



# Scarborough Outdoor Education School



## Student Packing List

### Essentials

- 1 coat (seasonally appropriate)
- 1 sleeping bag & pillow or 2 sheets & warm blanket
- 1 pair pajamas
- 2 pair socks per day (some wool)
- 2 underwear per day
- 3 pairs of pants or track pants
- 2 shirts
- 2 sweaters (fleece or wool)
- Several plastic bags
- 1 pair of indoor shoes (running shoes or slippers)
- 1 hat (covers head, winter – warm, fall/spring - sunhat)
- Sunscreen (with student name)
- 1 towel (2 during swim season)
- Toothbrush and toothpaste
- Brush or comb
- 1 plastic or unbreakable mug
- Medications noted on health form
- 1 pair of outdoor shoes for wet/mud (boots and/or tie-up running shoes)
- Flashlight

***\*As most activities are outdoors, students should not bring new clothes***

### Seasonal Clothing / Equipment

#### Spring OR Fall

- Sunscreen
- Sunhat
- Rainwear / rubber boots
- Bathing suit (May – August)
- 2 pairs shorts (warm season)
- Insect repellent (May, June)
- 1 pair shoes that can get wet (must have heel strap and closed toes)

#### Winter

- 1 pair winter boots with liners
- 2 pair wool socks
- 1 warm coat
- 1 pair snow pants
- 1 pair warm mittens
- 1 warm hat
- 1 pair long johns (optional)

#### Optional

- camera (with name/school on it)
- money for souvenirs
- books, cards, games

#### DO NOT BRING

- Knives
- Cell phones, electronic devices
- Hair dryers, curling irons, etc.
- Gum, snacks
- NO perfume, cologne strong scents (some people have severe allergies)