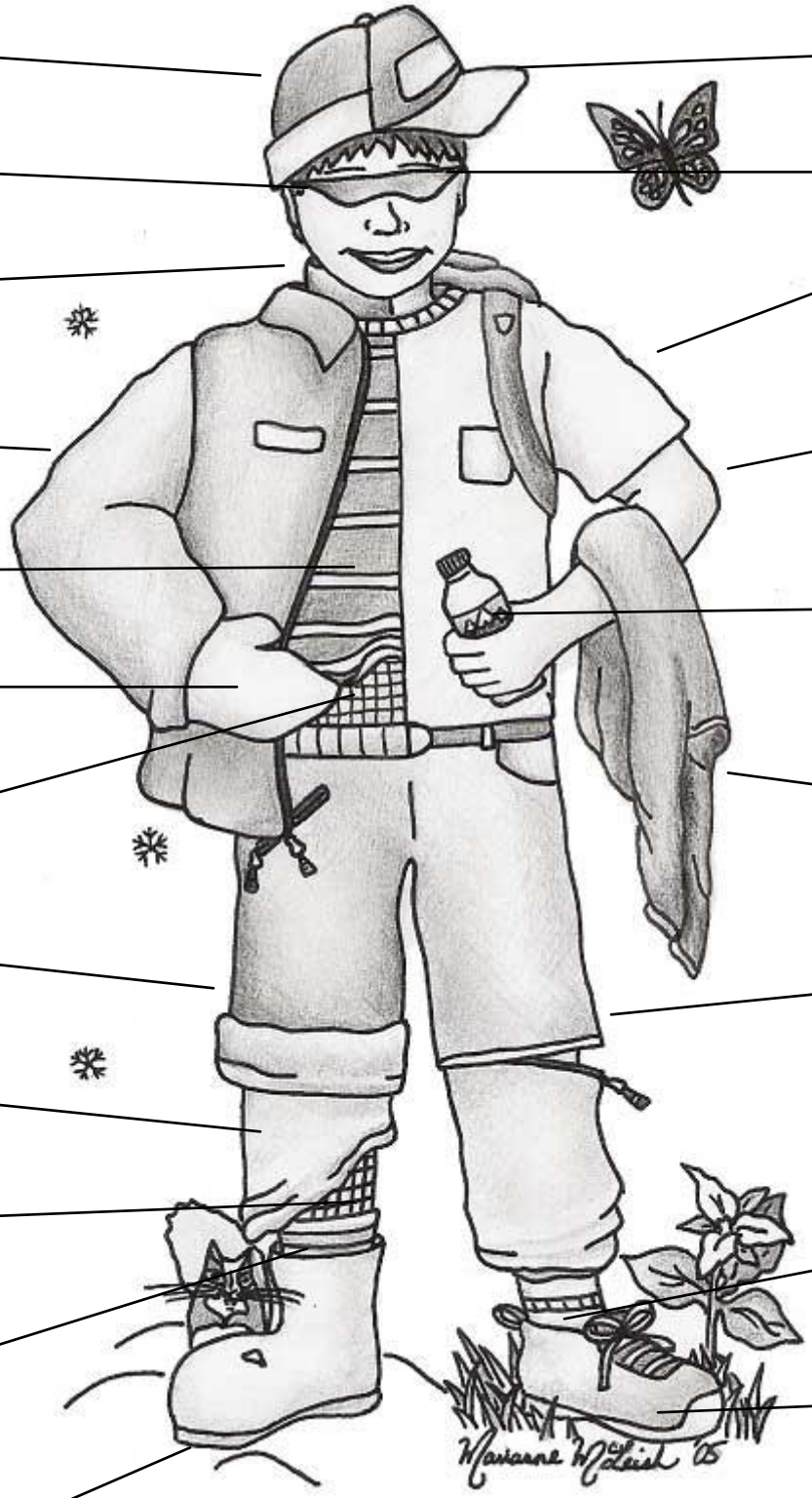
Dressing for the Weather

Winter Weather

- Winter hat (that covers your ears)
- Sunglasses
- Scarf/neck warmer
- Winter jacket
- Sweater
- Waterproof mittens
- Long-sleeved shirt
- Snow pants or nylon wind pants
- Long pants
- Thermal /Long underwear or pajama pants
- Thermal socks (bring an extra pair too)
- Insulated waterproof winter boots

Fall/Spring Weather

- Sun hat
- Sunglasses
- T-shirt
- Sunscreen (apply before your trip) and insect repellent
- Reusable water bottle
- Long-sleeved shirt/lightweight jacket
- Loose long pants
- Socks
- Running or hiking shoes / rain boots (note: footwear must be closed toed)