## WINCHESTER NUTRITION MENU FEBRUARY 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Each entrée is served with fresh				
fruit and vegetables and 2% milk.				
*We only use Halal Meat products.				
3	4	5	6	7
Olive Oil & Herb Rotini Pasta	Spinach or Cheese Pies			Pizza:
Chicken	Oregano Rice	Beef Pad Thai	Vegetarian Chili Bowl	Cheese, Chicken/Pineapple, Beef,
	with			Vegetarian (Green pepper &
	Greek Garden Salad with Feta			Tomato)
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10	11	12	13	14
Chieles Pelasses	Tours and Fac Calad Choffed Dites	Maniantti Danta	Taningli Class d Calman with	D.A. Davi
Chicken Bolognese	Tuna and Egg Salad Stuffed Pitas Mixed Greens with Pea Shoots	Manicotti Pasta With	Teriyaki Glazed Salmon with	P.A. Day No School
with Spaghetti	Wilked Greens with Pea Shoots		Mashed Potatoes & Baby Spinach	No School
		Spinach and Ricotta	Salad	
17	18	19	20	21
1,		13	20	Pizza:
FAMILY DAY!	Cheese Tortellini	Chicken Wrap	Butter Chicken	Cheese, Chicken/Pineapple, Beef,
No School	Meatball Marinara	Sweet Potato medley	With Basmati Rice	Vegetarian (Green pepper &
110 3011301	Garlic Bread & Mixed Greens Salad	Sweet rotato medicy	Glazed Baby Carrots	Tomato)
				l simulation,
24	25	26	27	
				Pizza:
Baby Spinach & Cremini	Shepard's Pie	Ginger & Soy Chicken	Fish Burgers with Roasted Potatoes	Cheese, Chicken/Pineapple, Beef,
Mushroom Fettuccine Alfredo		with Rice	Edamame& Corn Salad	Vegetarian (Green pepper &
		Zucchini and Snap Pea Medley		Tomato)
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<sup>\*</sup>There are 18 school days in the month of February. If paying by cheque, please make cheque payable to Winchester Nutrition Program or you can use "school cash online"