobile app or room device

[Click here to join the meeting](#)

Meeting ID: 255 846 447 429

Passcode: 3BWFVF

[Download Teams](#) | [Join on the web](#)

For more information send email to [virtualfairinfo@tdsb.on.ca](mailto:virtualfairinfo@tdsb.on.ca)

Or call Larena Case at 416-570-3314 or Maria Antonia Aymerich at 416-524-1930 or Vanessa Wong at 647-229-0730.

---

### **Afterschool Leisure Program for Students with ASD**

ASD After School Skills Development Program – Spring 2024 Session

Spring sessions of the ASD After School Leisure Program which will run from March 26 – June 13, 2024, in-person and virtual. The program is available to **students in Grades 4-10** who have been diagnosed with Autism Spectrum Disorder. This program provides an opportunity for students to develop, build and enhance their social -communication skills through either weekly in-person or weekly virtual sessions.

Please see the letter linked below which includes the link for registration to the parents. The registration period will remain open until Friday, March 15, 2024.

[Afterschool Leisure Program Parent Letter- Spring 2024 .docx](#)

---

### **Measles – Toronto Public Health Guidance**

During the pandemic, some people may have missed their measles vaccinations and should make sure they are up-to-date with their vaccines. Toronto Public Health (TPH) is investigating one lab confirmed case of measles. The measles vaccine is available at your doctor's office or at a [TPH community clinic](#) for school-aged children. Due to travel, measles still occurs in Canada. Anyone born before '96 who hasn't had measles should check their immune status—you might think you're immune, but not be. Two doses were introduced then. Let's eradicate measles again!

## TRAVELING FOR MARCH BREAK? STAY UP-TO-DATE WITH YOUR MEASLES VACCINES BEFORE YOU GO



2 doses of the MMR vaccine is recommended for anyone born in 1970 or later.



Children get their 1<sup>st</sup> dose after they turn 1 & 2<sup>nd</sup> dose at 4-6 years old.



Infants 6-11 months of age can be vaccinated early if travelling to certain areas.



Adults born before 1970 who are unsure if they had measles or were vaccinated can get an MMR dose.

 TORONTO Public Health

[toronto.ca/health](https://toronto.ca/health)

### Travelling abroad for March Break? Measles is just a plane ride away.

Last week, TPH [announced an investigation of a confirmed case of measles](#) linked to travel. This virus continues to spread in many parts of the world. If you are planning to leave the country over March Break, get the best protection for you and your loved ones by staying up-to-date with your routine vaccines, including the measles vaccine.

These vaccines are available from your primary health care provider or at a TPH community clinic for school-aged children, by appointment. Visit [TPHbookings.ca](https://TPHbookings.ca) for more information.

If you are unsure of your child's vaccination status, check their yellow card (Ontario Immunization Record), [TPH's Immunization Connect Ontario \(ICON\)](#) or by speaking with their primary health care provider.

To learn more, visit [toronto.ca/immunization](https://toronto.ca/immunization) or contact TPH at [publichealth@toronto.ca](mailto:publichealth@toronto.ca), or 416-338-7600 (TTY: 416-392-0658), Monday to Friday from 8:30 a.m. to 4:30 p.m.

### Osler School Council: Parent Share Event POSTPONED

Osler will be hosting a presentation from Pooran Law Firm in Spring 2024. The presentation will cover issues related to transitions to adulthood, including ODSP, financial planning and Henson Trusts. Please stay tuned for more information on a new date for this workshop.

### Special Olympics Ontario Healthy Athletes Event

On March 23<sup>rd</sup>, the Special Olympics Healthy Athletes team will be running an event at Albert Campbell CI. Athletes will be able to go through a number of free health screenings, access free giveaways, meet some of our community athletes and leaders and play some bocce! Please see the attached flyer for more information.

### Building Mathematical Minds (Part 2) - March 6 at 6:30 for Parents/Caregivers

Part 2 promises to deepen the strategies introduced in Part 1, fostering an enriching environment where you will be able to engage in math problem-solving strategies, ask questions, and gain increased confidence in supporting your child(ren) with their homework. Register now to extend the mathematical exploration and collaboration – let's build a foundation for positive math experiences together! [Register here](#)

---

## Student Accident Insurance Reminder

The Toronto District School Board does not provide accident insurance coverage for student injuries that occur on school premises or during school sponsored activities.

Please see the attached letter and flyer for information about purchasing student accident insurance. Parents/guardians are responsible for deciding whether or not to purchase student accident insurance. The insurance program options range from \$17 to \$33 per year. Information is also available on the Student Accident Plan web site:

[Student Accident Plan](#)

For further information about the above including the policy or purchasing details, please visit [www.studyinsuredstudentaccident.com](http://www.studyinsuredstudentaccident.com) or call 1-833-560-0527 (toll-free) or 416-916-1588 (local).

---

## Learn4Life Adult Community Programs - Spring Registration Now Open!

Spring 2024 registration is now open for Learn4Life's Adult General Interest Program! Open to adults 18 years of age and seniors, the Learn4Life program offers a unique and valuable opportunity for individuals to pursue their interests, expand their knowledge, and engage in lifelong learning with a wide range of courses and activities designed to cater to diverse interests and passions.

Just some of the new courses this term include:

- Pickleball Power Hour: Smash and Drive Mastery
  - Birdwatching for Beginners – Explore Feathered Gems Right in Our Backyard!
  - Feng Shui
  - Creating A New Vision for My Life
  - Personal Finance and Investment Basics for Women
  - Arabic Beginner Level II
- AND MUCH MORE!

[Visit Learn4Life's program page for more information.](#)

---

## Breaking Down Barriers to Mental Health in Black Communities: Looking at more effective ways to address our mental health

The Centre of Excellence for Black Student Achievement invites community to join us as we host a Mental Health session with award-winning playwright, actor and wellness expert Trey Anthony 'Da Kink in My Hair'. Join Trey as she delves into important topics such as the stigma surrounding mental health in Black communities. Drawing from her own personal journey with functional depression, Trey will shed light on what depression and mental health can look like, providing valuable insights and understanding. She will also discuss the importance of seeking help and removing the shame often associated with mental health struggles.

Date: March 7, 2024

Time: 6 – 7 p.m.

Location: Virtual

Register [here](#) or [bit.ly/3ORt7om](https://bit.ly/3ORt7om)

---

## March Break Camp

Please see the attached flyer for a March Break camp through the Wellspring Centre. Please note that this program is not endorsed by or staffed by the TDSB or Sir William Osler High School.