Message from the Admin

Dear Virtual Secondary School Students and Parents/ Guardians /Caregivers,

If you know of any current Grade 8 students who are interested in learning more about Virtual Secondary School, please be sure to invite them to our Grade 8 Information Night on Thursday, November 21st. Details are listed below.

For all students taking Grade 11 and 12 courses, please note that our Full Disclosure Date is on Tuesday, November 19th. This is the last day to drop a Grade 11 or 12 course without the mark appearing on your permanent transcript.

We will have another PD Day on Friday, November 29th, there will be no classes on this day.

If you have missed or would like to review our past *Weekly Updates*, please visit our <u>school</u> <u>website</u>.

Wishing you a great weekend!

Sincerely,

Praveena Sivarajah Principal <u>Praveena.Sivarajah@tdsb.on.ca</u> Zorica Prekajski Vice Principal (A - L) Zorica.Prekajski@tdsb.on.ca Marlena Rivett Vice Principal (M - Z) Marlena.Rivett@tdsb.on.ca

Reporting Student Absences:

Student absences must be reported to the school, not individual teachers. To report a student absence, please 416 393 8240 or email <u>TDSBVirtualSecSchool@tdsb.on.ca</u>.

Upcoming Events:	
Monday, November 18	 Waterloo Lunch Presentation (11:30am to 12:15pm) Students should email <u>vssguidance@tdsb.on.ca</u> for the zoo link and guardians should be aware that students will be missing the last 10 minutes of period 2.
Tuesday, November 19	 Full Disclosure Date - last day to drop a Grade 11 or 12 course without the mark appearing on your permanent transcript.
Wednesday, November 20	• Late Start - PLC
Thursday, November 21	• Grade 8 Information Night 6:00p.m.
Wednesday, November 27	Late Start - Staff Meeting
Thursday, November 28	Credit Rescue
Friday, November 29	PA Day - No classes



VSS Presents: Grade 8 Information Night!

Date: November 21st, 2024 Time: 6:00 PM Location: Online (Completely Virtual)

Are you ready to embark on an exciting educational journey? Join us for our Grade 8 Information Night and discover what makes TDSB Virtual Secondary School the perfect alternate choice for your child.

What to Expect:

- Meet Our Educators: Get to know our dedicated and experienced teachers.
- Curriculum Overview: Learn about our innovative and comprehensive virtual curriculum.
- Student Life: Explore the vibrant and engaging virtual student community.
- Q&A Session: Have your questions answered by our knowledgeable staff.

Why Choose Virtual Secondary School?

- Regular School Day Schedule: Classes run from 9 am 3:15pm
- Remote Location: Attend all classes from the comfort of home
- Cutting-Edge Technology: Cameras and Microphones are on, promising an engaging online synchronous teaching and learning environment with access to the latest educational tools and resources
- Personalized Support: Individualized attention to ensure every student has a chance to succeed

Webinar Link: Join Here Passcode: 068287

Don't miss this opportunity to learn more about how TDSB Virtual Secondary School can provide a top-notch education in a fully virtual environment.

We look forward to seeing you there!

Stress Management - Student Workshops

Dorraine (Social Worker) and Bola (CYW) have created stress management workshops, specifically for our VSS students. These workshops will be presented during lunch on the dates listed below.

November 26th (Gr 9 and 10)

November 28th (Gr 11 and 12).

Please <u>click here</u> for more information.

Mental Health and Well Being Toolkit 2024/25 for Students, Staff, Parents, Caregivers, Guardians and School Communities

Virtual Secondary School - Weekly Update

Friday, November 15, 2024

Professional Support Services (PSS) is excited to re-share the Mental Health and Well Being Toolkit 2024/25 created by the Mental Health Leads and PSS team members. Developed alongside School Mental Health Ontario and the Ministry of Education, the resources in the Toolkit are identity affirming to meet students' diverse needs. This Toolkit covers a wide range—from daily mental health and wellness activities for K-12, contacts to culturally relevant and responsive community agencies, daily wellness activities for students with disabilities and grief and loss resources available in multiple languages. Valuable information and resources on topics like anti-sex trafficking and addiction are also available, including the Vaping and Cannabis Toolkit, developed in collaboration Toronto Public Health.

We hope everyone can find support that fits their needs. This Toolkit can be used during class and shared with students, staff, parents, caregivers and guardians. Please share the Mental Health and Well Being Toolkit 2024/25 widely and if you have any questions or want to know more please email us at <u>mentalhealthandwellbeing@tdsb.on.ca</u>.

Learn4Life Adult General Interest Program - Winter Registration Opens Wednesday, November 13, 2024

Registration for winter courses in the Learn4Life Adult General Interest Program opens on November 13 at 8:30 a.m. Available to adults 18 and older, the Learn4Life program offers a unique opportunity to pursue interests, expand knowledge, and engage in lifelong learning. The program features a wide range of courses and activities designed to cater to diverse interests and passions—from art and fitness to languages, sports and handiwork.

Some of the new courses this term include:

- 1. Making Your Home Smarter
- 2. Classics of Horror
- 3. Wood Carving Introduction
- 4. How to Minimize Cost of Living and Maximize your Purchasing Power
- 5. Strength for Life Full Body Fitness
- 6. Portugal's Iconic Pastel de Nata Workshop

Courses start January 11, 2025. Visit Learn4Life's program page for more information.