

WEST ROUGE WEEKLY

Week of March 4 – March 8, 2024



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Information & Announcements

Principal's Message

Happy March West Rouge Families! It feels like we have snapped our fingers and March has arrived. February has seen many fun activities centred on African Heritage Month, Chinese Heritage Month and the Grandfather teaching of Honesty. Next week, March 7th will be our Honesty Assembly and Pink Shirt Day celebration. We encourage all to wear Pink on March 7th. The International Day of Pink is on April 10th, and we will have an opportunity to wear pink collectively again on this day, reminding everyone of the importance of inclusion, diversity and anti-bullying.

We will end our Friday, before the March Break, with our annual Dance -a- Thon. In this newsletter is information regarding the particulars of that day. Get ready to Dance Dance Dance West Rouge!

March is Greek Heritage Month. Daily activities are shared below for students to try at home and some at school. If we have any parents interested in teaching our students Greek Dance, please reach out to Ms. Trialonis at christie.trialonis@tdsb.on.ca ...What can we say, West Rouge loves to Dance! OPA!!!

Happy March Everyone!

Dance-a-Thon

The West Rouge Wellness Committee is excited to host the annual **West Rouge Dance-a-Thon on Friday March 8th, 2024!** All students are invited to dance, enjoy great music, and have fun with friends. This year the dance will be **Beach** themed (appropriate school and weather attire of course). Students can purchase a bag of chips and a glow stick for \$2.00 by pre-ordering on the form that was sent home this week. All funds raised will go toward wellness initiatives at West Rouge. In addition, we are challenging classes to bring in canned goods for the foodbank. Cans can be brought to class any day before the dance. The class that collects the most cans will win a special beach themed surprise! We will have a “can”struction contest and share pictures of our can structures in our next newsletter. The Pre-order form for chips and glow sticks needs to be submitted to your child’s classroom teacher by **Wednesday March 6th** to ensure your child’s order is included.

Breaking Down Barriers to Mental Health in Black Communities: Looking at more effective ways to address our mental health

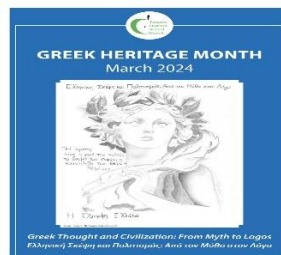
The Centre of Excellence for Black Student Achievement invites community to join a Mental Health session with award-winning playwright, actor and wellness expert Trey Anthony ‘Da Kink in My Hair’. Join Trey as she delves into important topics such as the stigma surrounding mental health in Black communities. Drawing from her own personal journey with functional depression, Trey will shed light on what depression and mental health can look like, providing valuable insights and understanding. She will also discuss the importance of seeking help and removing the shame often associated with mental health struggles.

Date: March 7, 2024

Time: 6 – 7 p.m.

Location: Virtual

Register [here](#) or bit.ly/3ORt7om



March is Greek Heritage Month

The Toronto District School Board (TDSB) is proud to recognize Greek Heritage Month during the month of March. March is a significant month for the Hellenic community and March 25 is celebrated each year as Greek Independence Day. Proclaiming March as Hellenic Heritage Month provides an opportunity to remember, celebrate and educate future generations about the outstanding achievements and contributions of the Hellenic Canadians in the province.

During the month of March, please refer to these daily activities to try at home: [GHM 2024 Calendar of Daily Activities](#)

The theme for this year is: *“Greek Thought and Civilization: From Myth to Logos”*

«Ελληνική Σκέψη και Πολιτισμός: Από τον Μύθο στον Λόγο»

Week at a glance....

Monday, March 4 DAY 3	<ul style="list-style-type: none">• Boomerang Lunches continue this week (make your lunch and snacks litter free!); Eco Club thanks students for their participation!
Tuesday, March 5 DAY 4	<ul style="list-style-type: none">• 3:15 a.m. JR All Gender Volleyball Practice
Wednesday, March 6 DAY 5	<ul style="list-style-type: none">• 8:00 a.m. JR All Gender Volleyball Practice• 11:30 Maker's Club, Rm 18
Thursday, March 7 DAY 1	<ul style="list-style-type: none">• 11:30 Eco Club• 12:40 p.m. February School Assembly (Celebrating the Grandfather Teaching of Honesty, The Heritage months of African and Chinese Heritage); Wear something Pink to celebrate Pink Shirt Day for anti-bullying; (one of our community members offered this private order possibility for anyone trying to find a pink shirt; this is not a school order https://www.shoplovecollective.ca/collections/anti-bullying-kindness)• Virtual Mental Health Parent Workshop 6 – 7 p.m.
Friday, March 8 DAY 2	<ul style="list-style-type: none">• Dance-A-Thon (all day; classes rotating through the gym; remember to bring a canned good for our food drive and “can”struction)

SAVE THE DATE...LOOKING AHEAD

March 10	Daylight Savings Time (Spring Forward at 2:00 a.m.!)
March 11 – 15	March Break
March 19	Grade 6 Graduation Photo Day
March 25	Cricket Skills Training, Whole School
March 29	Holiday (Good Friday)
April 1	Holiday (Easter Monday)
April 8	NEW P.A. Day (note April 19 is a regular Day 1)
April 26	Character Assembly (Wisdom)
May 10	Fun Fair Set Up (evening)
May 11	Fun Fair at West Rouge!
May 24	Character Assembly (Humility)
May 27 – 30	EQAO Week (Grades 3 and 6)
June 5	Talent Show (6:00 – 7:00 p.m.)
June 6	Grade 6 Graduation Trip (Blue Jays Game)
June 7	P.A. Day (Assessment and Reporting)
June 13	Welcome to Kindergarten, 4:00 – 5:00 p.m.

REMINDER: We are a nut free facility. Please do not send any nut products to school. Thank you.

GREAT THINGS HAPPENING @ WEST ROUGE!

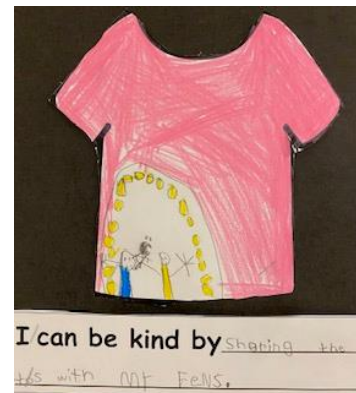
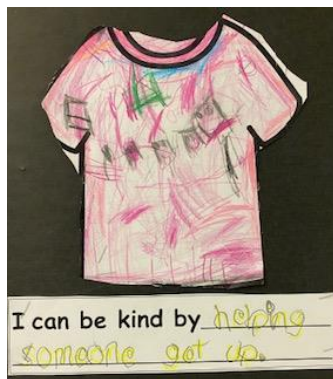
Art inspired by Romero Britto
By Ms. Hummel's class



Mr. Smith's kindergarten class has started their canned goods collection!



Kindness Counts...Pink Shirt Messages from our Kindergartens in Ms. Gordon's class.



The power of words from our junior classes

