

# Thorncliffe Park PS News

## February 2018-2019

<b>Principal:</b>	<b>J. Crane</b>
<b>Vice-Principal:</b>	<b>K. Sanchez-Kandankery</b>
	<b>M. Wolf</b>
<b>Office Administrator:</b>	<b>Acting-C. Giannopoulos</b>
<b>School Secretary:</b>	<b>Vacant</b>
	<b>S. Dinadis</b>
	<b>S. Patrascu</b>
<b>Superintendent:</b>	<b>A. Howard</b>
<b>Trustee:</b>	<b>Rachel Chernos-Lin</b>



## Vice-Principal's Message

The winter months have certainly been filled with a flurry of activities. All of our families have now received first term report cards for their children. Teachers recently hosted parent/teacher conferences to discuss student achievement. Although you may not have received a request to attend a conference, we are always available to discuss any concerns you may have in this area. Please don't hesitate to call and arrange an appointment with your child's teacher. As you look through the remainder of this month's newsletter, you will see that Thorncliffe continues to offer valuable, rich opportunities for our students. I would like to thank our committed staff, our supportive parents, and of course our amazing students for truly making Thorncliffe Park a great place to learn!

## Winter Weather Watch

As the weather continues to be very cold and snowy, we urge you to leave home sooner and use caution when driving your child to school. Snow banks are quite high, roads and driveways are very slippery, and children are often outside enjoying playing in the snow. Encourage your child to walk to school to avoid congestion in front of the school.

**Safety always comes before convenience.** Please ensure that your child comes dressed appropriately for the **weather** wearing a hat, mitts, scarf, boots, snow pants, and a warm coat. An extra pair of indoor shoes is also needed. As some items may eventually end up in the lost and found, you are strongly encouraged to **label all items.**

For safety reasons, please remind your child that **snowball throwing is not allowed** and playing/sliding on icy patches in the yard is very dangerous. Exercise, socializing, and fresh air during the school day will enhance concentration and student success; however, weather conditions sometimes warrants that indoor recesses, shortened lunch periods, and pre-entry periods be considered necessary for student and staff safety.

Conditions warranting indoor recesses (TDSB Operational Procedure PR. 519 COM):

1. Rain, thunderstorms, lightning, hail, extreme winds, and extreme cold.
2. Cold weather: When temperature and/or wind chill factors indicate -28C or lower children will remain indoors due to risk of frostbite. When the temperature and/or wind-chill factor indicate -20C to -28C, recesses may be shortened and lunch recesses depending on local

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## VP-K. Kandankery



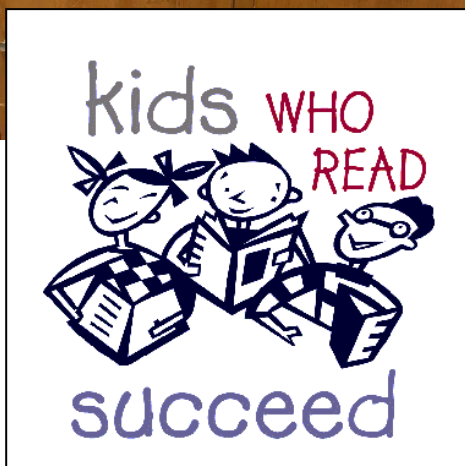
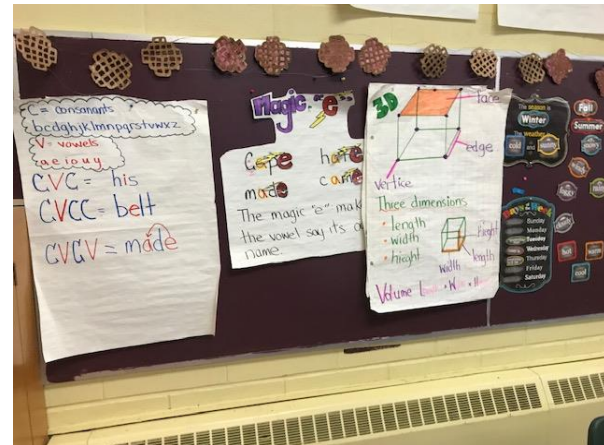
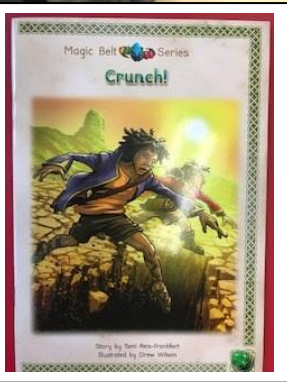
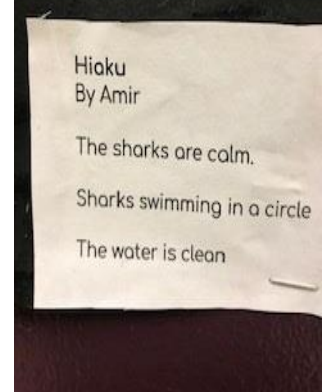
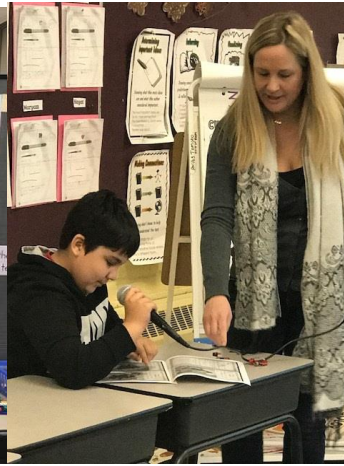
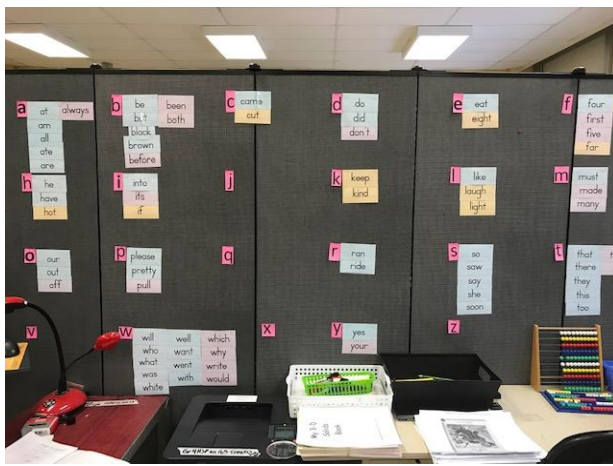
# SCHOOL NEWS

Ms. Tomcko uses a micro-phone to engage her students in reading. Students love to read in Ms. Tomcko's class!

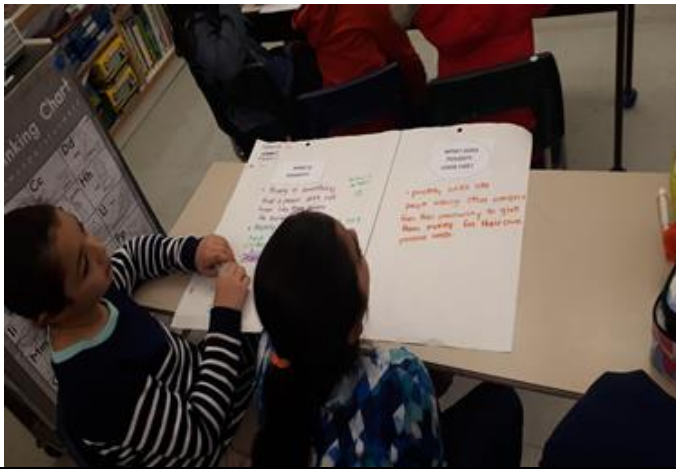


Ms. Tomcko's class is using Early Literacy Strategies to understand how consonants go together with vowels to create sounds and words.

CVC=his  
CVCC=belt  
CVCV= made

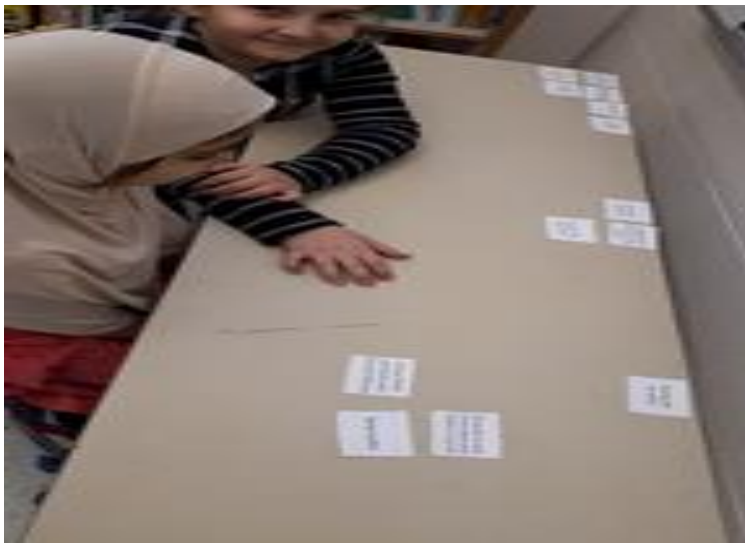






# Agents of Change

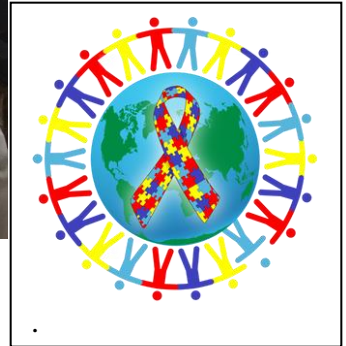
## Anti-Classism and Socio -Economic Equity



Our students equity committee ( Agents of Change) learned about poverty and classism.

During the second topic of the equity series, the Thorncliffe Park "Agents of Change" had the opportunity to think, explore and present their ideas about what they thought poverty looked like. The students were able to prioritize what they thought people really needed to live a quality life. And this is what they concluded: being safe, being healthy, having family and friends that love you, having the opportunity to learn and being able to make your own choices.

Siraj's morning announcements on **White Cane Awareness Week** brought up many questions. We decided to invite him to visit our ESL Class. We were very happy to learn more about visual impairment and see how he uses braille to help him communicate. We were inspired hearing about Siraj's journey to Canada two years ago, and seeing how well he has done. Thanks Siraj from Ms Dewji's Grade 3 ESL Class.

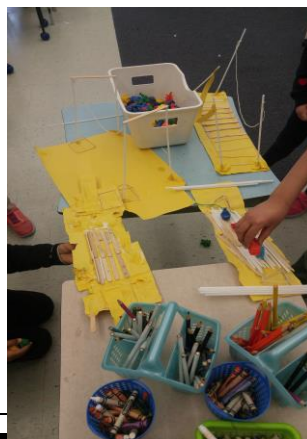


## Structures

Mr. Mitchell's grade 3 class have been learning about strong and stable structures and geometric shapes. They then built pyramids out of toothpicks and glue. Then they tested their strength and stability with textbook weights.



Students then proceeded to plan and build a bridge on paper using the measurements of their materials to inform their choices. This final task also applied what they had learned in the pyramid activity about shapes and how they relate to stable and strong structures. Then they tested their bridges stability using weights. This corresponds to expectations from the structures unit in grade 3 science and 3-D shapes unit in geometry and distance and weights in the measurement strand in grade 3 math.



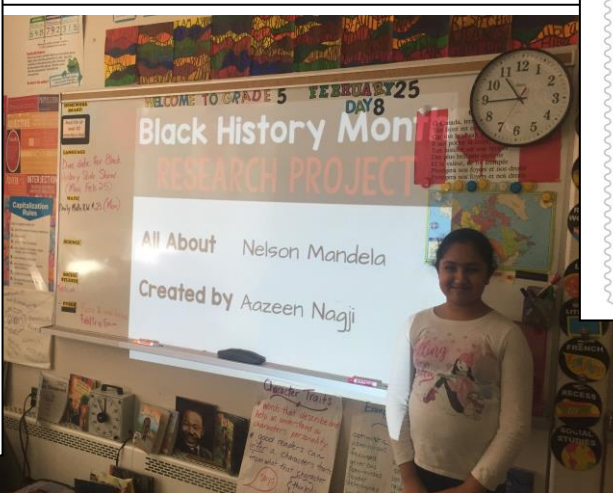
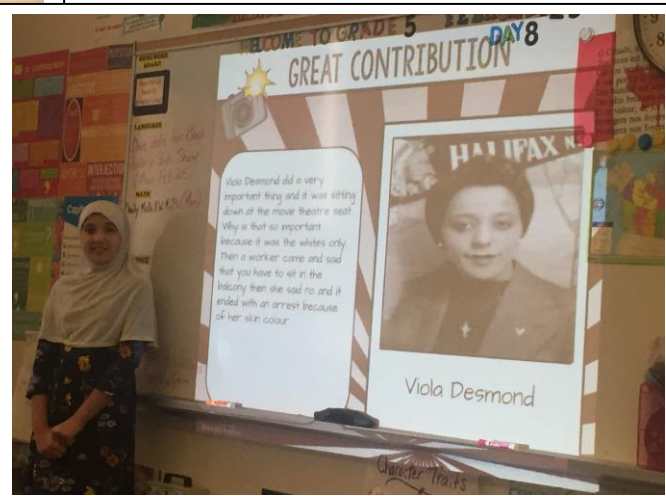


# Ms. Hopkin's Gr. 5 Class

Students in Room 210 spent February reading, talking, researching, writing, and presenting about Black History heroes! We completed many activities highlighting the accomplishments and achievements of black people throughout history. This week, to celebrate the end of our learning, we will be presenting a "Living Museum of Canadian Black History". Check back in March to see pictures of our museum!



## Black History Heroes





## Gr. 3 Boys' Book Club

This January, over 80 enthusiastic Gr. 3 boys signed up for the Boys' Book Club. The level of interest was higher than we expected, so we divided the students into 3 groups to accommodate everyone. The students showed excellent commitment, and met on Tuesdays or Wednesdays for 6 weeks. The purpose of the club was to foster a love of reading, develop comradery, and explore some new books. The students engaged in **critical thinking skills** by sharing their personal opinions, exploring different voices, and making inferences. We read some books regarding Black History, to discuss and raise their awareness of social activism, equality and change. We also engaged in games and activities to build vocabulary.

Here is what some of the students had to say:

"I loved coming to Boys' Reading Club to enjoy reading some new chapter books!" Mosawer

"I love to read and this made me want to read more. I really liked giving my personal book choices." Rezwan

"It is really fun to share books and stories. It makes me want to learn more and read more often." Umar

The Boys' Reading Club will conclude the week before March Break. Kudos to all students for their keenness and commitment!

Due to enthusiasm amongst the Gr. 3 girls, Gr. 3 Girls' Book Club will start after March Break. Dates & times TBA.

Mrs. Kan-Hai

Mr. Offut

Mr. Mitchell

Mr. Ngo



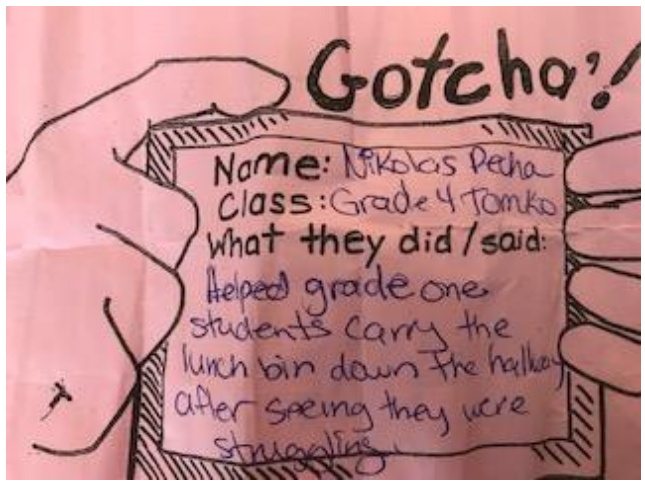
### Hockey Canada visits Thorncliffe Park P.S.

On February 20 & 21, our school welcomed Hockey Canada to our gymnasium for 2 days of clinics. The organization is using their "Try Hockey" program to improve students' shooting, passing, and stickhandling skills along with promoting the sport to our community.





# January Winners Teamwork



Congratulations to Nikolas for winning the "Gotcha Caring" award for February 22/19

"Thanks Nikolas for your random act of kindness!"



# 2018-2019 Nutrition Tips for School Newsletter

**February 2019:** Nothing says comfort like sipping on a warm cup of hot chocolate on a cold winter's day. But, hot chocolate, chocolate milk and chocolate syrups can be loaded with added sugar and fall into the "sugar sweetened beverage" category that contribute to weight problems, nutrient deficiencies and cavities in children. Instead of using chocolate milk or chocolate syrup to make your hot chocolate, try this recipe which uses cocoa powder, dates and a hint of cinnamon for a touch of sweetness and sneak in extra fibre and iron into your child's diet.

## Healthier Hot Chocolate

**Prep Time:** 5 minutes

**Cook Time:** 15 minutes

**Total Time:** 20 minutes

**Servings:** 4 mugs

### Ingredients

4 cups of milk (I recommend 1% or 2% milk for most families)

6 tbsp unsweetened cocoa powder

12 pitted dates

Pinch of salt

½ tsp ground cinnamon (or ¼ tsp ground cinnamon PLUS 1 cinnamon stick per mug)

### Instructions

1. Combine 1 cup milk and all other ingredients in a blender and blend on high speed until completely smooth, about 40 seconds.
2. Transfer to a saucepan, add remaining milk (3 cups) and warm over medium heat until steaming.
3. Remove from heat, pour into mugs and enjoy!

Adapted from: Foodess; Healthier Hot Chocolate by Jennifer Pallian Available: <https://foodess.com/healthier-hot-chocolate/>

Written by Zoe Barnett, Registered Dietitian. For more information or to speak to the Health Access Thorncliffe Park Community Dietitian, please call 437-999-7692





# Parking Violations-Beware!



## ***What is the difference between parking, standing and stopping regulations?***

*The rules associated with each parking regulation are listed in order of least to most restrictive:*



**No Parking** - motorists are only permitted to load or unload passengers or merchandise.



**No Standing** - motorists are only permitted to receive and discharge passengers. Typically used in the area of TTC bus stops.



**No Stopping** - motorists are generally not permitted to stop for any reason except to avoid a conflict with other traffic or in compliance with the directions of a constable or other police officer or of a traffic control sign or signal.

## **Parking Charges & Fines**

Stand/Park vehicle signed highway prohibited \$ 40-60

Stopping within a school-bus loading zone \$ 60

Stop within 9 metres of a crosswalk \$ 60

Park – 3 metres of fire hydrant \$ 100

Park in a fire route \$250

Park vehicle in disabled parking \$ 450

## **School Charges & Fines/Points**

U-Turns (various conditions) - \$110 & 2 Demerit Points

Disobey Sign - \$ 110 & 2 Demerit Points

Disobey Stop Sign - \$ 110 & 2 Demerit Points

Pass stopped vehicle at crosswalk - \$ 180 & 3 Demerit Points

Pass front of vehicle within 30 metres of a crosswalk - \$ 180 & 3 Demerit Points

Fail to obey school crossing stop sign - \$ 180 & 3 Demerit Points

Fail to yield to a pedestrian in a crosswalk - \$ 180 & 3 Demerit Points

Red Light Fail to Stop - \$ 325 & 3 Demerit Points

Fail to stop for a school bus (including the owner of the vehicle) - \$490 & up to 6 Demerit Points

Drive while passengers under 16 years fail to wear seat belt - \$ 240 & 2 Demerit Points

Fail to ensure child is properly secured - \$ 240 & 2 Demerit Points

