

THE YMCI PHOENIX



THE MAN WHO LEAD THE MARATHON OF HOPE!

THE LEGACY OF FOX'S DREAM

Reva Ahlawat and Trystin Thompson

September 24, 2021

CANADA - Even after 40 years, there are many qualities of Terry Fox that still resonate with people to this day. The nation often remembers Terry as, “The man who led the fight against cancer.” Nevertheless, that is not the only leadership aspect he has demonstrated.

All by himself, he revolutionized cancer awareness, one marathon at a time. Initially, people were indifferent about Fox's goal, however, later his hope to raise awareness and money thrived. On an international scale, The Terry Fox Foundation has raised over \$850 million since 1980, all because of one man's dream that still exists today well beyond his death. Across the globe, countries such as Vietnam, U.A.E, India, Malaysia, Belgium, France, and the United States, people participate in the annual Terry Fox run to help spread Terry's dream and fundraise cancer research.

Mr. McAlpine, the teacher who is organizing York Memorial's Terry Fox run this year, had some thoughts to share, “Right now, all across Canada, student leaders are organizing events to improve the lives of others. These student leaders have been inspired by Terry Fox and for a good reason. Despite these challenges, he had the strength and courage to be the very best version of himself. He did so, not for fame or glory nor riches, but to help people in need.”

Despite all the challenging circumstances, Terry Fox always put those in need ahead. For instance, the artificial knee in the past did not support running and would often cause him discomfort and dissatisfaction. “The technology today is much more advanced compared to what there was in the 1980s, and looking back at Fox's achievement, it is astonishing how he did a marathon every day with that type of prosthetic leg,” Ms. Ostermann mentioned.

Even through all the hardships that took place during the run, he stayed true to his empathetic nature. There was a time when Terry Fox took a day off during the marathon to spend time with a 10-year old boy who also had his leg amputated due to cancer. That day turned out to be one of the most emotional and inspirational days of Terry's life and he used that motivation to strive on, no matter the condition.

When asked about students' opinion of what makes Fox a notable leader, Samuel DaSilva expressed, “Terry Fox portrayed perseverance. Even when he stopped his run in Thunder Bay, he announced that he will try his best to continue fighting and not give up.”

Without Fox, cancer research wouldn't be where it is today, so to honour his dream we hope you will participate in the annual Terry Fox run while remembering one of Canada's most influential leaders. This year, York Memorial C.I. will be hosting a run to honour Terry Fox and to remember the efforts of this significant Canadian hero. As a school community, we wish to continue his dream to collect \$1 donations for cancer research.

TABLE OF CONTENTS

LIFESTYLE

- Young Canadian Women Need Female Business Leaders
- Single Mothers
- Should Leadership be taught at a young age?

NATIONAL

- LEADERS HANDLING COVID
- Are all prime ministers leaders?
- NDP Loses the Election Once Again
- Women in parliament

SPORTS

- First Time Ever: Carl Nassib is the first LGBTQ player to compete in the N.F.L and makes history
- Are Athletes Some of the Most Underappreciated leaders?
- Muhammad ali's impact on the world
- Should Sports Teams Develop More Young Leaders?
- Can Athletes Be Some of the Best Leaders in the world?

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LIFESTYLE

EDITOR: JASMINE B.

YOUNG CANADIAN WOMEN NEED FEMALE BUSINESS LEADERS

Will the bias towards women and their leadership skills continue to prevent them from obtaining these significant roles?

Jaalle Gormu

As a young Muslim girl who has hopes of becoming a businesswoman, I couldn't help but notice that there aren't many female business leaders to look up to. This leads me to the question of "Why aren't there any female business leaders?"



Men make up the majority of people in power, whether that is in the government, businesses, etc. When we have these men deciding whether a woman is capable of being a CEO or manager, most times their biases might alter their decisions. In fact, according to the Canadian Women's Foundation, women hold only 15% of CEO positions in Canada and 25% of vice president positions. The rest of these positions are filled by men. Surprisingly, according to the UN, about 90% of people, including men and women, are biased against women. This is a huge barrier and is extremely discouraging for women who are passionate about business to indulge in their passion.

Many people doubt women's leadership skills; shockingly, from a Toronto Star survey, only 62% of Canadians would feel comfortable having a woman as a CEO of a major company in Canada. Although women are not trusted by many Canadians to be CEOs, they are quite fit to be in the position. According to Forbes, studies show that women tend to outperform men in leadership skills. This includes kindness, humility, self-awareness, emotional intelligence, and social skills.

Natural HR says that companies with greater gender diversity are incredibly more profitable than those without. This proves that women are very significant in the success of companies. Moving forward, for the sake of aspiring businesswomen and flourishing businesses, we must see more female leaders in business.

SINGLE MOTHERS

BY: VANESSA RIVERA

There are plenty of single mothers in the world that go through just as many obstacles men do. They go through many challenges and have lots of responsibilities.

My mother always made sure there was food on the table and made sure we were happy. I interviewed four mothers who come from different ethnicities and asked them a couple questions. Let's start with the question we are all eager to know the answer to, that being "Did you ever wish you had a partner by your side to help you?". 3 of the 4 mothers I interviewed said, "yes" with similar reasons such as financial help and getting some weight off their backs. Seeing my mom work first hand as a single mother, I can understand where they're coming from. The next question was "What challenges did you have to face being a single mother?" Two of the mothers Nanette and Connie both mention having full time jobs but not having enough money. The response that caught my attention was my friend's mom Azeema; she said, "I've been in the shelter for 6 months so that was a very challenging experience and finding housing on your own is also challenging and just hard in general." This caught my attention because this must have been so hard for her having to take care of five kids. When asked about their opinions on if it's biased when they say men should be the leader of a relationship they were passionate in saying it's biased and how being a single mother is harder than any other job out there.

I hope this helps you see the world from a different perspective. Be thankful for your parents because they love you unconditionally.

SHOULD LEADERSHIP BE TAUGHT AT A YOUNG AGE?

BY: AMUN ELMi

Scholars have debated whether children learn to be leaders by their experiences or if leadership is something that comes naturally to them.

We all know that every child has the capacity to become a leader. Children with leadership skills have more influence over their life and the power to make things happen. Leadership builds confidence and teaches people how to solve issues creatively, work in groups, and collaborate with others. Younger people have numerous possibilities to gain responsibility as a result of their leadership, every child has the ability to grow into a leader. Some ways that children show leadership skills without knowing are; leading a school project or task in school, spotting a problem at school then finding a solution to it, and volunteering to do stuff without anybody asking. Educating kids of all ages how to lead especially from an early age will assist them in dealing with peer pressure during their adolescence. Although being a leader is not an exact science, teaching youngsters the necessary leadership qualities is critical in preparing the future generation to take the lead and become strong responsible people.



NATIONAL

EDITOR: SHAYNA P.

LEADERS HANDLING COVID

BY: VICTORIA SLOBODIAN

World wide Unity and tactics leaders have used to deal with covid

Leaders and civilization from all over the Nation have had a rough couple of years. Everything from having to make sure the citizens and people of their country are being isolated, socially distanced, and using PPE; to caring for the mental and physical health of their people.

This virus has changed a lot for society in positive and negative ways. During this pandemic we have been able to recognize and put the spotlight on world issues and resurface topics that needed to be highlighted.

This virus caused a worldwide pandemic, causing growth in health issues, isolation, and feelings of loneliness. Although for some this pandemic has caused new opportunities like allowing others to meet new people, start families, etc, world leaders have gone above and beyond making sure we all follow the rules, take care of ourselves and each other.

Sometimes it's tough to recognize the work our leaders have done. Some may not agree with specific ideas and actions leaders take, but deserve the love and respect of us to remind us all how much they have been involved for our well-being. Remember to take care of yourself and others during this time.

ARE ALL PRIME MINISTERS LEADERS?

BY: NAMRA PATEL

There have been many prime ministers in Canada but there have not been many leaders. Anyone can learn the skills to become a prime minister but very few can learn to be leaders.

One of the most well-known prime ministers; William Lyon Mackenzie King has shown many leadership skills which he had developed. People looked up to him and they followed what he stood for. He had set an example for the future prime ministers of Canada. Many prime ministers that followed after Mackenzie King were not able to develop these leadership skills. One of these prime ministers is Justin Trudeau.



During the Liberal Campaign when Justin Trudeau was re-elected, he had given many false promises of things he was going to do. He had promised that he would raise the minimum wage to \$15.00 per hour for most workplaces. He had also intended to plant 10 billion trees over a span of 10 years starting in 2018. These are just 2 of the major promises that he had given when elected for office in 2018-2021. Trudeau was not able to keep 90% of the promises that he had given for his speech. A good leader is able to follow through with their word.

There are new problems arising everywhere across Canada which do not seem to affect Justin Trudeau. The indigenous people of Canada have had a water crisis for over 10 years but they have not received any major help from the government. Many people see a great future for all Canadians but this will not happen until Trudeau is able to develop the necessary leadership skills to lead this country to a great future. I would like to leave off with a quote from Seth Berkley. "Leadership is about vision and responsibility, not power".

THE QUALITIES OF A PRIME MINISTER TO WIN 3 ELECTIONS IN A ROW

BY: SAFWAAN PATHAN

The reasons why Trudeau is always winning

With Justin Trudeau winning his third election, he currently stands as our new prime minister, but what really is the reason his victories have been so rapid? His victories have resulted in a three year streak.

His goals are incredibly beneficial for the country, his plans have and will advance Canada to its utmost prime. He desires an improvement for our already great universal healthcare which is impressive because most politicians don't even bat an eye towards improving health care.

Now one of the biggest issues in Canada is affordable housing which makes life for a lot of immigrants extremely difficult which contributes heavily towards the tragic issue of homelessness. Mr. Trudeau promises to invest a whopping 20 BILLION dollars to fight the issue.

Justin Trudeau's values are incredibly important for the future of Canada. Here are just some of his incredible values. Some of them include his intensive care for the bright children of Canada. He plans to invest more in the Canadian childcare system.



To conclude my statement, Trudeau has an incredible plan for Canada. His values, goals, and his mindset all coincide with Canada's rich values. He is an excellent prime minister and means nothing but benefit for Canada's bright new future with him as Canada's new leader.

NDP LOSES THE ELECTION ONCE AGAIN

BY: STEVEN NGUYEN

Here's Why Singh Should Have Won

The 2021 Canadian Federal election occurred, and the people of Canada have made their choice for Prime Minister Justin Trudeau (2019 - 2021) to be re-elected for another term in office.



The NDP, however, came in third place just like they had previously. Jagmeet Singh's representation in the NDP is quite professional. He promises free medication, affordable housing, affordable post-secondary education, affordable better quality cell phone services and so much more. Jagmeet Singh focuses on building more homes at an affordable price unlike prime minister Trudeau; who has not made any changes towards the housing crisis.

Jagmeet Singh listens and cares for the people and the next generation rather than money. He focuses on helping the poor whereas Justin Trudeau focuses on benefiting the wealthy. He prefers to speak from the heart rather than from a script and is not scared of standing up to what he believes in. He has had many experiences with racism in his early life, and would know how to stand up against it. He would also be the first-ever prime minister who is a person of colour representing the federal government and minorities would finally have someone to turn to who is in power. Singh wants to fight against inequality and make a change. He, a man of actions rather than words, is focusing on solving issues. He aims to end poverty, homelessness and illegal drug use all around Canada. He additionally plans to increase the minimum wage for financially troubled families needing to work, and also a paid sick leave for workers who can't afford to miss a day of work.

Jagmeet Singh, leader of the NDP would've made a great leader if he was elected as prime minister of Canada. He actively wants to solve the issues around Canada.

WOMEN IN PARLIAMENT

BY: ZAHRA DEEB

It is no secret that women in society are very often overlooked when it comes to leadership positions. Throughout history, women fought for their right to have a say in every aspect of their lives, homes, workplaces, bodies, and governments. That is why we must recognize the presence of inequality when it occurs and Canada is no exception to this matter.

Many factors have led to the inequality women face. Various false stereotypes were spread, such as a lack of intelligence, inability to make decisions, and overbearing emotions that blinded logic and reason. Other factors included religious beliefs, cultural views, and traditions that sought men as leaders.

In 1993, Canada elected Kim Campbell, its first and only female prime minister to date.

Campbell served a short 4-month run, she was then forced to resign due to the lack of seats for party status. Nonetheless, it was a notable achievement for women to have a female prime minister for the first time in Canadian history.



Several efforts have been made by the government and by society in recent years to place qualified women in positions of power. The number of women in parliament has risen, with 98 seats representing 28% of parliament. In the 2021 elections, Annamie Paul, a black female, ran for the Green party. Although she lost, it is an improvement to see more female candidates running in federal elections despite the discouragement placed by society. There is a lot more work to be done in terms of equality and this is the right place to start so that women will finally have their voices heard.

SPORTS

EDITOR: GAGE J.

FIRST TIME EVER: CARL NASSIB IS THE FIRST LGBTQ PLAYER TO COMPETE IN THE N.F.L AND MAKES HISTORY

BY: JEREMIAH LINO

On September 13, Carl Nassib became the first openly gay player to compete in the N.F.L. He is currently 26 years of age and has a 6-year pro career. He plays for the Las Vegas Raiders. In all of National Football League history, there have been 15 players that identified as part of the LGBTQ, however, all of those players had either not competed in a regular-season game or stopped playing before they announced their sexuality. He is extremely proud and open about his LGBTQ status and everyone should as well, whether it be you or a friend, cheer them on! That is not all that happened that night! Later that same game, Carl Nassib had a game-changing forced fumble that allowed his team to win. Talk about a night!



Despite such honorary accomplishments, his big moment had less attention due to the Raiders' ceremonial opening of their new jet-black stadium that had cost \$2 billion. The biggest acknowledgment he received in his last game was some attendants wearing his No. 94 jersey and his teammates. Carl Nassib has chosen to try again and have more people acknowledge him and his accomplishments. He will do this by striding onto the field as he regularly has. Plus, rumour has it that his boyfriend has been revealed! Carl Nassib has set an example for the LGBTQ community to stand strong and push forward!

ARE ATHLETES SOME OF THE MOST UNDERAPPRECIATED LEADERS?

BY: ARNAV SINGH

Being an athlete sounds like a fun job but the majority of people don't realize the responsibilities that come with it. Most athletes are better leaders than people think. They have to be leaders while playing their sport but in their spare time as well. The sad truth is even when athletes have some time away from their sport, they are still being watched closely, so they have to be smart and responsible even when they think no one is watching.

Another big responsibility that comes with being an athlete is being a role model to the younger generation. Young kids will usually follow their role models and try to copy them, so athletes are expected to stay out of trouble and set a good example for the kids. That's not all either, They're also expected to set good examples for their teammates. Athletes have to spend many hours perfecting their crafts. Being a great leader is very respected and appreciated amongst their teammates. Devin Booker recently came out and gave high praise to his teammate Chris Paul for being a great leader. He said " He moves this team, he leads this team, just having him in the locker room takes this team to the next level."

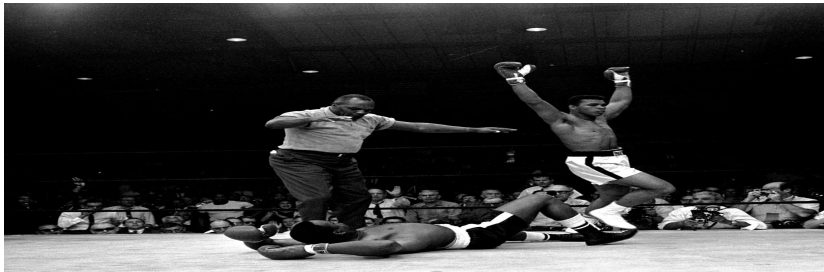
From my personal experience, I was the captain of my hockey team a few years ago. It wasn't because I was the best or most skilled, it also wasn't because I was a vocal leader. I got chosen as captain because I was the hardest working and led by example. This shows that everyone is a different type of leader.



MUHAMMAD ALI'S IMPACT ON THE WORLD

BY: JOSHUA CONNELL

Muhammad Ali is an American boxer that inspired many people like myself to fight for something that is bigger than them. Being inspired by Ali's charisma is one of the reasons I am who I am. The way he used words to play mind games on his opponents and the way he carried himself throughout his whole career inspired me and many other people around the world. Some achievements that Ali received that are inspiring are the liberty medal for his long-time role as an advocate for humanitarian courses, civil rights and religious freedom. Ali was known for his social message of black pride and his fight against white domination. Muhammad Ali's charisma inspired many current Athletes such as LeBron James who stated "As I got older I started to realize what he did inside the ring is seconds to what he meant outside of the ring". As to why Ali was such an inspiration to many is because of how he always tried to reach for something that was bigger than him, just his words alone would have people getting off their chairs and start working hard. I am someone who has been inspired by Ali, inside the ring the way he mowed down his opponents had me hooked to the screen and outside the ring where he used his success as a way to fight for a bigger picture was forever fascinating to me. Muhammad Ali is one of the greatest and motivational athletes to ever exist and his legacy inspired me to become just as much of a great leader as he was if not greater.



SHOULD SPORTS TEAMS DEVELOP MORE YOUNG LEADERS?

BY: EMILIO TATA

As sports continue to progress and evolve, leadership skills are becoming more and more of a necessity for players to have, and proving to be a useful skill on and off the field.

Many teams aspire to have players such as Cristiano Ronaldo and LeBron James who are able to push and motivate their teams. According to a study conducted by Kedia & Nimkar, when sports players were asked, 67% strongly agreed, 18% agreed, 6.7% neutral, 3.6% disagreed, and 1.8% strongly disagreed that organizations can never succeed without effective team leaders. Yet many smaller teams and youth groups from my experiences and observations, lack these leading players. It is my opinion that more teams should be encouraging and teaching young athletes the necessary skills to become leaders.

By raising young athletes to become team leaders, not only does it benefit the sports teams, but also the athletes in other career paths that they may choose. Recent studies also show that youth who play sports tend to develop transferable skills which could benefit them in the workplace such as, verbal communication, learning to deal with success and failure, strategic development, and self-discipline. So by encouraging and training these leadership skills in young athletes, it benefits the future of sports, the youths in their daily lives, and their future endeavours.

CAN ATHLETES BE SOME OF THE BEST LEADERS IN THE WORLD?

BY: ANWAR ELM



Leaders come in all different shapes, sizes and forms and this is how Ronaldo was probably one of the best leaders in 2016 and gave a lot of soccer fans hope. Ronaldo led his team to a European Championship in 2016 by being the best player for Portugal but when his team needed Ronaldo the most he had gotten injured in the finals. This did not stop Ronaldo though he persevered and he knew he wouldn't be able to help his team on the pitch so he had other plans and actually started coaching Portugal, he would yell where to pass so his teammates wouldn't mess up and it had helped because Ronaldo was one of the best players in the world at the time and getting advice from the best player in the world always helps. Portugal ended up winning the game 1-0 without Ronaldo on the pitch where all the odds were against Ronaldo and Portugal because he was not playing but was still a great leader for Portugal and had led them all the way to the finals. I can connect to this because I once captained my soccer team in a final and we faced the best team in the province at the time and nobody was expecting us to win before the game but with great determination and leadership from me and my team we won! that's how I can connect Ronaldo's leadership story to me and my team. Leadership can be in anything that you put your mind to and anybody can grow up and learn to be a leader because the world needs more of it!

LEADERSHIP IN MEMO

BY: RICKY TRAN

Leadership has no words to describe it but I find that a sense of leadership is trying to keep everyone satisfied and having a plan then executing it and that's exactly what Mr. McAlpine, SAA students and Ms. Drummond have been trying to accomplish. By encouraging students to stay active by hosting outdoor activities such as volleyball intramurals, student vs teacher games until we get the okay from TPH (Toronto Public Health) That we'll be able to play indoors once again.

York Memorial Collegiate Institute hasn't been able to have sports since the pandemic started; some students haven't even been able to play sports at all, seniors getting anxious and added on stress because they might not be able to play their favourite sport for their final year of high school. I'm speaking from personal experience. This has caused a lot of stress as I just wanna play sports with my fellow classmates for our last year. Since not everyone is going to the same university/college and honestly it's made me emotional thinking about it because most of them I met through playing sports volleyball, basketball, track and soccer but knowing the leaders of our school are trying their best to bring back sports makes me feel better because I know they're trying their hardest to have us play sports again.

On September 20th, 2021 at about 10:26 an email was sent by TPH that low contact sports are able to be played indoors once again with masks of course. As soon as we got that email, guess who was already acting on it our leaders Mr. McAlpine, SAA students and Ms. Drummond planned a meeting took time out of their own day for us to try to figure out how they were gonna be able to play sports and it was established that day we could play indoor intramural sports starting Monday, Sep 27, 2021. As if they didn't just plan to keep doing outdoor intramural sports. It takes a real leader to take time out of their own day and life to figure out and discuss with their peers about how they wanna go about making a plan so us students can be happy and play sports and luckily we have multiple leaders here at memo.

