

Caregiver Connect & Respite Initiative

We hope to.....

Bring families together to exchange support, knowledge, tools, and lived-experience wisdom.

Improve caregiver ability to access community respite, skill-development programs, and long-term planning pathways for their loved ones.

Strengthen caregiver mental health and well-being by offering structured and informal respite opportunities, community belonging, and proactive system navigation.

Lay the foundation for a long-term, self-sustaining caregiver network at Drewry Secondary School and our Congregated School Sites communities in the GTA.



Date: Sunday April 26th, 2026

Time: 10am-2pm **lunch and snacks will be provided

Location: Drewry Secondary School
70 Drewry Ave, North York

Bring: A tablet/laptop ** if you need to borrow one, let us know in the RSVP

We will be offering learning groups that will be **tailored to meet your self-directed goals.**

We will also discuss **mental wellness and how having knowledge helps our well-being**, as well as that caregivers all have similar fears and that they are not alone.

Kelly Casey of KC Professional Solutions is the facilitator for these sessions. She will provide tools, knowledge and resources to support the identified action areas.

A **digital resources toolkit** will be given to all participants upon completion of the session

There will be a virtual follow up session to support your goals and needs.

[RSVP by clicking HERE](#)

For more information regarding this event, please contact alexandra.landsberg@rogers.com