

**KIDS YOGA AT WEST PREP PUBLIC SCHOOL**  
**WINTER SESSION 2020**

Nadia Commodari, Certified Yoga Instructor, will be teaching Kids Yoga at West Prep on Mondays.

Join us for a playful and interactive program consisting of yoga postures, games and mantras with an emphasis on focus, breath and relaxation techniques.

**Cost:** \$125.00 for 8 sessions

**Date:** Monday January 13, 2020 to Monday March 9, 2020

**Time:** Lunch Time

Cheque or cash payable to: Nadia Commodari

Inquiries may be directed to 416-522-2352 or commodari.n@gmail.com

**Registration Form: Applicant Information**

Student Name: \_\_\_\_\_

Teacher and Class #: \_\_\_\_\_

Gender/Age: \_\_\_\_\_

Medical/Special Needs: \_\_\_\_\_

Name and Contact number of parent: \_\_\_\_\_

Emergency Contact Information:  
\_\_\_\_\_

Address:  
\_\_\_\_\_

I give my approval for my child's participation in 'Kids Yoga at West Prep' activities and excuse Nadia Commodari and its proprietors from all claims and damages that may arise as a result of accidents or losses and in association with West Prep school staff to use their best judgment in any emergency requiring medical attention. I hereby acknowledge that I have read and understood the conditions and certify that the applicant is in good physical and mental health.

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_



# The Chess & Math Association

## Chess Lessons at West Prep. JPS

## ***BACK BY POPULAR DEMAND!***

## REGISTRATION FORM

Dear Parent,

Chess is a really fun sport for improving your child's math and intelligence.

The nation-wide Chess'N Math Association teaches chess in our school, during lunch, for all levels. Chess-sets are supplied, classes are small for individual instruction, certificates are awarded at the end of each session.

CHESS'N MATH PROGRAM (non-profit)		WINTER 2020 SESSION
DAY & TIME	MONDAY – LUNCH HOUR	COST: \$98 – 8 weeks
DATES	Jan. 13, 20, 27; Feb. 3, 10, 24; Mar. 2, 9; NO LESSONS on Feb. 17 <sup>th</sup> (Family Day)	
Register online at <a href="http://www.chess-math.org/westprep-winter2020">www.chess-math.org/westprep-winter2020</a>		

**OR**

*Fill in Form below, return to School Office by Friday Jan. 10<sup>th</sup>, with a \$98 cheque to "Chess 'N Math Association". **Equipment is provided!** Only if chess set needed for home use, order below.*

### **CHESS REGISTRATION FORM:**

### **WEST PREP. JPS – WINTER 2020**

NAME \_\_\_\_\_ GRADE \_\_\_\_\_ TEL \_\_\_\_\_

Email \_\_\_\_\_ Class \_\_\_\_\_ Teacher \_\_\_\_\_ Room \_\_\_\_\_

**Please check ✓ your child's skill level:**

☐ Never played before    ☐ I know to checkmate    ☐ I know some tactics

**OR:** I have completed the level below (*previous session*)

☐ Pawn    ☐ Knight    ☐ Bishop    ☐ Rook    ☐ Queen    ☐ King    ☐ Int./Adv.

**Optional:** I would also like to buy a chess set for home use:

*Add amount to cheque above (set will be delivered to student during the session).*

☐ SMALL (\$15 tax included)    ☐ LARGE (\$25 tax included)

\* Do inform your child's class teacher to send them to Chess (office will have Room # No.)

\* Instructors are not generally allowed to go around the school (unless for JK or SK)

**Chess'N Math Association: (416) 488-5506; (416) 486-3395;**

**Email us at [toronto@chess-math.org](mailto:toronto@chess-math.org)**





# WEST PREPARATORY JUNIOR P.S WINTER 2020

**MONDAY**

## Mixed Martial Arts

**Grades 1- 6**

- January 13th to March 9th
- 8 Weeks
- 3:20 PM to 4:20 PM
- \$128 + HST
- (No Class Feb. 17th)

The TAC Mixed Martial Arts program combines Jiu-Jitsu, Muay Tai and Shotokan Karate for the perfect mixture of martial arts. Students will learn the basics from each of the martial arts and learn the principles of discipline, flexibility, and balance. Our 7 & 8 week programs are perfect for beginners to intermediate students.

- **ALL SKILL LEVELS WELCOMED**
- **LOW STUDENT TO COACH RATIO**
- **QUALIFIED & CERTIFIED COACHING STAFF**

**GROW. LEARN. LEAD**

**PLEASE REGISTER ONLINE TO RECEIVE QUICK EMAIL CONFIRMATIONS AND TAC RECEIPTS**

- 1 Go to: [tacsports.ca/in-schools/](https://tacsports.ca/in-schools/)
- 2 Click "For Parents"
- 3 Find your program
- 4 CODE: WESTPREP20192020

**WWW.TACSPORTS.CA | INFO@TACSPORTS.CA | 416.627.1092**



# Kids Learn Hip Hop Moves And Produce A Custom Music-Video!

Children will discover the latest in hip-hop dance, music, and iPad technology within an exciting, energy filled environment. Through solo and group participation, they explore being a director, dancer, choreographer, DJ or producer, all while creating a one-of-a-kind music video.

The perfect creative outlet for your child to channel their energy through movement, while building self-confidence, social skills and creativity.

We bring out the **SUPERSTAR** in every child!



**We have an Upcoming Class at Your School. Spaces are limited, so register online today! [www.InTheMixprogram.com](http://www.InTheMixprogram.com) Select PROGRAMS then REGISTRATION from the main menu. Select your class name from the programs available to register and Book Now.**

WWW.INTHEMIXPROGRAM.COM  
HI@INTHEMIXPROGRAM.COM  
416-454-3550

West Prep PS 8 Week Program

**Class Name:** \_\_\_\_\_  
**Start Date:** Jan 14th **End Date:** Mar 3rd  
**Start Time:** 11:40-12:40pm **Total Cost:** \$125 + HST





# West Prep Public School

In-School Programming : Winter Term 2020

Register online at [www.exploreitall.ca/registrations](http://www.exploreitall.ca/registrations)

TUESDAY

JANUARY 14 - MARCH 3

LUNCH PROGRAM

## TinkerLab Science

grade 1 - 3

Let's get Tinkering in TinkerLab! This STEAM based program encourages curiosity and creative thinking through problem-solving, questions and hands-on experiments that explore art, science and more. Children don't see lines between disciplines; rather, they notice interesting materials and ideas that are worth exploring - and that's exactly what we'll do. This program is all about creative experiments that help children explore the world. Join us in TinkerLab this term to explore a world where Science, Technology and Art intersect - from Watercolour Explorations and Hanging Structures to Ramps and Marble Runs, we'll Tinker with it all!



Register online at [www.exploreitall.ca/registrations](http://www.exploreitall.ca/registrations)

payments can be made online during registration by credit card  
registrations will close a week in advance or when the program is full

[Register online NOW to avoid disappointment!](http://www.exploreitall.ca/registrations)

ALL PROGRAM INFORMATION AVAILABLE ONLINE

Please contact [Explore It!](mailto:register@exploreitall.ca) with any questions about the above programs.





# West Prep Public School

In-School Programming : Winter Term 2020

Register online at [www.exploreitall.ca/registrations](http://www.exploreitall.ca/registrations)

WEDNESDAY

JANUARY 15 - MARCH 4

LUNCH PROGRAM

## Splat! Exciting Artists

grade 1 - 3

Join us in Exciting Artists and be amazed by the stories behind some of the greatest works of art of all time. Students will explore a variety of art techniques and expand their skills in drawing, painting, sculpture and more; using different mediums and finding inspiration in the great works of art from around the world. Kandinsky transformed music into paintings, Van Gogh risked everything for his art, and Michelangelo imagined heaven on the ceiling of the Sistine Chapel... what will you create?



Register online at [www.exploreitall.ca/registrations](http://www.exploreitall.ca/registrations)

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## TenTen Kids Sports

### Winter                      2020 After School program- Multi Sport

TenTen Sports Academy's **Multi Sport Program** consists of the following four sports: **Soccer, Floor Hockey, basketball and dodgeball**. The sports have been specially selected, allowing for well-rounded sporting exposure, physical development, and loads of fun.



Participants spend two lessons participating in each sport. **The Multi Sport program** helps children with: Improved hand eye coordination, cardiovascular exercise, improved agility, life-long skills, improved concentration, and with self-esteem.

**All equipment is provided.**

**Date: Wednesday January 15 – Wednesday March 4**

**Time: 3:20pm-4:20pm (8 week program)**

**Location: Gym**

**Fee: \$ 160            (includes HST)**

**Age: Grade 1 – 4 Students**

### **REGISTRATION**

**To Register online visit:**

[www.tentenkidssports.com](http://www.tentenkidssports.com)

Click on **Registration** and then under School name type in first 3 letters: wes

Complete the online registration and safe online payment

**Registration Deadline:**(please note: your child is accepted in the program unless you hear from us

Questions? Contact Joel : [Joel@tentenkidssports.com](mailto:Joel@tentenkidssports.com).      **Register NOW as spaces are limited**



## EXPLORE, BUILD & DESIGN WITH LEGO®



### Lunchtime Build & Design Program at West Preparatory Junior Public School

**New Projects** each week including restaurant design, strong and stable structures, sports stadiums, brickbending & more...

Develop Skills in Critical Thinking, Problem Solving, Teamwork and Presentation

Location:	<b>West Preparatory Junior Public School</b>
Day and Time:	<b>Thursdays at Lunchtime</b>
Starts:	<b>Thursday, January 16, 2020</b>
Program:	<b>LEGO® Explorers/Builders/Designers</b>
Duration:	<b>6 weeks – One day per week</b>
Grades:	<b>1 - 4</b>
Program Fee:	<b>\$90 plus tax</b>
Reg. Deadline:	<b>November 27<sup>th</sup> - REGISTER EARLY – SPACE IS LIMITED!</b>
Register:	Click: <a href="https://creativeclubglobal.com/locations/west-preparatory-junior-public-school/">https://creativeclubglobal.com/locations/west-preparatory-junior-public-school/</a>

### Explore, Build & Design – Grades 1 - 4

**Explorers and Builders** - Learn structural building and more techniques while exploring and building with LEGO® bricks. Challenge yourself as you discuss, design and build your projects in detail. Each class offers the students an opportunity to present their group structure.

**INSPIRE - IMAGINE – CREATE**

