



Sunnylea Update #3 - September, 2023

Terry Fox Run this Friday at 10:30

[Donate](#) **MAKE SURE YOU'VE SIGNED THE NEIGHBOURHOOD WALK EXCURSION ON PERMISSION CLICK**

West Conference Cross Country Information and Schedule 2023

Meet Dates

- Thursday, October 5th @ Centennial Park (Grades 1 – 8) Qualifier
- Tuesday, October 17th @ Centennial Park (Grades 3-8) *** West Conference Finals + Barrier Free Meet (must qualify to participate)
- Wednesday, October 25th @ Centennial Park (Grades 4-8)*** City Championships (must qualify to participate)

October 5th Meet Times

***Please arrive at least 30 minutes before the scheduled race time.

***Races may begin up to 20 minutes before the scheduled time, except for the first race.

10:30	Grade 1 Girls	1000m
10:40	Grade 1 Boys	1000m
10:50	Grade 2 Girls	1000m
11:00	Grade 2 Boys	1000m
11:10	Grade 3 Girls	1500m
11:20	Grade 3 Boys	1500m
11:40	Grade 4 Girls	2000m
11:55	Grade 4 Boys	2000m
12:10	Grade 5 Girls	2000m
12:25	Grade 5 Boys	2000m

Additional Information

- Coaches will be providing all runners with a final permission form on Friday, September 22nd. This needs to be signed and returned by Wednesday September 27 so that your child can be registered in the Cross Country database. **No late forms will be accepted.**
- Please ensure your child checks off the attendance sheet on the mornings of our practices.
- We are looking for 2 parent volunteers at each grade to assist in supervision at the meet. Please contact Mrs. Camilleri if you are interested in helping (gloria.camilleri@tdsb.on.ca). Without parent volunteers, we may not be able to facilitate this event.

Student Verification Sheets

A hard copy of the student verification information has been sent home with your child. Please write directly on this sheet any corrections especially with medical and contact information. It



also indicates first and second contact names (priority order for calls). If you want to change that, please also write this on the sheet. If no changes, indicate a OKAY across the paper. Return this to your child's teacher as soon as possible.

Permission Click Forms

We have about 40 children whose parents have not completed the permission click forms. We need your permission to go on walking excursions in the neighbourhood, including the Terry Fox Run. Mrs. Battersby sent a personal email directly to the parents who have not yet completed these forms.

Fresh From the Farm

Sunnylea Parent Council is happy to announce our first fundraiser of the year. We have partnered up with **Fresh from the Farm-Healthy Fundraising for Ontario Schools**.

Fresh from the Farm provides a healthy fundraising alternative to schools by selling fresh Ontario-grown fruit and vegetables. This promotes a healthy school environment while providing an opportunity for our community to raise money for our school. For our fundraising efforts, Sunnylea keeps 40 % of total sales, while 50% is returned to our local Ontario's farmers and 10% is retained by *Fresh from the Farm* to support the program's operational costs. There are two wonderful 'bundles' of Ontario-grown fruit and vegetables to choose from.

- **14lb Vegetable Bundle:** 5 lb potatoes, 3 lb carrots, 3 lb yellow onions, 3 lb sweet potatoes for **\$22.00**
- **8lb Apple Bundle:** 8 lb Ambrosia apples for **\$24.00**

A SchoolCash Online request has been sent out this morning - Please look for it!

Deadline to order is October 6th 2023

You will receive an email pick up your order from the school gym between November 6th to December 7th – more details to come

Let's raise money for Sunnylea, eat healthy and support local farmers of Ontario!