

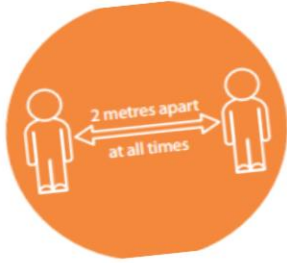
York Memorial CI

Returning Safely To School



September 16, 2020





Keep Your Distance

Stay 2 metres apart from others and do not gather in groups.



Clean Your Hands

Wash hands frequently with soap and water for at least 20 seconds or use an alcohol-based hand sanitizer containing at least 70% alcohol.

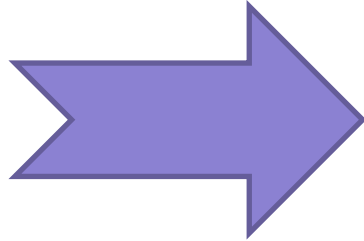
Returning Safely To School



Cover Your Cough

Cover your mouth and nose when you cough, sneeze or blow your nose. Put used tissues in the garbage immediately and clean your hands. If you do not have a tissue, cough or sneeze into your sleeve.

You will need to do a
**Self Assessment
Check** each day
before coming to
school.



COVID-19

Do you have any of the following:



Fever



Cough



Difficulty breathing



Sore throat,
trouble swallowing



Runny nose or
red eyes



Loss of taste or
smell



Not feeling well,
tired or sore muscles



Nausea, vomiting,
diarrhea



Have you been in close contact with someone who is sick or has confirmed COVID-19 in the past 14 days?



Have you returned from travel outside Canada in the past 14 days?



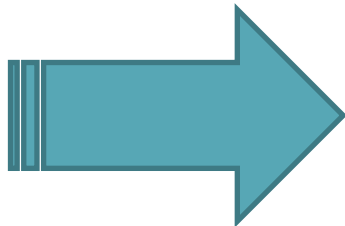
If you answered YES to any of these questions, go home & self-isolate right away. Call Telehealth or your health care provider, to find out if you need a test.

TORONTO.CA/COVID19

 **Toronto** Public Health



**Self Assessment
Checks can be
done in two
ways.**



TDSB Student Health Pass

The most important thing families can do to help slow the spread of COVID-19, is to screen their children daily for any COVID-19 symptoms and keep them home from school if they are sick or have had close contact with anyone diagnosed with COVID-19.

Review this COVID-19 checklist daily with your child. Sign* below each day to confirm that your child does not have any symptoms or have had other exposure to COVID-19. We all have a role in keeping our schools safe and healthy.

Student Name : _____

Date: _____ Signature: _____

Date: _____ Signature: _____

Date: _____ Signature: _____

Date: _____ Signature: _____

Date: _____ Signature: _____

Date: _____ Signature: _____

Date: _____ Signature: _____

Date: _____ Signature: _____

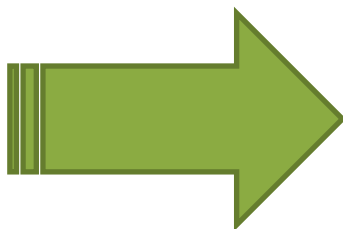
Date: _____ Signature: _____

Date: _____ Signature: _____

* Parent/Guardian of Kindergarten to Grade 8 students to sign. High school and adult students can sign themselves.



Self Assessment Checks can be done in two ways.



HEALTH SCREENING APP

How to Use the Health Screening App (At-Home)



The Health Screening App can be accessed by:

1. Visiting <https://tdsb.service-now.com/tswp> (web based); or
2. Downloading the app on to your phone or tablet:
 - Visit the [Google Play Store](#) (Android devices) or [Apple App Store](#) (iPhones or iPads)
 - Download the Now Mobile app
 - Locate the Now Mobile app on your device and click the icon to launch it
 - Type tdsb in the top field and click Save and Login
 - Log in with your TDSB email address and password



Now Mobile
ServiceNow

Login with student or staff account and password

- If you don't know your student account information, please contact IT Services Support via [Student Password / Device Help](#)
- If you don't know your staff account information, please [Chat with an Agent](#)

Please note:

- Parents/guardians are to use their child's TDSB account information to login to the Health Screening App.
- If you don't know your child's student account information or cannot access it, please feel free to use the [Health Screening Paper Pass](#).

Click on **At-Home Screening**. Fill out the form and answer the various health questions



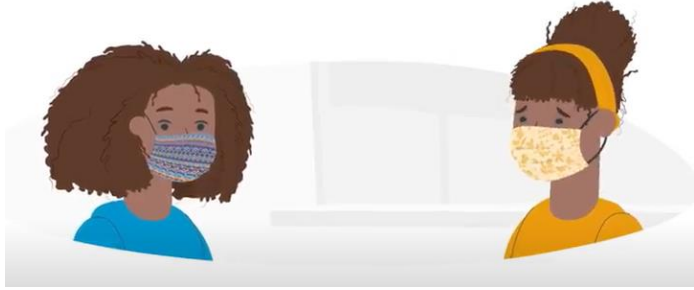
Based on your answers, you will receive an entry granted or entry denied message:

- If you receive an entry granted message, you will be provided with a QR code that will be scanned upon entry at any school or administration site. If you don't have access to the QR code (i.e. no access to a handheld device such as a smartphone), a staff member on-site will be able to look up your access code using your first and last name.
- If you are denied entry, you will receive a message that states you are not cleared to enter a TDSB site; that you must notify your supervisor or principal immediately; and that you must stay home from school or work, contact Telehealth or a medical professional for guidance.

An active health screening must be done each day prior to leaving home – using the health screening app (electronic) or the health screening paper pass. Your health screening information will be verified prior to entering a school or administration site by a staff member.

Please note that all absences from school or work must be reported to your principal or supervisor, according to the regular attendance procedures.





Wear A Mask

Students must wear **non-medical masks or face coverings** while in school.

Proper Use of a Mask/Face Covering

- ☐ Do **not share** your mask/face covering with others.
- ☐ **Wash** your hands before putting on and after taking off a mask/face covering.
- ☐ Place the mask/face covering **over your nose, mouth and chin**.
- ☐ **Avoid** touching your face and mask/face covering while using it.
- ☐ **Change** your mask/face covering as soon as it is moist or dirty.
- ☐ After wearing for a day, disposable masks/face coverings **should be** discarded and not used again.

Wear A Mask-Continued

Students must wear **non-medical masks** or **face coverings** while in school.

Proper Use of a Mask/Face Covering

- ❑ **Do not leave** your mask/face covering tucked under your chin, hanging from your ear, or on your forehead.
- ❑ **Remove** the mask/face covering by the ear loops without touching the front of the mask.
- ❑ After wearing reusable cloth masks/face coverings, put in a **plastic bag** or directly in the laundry bin to be washed after use.
- ❑ Launder cloth masks/face coverings with other items using the **hot cycle and dryer**, or follow the care instructions provided by the manufacturer.

Click on the following link to watch a video on how to wear a mask correctly

[How to a Mask Correctly Video](#)



Entering Into The School

**School Doors Will Open
For Students At 8:30
a.m. Daily**

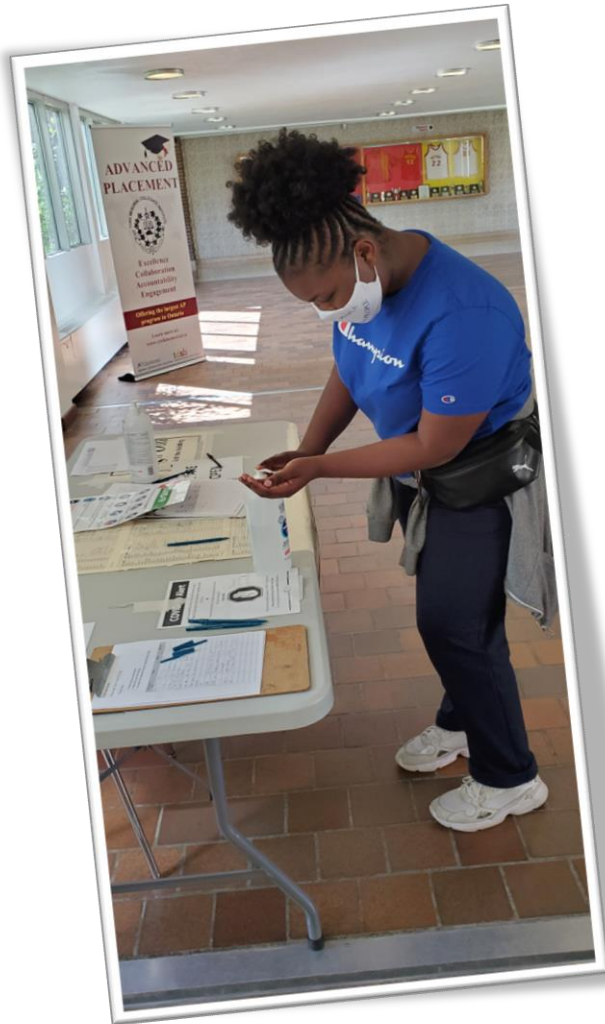


- All students, staff and visitors are to enter through the **school's main front doors.**
- Remember you must do your **Self Assessment Check** prior to coming to school.



- ❑ When waiting to enter the school building **please wait and line up** in single file remembering to keep a social distance of 2 metres.
- ❑ Once inside the building a **Greeter** will confirm that you have completed the daily **Self Assessment Check** list.





**Use Hand
Sanitizer when
you enter into the
school building.**

- ❑ Follow the **directional signs posted** on the floors & walls around the school building.
- ❑ Remember to **stay to your right** when walking.
- ❑ Keep **your 2 metre social distance** when moving around the school.





- ☐ **LOCKERS** cannot be used at this time.
- ☐ Please **STOP** at the entrance of all offices which have the stop sign on the floor.





- ☐ Walk by following **the direction of the arrows displayed** on the floors
- ☐ The **cafeteria is closed**. Please bring your own snacks/lunch



Water Fountains – Please Bring A Reusable Water Bottle to School



**For health reasons
Please Do NOT drink
from the water fountain.
You may however use
the fountain to fill your
water bottle.**

**There will be one water
fountain available on the
main floor and one on
the second floor.**



INSIDE THE CLASSROOM

- ❑ Classrooms **furniture** has been **arranged** to maintain **social distancing**
- ❑ Seating Plans will be used in all classrooms
- ❑ Please use hand sanitizer when you enter the classroom
- ❑ **Respect** each others personal space



MENTAL HEALTH & WELL BEING

A KEY FOCUS @ MEMO

- ☐ We recognise that returning to school, especially with all these changes will be challenging. It's ok to feel nervous, afraid and/or anxious. These are natural feelings.

REMEMBER

- ☐ We are here for you
- ☐ You are not alone, we have lots of supports in place to help you
- ☐ We care about your academic, social and emotional well being. We care about WHOLE YOU!
- ☐ The school is filled with caring adults please reach out to an adult anytime for additional support.



Don't Worry there will be scheduled break times !



MENTAL HEALTH
& WELL-BEING
FOR ALL

Well-Being

Four Domains of Well-Being

Physical — the growth and development of the body, affected by physical activity, sleep patterns, healthy eating and healthy life choices.

Emotional — the ability to learn about and experience emotions, and understand how to recognize, manage, and cope with them. It includes developing a sense of empathy, confidence, purpose and resilience.



Cognitive — the development of abilities and skills such as critical thinking, problem solving, creativity, and the ability to be flexible and innovative.

Social — the development of self-awareness, including the sense of belonging, collaboration, relationships with others, and communication skills.

RETURNING TO SCHOOL

Daily Checklist for High School



This year, we have new health and safety measures in place to help keep students and staff safe from the spread of COVID-19. Everyone plays a critical role in supporting health and safety in our school communities.

Every day, please:

Screen your child for symptoms of COVID-19 and keep them home if they:

Feel sick or have symptoms of COVID-19

☐

Have been in close contact with someone who is sick or has confirmed COVID-19 in the past 14 days

☐

Have returned from travel outside of Canada in the past 14 days

☐

Confirm your self-assessment by completing it through the [Health Screening App](#) or signing and bringing the [TDSB Health Pass](#)

☐

Have multiple snug and comfortable **masks**, so you can wash them daily and have back-ups ready. Pack a few masks each day and a bag for soiled masks to go in during the school day.

☐

Practice proper **hand washing**, especially before and after eating, sneezing, coughing, and adjusting a mask or cloth face covering.

☐

Pack a **full water bottle** and **litterless lunch** and snacks daily. Cafeterias will not be open.

☐

Follow your school's **local protocols**, including using the designated entry doors, following the flow of traffic, maintaining **physical distancing** and capacity limits in washrooms and elevators.

☐

Be patient and flexible as we adjust to these new measures to help keep everyone safe.

☐

VIDEOS

[How to Hand Wash](#)

[How to Hand Rub](#)



Any Questions