

Promoting a Safe and Caring School Community

Tips for the upcoming school year



Our School Community

Our school community is a wonderful place to be!

As we end one school year and begin another, it is important to remember to use all of TDSB's character traits when interacting with others around you, both at school and at home.

Always remember that you are responsible for your own actions.

Together, we can continue to make Wexford a safe and caring environment.

TDSB'S CHARACTER TRAITS

SEPTEMBER: Respect

FEBRUARY: Fairness

OCTOBER: Responsibility

MARCH: Honesty

NOVEMBER: Empathy

APRIL: Co-operation

DECEMBER: Kindness/Caring

MAY: Integrity

JANUARY: Teamwork

JUNE: Perseverance

Don't be a bully!

Bullying can be verbal, physical, or social. Some examples include pushing and shoving, name calling, and/or gossiping and excluding others.

Bullying can be written. This includes writing mean notes or drawing hurtful and/or offensive pictures about another person.

Bullying can also occur electronically. Another name for this is "cyber bullying". Examples of this include making hurtful comments online through text messages, social media, games, or email.



Tips for a Bully Free school

- Be nice to others- do not tease others, call them names, or put others down
- Always follow the “Golden Rule”- treat others the way you would like to be treated
- Hands off at all times- do not shove, kick, or push others
- If you see someone being bullied, speak up or try to seek help from a teacher or adult right away
 - Show empathy towards others
- Include others in games at recess and lunch
- Treat others with respect and kindness
 - Value and appreciate differences

Be a good friend

If you know or see that one of your friends is being bullied or hurt, speak up! Avoid being a bystander and take action to help your friend. Show your friend empathy and let them know that you are there for them. You can show someone that you care by being a good listener.

Get others involved

Some ways that you can take action to help yourself or a friend:

- Walk away from the situation and talk to an adult as soon as possible
- Tell a parent or guardian
- Stay with a buddy or friend at recess and lunch
- Stand up for yourself by saying “I don’t like that”

