



# Westmount Weekly

May 11 – May 15, 2026



Dear Westmount Families,

Happy Mother's Day to the incredible mothers, grandmothers, aunties, and caregivers in our school community. Your dedication, nurturing, and quiet strength are the heartbeat of our families and a vital foundation for our students' success. Thank you for your partnership, love, and sacrifice—we appreciate you today and every day.

This past week was a vibrant one at Westmount as we observed **Children's Mental Health Week**. Students engaged in mindful lunchtime activities including origami, fidget-bracelet making, and mindful drawing. These initiatives will continue next week as students explore sidewalk chalk art and create sensory bottles. Our goal is to empower students with tools to stay grounded, as we know that emotional well-being is the bedrock of academic success.

A heartfelt **thank you** to our families for the kind letters of appreciation, treats, and gifts shared with our staff this week. Your recognition truly fuels our team!

It was also wonderful to see so many of you at our **Literacy and Math Game Night**. Due to popular demand, we are sharing the literacy activities created by **Ms. R. Mourh**. These are fantastic resources to use at home—please [**Download the Document Here**].

To support our younger learners, we encourage you to explore these teacher-approved resources:

- **Flyleaf Publishing:** Access a series of high-quality decodable books used in our classrooms.
  - [Explore the E-Book Library](#)
- **Phonics & Stuff:** Interactive games to build foundational reading skills.
  - [Play Phonics Games](#)


## School Advisory Council (SAC) Updates

🍦 **Freezie Fridays** Jumbo freezies are back! Every Friday in May (and the first Thursday in June), freezies will be sold for **\$1** after last recess (**2:15–3:00 PM**). Exact change is greatly appreciated. All proceeds support our **Graduation Fund**.

📖 **Spring Book Fair (May 11–15)** We are thrilled to host our Spring Book Fair in the library! We are partnering with *The Beguiling*, specializing in comics, graphic novels, and manga.

- **Prices:** Books range from \$10–\$25; stationery items from \$1–\$3.

- **Payment:** Cash or card for books; **cash only** for stationery.
- **Hours:**
  - Mon–Wed: 1:00 – 4:00 PM
  - Thurs: 1:00 – 6:30 PM
  - Fri: 9:00 – 11:00 AM
- **Volunteers Needed:** This event runs on volunteer power! Please reply to this email if you can assist.

 **Student Creations Sale** Support our Grade 5s and the Girls Group! They have been crafting one-of-a-kind bracelets, keychains, bookmarks, and "gorgeous rocks." These items (\$1–\$3, cash only) will be on sale in the library during the Book Fair. All funds go to the **Graduation Fund**.

### **Construction & Traffic Alert**

The **Toronto Basement Flooding Program** continues on **Chapman Rd** between Griggsden Ave and Drury Lane. While the road remains "Open to Local Traffic," we recommend the following detours to avoid delays:

- **Option A:** Griggsden Ave → Munhall Rd → Drury Lane → Chapman Rd.
- **Option B:** Griggsden Ave → Renault Cres → Ridgemount Rd → Chapman Rd.

### **Mark Your Calendars**

- **Thursday, May 21 – Jump Rope for Heart:** Our fundraiser is live until June 4th! Please help us reach our goal by visiting our **School Donation Page** [here](#).

Thank you for your continued partnership and support of the Westmount community.

Warmly,

**Shikha Nalin**, Principal, Westmount Junior School

### **This week at a Glance**

Date	Activity
<b>Monday, May 11</b> Day 1	<ul style="list-style-type: none"> <li>● Osmow's Day</li> <li>● <b>Mindful Monday - enjoy mindful activities in the sun</b></li> <li>● Beguiling Book Fair from 1:00 - 4:00 PM in library</li> </ul>
<b>Tuesday, May 12</b> Day 2	<ul style="list-style-type: none"> <li>● Beguiling Book Fair from 1:00 - 4:00 PM in library</li> </ul>
<b>Wednesday, May 13</b> Day 3	<ul style="list-style-type: none"> <li>● <b>Wolverine Wednesdays</b> - wear Westmount gear/colours</li> <li>● Beguiling Book Fair from 1:00 - 4:00 PM in library</li> </ul>
<b>Thursday, May 14</b> Day 4	<ul style="list-style-type: none"> <li>● Thankful Thursday - donate to school initiatives</li> <li>● <b>Welcome to kindergarten event 4:30 -6:00 PM</b></li> <li>● Beguiling Book Fair from 1:00 - 6:00 PM in library</li> </ul>
<b>Friday, May 15</b> Day 5	<ul style="list-style-type: none"> <li>● BarBurrito Day</li> <li>● Freezies for sale (once a week only)</li> <li>● Beguiling Book Fair from 9:30 AM - 12:00 PM in library</li> </ul>

### **TDSB Updates:**

#### **Literacy Newsletter for TDSB Families**

[English/Literacy Newsletter for TDSB families](#), you'll find practical, easy-to-use strategies, activities, and tips that support literacy learning at home for all ages. Whether it's supporting early reading, building vocabulary, or encouraging meaningful conversations, these ideas are intended to fit naturally into your daily routines.

At the TDSB, we recognize families as children's first teachers and partners in learning. This newsletter is one way we aim to strengthen that partnership—empowering you with tools and ideas to help your child grow as a confident and joyful learner.

#### **EQAO Math Resources on TDSB Website**

We are excited to introduce the [EQAO Math Resources Site](#) on the TDSB public website. You will find weekly questions for students in grades 3, 6 and 9, the EQAO glossaries

linked for families, parental resource support from the [TDSB Mathematics for Families & Caregivers page](#) and other resources.

[Bookmark this page](#) and check it every week if you have a child in Grade 3, 6, or 9.

### Grade 3 Math Resources

1. [EQAQ Weekly Practice Questions Grade 3](#)
2. [Google Form for Answers](#) - Students can submit their answers here for the weekly questions
3. [EQAQ Grade 3 Glossary](#) - Math Vocabulary which will help students answer questions
4. Parent/Caregiver and Student Practice Package Grade 3 - Families can download this practice package
5. [EQAQ Questions and Supports on the TDSB website](#)
6. Families can access the archived EQAQ questions to share with families in [Grade 3](#).

### **TDSB Math Supports for everyone**

[TDSB Mathematics for Families & Caregivers page](#)

Free Math Help Available at [TVO Mathify](#), a free online tutoring service for grades 4 to 12

### **Special Education and Inclusion - May 2026 Messages for Parents & Caregivers**

- Administrators are asked to share the blurbs below in your monthly/weekly communication to families.

#### **Special Education and Inclusion Newsletter –**

##### **May 2026 Edition**

The [May 2026 edition](#) of the Special Education and Inclusion Newsletter for Parents/Guardians/Caregivers is now available on the [Special Education and Inclusion site!](#) This monthly newsletter includes important updates, tips, and resources to support students with disabilities and special education needs, and indeed all students.

#### **Parent/Caregiver Engagement Sessions –**

##### **May 2026**

Special Education and Inclusion is pleased to offer a number of sessions for parents/caregivers in May. Please find additional information [in this flyer](#). All parent engagement sessions for the 2025-26 school year can be found [here on the TDSB website](#).

### **Italian Heritage Month (June 2026) - Student Poster Contest**

The TDSB recognizes Italian Heritage Month each June. This year's theme is *Insieme in Piazza - Together in the Town Square*. The theme beautifully captures

the heart of Italian identity—people coming together in a shared space to connect, celebrate, and simply be with one another.

We invite all TDSB students in your schools and classrooms to participate in the Italian Heritage Month Poster Contest! We look forward to receiving submissions before the deadline on **May 20 at 3 p.m.**

[Read the full message for complete details](#). Questions? Contact [Simona Emiliani](#) and [Katherine Collier](#).

### **Lyme Disease – Resources & Info from City of Toronto**

Over the last several years, we have had information about Blacklegged Ticks and the spread of Lyme Disease. [The risk of Lyme Disease](#) can be decreased by preventing tick bites, early detection, and removal of ticks. Ticks are often found in areas with trees, shrubs, grass, woodpiles, and leaf piles. Common locations include yards, lawns, and areas where forests or wooded areas meet lawns or gardens. This includes school yards.

**Please find information on how to prevent tick bites and Lyme disease below.**

- Wear light-coloured clothing so ticks are easy to see
- Cover up by wearing closed footwear and tucking pants into socks
- Use a repellent that contains [DEET](#)
- [Perform full-body checks](#) on yourself, children, and pets
- Find out [how Lyme disease is identified and treated](#)

### **Continuing Education Summer 2026 Programs & Registration**

Please see the [latest Continuing Education summer programming updates](#).

Visit the [Summer Programs webpage](#) for more information. Highlights include:

- Elementary Summer School Program and International Languages Summer Program

### **Latin-America History Month (October 2026) - Creative Art Showcase**

Latin-America History Month celebrates the histories, cultures, and contributions of Indigenous peoples, Afro-descendant communities, and people from Latin-America and its diasporas. The theme for October 2026 is *Honouring Our Roots, Illuminating Our Paths / Honrando Nuestras Raíces, Iluminando Nuestros Caminos*.

Students across the TDSB are invited to submit a creative art piece that reflects the theme and explores how our roots, memories, and communities shape who we are and the paths we walk today. [Read the full showcase message for details and instructions](#). The submission deadline is **June 5 at 4 p.m.**

### **Panfest Vybz 2026 - May 28 Celebration of Music, Arts, and Community**

The Centre of Excellence for Black Student Achievement and the TDSB Arts Department welcome staff, students, and community members to Panfest Vybz, a free evening community event that celebrates Caribbean Carnival culture through the

Arts!

The evening will include performances by student musicians from a variety of schools and the professional Impulse Steel Orchestra. Questions? Contact [Rukiya Mohamed](#) or [Miranda Blazey](#).

- **May 28 from 6:30 to 8:30 p.m.**
  - Reception from 6:30 - 6:50. Procession and Performances 6:50 - 8:30.
- **Winston Churchill CI** (2239 Lawrence Ave E., Scarborough, ON)
- [Register here](#) or [see the flyer](#) for more details.