

ASD SOCIAL GROUPS



FINE MOTOR SKILLS

Participate in tailored activities to strengthen & enhance your skills.



COMMUNICATION SKILLS

Interact with others in a group setting, develop peer interactions, relationships & social skills.



SELF- HELP SKILLS

Learn- New things
Develop- New skills
Achieve- Your goals (1-1 Support available)



LIFE SKILLS

Participate in life skills activities such as cooking, volunteering, community integration etc.



Contact us:

1970 Ellesmere Road Un. 1
416- 289- 2223
Sunflowerrcs@gmail.com
Sunflowerrcs.com