

Sir William Osler High School

Soaring Eagle Update

08 March 2024

Dear Osler Community,

Welcome to March Break! We hope that all of our students and families have time over the next week to do activities together you enjoy.

Monday, March 11, 2024, marks the first week of Ramadan, one of the holiest months in the Islamic calendar. To everyone in our community who will be observing, Ramadan Mubarak! Space is always available at school for students to pray during the day. Please reach out to Vice-Principal Jennifer Rochon (Jennifer.rochon@tdsb.on.ca) for more details if you wish.

We are of course very excited that our weekly swim program will be resuming after the Break, on Wednesday, March 20th. On Thursday, March 21st, we will be observing World Down Syndrome Day – please see the next page for details. We will also be marking Purple Day for Epilepsy on Tuesday, March 26th.

We wish you a wonderful break, and we look forward to seeing everyone again on March 18th!

Ian Bain
Principal

Jennifer Rochon
Vice-Principal



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@OslerHS



Sir William Osler H.S. -TDSB

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Mar 18</p> <p>School Resumes</p>	<p>Mar 19</p>	<p>Mar 20</p> <p>Weekly Swim Program resumes</p>	<p>Mar 21</p> <p>Mixed-up Socks Day for World Down Syndrome Day</p> <p>Bocce Special Olympics Field Trip</p>	<p>Mar 22</p> <p>Grad Photo Day</p> <p>Osler Earth Hour (Period 4)</p>
<p>Mar 25</p>	<p>Mar 26</p> <p>Purple Day For Epilepsy Awareness Day</p> <p>Osler Olympics Day</p> <p>Henry Kelsey Food School Visit.</p>	<p>Mar 27</p> <p>Weekly Swim Program</p>	<p>Mar 28</p> <p>Badminton Tournament @ Osler</p>	<p>Mar 29</p> <p>Good Friday (no classes)</p>
<p>Monday, April 1st: Easter Monday (no classes)</p> <p>Tuesday, April 2nd: World Autism Day/Raising of Osler Autism Awareness flag</p> <p>Thursday, April 4th: Family Staff Interviews & Agency Fair (1pm Dismissal)</p>			<p>Monday, April 8th: PA Day (no classes for students)</p> <p>Wednesday, April 17th: Quad 4 begins</p>	

Calendar dates may change due to unforeseen circumstances, please see website for up-to-date events.

Change of April Dates

During the afternoon of April 8, 2024 there will be a rare solar eclipse passing through Southern Ontario. Solar eclipse poses a risk when looking at the sun, as it can cause eye damage. In addition, the sky will become very dark. This causes concern with traffic safety, especially when students across the city are being dismissed for home.

The TDSB has changed the calendar to move the PA Day from April 19 to April 8, out of an abundance of caution. As such, Sir William Osler has also had to change a few dates

- **Thursday, April 4, 2024: 1:00 PM Dismissal - Family/Staff Interviews (unchanged)**
- **Monday, April 8, 2024: PA Day - No Classes (changed date)**
- **Monday, April 15, 2024: Early Dismissal (Staff Meeting/PLC Day) (changed date)**
- **Friday, April 19, 2024: Regular School Day (changed date)**

Please mark your calendars.

If you have any questions, please reach out to the school.

Measles – Toronto Public Health Guidance

During the pandemic, some people may have missed their measles vaccinations and should make sure they are up-to-date with their vaccines. Toronto Public Health (TPH) is investigating one lab confirmed case of measles. The measles vaccine is available at your doctor's office or at a [TPH community clinic](#) for school-aged children. Due to travel, measles still occurs in Canada. Anyone born before '96 who hasn't had measles should check their immune status—you might think you're immune, but not be. Two doses were introduced then. Let's eradicate measles again!

TRAVELING FOR MARCH BREAK? STAY UP-TO-DATE WITH YOUR MEASLES VACCINES BEFORE YOU GO

- 2 doses of the MMR vaccine is recommended for anyone born in 1970 or later.
- Children get their 1st dose after they turn 1 & 2nd dose at 4-6 years old.
- Infants 6-11 months of age can be vaccinated early if travelling to certain areas.
- Adults born before 1970 who are unsure if they had measles or were vaccinated can get an MMR dose.

Toronto Public Health | toronto.ca/health

Travelling abroad for March Break? Measles is just a plane ride away.

Last week, TPH [announced an investigation of a confirmed case of measles](#) linked to travel. This virus continues to spread in many parts of the world. If you are planning to leave the country over March Break, get the best protection for you and your loved ones by staying up-to-date with your routine vaccines, including the measles vaccine.

These vaccines are available from your primary health care provider or at a TPH community clinic for school-aged children, by appointment. Visit [TPHbookings.ca](https://www.tphbookings.ca) for more information.

If you are unsure of your child's vaccination status, check their yellow card (Ontario Immunization Record), [TPH's Immunization Connect Ontario \(ICON\)](#) or by speaking with their primary health care provider.

To learn more, visit toronto.ca/immunization or contact TPH at publichealth@toronto.ca, or 416-338-7600 (TTY: 416-392-0658), Monday to Friday from 8:30 a.m. to 4:30 p.m.

World Down Syndrome Day 2024

WSDS is marked each year on March 21. The 21st day of the 3rd month signifies the triplication of the 21st chromosome which causes Down Syndrome.

TDSB staff and students are encouraged to 'Rock Your Socks' to raise awareness and create a single global voice advocating for the rights, inclusion and well-being of people with Down syndrome.



We encourage students to wear mismatched socks on Wednesday, March 21st, or draw pictures of mismatched socks to stir up conversation and remind people that things that are different are still beautiful and wonderful!

[Down Syndrome Fact Sheet \(DSAT\)](#)

Epilepsy Awareness

March is all about spreading awareness and education to help end the stigma and misconceptions surrounding epilepsy. Spread awareness and support by wearing **Purple of Purple Day: March 26, 2024**.



TDSB Virtual Community Fair For Parents/Caregivers of Children, Youth and Young Adults with Special or Complex Needs: Let's Talk about Adulthood Transition Community Programs

Adulthood Transition Planning can be very challenging for Parents/Caregivers of Young Adults with Special/Complex Needs. Please Join Us as we hear from A Small Sample of Agencies that provide Community Day Programs for our Special/Complex Needs Students. These Community Agencies will share about their

Recreational, Social, Life Skills or Employment Programs which TDSB Young Adults can utilize now or when they graduate.

Start The Transition Planning Early for Your Young Adult So They Can Be Successful. This is Part 2 of a 2 Part series which focusses on Transition Planning for Young Adults 18 – 21 years old.

Speakers: Humber College, JVS Toronto, Corbrook, Jakes House, Meta Centre, Pines Adult Day Centre, and Post 21 Foundation ([flyer](#))

When: Monday, March 18th, 2024, from 9:30 am to 12:00 noon
and the same information will be repeated on
Monday, March 25th, 2024, from 5:30 pm to 8:00 pm.

Join on your computer, mobile app or room device

[Click here to join the meeting](#)

Meeting ID: 255 846 447 429

Passcode: 3BWFVF

[Download Teams](#) | [Join on the web](#)

For more information send email to virtualfairinfo@tdsb.on.ca

Or call Larena Case at 416-570-3314 or Maria Antonia Aymerich at 416-524-1930 or Vanessa Wong at 647-229-0730.

Afterschool Leisure Program for Students with ASD

ASD After School Skills Development Program – Spring 2024 Session

Spring sessions of the ASD After School Leisure Program which will run from March 26 – June 13, 2024, in-person and virtual. The program is available to **students in Grades 4-10** who have been diagnosed with Autism Spectrum Disorder. This program provides an opportunity for students to develop, build and enhance their social -communication skills through either weekly in-person or weekly virtual sessions.

Please see the letter linked below which includes the link for registration to the parents. The registration period will remain open until Friday, March 15, 2024.

[Afterschool Leisure Program Parent Letter- Spring 2024 .docx](#)

Special Olympics Ontario Healthy Athletes Event

On March 23rd, the Special Olympics Healthy Athletes team will be running an event at Albert Campbell CI. Athletes will be able to go through a number of free health screenings, access free giveaways, meet some of our community athletes and leaders and play some bocce! Please see the attached flyer for more information.