



TOM LONGBOAT JUNIOR PUBLIC SCHOOL

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Andrea Chisholm, Principal

April 14, 2020

Dear Tom Longboat Families,

We hope that you all had a restful long weekend with your family. We are looking forward to an exciting week of learning ahead!

Tom Longboat Jr. PS now has its very own YouTube channel! The staff at Tom Longboat have put together a very special message for our students. You can find this message at: <https://youtu.be/RUAgglqYzyY>.

A reminder that we have two spirit days coming up this week. Wednesday April 15th is our favourite stuffed animal day, and Friday April 17th is our Tom Longboat spirit wear day. We look forward to seeing many pictures of our students on these special days!

The following income support, food security and medical information has been compiled for members of the TDSB from Toronto Public Health and other community agencies. Please take a look to see if your family can benefit from any of these services.

INCOME SUPPORTS

- CERB is open as of Monday. **You can apply online or by phone at 1-800-959-2019 or 1-800-959-2041.** This service is available 21 hours per day, closed between 3am and 6am for maintenance. The Federal Government announced that more plans were coming for Canadians who work 10 hours a week or less, and for those essential workers who make less than the CERB amount of \$2,000 per month.
- **City of Toronto's Housing Stabilization Fund:** Provides money for emergency housing needs to people receiving financial assistance through Ontario Works or income support through the Ontario Disability Support Program (ODSP) in the city of Toronto.
- City of Toronto resource on Financial Supports for Renters including a Service and Benefit Finder Tool
- Income Supports for Migrant Workers:
<http://migrantrights.ca/Covid19Income/>

FOOD SECURITY

- **5n2kitchens** will be offering a free meal delivery service to our neighbours who are struggling to make it through this crisis. On the

site, the map and border range shows most of Scarborough.
<http://5n2kitchen.com>

- **Food delivery for seniors, as of April 7, call Red Cross: 1-833-204-9952** (For seniors who have had to self isolate and do not have alternative access to food through family, friends, or other food delivery services, and are not receiving assistance from another community food program.)
- **Delivery:** CAA is providing Transportation and delivery services to support COVID-19 response for agencies. They will deliver only the following items: Food (cooked and uncooked), Medicine, Pharmaceuticals, Medical equipment (size limitations will apply). If you are interested in using this service please contact CommunityServicesResponseFleet@caasco.ca and share your organization name, contact name, phone # and address and the type of pick-up/delivery required (Ex: meals to seniors, medicine delivery, food/supply)

VIRTUAL DOCTOR'S OFFICES:

- Cloud Care Clinic (55 Dundas St. E, M5B 1C6) 416-361-6000
<http://cloudcareclinics.ca>
- Cover Health virtual walk-in clinic Link: <https://cover.health> Same Day appointments. Get online medical support from your home including: prescriptions, refills requests, referrals, medical forms and COVID-19 assessment.) Clinic hours: Monday- Friday, 9am- 10pm, Saturday and Sunday, 10am - 8pm
- Telemedinnovations: 1 (888) 350-2323
www.telemedinnovations.ca (English Urdu Hindi Punjabi)
- HOME VISIT DOCTORS: Please call first to determine if you are eligible
 - Home Doctor: 416 631 3000 <https://homedoctor.ca/>
 - MediCall: 647-873-8936 <https://medicall.md/>

Please remember to reach out to your child's teacher, our office staff, or myself if you require any assistance over the next few days. We will make every attempt to help problem-solve or answer questions. Most importantly, please remember to maintain social distancing measures with your children to keep your family healthy and safe.

Sincerely,
Andrea Chisholm
Principal
Tom Longboat Jr. PS