



SOCIAL CLUB

Register Today



RELATIONSHIP BUILDING

Participate in tailored activities to strengthen & enhance your skills.



COMMUNICATION SKILLS

Interact with others in a group setting, develop peer interactions, relationships & social skills.



SELF- HELP SKILLS

Learn- New life skills
Develop- And build your potential
Achieve- Your goals (1-1 Support available)



LIFE SKILLS

Participate in life skills activities such as cooking, volunteering, community integration, team-Building etc.



Contact us:

1970 Ellesmere Road Un. 1
416- 289- 2223
Sunflowerrrcs@gmail.com
Sunflowerrrcs.com

ELIGIBILATY

Ages: Children , Youth & Adult Groups
Intake required
Registration Required