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|  | **Anti-Black Racism** | **Anti-Semitism** | **Anti-Islamic/Asian**  **Racism** | **Trans-Queer Identified** |
| **Community-Based Resources** | **CITY OF TORONTO: BLACK RESOURCES LIST**  <https://www.toronto.ca/wp-content/uploads/2020/01/96a4-t4a-abr-bmh-resources.pdf>  **CITY OF TORONTO: ANTI-BLACK RACISM**  <https://www.toronto.ca/community-people/get-involved/community/toronto-for-all/anti-black-racism-mental-health/> | **JEWISH FAMILY & CHILD (JF&CS)\**  [**jfandcs.com**](http://jfandcs.com)  **JIAS(JEWISH IMMIGRANT AID SERVICES) TORONTO**  [jiastoronto.org](http://jiastoronto.org)  **JACS (Jewish Addiction Community Services**)  [jacstoronto.org](http://jacstoronto.org)  **Hillil**  <https://hillelontario.org/> | **CITY OF TORONTO:**  <https://www.toronto.ca/community-people/get-involved/community/toronto-for-all/islamophobia/>  **UNIVERSITY HEALTH-ASIAN MENTAL HEALTH HONG FOOK**  <https://www.uhn.ca/MCC/Clinics/Asian_Mental_Health>  <https://hongfook.ca/association/about-us/>  **COMMUNITY FAMILY SERVICES ONTARIO (Mandarin/Cantonese)**  <https://cfso.care/>  **MUSLIM FAMILY SERVICES AND CHILD**  <http://www.mfcso.ca/crisis_intervention.html>  **ICNA REFLIEF CANADA (west-end)**  <https://icnareliefcanada.ca/family-counselling> | **CITY OF TORONTO: TRANS-QUEER IDENTIFIED YOUTH**  <https://www.toronto.ca/community-people/get-involved/community/toronto-for-all/transphobia>  **SICK KIDS TRANS YOUTH CLINIC:**  http://www.sickkids.ca/AdolescentMedicine/Programs/Transgender-Youth-Clinic/transgender-youth-clinic.htmlick Kids Trans Youth Clinic  [SOY Programs](http://sherbourne.on.ca/get-involved/community-groups/)  [Trans Fusion CREW](http://soytoronto.org/programs/trans-fusion-crew)  [The 519 Programs for trans people](http://www.the519.org/programs-search/?q=trans)  [Sprott House LGBTQ Housing Youth Housing Service](https://ymcagta.org/news/ymca-sprott-house-announces-lgbtq2sa-youth-housing-services)  [Employment Program for Trans people](http://www.fredvictor.org/thrive)  [Rainbow Health Ontario](https://www.rainbowhealthontario.ca/)  [Access Alliance](http://accessalliance.ca/)  [Black Coalition for AIDS Prevention (Black CAP)](http://www.blackcap.ca/)  [Lesbian Gay Bi Trans Youth Line](http://www.youthline.ca/)  **OTHER RESOURCES**:  [Planned Parenthood Gender Identification Facts](https://www.plannedparenthood.org/learn/sexual-orientation-gender/trans-and-gender-nonconforming-identities)  [OHRC Policy on Gender Identity and Gender Expression](http://www.ohrc.on.ca/en/code_grounds/gender_identity) [Gender Inclusivity](https://news.ontario.ca/mgs/en/2016/06/ontario-boosts-gender-inclusivity-with-changes-to-official-documents.html)  [Trans Youth and Homelessness](http://homelesshub.ca/about-homelessness/population-specific/lesbian-gay-bisexual-transgender-transsexual-queer)  [The 360 Project: Addressing Racism in Toronto](http://www.ryerson.ca/content/dam/diversity/reports/UARR_2015.pdf)  [Educator Guides](https://egale.ca/portfolio/draw-the-line/)  [Additional Resources for trans youth and their families](http://www.delisleyouth.org/files/documents/TRANS%20RESOURCES.pdf) |
| **TDSB Based Resources** | **Anti-Black Racism Strategy:**  <https://www.tdsb.on.ca/Portals/0/docs/Mobilization%20strategy_DRAFT3.pdf>  **Discrimination Process-TDSB:**  <https://www.tdsb.on.ca/Portals/0/docs/TDSB%20DiscriminationBroch%20-%20Sept12(1).pdf> | **Discrimination Process-TDSB:**  <https://www.tdsb.on.ca/Portals/0/docs/TDSB%20DiscriminationBroch%20-%20Sept12(1).pdf> | **Discrimination Process-TDSB:**  <https://www.tdsb.on.ca/Portals/0/docs/TDSB%20DiscriminationBroch%20-%20Sept12(1).pdf> | **Discrimination Process-TDSB:**  <https://www.tdsb.on.ca/Portals/0/docs/TDSB%20DiscriminationBroch%20-%20Sept12(1).pdf>  **Transgender Accommodation:**  <https://www.tdsb.on.ca/Portals/0/AboutUs/Innovation/docs/tdsb%20transgender%20accommodation%20FINAL_1_.pdf>  **Gender-Based Violence Prevention/Accommodation:**  <https://www.tdsb.on.ca/About-Us/Innovation/Gender-Based-Violence-Prevention/Accommodation-of-Transgender-Students-and-Staff> |
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**Tips for Teachers and Other Educators**

1. Voice of the Student and their experiences of racism need to be listened to, affirmed and believed.
2. Model compassion and acceptance of differences
3. Stop stigma by sharing accurate information and countering misinformation
4. Critically reflecting on your personal biases, assumptions, privilege and location.
5. Counter micro aggressions with micro-affirmations.
6. Being aware of how trauma-lens can maintain negative biases and assumptions about racialized groups
7. Consciously looking at the students’ strengths and reframing trauma with the lens of resilience.
8. Taking action and speaking up about any discriminatory disclosures/practices by informing management/leadership/administrator immediately to address the concerns expressed
9. Stop stigma by sharing accurate information and countering misinformation
10. Connecting with the school Social Worker/PSSP staff to find ways to support the child and connecting with PSSP staff /SEPA to support class/school community positive and inclusive class/school climate.
11. Express care and build strong relationships with racialized/LGBTQQ students and their care givers.
12. Empower students to seek help.
13. Ensure that staff are respected and protected as well.
14. Ask students/staff about their experiences and do not minimize, negate or ignore any disclosures of anti-Black racism/anti-Semitism/anti-Islamophobia/anti-Asian/anti-Trans etc.
15. Bring these narratives to leadership allowing the school community to address such disclosures.

\*\*Some of these ideas are taken from

*We Rise Together* document prepared by Carl James for the Peel District School Board (March 2019)

Retrieved from: <https://peelschools.org/aboutus/equity/Documents/We%20Rise%20Together%20report%20-%20Carl%20E%20James%20June%202019.pdf>

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# *Countering Coronavirus Stigma and Racism: Tips for Teachers and Other Educators (National Association of School Psychologists)*

<https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/countering-coronavirus-stigma-and-racism-tips-for-teachers-and-other-educators>