

Autism Workshop Stress & ASD



This interactive **2 part** workshop will provide parents with a better understanding of their child's stress and anxiety. Parents will learn practical strategies for teaching awareness and coping skills through facilitated group discussion and take-home exercises.

Date: Thursday November 3 & 10 **Parent Debrief:** November 17

Time: 9:00—11:15am

Location: Thorncliffe Park Public School—Staff Room

Language support and child-minding as needed

Please register at thorncliffe.collaborative@gmail.com or
call 416-577-7595 or 416-671-8397

Presented by Thorncliffe Collaborative for Muslim Families and Children
in Partnership with Geneva Centre for Autism

