

Tom Longboat JPS 37 Crow Trail Toronto ON M1B 1X6 Tel 416.396.6610

#### **SAFE ARRIVAL**

Full Day Absence 1.833.250.2290

Late or Half Day Absence 416.396.6610 Press 1

**Principal** Andrea Chisholm

Office Administrator Desleigh Russell

Superintendent Kerry-Lynn Stadnyk

**Trustee Ward 21** Yalini Rajakulasingam

# **JANUARY 2021**

PRINCIPAL'S MESSAGE

Welcome back and a Happy New Year to all of our families at Tom Longboat. Our students have already been working very hard and are actively engaged in meaningful learning opportunities. Students have been reading books on-line, trying their hand at "Meteor Multiplication", and playing letter bingo, just to name a few activities. We are so happy to see all of our students' smiling faces on-line each morning!

Even though our students are learning from home the first week of January, we eagerly anticipate returning to Tom Longboat on January 11, 2021. At that time, all Toronto Public Health/TDSB COVID-19 protocols will remain in place as we had established prior to the Winter Holidays. Families are asked to complete the student's health every day before coming to school. A reminder that if students have even one symptom of COVID-19 they are asked to remain at home and self-isolate for 10 days unless they receive a negative COVID test. We continue to appreciate each family's diligence to ensure our entire school community stays safe.

We have been fortunate this winter to have plenty of snow fall during the past few weeks. Snow is a very exciting opportunity for students to play together in a fun, novel way. When we return to in-person learning, we will continue to remind our students that the snow needs to stay on the ground. Students are invited to build snow houses, forts, people, animals... or anything their imagination will let them think of. We also encourage students to create snow angels or send messages to each other by "writing" in the snow. Unfortunately, because snow that's on the ground can sometimes have bits of ice, salt or pebbles hiding inside, we are not permitted to throw snowballs. This is in an effort to keep everybody's eyes and faces safe. We appreciate your support as you remind your children of this school rule when playing with others.

A reminder that our Term 1 Report Cards/Kindergarten Communication of Learning will be distributed on February 10<sup>th</sup>, with the interviews being scheduled for February 11<sup>th</sup> and 12<sup>th</sup>. More information will be sent out closer to the interview days.

Sincerely, Andrea Chisholm

# Tom Longboat CELEBRATES!



## January is...

## **Tamil Heritage Month**

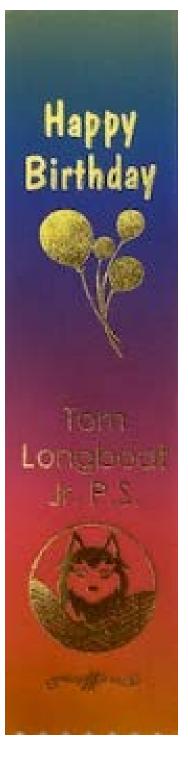
For more information, please go to www.tdsb.on.ca

## LOOK AT OUR LONGBOAT LEADERS... CHARACTER TRAIT FOR DECEMBER – KINDNESS & CARING

| Student    | Teacher        | Class |
|------------|----------------|-------|
| Mirunan    | Ms Shnayderman | K1    |
| Reena      | Ms Shnayderman | K1    |
| Christabel | Mr Birta       | K2    |
| lvan       | Ms Stephen     | 1/2A  |
| lyra       | Ms Stephen     | 1/2A  |
| Abdul      | Ms Bonnell     | 1/2B  |
| Rakshita   | Ms Bonnell     | 1/2B  |
| Melanie    | Ms Sawyer      | 3     |
| Yaqub      | Ms Sawyer      | 3     |
| Joshua     | Ms Yung        | 4/5   |
| Mriam      | Ms Yung        | 4/5   |
| Hafsah     | Ms Riding      | 6     |
| Peter      | Ms Riding      | 6     |



## **BIRTHDAY WISHES**



## JANUARY

| Abdul      | Ms Bonnell |
|------------|------------|
| Anisa      | Ms Stephen |
| Araina     | Ms Bonnell |
| Nicolas    | Ms Bonnell |
| Nour Aldin | Ms Stephen |
| Salman     | Ms Stephen |
| Summer     | Ms Stephen |

## **RETURNING TO IN-SCHOOL LEARNING**

We recognize that parents/guardians and/or students may want to switch between inperson learning and Virtual School.

It is important to note that, for health and safety reasons, and because of the impact switching would have on staffing, physical distancing and space allocation, it will not be possible to immediately transition between the two models.

As a result, opportunities to enter the Virtual School or to return to in-person learning will be provided at key dates during the school year.

| Opportunity to Change   | Date the Change of Class<br>would Take Effect       | Deadline for<br>Requesting Change |
|---|---|-----------------------------------|
| #3: Following Distribution of First<br>Provincial Report Card | February 16, 2021 (day after<br>Family Day Holiday) | January 29, 2021                  |

#### VIRTUAL TO IN-SCHOOL

Families of elementary students who would like to switch from the Virtual School to inperson learning should contact the school directly. It may be possible for students to return to in-person learning sooner than February 2021.

#### **IN-SCHOOL TO VIRTUAL**

Please email Ms Russell if you would like your child to transfer to the Virtual School. Desleigh.Russell@tdsb.on.ca. Please note we would need to hear from you by 3:30 on January 28, 2021 for a February 16, 2021 start.

## FOLLOW US ON SOCIAL MEDIA

Join the conversation by following the TDSB on social media. See the most up-to-date information and find out what's happening across the Board by following our Twitter, Facebook and Instagram accounts. Twitter

@TomLongboatPS
@TDSB
http://www.twitter.com/tomlongboatps
http://www.twitter.com/tdsb



## SCIENTISTS IN SCHOOL – DECEMBER 9

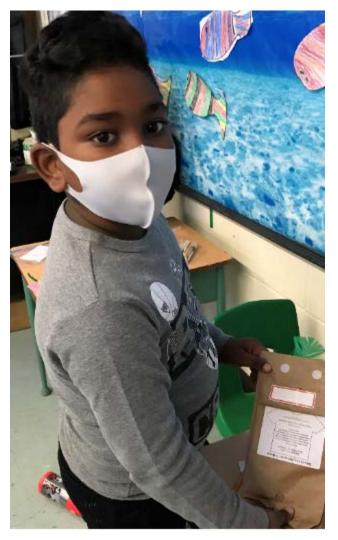
In November the school received notice that we had been approved for a grant to provide Scientists in School workshops for all students at Tom Longboat JPS. The workshops happened on December 9. We are very thankful to Day Trippers for this opportunity.

Workshops conducted throughout the classes included: On the Move, Electricity – Close the Circuit, Structures, Materials & More, Shine a Light.















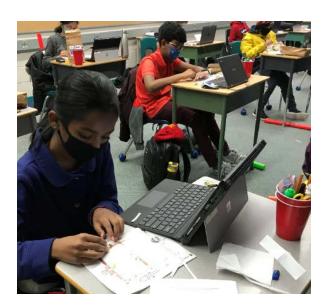




























## MR BIRTA'S K2 CLASS

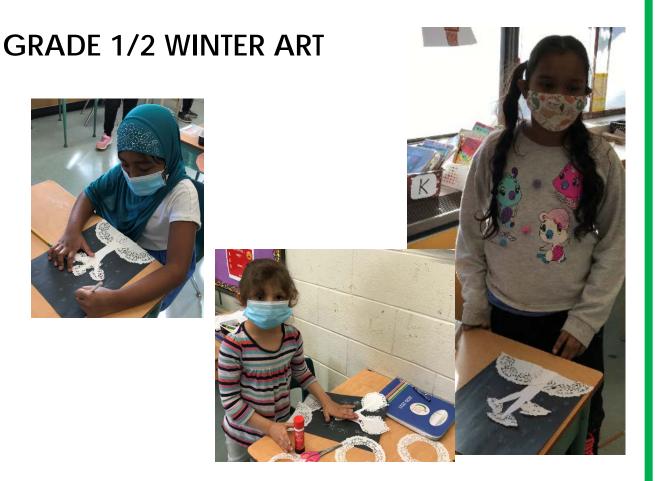
Every day, Mr Birta's class goes outside for daily physical activity.

Here they are on their return to school.

Everyone is dressed nicely for the weather.

Well done K2!





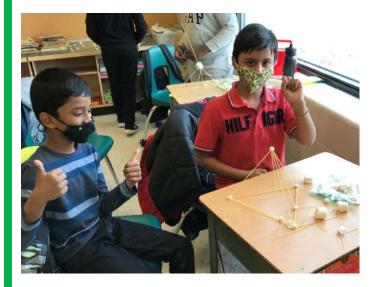


MS YUNG'S 4/5 MARSHMALLOW STRUCTURES Written by Zayan:

It was Friday afternoon and we had just come back from a great lunch recess. We were sitting at our desks and our class was quiet because the teacher was picking the groups for a marshmallow contest! We all wanted a friend and a good partner and we did get one, but unfortunately my partner was away on that day. I felt really sad and scared because I was at a disadvantage but I was still excited. Anyways, we all felt anticipation when the teacher was giving the instructions. After the teacher Ms. Bayley said go we all started. Everyone rushed and opened the spaghetti pack and started. We were only allowed to use 20 pieces of spaghetti for each trial so I tried to use them wisely. We were all really scared and excited. The whole room was loud because of the chatting. After 15 minutes we all were told to stop and look at other structures to get great ideas so that we could make a better structure. In the next round mine was the biggest but it was leaning so it wasn't perfect. After 5 minutes after the second

round started, everyone looked more scared. 15 minutes had passed like the wind and the structures were all falling. That round was a big failure for most of the groups. We again looked at the 2-3 structures that were standing for ideas and then we went back to our seats. The last round was when we were going to find the winner! We all were going to have a tough contest. I was really sad and worried because I was only 1 person and the others were 2 but I still tried to concentrate. I was just about to put more support on my structure but then the time was up. I was scared and looked around and found out that mine was the tallest and I had won! That was amazing! After we found the winner and tidied up we had some yummy marshmallows for a treat and then sadly it was recess.







#### Written by Sahana:

It was Friday afternoon and everyone was excited, especially me. It was very loud when the teacher was calling people for partners. I was super curious who my partner would be. The teacher told me it was Mriam. She is a nice girl who speaks Arabic. We both seemed excited and got the materials needed for our structures. We saw mini packages of marshmallows and scrolls of spaghetti. The class was chaotic but soon they were quiet to listen to the instructions. Ms. Bayley, who kindly told us the instructions, was quite confused



herself because she was a supply teacher. She figured it out and told us the instructions in a way we could understand. She gave us time for each round. The time started and everyone was rushing, in the middle of the time Mriam and I were almost done. We just needed our structure to be stable. When we finished our structure we took a break and washed our sticky hands. We waited for a while and finally Mrs. Bayley said that time was up. I could hear gasps and sighs. The teacher said that now we could walk around the class to see other structures. All of them were unique in a way and they were all different sizes. Some were like prisms or pyramids. Then she said to do the reflection. We took our picture and were chatting about what we could say as an answer for each and every question that our teacher gave in the google docs for round one. We finally finished all the questions. We did not know we were supposed to clean our first round mess. So we added more spaghetti to our first rounds structure and all we did was add a pyramid at the top. We added this pyramid because we were inspired by other peoples structure. The round was over. We typed in the answers and put the big structure in the garbage. Now it was the third and final round that we all were waiting for and then we finally heard Ms. Bailey's voice say go! We all heard the voice and quickly started to build. We made many experiments on the way. We made it very tall and the only problem is that it kept on falling off, so Mriam and I both held it and put some more marshmallows on the joints so that it would stick and stay. Now we just had to make it stable. We did some breaking and finally made it stand. The time was up and all we had to do is answer the question and clean up. When cleaning, I could see spaghetti and marshmallows on the floor though Mriam and I just had to clean the desk

because we did make not а mess on the ground. Now our class was waiting to get a treat. lt was marshmallows and most of all they were different flavors. The afternoon was super fun.



# **SPIRIT WEEK**



















# BACKWARDS DAY!



## WEATHER GUIDELINES

Children need an opportunity to get exercise and free play time outdoors, however, weather conditions sometimes warrant that indoor recesses, lunch periods and preentry periods be considered necessary for student and staff safety. Conditions warranting indoor recesses (a) Rain, thunderstorms, lightning, hail, extreme winds and extreme cold. (b) Cold weather: When temperature and/or windchill factor indicates - 28C or lower children will remain indoors due to risk of frostnip and frostbite.

When an extreme cold weather alert is issued or when temperatures and/or windchill factor indicates -20 to -28C, recesses may be shortened to 10 minutes and lunch recess be 20 minutes depending on local conditions. Children should be monitored closely for signs of frostnip, frostbite or difficulty breathing. (c) Humidity, Heat and Smog Alerts: The City of Toronto issues heat alerts and heat emergencies based on the daily forecast from May to September. Alerts are posted on the Web site www.toronto.ca/health or available by calling (416) 338-7600. Staff and students should be vigilant about their level of activity and should take frequent breaks for water in order to remain adequately hydrated.

Other conditions: Weather conditions change during the day. When necessary and if the weather is questionable, the school principal will consult the Environment Canada's www.weatheroffice.ec.gc.ca or Toronto Public Health Web sites for information.

During these extreme weather conditions, students may wait inside entry doors starting at 8:30am and 12:15pm.

Longboat students wear SNOWPANTS!!!



# **TDSB Student Health Pass**

The most important thing families can do to help slow the spread of COVID-19, is to screen their children daily for any COVID-19 symptoms and keep them home from school if they are sick or have had close contact with anyone diagnosed with COVID-19.

Review this COVID-19 checklist daily with your child. Sign\* below each day to confirm that your child does not have any symptoms or have had other exposure to COVID-19. We all have a role in keeping our schools safe and healthy.

Student Name : \_\_\_\_\_

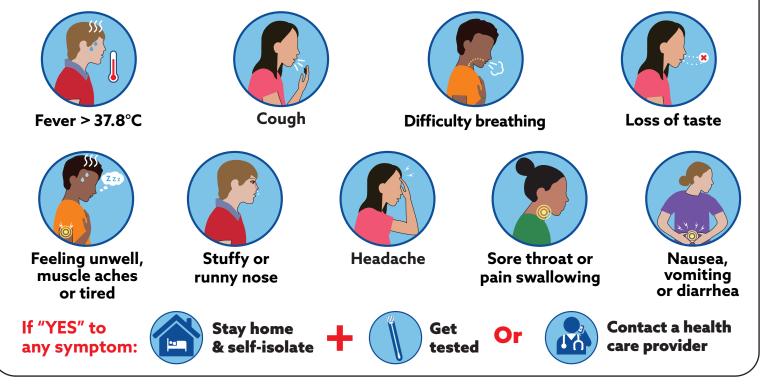
Date: \_\_\_\_\_\_ Signature of Parent/Guardian: \_\_\_\_\_\_

\* Parent/Guardian of Kindergarten to Grade 8 students to sign. High school and adult students can sign themselves.



COVID-19 K – 12 STUDENT SCREENING TOOL Please complete before entering the school.

### 1. Does the student have any of the following new or worsening symptoms?\*



- 2. Is there a child or sibling in your household who has one or more of the above symptoms?
- 3. Has the student travelled outside of Canada in the past 14 days?
- 4. Has the student been notified as a close contact of someone with COVID-19?
- 5. Has the student been told to stay home and self-isolate?



\*Children who have an existing health condition identified by a health care provider that gives them the symptoms should not answer YES, unless the symptom is **new, different** or **getting worse.** Look for changes from your child's normal symptoms.

Updated December 2020

STOP

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No

No

No

No

Yes

Yes

Yes

### **COVID-19 Decision Tool for Schools**

For elementary and secondary students (JK-Grade 12) Version 3.1. Updated on December 4, 2020

#### **Updated COVID-19 screening for symptoms:**

All students must complete a self-screening questionnaire before going to school. Students with chronic health issues that is medically diagnosed and unrelated to COVID-19, should look for **new**, **different or worsening symptoms**.

#### Does the student have the following symptoms (even if it is mild):



#### Student should be excluded from school, under the following conditions:

- (A) If the student has **one or more symptoms**, even if it is mild, the student should stay home, self-isolate, get tested or contact their health care provider.
- (B) If the student's **siblings, or children in the same household** has one or more of the above symptoms, the student should also stay home, self-isolate and follow instructions from public health.
- (C) If the student has been in **close contact with a person who has COVID-19**, the student will need to self-isolate for 14 days, even if they don't have symptoms. If the student has symptoms, their household members will need to stay home and self-isolate until COVID-19 is ruled out.
- (D) If the student has travelled outside of Canada, they must self-isolate for 14 days. Their household members do not need to self-isolate if they have not travelled, if they don't have symptoms of COVID-19, and if they are not a close contact of a positive case.

#### **Students without symptoms**

If a student does not have symptoms of COVID-19, he/she may attend school, if they do not have a sibling with symptoms (B), or they are not a close contact (C) or have travelled outside of Canada (D).

#### Siblings or children in same household without symptoms

- If the student has symptoms and has an alternative diagnosis, siblings do not need to self-isolate.
- If the student has symptoms and tests negative for COVID-19, the student and siblings can return to school.
- If the student has symptoms, does not go for testing and is not a close contact of a positive case, the student and siblings must self-isolate for 10 days.
- If the student has symptoms, does not go for testing and is a close contact of a positive case, the student must self-isolate for 10 days from when symptoms started. Their siblings should self-isolate for 14 days as this is how long it can take for symptoms to appear.
- If the student has symptoms and tests positive, the student must self-isolate for 10 days, and siblings must self-isolate for 14 days.

#### **Students with symptoms**

- If a student has any new or worsening symptoms, he/she must stay home, self-isolate, and get tested or contact their health care provider.
- The student's siblings will also need to stay home and self-isolate.
- Adults in the home, including parents, will have to self-monitor for symptoms, but may go to work as long
  as the adult does not have symptoms and the student is not a close contact of someone with COVID-19
  and the student has not tested positive.

#### Students who test positive for COVID-19

- Student must stay home and self-isolate for 10 days, starting from the day the symptoms first appear.
- Student may return to school after 10 days if they do not have a fever (without use of medication), and their symptoms have been improving for at least 24 hours.
- Students without symptoms still have to stay home and self-isolate for 10 days, from the day of the test.
- All their household members should stay home, self-isolate and follow public health advice.

#### Students who test negative for COVID-19

 Students may go back to school if their symptoms have been improving for 24 hours, and if they are not a close contact of someone with COVID-19 or have travelled outside of Canada.

#### Students with an alternative medical diagnosis who are not tested for COVID-19

- Students with symptoms, but who have been given an alternative diagnosis by a health care provider (not related to COVID-19), may return to school if their symptoms have been improving for 24 hours.
- Family members without symptoms should self-monitor and may go to school or work.
- A cold or respiratory infection is not considered an alternative diagnosis, and the individual should be tested for COVID-19.

#### Students not tested for COVID-19

- If a student has symptoms of COVID-19 that are not related to an existing medical condition and they are not tested, the student and their siblings must stay home and self-isolate for 10 days from the date their symptom(s) first started.
- Student may return to school after 10 days if they do not have a fever (without taking medication), and their symptoms are improving for 24 hours.

#### Students in close contact with someone with COVID-19

 Students in close contact with a person with COVID-19 must stay home and self-isolate for 14 days from their last date of exposure to that person.

#### **Back to School Confirmation Form**

- Toronto Public Health does not recommend or require medical notes for return to school.
- It is the decision of each school or school board to decide if they choose to accept a <u>Back to School</u> <u>Confirmation Form</u>.



# WHAT TO DO IF YOUR CHILD HAS COVID-19 SYMPTOMS



If your child has one or more (new or worsening) <u>symptoms of COVID-19</u>, they should stay at home, <u>self-isolate</u>, and get tested.

Call your child's school to let them know that your child has COVID-19 symptoms.

### HOUSEHOLD MEMBERS



The siblings or children in the same household as the child with symptoms will also need to stay home and self-isolate. All the adult members in the household should self-monitor for symptoms. They may go to work if they do not have symptoms. If any adult develops symptoms they must stay home, self-isolate and get tested. If the child with symptoms was a close contact of someone with COVID-19, everyone in the home needs to stay home and self-isolate for 14 days.

### **GET TESTED**

Contact your child's health care provider if you have questions about testing. Make an appointment at an <u>Assessment Centre</u> near you to get tested. Children can get a throat or nose swab. <u>Saliva tests</u> are also available.

. . . . . . . . .

Drive your child to the assessment centre if you can. Do not use public transit. Ask for a ride, or use taxi or ride share. Wear a mask, sit in the back seat, and keep the windows open.



### CHECK YOUR CHILD'S TEST RESULTS

You can check your test results at <u>covid-19.ontario.ca</u> by clicking on "check your lab results." Results can take a few days.

### If your child TESTS NEGATIVE for COVID-19:

- Your child may return to school if it has been 24 hours since their symptoms started improving.
- Siblings may return to school right away.
- Young children may have ongoing mild symptoms, such as a runny nose. If it is not new or worse, they may go back to school if they don't have other symptoms.

### If your child TESTS POSITIVE for COVID-19:

- Your child must stay home and self-isolate for 10 days from the day the symptoms started.
- Household members and close contacts must also self-isolate for 14 days.
- Let your school know that your child tested positive for COVID-19.
- Toronto Public Health will contact you to do an investigation and with further instructions.

Revised December 1, 2020

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# WHAT TO DO IF YOUR CHILD HAS COVID-19 SYMPTOMS

## NOT TESTED

If your child did not have a COVID-19 test, they must stay home and self-isolate for 10 days starting from the day the symptoms began. Even if their symptoms improve, they need to stay home for 10 days.

If your child was a close contact of a positive case, all the children in the same household have to stay home and self-isolate for 14 days. If the child was not a close contact of a positive case, the siblings must stay home and self-isolate for 10 days. All adults in the home need to self-monitor for symptoms, but may go to work if they do not have symptoms.

### SICK FOR OTHER REASONS

Sometimes children are sick for other reasons. If your health care provider has said your child's symptoms are not related to Covid-19, your child may return to school 24 hours after their symptoms have improved. For colds or respiratory symptoms, your healthcare provider cannot rule out COVID-19 without a test. Toronto Public Health does not recommend using a medical note to confirm this.



## HAVE QUESTIONS?

Please contact Toronto Public Health at 416-338-7600.

# KNOW WHEN TO Self-Monitor, Self-Isolate or Send your Child to School

Parents have questions about COVID-19, and what they should be doing to protect their families and their community.

Below are some examples of possible situations with information to help guide parents.

## What if... Julia has symptoms of COVID-19...

- Julia must stay home, self-isolate, and arrange to get tested.
- Julia's siblings must also stay home and self-isolate until COVID-19 is ruled out.
- Adults in the household can still go to work if they do not have symptoms.
- Julia can return to school if her test is negative, and her symptoms have been improving for at least 24 hours.
- Julia's siblings can return to school if Julia tests negative.

## Abishola has symptoms and tests positive for COVID-19...

- Abishola must stay home and self-isolate for 10 days from the day her symptoms started.
- Everyone in Abishola's household must stay home and self-isolate for 14 days.
- A parent should notify the school of the positive test result. The principal will dismiss Abishola's class. Public Health will contact the family with further instructions.

### Bao-Lee has symptoms of COVID-19, but did not go for testing...

- Bao-Lee and all his siblings must stay home and self-isolate for 10 days from when his symptoms started.
- Adults in the household, including parents, must self-monitor for symptoms. They may go to work if they do not have symptoms.
- After 10 days, Bao-Lee and his sibling may go back to school if his symptoms are improving.



**TORONTO** Public Health





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# KNOW WHEN TO Self-Monitor, Self-Isolate or Send your Child to School

# Abdul was in close contact with someone who has COVID-19...

- Abdul must stay home, self-isolate and follow public health advice.
- Adults and siblings may go to school or work if they do not have symptoms.
- If Abdul develops symptoms, everyone in his household must stay home and self-isolate. Abdul should go for testing.
- If Abdul's test is negative, everyone in his household can return to school/work if they do not have symptoms. Even if Abdul tests negative he must complete his 14 days of self-isolation before he returns to school as that is how long it can take for symptoms to appear.

# Berta's mom was in close contact with someone who tested positive for COVID-19...

- Berta's mom must stay home, self-isolate for 14 days, and arrange to get tested.
- Berta can still go to school.
- If Berta's mom develops symptoms of COVID-19 while she is selfisolating everyone in her household will have to self-isolate until her mother's test rules out COVID-19.

# Jackson's dad has travelled outside of Canada in the last 14 days...

- Jackson's dad must stay home and self-isolate for 14 days, preferably in a separate room from others in the house.
- Jackson can go to school as long as he does not have symptoms.
- If Jackson's dad develops symptoms, he should get tested.
- Jackson and everyone else in his household will have to stay home and self-isolate for 14 days if Jackson's dad tests positive for COVID-19.





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**Toronto** Public Health



December 7, 2020

Dear Parents/Guardians,

With the colder weather upon us, and the likelihood of severe weather conditions, we want to take this opportunity to review the Toronto District School Board (TDSB) Severe Weather Procedure with our schools and families.

From time to time it is necessary to cancel school buses, classes and/or programs due to severe weather. On rare occasions, severe weather makes it necessary to close schools, administrative offices or sites. These decisions can have a significant impact on thousands of families across Toronto and are not taken lightly.

If Environment Canada forecasts poor weather conditions (including ice and significant snow), the Toronto Student Transportation Group (TSTG), the TDSB and Toronto Catholic District School Board (TCDSB) teams will assess and monitor the situation overnight and into the early morning in order to determine any necessary bus cancellations and school closures.

- **If Busses are Cancelled:** As more than 93% of TDSB students who are currently attending in-person school do not use a school bus, schools will remain open. Families must make alternative arrangements to transport their children to school. Students who receive bus transportation receive updates regarding their transportation via TSTG.
- If Busses are Cancelled and Schools are Closed: The decision to close schools (which would include child cares and Extended Day Programs) will be determined by the TDSB and the TCDSB by 6 a.m. in order for families to make alternative arrangements. In addition to updates being posted on the TDSB <u>website</u> and on <u>Twitter</u>, families will receive a notice from School Messenger **only** if schools are closed. \**Please note that Virtual Schools will not operate and we will not be providing remote learning on days when schools are closed due to severe weather.*

It's important to note that when schools remain open on days with severe weather, parents/guardians make the final decision on whether to send their children to school and they can keep children home from school if they choose.

While the Severe Weather Procedure remains the same as it has in previous years, the current COVID-19 pandemic will be an important factor in any decision we make and we will ensure that all necessary health and safety precautions are being followed. With that in mind, staff will continue to closely monitor severe weather impacts on TDSB students, families, staff, and operations, and adjustments will be made if necessary. Please know that the safety and well-



being of all students and staff is deeply important to us at the TDSB and we will continue to consult with Toronto Public Health regarding any necessary changes that be needed.

We encourage you to keep this information for your reference at home. Should you have any questions or concerns, please reach out to your child's school principal.

Thank you for your ongoing support.