



Tom Longboat JPS

37 Crow Trail
Toronto ON M1B 1X6
Tel 416.396.6610

SAFE ARRIVAL

Full Day Absence
1.833.250.2290

Late or Half Day Absence
416.396.6610 Press 1

Principal
Andrea Chisholm

Office Administrator
Desleigh Russell

Superintendent
Kerry-Lynn Stadnyk

Trustee Ward 21
Yalini Rajakulasingam

DECEMBER 2020

PRINCIPAL'S MESSAGE

It is hard to believe how quickly the year has flown by already! Our winter holidays are just around the corner!

Thank you to all of our families who continue to carefully screen students each morning and are abiding by the advice given by Toronto Public Health. As you know, the screening practices have been revised. If a child has one or more new, or worsening COVID-19 symptoms, parents are now required to:

- Keep their child home
- Keep siblings and other children home, even if they do not have symptoms
- Arrange for the child to get tested or contact their health care provider
- Without testing, the child must stay home for 10 days

In line with this new direction, the **COVID-19 Decision Tool for Schools** and **TDSB Student Health Pass** have been updated. These documents were sent via email, and we will attach them to this newsletter for your reference.

In keeping with the theme of safety, a reminder that parents are asked not to enter our parking lot during drop-off or pick-up. Families often walk through the parking lot on their way to and from school and we need to avoid any accidents. The Kiss-n-Ride is for drop off only. Please do not park and leave your car. This is a no-parking zone and is to be kept clear for emergency vehicles only.

We are excited to welcome Virtual Scientists in School for all classes at Tom Longboat this month! Even though we need to keep physically distant from one another, we continue to engage children in their learning using active and unique ways.

Our final week of school before the holidays will be our Spirit Week! Students were surveyed at the beginning of the year to give their preferences and new ideas for spirit days. Then, Ms. Riding's Grade 6 class decided which spirit days will be held at each point in the year. Spirit Week is sure to add the perfect amount of fun and festivities prior to us leaving for the holidays.

We wish you all a safe holiday season with your families.

Sincerely,
Andrea Chisholm
Principal

Tom Longboat CELEBRATES!



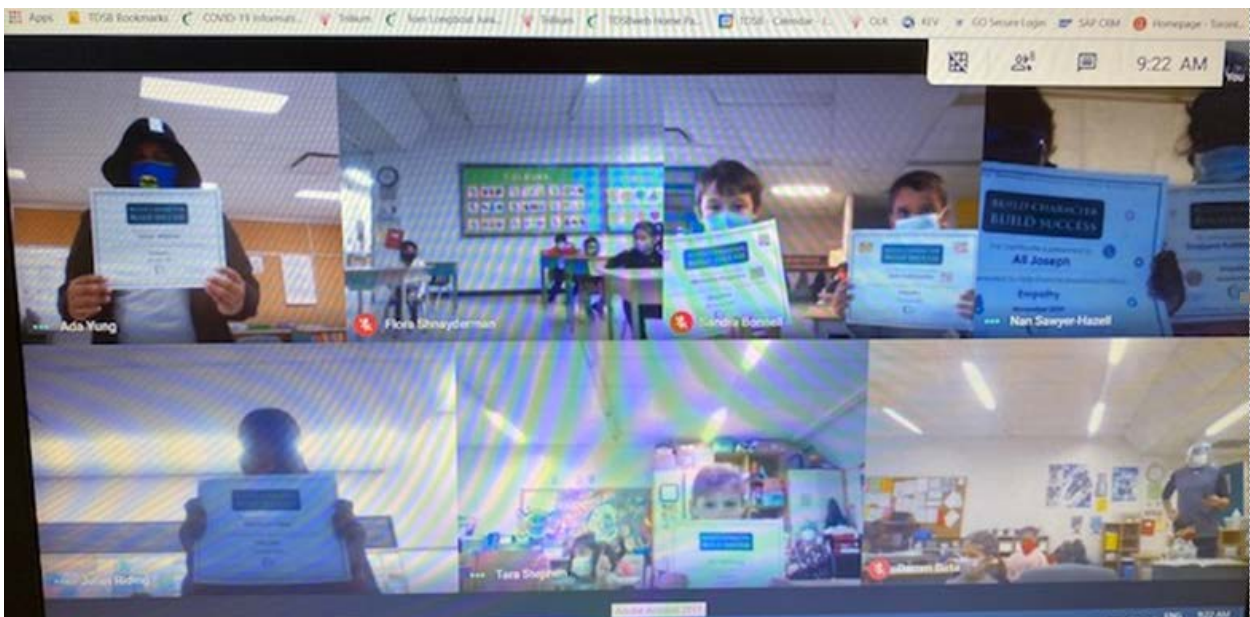
SPiRiT WEEK

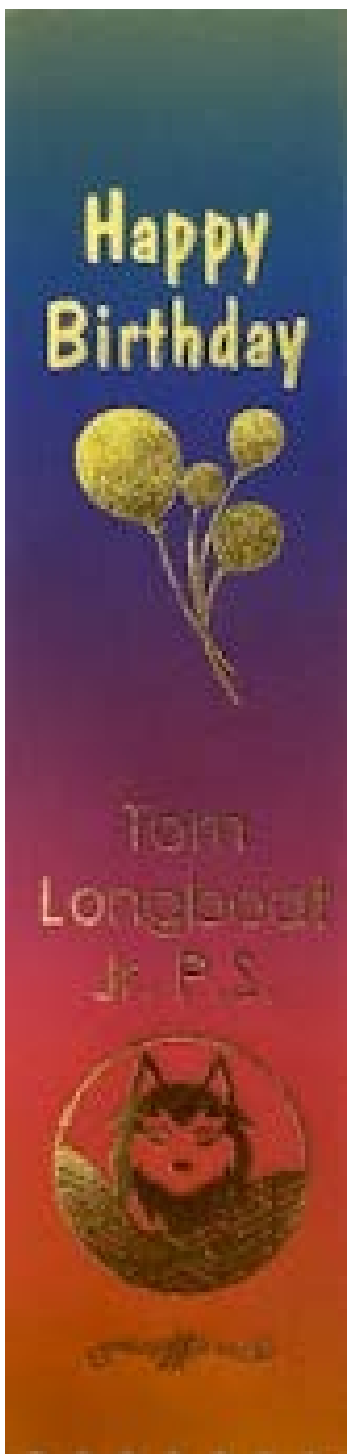
Show Your School Spirit

Monday December 14 th	– Numbers Day
Tuesday December 15 th	– Festive Colours Day
Wednesday December 16 th	– Backwards Day
Thursday December 17 th	– Holiday Dress Up Day
Friday December 18 th	– Festive Hat Day

LOOK AT OUR LONGBOAT LEADERS... CHARACTER TRAIT FOR NOVEMBER - EMPATHY

Student	Teacher	Class
Iyalarasi	Ms Shnayderman	K1
Vibooshan	Mr Birta	K2
Elin	Ms Stephen	1/2A
Zain	Ms Bonnell	1/2B
Nicholas	Ms Bonnell	1/2B
Ali	Ms Sawyer	3
Saajana	Ms Sawyer	3
Tristan	Ms Yung	4/5
Aarshya	Ms Riding	6





BIRTHDAY WISHES

DECEMBER

Student

Class

Aabriella

Ms Bonnell

Ali

Ms Sawyer

Asiya

Ms Riding

Ashley

Ms Riding

Fatheena

Ms Riding

Ilijah

Ms Riding

Laila

Ms Yung

Laiybah

Ms Yung

Shahanaa

Ms Bonnell

RETURNING TO IN SCHOOL LEARNING

We recognize that parents/guardians and/or students may want to switch between in-person learning and Virtual School.

It is important to note that, for health and safety reasons, and because of the impact switching would have on staffing, physical distancing and space allocation, it will not be possible to immediately transition between the two models.

As a result, opportunities to enter the Virtual School or to return to in-person learning will be provided at key dates during the school year.

Opportunity to Change	Date the Change of Class would Take Effect	Deadline for Requesting Change
#3: Following Distribution of First Provincial Report Card	February 16, 2021 (day after Family Day Holiday)	January 29, 2021

VIRTUAL TO INSCHOOL

Families of elementary students who would like to switch from the Virtual School to in-person learning should contact the school directly. ***It may be possible for students to return to in-person learning sooner than February 2021.***

INSCHOOL TO VIRTUAL

Please email Ms Russell if you would like your child to transfer to the Virtual School. Desleigh.Russell@tdsb.on.ca. Please note we would need to hear from you by end of day January 28, 2021 for a February 16, 2021 start.

FOLLOW US ON SOCIAL MEDIA

Join the conversation by following the TDSB on social media. See the most up-to-date information and find out what's happening across the Board by following our Twitter, Facebook and Instagram accounts.

Twitter

@TomLongboatPS

@TDSB

<http://www.twitter.com/tomlongboatps>

<http://www.twitter.com/tdsb>



Here are some of the wonderful Journal answers from the question on Nov in Room 103. What Is Peace?

Peace is happy.

Peace is hopeful.

Peace is restful.

Peace is kind.

Peace is a good feeling.

Peace is nice and hopeful.

Peace is calm.

Peace is good stuff like sharing your toys with a friend and not fighting with friends.

Peace is kindness and caring and helping each other.



DAILY PHYSICAL ACTIVITY – MR BIRTA’S K2 CLASS

Students and Staff in Mr Birta’s class go outside every day for some physical activity. We captured this picture on their way back to the classroom!



LONGBOAT STUDENTS ENGAGING IN MENTAL HEALTH & WELL-BEING

During a recent Longboat Sharing Circle, students looked at ways to practice well-being by focusing on the 5 senses. If stressed, practice focusing on the five senses to calm your mind, one at a time.

5 Senses



Sight



Hearing



Touch



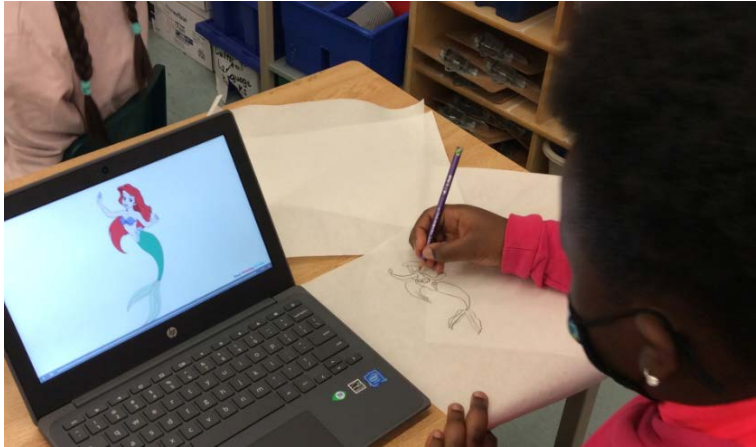
Smell

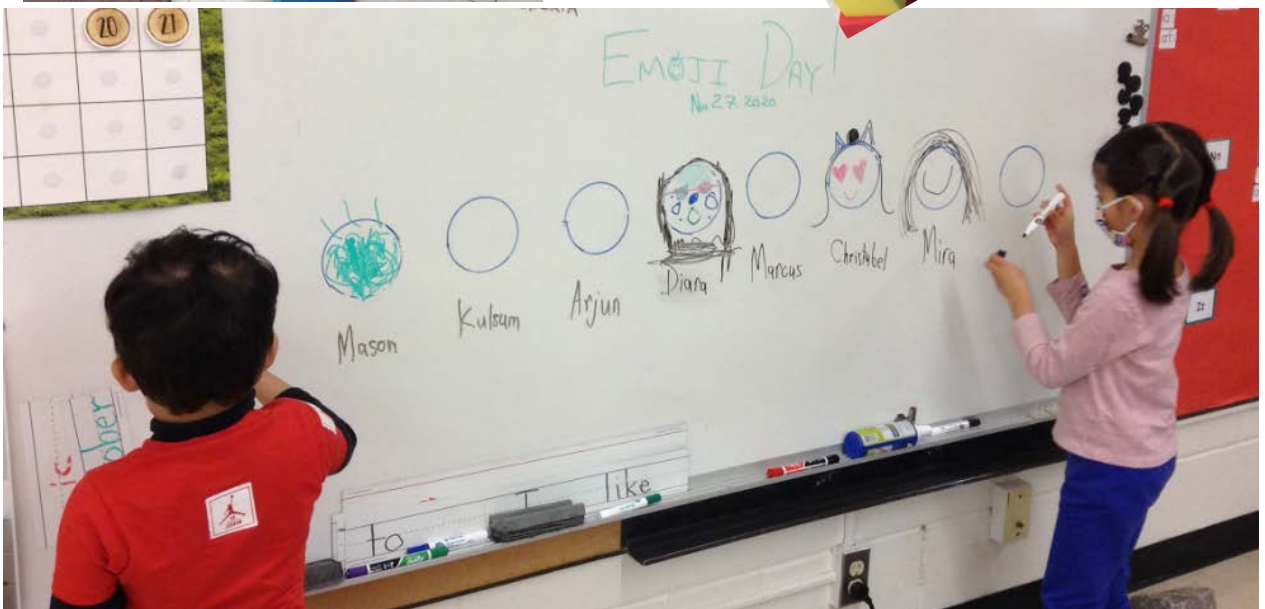


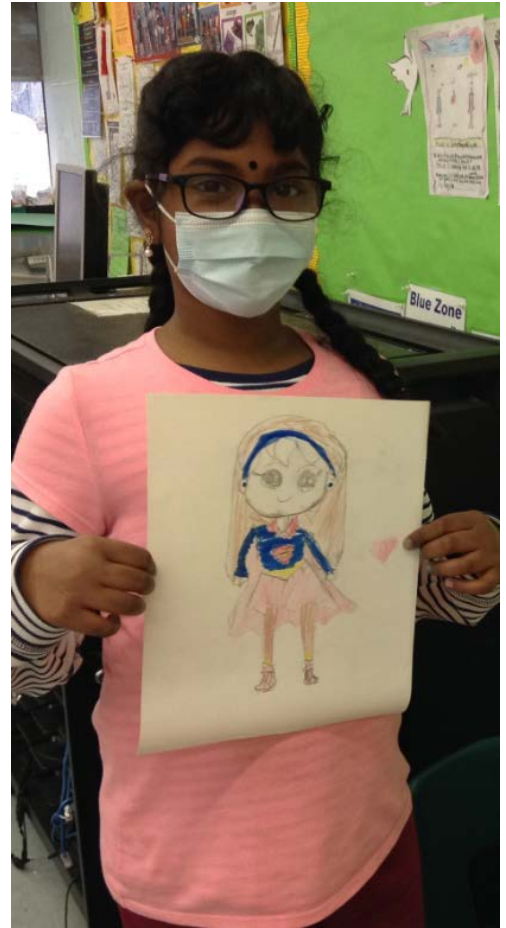
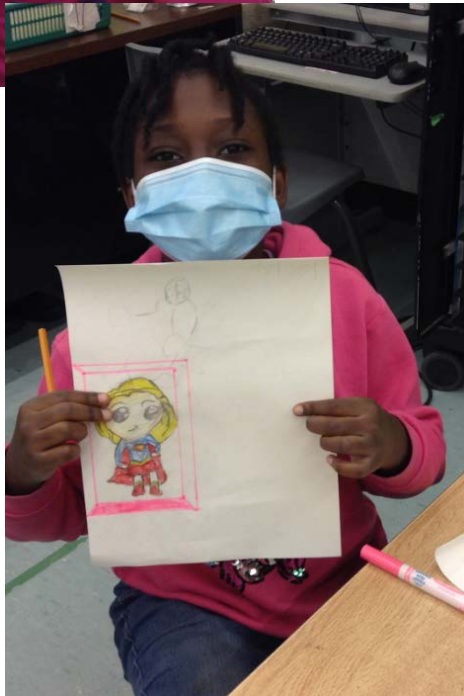
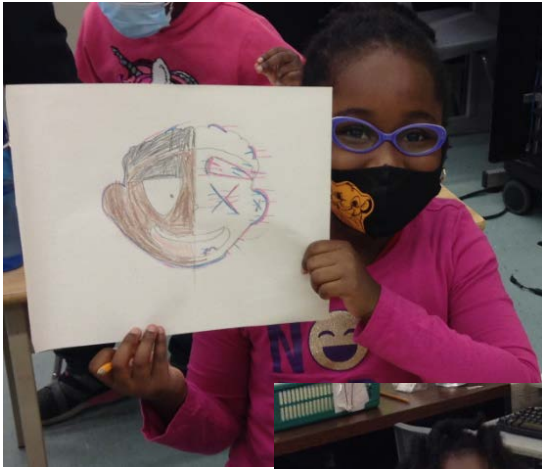
Taste



ELECTIVES DAY ACTIVITIES







WEATHER GUIDELINES

Children need an opportunity to get exercise and free play time outdoors, however, weather conditions sometimes warrant that indoor recesses, lunch periods and pre-entry periods be considered necessary for student and staff safety. Conditions warranting indoor recesses (a) Rain, thunderstorms, lightning, hail, extreme winds and extreme cold. (b) Cold weather: When temperature and/or windchill factor indicates -28C or lower children will remain indoors due to risk of frostnip and frostbite.

When an extreme cold weather alert is issued or when temperatures and/or windchill factor indicates -20 to -28C, recesses may be shortened to 10 minutes and lunch recess be 20 minutes depending on local conditions. Children should be monitored closely for signs of frostnip, frostbite or difficulty breathing. (c) Humidity, Heat and Smog Alerts: The City of Toronto issues heat alerts and heat emergencies based on the daily forecast from May to September. Alerts are posted on the Web site www.toronto.ca/health or available by calling (416) 338-7600. Staff and students should be vigilant about their level of activity and should take frequent breaks for water in order to remain adequately hydrated.

Other conditions: Weather conditions change during the day. When necessary and if the weather is questionable, the school principal will consult the Environment Canada's www.weatheroffice.ec.gc.ca or Toronto Public Health Web sites for information.

During these extreme weather conditions, students may wait inside entry doors starting at 8:30am and 12:15pm.

Longboat students wear SNOWPANTS!!!



When going outside in winter make sure body parts most often affected by frostbite are covered in warm, dry clothing.





Student Virtual Learning IT Support

Student Virtual Learning IT Support Frequently Asked Questions

- How do I login to my TDSB student account?
- How do I request a device for virtual learning?
- How do I login to Brightspace or Google Classroom?
- How do I use the TDSB Health Screening App?
- [Click here for answers](#)

Still Need Help?

Use the Web Chat button below, to connect with an agent to assist with:

- Account & Password Related Issues
 - TDSB Device Support
 - Digital Learning Tools (Google Classroom/Brightspace) Technical Issues
- Contact Us
- Live Webchat: Open Monday to Friday, 8 a.m. to 5 p.m. (link below)
 - [Submit this form](#)
 - TDSB Parent Phone Support Line: 416-396-9100: Open Monday to Friday, 8:30a.m. to 4:30p.m.

Note: "How To" questions about digital learning tools and classwork related questions should be directed to your teacher.

[Start Web Chat](#)

TDSB Student Health Pass

The most important thing families can do to help slow the spread of COVID-19, is to screen their children daily for any COVID-19 symptoms and keep them home from school if they are sick or have had close contact with anyone diagnosed with COVID-19.

Review this COVID-19 checklist daily with your child. Sign* below each day to confirm that your child does not have any symptoms or have had other exposure to COVID-19. We all have a role in keeping our schools safe and healthy.

Student Name : _____

Date: _____ Signature of Parent/Guardian: _____

** Parent/Guardian of Kindergarten to Grade 8 students to sign. High school and adult students can sign themselves.*





COVID-19 K – 12 STUDENT SCREENING TOOL

Please complete before entering the school.

1. Does the student have any of the following new or worsening symptoms?*



Fever > 37.8°C



Cough



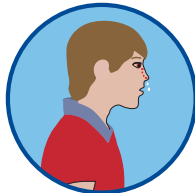
Difficulty breathing



Loss of taste



Feeling unwell,
muscle aches
or tired



Stuffy or
runny nose



Headache



Sore throat or
pain swallowing



Nausea,
vomiting
or diarrhea

If "YES" to
any symptom:



Stay home
& self-isolate



Get
tested

Or



Contact a health
care provider

2. Is there a child or sibling in your household who has one or more of the above symptoms?

☐ Yes ☐ No

3. Has the student travelled outside of Canada in the past 14 days?

☐ Yes ☐ No

4. Has the student been notified as a close contact of someone with COVID-19?

☐ Yes ☐ No

5. Has the student been told to stay home and self-isolate?

☐ Yes ☐ No

If "YES" to
Questions
2,3,4 or 5:



Stay home
& self-isolate



Follow public
health advice

*Children who have an existing health condition identified by a health care provider that gives them the symptoms should not answer YES, unless the symptom is new, different or getting worse. Look for changes from your child's normal symptoms.

Updated December 2020

COVID-19 Decision Tool for Schools

For elementary and secondary students (JK-Grade 12)

Version 3.1. Updated on December 4, 2020

Updated COVID-19 screening for symptoms:

All students must complete a self-screening questionnaire before going to school. Students with chronic health issues that is medically diagnosed and unrelated to COVID-19, should look for **new, different or worsening symptoms**.

Does the student have the following symptoms (even if it is mild):



Fever >37.8°C



Cough



Difficulty breathing



Loss of taste or smell



Sore throat, painful swallowing



Stuffy/runny nose



Headache



Nausea, vomiting, diarrhea



Feeling unwell, muscle aches, tired

Student should be excluded from school, under the following conditions:

- (A) If the student has **one or more symptoms**, even if it is mild, the student should stay home, self-isolate, get tested or contact their health care provider.
- (B) If the student's **siblings, or children in the same household** has one or more of the above symptoms, the student should also stay home, self-isolate and follow instructions from public health.
- (C) If the student has been in **close contact with a person who has COVID-19**, the student will need to self-isolate for 14 days, even if they don't have symptoms. If the student has symptoms, their household members will need to stay home and self-isolate until COVID-19 is ruled out.
- (D) If the student has **travelled outside of Canada**, they must self-isolate for 14 days. Their household members do not need to self-isolate if they have not travelled, if they don't have symptoms of COVID-19, and if they are not a close contact of a positive case.

Students without symptoms

If a student does not have symptoms of COVID-19, he/she may attend school, if they do not have a sibling with symptoms (B), or they are not a close contact (C) or have travelled outside of Canada (D).

Siblings or children in same household without symptoms

- If the student has symptoms and has an alternative diagnosis, siblings do not need to self-isolate.
- If the student has symptoms and tests negative for COVID-19, the student and siblings can return to school.
- If the student has symptoms, does not go for testing and is not a close contact of a positive case, the student and siblings must self-isolate for 10 days.
- If the student has symptoms, does not go for testing and is a close contact of a positive case, the student must self-isolate for 10 days from when symptoms started. Their siblings should self-isolate for 14 days as this is how long it can take for symptoms to appear.
- If the student has symptoms and tests positive, the student must self-isolate for 10 days, and siblings must self-isolate for 14 days.

Students with symptoms

- If a student has any new or worsening symptoms, he/she must stay home, self-isolate, and get tested or contact their health care provider.
- The student's siblings will also need to stay home and self-isolate.
- Adults in the home, including parents, will have to self-monitor for symptoms, but may go to work as long as the adult does not have symptoms and the student is not a close contact of someone with COVID-19 and the student has not tested positive.

Students who test positive for COVID-19

- Student must stay home and self-isolate for 10 days, starting from the day the symptoms first appear.
- Student may return to school after 10 days if they do not have a fever (without use of medication), and their symptoms have been improving for at least 24 hours.
- Students without symptoms still have to stay home and self-isolate for 10 days, from the day of the test.
- All their household members should stay home, self-isolate and follow public health advice.

Students who test negative for COVID-19

- Students may go back to school if their symptoms have been improving for 24 hours, and if they are not a close contact of someone with COVID-19 or have travelled outside of Canada.

Students with an alternative medical diagnosis who are not tested for COVID-19

- Students with symptoms, but who have been given an alternative diagnosis by a health care provider (**not** related to COVID-19), may return to school if their symptoms have been improving for 24 hours.
- Family members without symptoms should self-monitor and may go to school or work.
- A cold or respiratory infection is not considered an alternative diagnosis, and the individual should be tested for COVID-19.

Students not tested for COVID-19

- If a student has symptoms of COVID-19 that are not related to an existing medical condition and they are not tested, the student and their siblings must stay home and self-isolate for 10 days from the date their symptom(s) first started.
- Student may return to school after 10 days if they do not have a fever (without taking medication), and their symptoms are improving for 24 hours.

Students in close contact with someone with COVID-19

- Students in close contact with a person with COVID-19 must stay home and self-isolate for 14 days from their last date of exposure to that person.

Back to School Confirmation Form

- Toronto Public Health does not recommend or require medical notes for return to school.
- It is the decision of each school or school board to decide if they choose to accept a [Back to School Confirmation Form](#).



WHAT TO DO IF YOUR CHILD HAS COVID-19 SYMPTOMS



If your child has one or more (new or worsening) [symptoms of COVID-19](#), they should stay at home, [self-isolate](#), and get tested.

Call your child's school to let them know that your child has COVID-19 symptoms.



HOUSEHOLD MEMBERS

The siblings or children in the same household as the child with symptoms will also need to stay home and self-isolate. All the adult members in the household should self-monitor for symptoms. They may go to work if they do not have symptoms. If any adult develops symptoms they must stay home, self-isolate and get tested. If the child with symptoms was a close contact of someone with COVID-19, everyone in the home needs to stay home and self-isolate for 14 days.



GET TESTED

Contact your child's health care provider if you have questions about testing. Make an appointment at an [Assessment Centre](#) near you to get tested. Children can get a throat or nose swab. [Saliva tests](#) are also available.

Drive your child to the assessment centre if you can. Do not use public transit. Ask for a ride, or use taxi or ride share. Wear a mask, sit in the back seat, and keep the windows open.



CHECK YOUR CHILD'S TEST RESULTS

You can check your test results at covid-19.ontario.ca by clicking on "check your lab results." Results can take a few days.

If your child TESTS NEGATIVE for COVID-19:

- Your child may return to school if it has been 24 hours since their symptoms started improving.
- Siblings may return to school right away.
- Young children may have ongoing mild symptoms, such as a runny nose. If it is not new or worse, they may go back to school if they don't have other symptoms.

If your child TESTS POSITIVE for COVID-19:

- Your child must stay home and self-isolate for 10 days from the day the symptoms started.
- Household members and close contacts must also self-isolate for 14 days.
- Let your school know that your child tested positive for COVID-19.
- Toronto Public Health will contact you to do an investigation and with further instructions.



WHAT TO DO IF YOUR CHILD HAS COVID-19 SYMPTOMS



NOT TESTED

If your child did not have a COVID-19 test, they must stay home and self-isolate for 10 days starting from the day the symptoms began. Even if their symptoms improve, they need to stay home for 10 days.

If your child was a close contact of a positive case, all the children in the same household have to stay home and self-isolate for 14 days. If the child was not a close contact of a positive case, the siblings must stay home and self-isolate for 10 days. All adults in the home need to self-monitor for symptoms, but may go to work if they do not have symptoms.



SICK FOR OTHER REASONS

Sometimes children are sick for other reasons. If your health care provider has said your child's symptoms are not related to Covid-19, your child may return to school 24 hours after their symptoms have improved. For colds or respiratory symptoms, your healthcare provider cannot rule out COVID-19 without a test. Toronto Public Health does not recommend using a medical note to confirm this.



HAVE QUESTIONS?

Please contact Toronto Public Health at 416-338-7600.



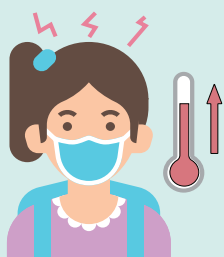
KNOW WHEN TO Self-Monitor, Self-Isolate or Send your Child to School

Parents have questions about COVID-19, and what they should be doing to protect their families and their community.

Below are some examples of possible situations with information to help guide parents.

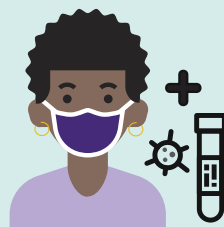
What if...

Julia has symptoms of COVID-19...



- Julia must stay home, self-isolate, and arrange to get tested.
- Julia's siblings must also stay home and self-isolate until COVID-19 is ruled out.
- Adults in the household can still go to work if they do not have symptoms.
- Julia can return to school if her test is negative, and her symptoms have been improving for at least 24 hours.
- Julia's siblings can return to school if Julia tests negative.

Abishola has symptoms and tests positive for COVID-19...



- Abishola must stay home and self-isolate for 10 days from the day her symptoms started.
- Everyone in Abishola's household must stay home and self-isolate for 14 days.
- A parent should notify the school of the positive test result. The principal will dismiss Abishola's class. Public Health will contact the family with further instructions.

Bao-Lee has symptoms of COVID-19, but did not go for testing...



- Bao-Lee and all his siblings must stay home and self-isolate for 10 days from when his symptoms started.
- Adults in the household, including parents, must self-monitor for symptoms. They may go to work if they do not have symptoms.
- After 10 days, Bao-Lee and his sibling may go back to school if his symptoms are improving.





KNOW WHEN TO Self-Monitor, Self-Isolate or Send your Child to School



Abdul was in close contact with someone who has COVID-19...

- Abdul must stay home, self-isolate and follow public health advice.
- Adults and siblings may go to school or work if they do not have symptoms.
- If Abdul develops symptoms, everyone in his household must stay home and self-isolate. Abdul should go for testing.
- If Abdul's test is negative, everyone in his household can return to school/work if they do not have symptoms. Even if Abdul tests negative he must complete his 14 days of self-isolation before he returns to school as that is how long it can take for symptoms to appear.



Berta's mom was in close contact with someone who tested positive for COVID-19...

- Berta's mom must stay home, self-isolate for 14 days, and arrange to get tested.
- Berta can still go to school.
- If Berta's mom develops symptoms of COVID-19 while she is self-isolating everyone in her household will have to self-isolate until her mother's test rules out COVID-19.



Jackson's dad has travelled outside of Canada in the last 14 days...

- Jackson's dad must stay home and self-isolate for 14 days, preferably in a separate room from others in the house.
- Jackson can go to school as long as he does not have symptoms.
- If Jackson's dad develops symptoms, he should get tested.
- Jackson and everyone else in his household will have to stay home and self-isolate for 14 days if Jackson's dad tests positive for COVID-19.



December 7, 2020

Dear Parents/Guardians,

With the colder weather upon us, and the likelihood of severe weather conditions, we want to take this opportunity to review the Toronto District School Board (TDSB) Severe Weather Procedure with our schools and families.

From time to time it is necessary to cancel school buses, classes and/or programs due to severe weather. On rare occasions, severe weather makes it necessary to close schools, administrative offices or sites. These decisions can have a significant impact on thousands of families across Toronto and are not taken lightly.

If Environment Canada forecasts poor weather conditions (including ice and significant snow), the Toronto Student Transportation Group (TSTG), the TDSB and Toronto Catholic District School Board (TCDSB) teams will assess and monitor the situation overnight and into the early morning in order to determine any necessary bus cancellations and school closures.

- **If Busses are Cancelled:** As more than 93% of TDSB students who are currently attending in-person school do not use a school bus, schools will remain open. Families must make alternative arrangements to transport their children to school. Students who receive bus transportation receive updates regarding their transportation via TSTG.
- **If Busses are Cancelled and Schools are Closed:** The decision to close schools (which would include child cares and Extended Day Programs) will be determined by the TDSB and the TCDSB by 6 a.m. in order for families to make alternative arrangements. In addition to updates being posted on the TDSB [website](#) and on [Twitter](#), families will receive a notice from School Messenger **only** if schools are closed. **Please note that Virtual Schools will not operate and we will not be providing remote learning on days when schools are closed due to severe weather.*

It's important to note that when schools remain open on days with severe weather, parents/guardians make the final decision on whether to send their children to school and they can keep children home from school if they choose.

While the Severe Weather Procedure remains the same as it has in previous years, the current COVID-19 pandemic will be an important factor in any decision we make and we will ensure that all necessary health and safety precautions are being followed. With that in mind, staff will continue to closely monitor severe weather impacts on TDSB students, families, staff, and operations, and adjustments will be made if necessary. Please know that the safety and well-





being of all students and staff is deeply important to us at the TDSB and we will continue to consult with Toronto Public Health regarding any necessary changes that be needed.

We encourage you to keep this information for your reference at home. Should you have any questions or concerns, please reach out to your child's school principal.

Thank you for your ongoing support.

