

KIDS YOGA AT WEST PREP
FALL SESSION 2018

Nadia Commodari, Certified Yoga Instructor, will be teaching Kids Yoga on Mondays. Come join us for an interactive and playful program consisting of yoga postures, games and mantras with an emphasis on breathing and relaxation techniques.

Cost: \$125.00 for 8 sessions
Date: Monday October 15, 2018 to Monday December 3, 2018
Time: Lunch Time

Cheques made payable to: Nadia Commodari
Inquiries may be directed to 416 522 2352

Registration Form: Applicant Information

Student Name: _____

Teacher and Class #: _____

Gender/Age: _____

Medical/Special Needs: _____

Name and Contact number of parent: _____

Emergency Contact Information:

Address:

I give my approval for my child's participation in 'Kids Yoga at West Prep' activities and excuse Nadia Commodari and its proprietors from all claims and damages that may arise as a result of accidents or losses and in association with West Prep school staff to use their best judgment in any emergency requiring medical attention. I hereby acknowledge that I have read and understood the conditions and certify that the applicant is in good physical and mental health.

Signature of Parent/Guardian _____ Date _____