



Do you find it  
difficult to  
communicate  
with your  
parent/teen?

# SUMMER 2025 FAMILY TRANSFORMATION Conflict Resolution Strategies for Parents

7:30-8:30 PM every Monday in July 2025  
[CLICK HERE TO REGISTER](#)



Identify signs and  
how to  
understand your  
youths mental  
wellness



Build a healthy  
relationship with  
your teen/parent



Build important  
conflict resolution  
skills for teens  
and parents

**Location:**

Virtual Session - Zoom link will be sent after registration  
[CLICK HERE TO REGISTER](#)

**For More Info:**

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