



FRIDAY FILE – Nov. 10, 2023

KINDNESS. RESPECT. PRIDE.

Follow us on X (former Twitter) @ZionTdsb

School Website Link <https://schoolweb.tdsb.on.ca/zionheights/>

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Dear Zion HMS families,

We hope you all had a wonderful week at ZHMS!

This week we honoured our soldiers and fallen heroes who gave their lives as well as all others who made sacrifices during wartime efforts at our Remembrance Day Assembly. We also acknowledged our Indigenous Veterans who served in combat during National Indigenous Veterans Day on November 8th.

We also have an important week ahead! Tuesday, Nov. 14th is ***Photo Retake Day*** (AM only) and ***Elementary Progress Report Cards*** will be going home to families next Tuesday as well. Parents will have the opportunity to meet with teachers during ***Parent -Teacher Conferences*** later on in the week!

In this week's Friday File, we will share important information on how families can book online appointments to meet with our teachers during the upcoming ***Parent -Teacher Conferences on Thursday, Nov. 17th (evening) and Friday, Nov. 18th (morning).***

Interpreters and interpretation services will be available to assist families that request them through their homeroom teachers.

Please have a restful weekend!

Chi Le
Principal
Zion Heights Middle School

Monica O
Vice-Principal
Zion Heights Middle School

Looking Ahead at ZHMS

Nov. 14 - Photo Retake Day (AM)

Nov. 14 - Progress Report Cards Go Home

Nov. 14 - **Parents can book P-T Conferences online starting at 7:00 PM**

Nov. 17 - Parent-Teacher Conferences - Evening 5:30 PM - 8:00 PM
(alternate times may be arranged with teachers)

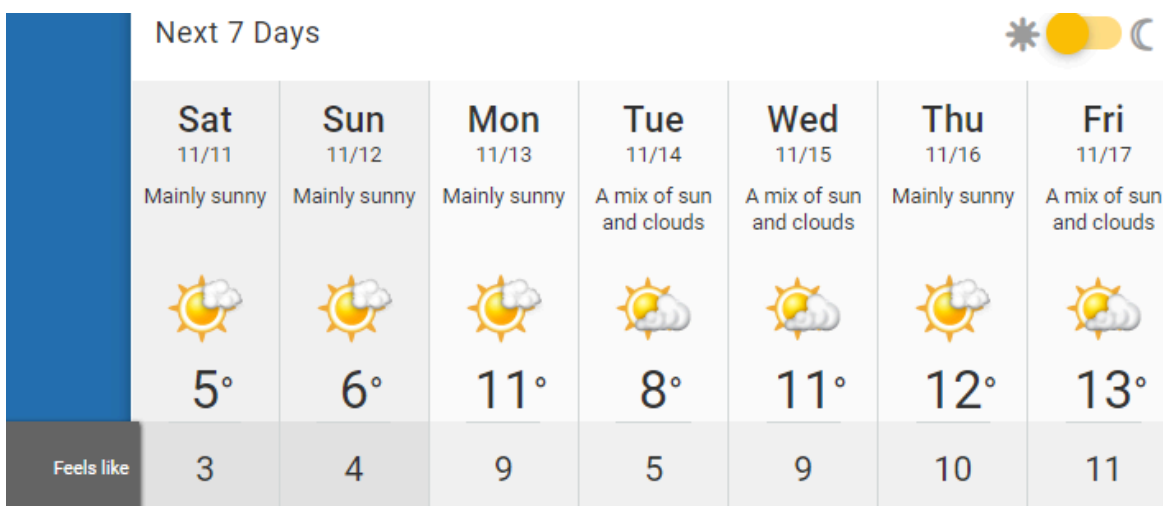
Nov. 18 - Parent-Teacher Conferences - Morning 9:00 AM - 11:30 AM
(alternate times may be arranged with teachers)

Nov. 18 - PA Day - NO SCHOOL

Student Clubs / Extracurriculars Happening Next Week

- Girls Basketball
- Seneca Hill Chess (after school)
- Volleyball (drop-in)
- Karaoke
- Pickleball
- Band / Strings
- Basketball (drop-in)

Students, just a reminder to dress for the weather!



What's Happening at ZHMS...

Thank you to Ms. Gonsalves & our fabulous Gr. 8 student leaders for organizing & hosting our Remembrance Day Assembly today. Thank you for honouring our soldiers & other heroes who sacrificed so much to keep us all free - lest we forget @tdsb @MrLeTDSB @0775693910 @ndanielle_cg



Happy Diwali to all ZHMS community members who are celebrating on Sunday, Nov. 12th



Diwali is the Hindu festival of lights with its variations also celebrated in other Indian religions. It symbolizes the spiritual "victory of light over darkness, good over evil, and knowledge over ignorance"

Dance is not just fun and games - this is serious stuff! (right)

Coach Burgess and Coach Choung getting our girls ready for their upcoming tournaments! (left)



LET'S GO ZION LIONS!!!

Captain Zion aka Mrs. Cattell and our ZAC super duper leadership team can't be stopped! Here they are planning for our upcoming Holiday fundraiser @MrLeTDSB @O775693910 @tdsb



Zion Heights Middle School - IMPORTANT UPDATES:

Elementary Progress Report Cards

Progress Report Cards will be given out to students on Tuesday. Students who are away on Tuesday can pick up their Progress Report Cards from their homeroom teachers the following day. If you have any questions regarding your child's Progress Report Card or would like to contact your child's homeroom teacher please email them directly.



Parent-teacher conferences provide an opportunity for families, students and teachers to share important information about student learning and progress, and the development of learning skills to support student success. This is also an opportunity for parents to meet with their child's homeroom teacher. Parent-Teacher Conferences will be in-person on **Thursday, November 16th from 5:30 PM - 8:30 PM and Friday, November 17th from 9:00 AM - 11:30 AM.**

- Virtual appointments and alternate times may be arranged with ZHMS homeroom and rotary teachers
- Please register online on School Appointments before booking Parent-Teacher conferences online
- **How to use SCHOOL APPOINTMENTS ONLINE:** [School Appointments - Parent Instructions](#)

The online sign-up will open on Tuesday, Nov. 14th at 7:00 pm

Please contact the main office or your child's homeroom teacher if you have any questions regarding booking an online appointment.

If your child is progressing well or progressing very well in their subject areas an interview with your child's homeroom teacher will not be required at this time

Grade 8 to 9 Transitions

Central Student Interest Programs Update

Expressions of Interest must make reference to or be directly connected to the Central Student Interest Program and the type of program(s) you have applied for.

Possible options include.

- Written submissions (Examples: blog, essay, opinion piece, poem, short story, script, etc.) that refers to the program(s) OR
- Text-based submissions (Examples: PowerPoint, Canva, Mindmap, etc.) OR
- Audio or video submissions contain student performance that is connected to the program(s) OR
- Photographs/ digital versions of student artwork or projects accompanied by a brief description of the work and/or its meaning.

All applicant submissions must adhere to TDSB policies regarding Human Rights, Discrimination and Hate. Submissions. Expressions of Interest that contravene these policies will be addressed and the applications will be deemed incomplete.

Incomplete applications will not be considered.

This information can be found on the [Elementary Expression of Interest website](#) and the [Secondary Expression of Interest website](#).

The online Central Student Interest Program application will remain open until 4:00 p.m. on Friday, November 24, 2023. There is no rush to apply. Interested students are encouraged to attend a variety of Open Houses to learn more about the specific program offerings.

If you have any questions regarding Grade 8 to 9 Transitions, please contact our Guidance and Transitions Teachers or your child's Grade 8 homeroom teacher

For classes 7/8A, 8A, 8B please contact Mr. Singh (Rakesh.singh@tdsb.on.ca)

For classes 7/8B, 8C, 8D, 8E please contact Mrs. Cattell (Cory.cattell@tdsb.on.ca)

SCHOOL COMMUNITY MESSAGES

TDSB Virtual Community Fair for Parents/Caregivers of Children, Youth and Young Adults with Special Education/Complex Needs

Come Meet with Lead Community Agencies and Learn about their Community Programs, Respite, Social Skills and Recreational Programs that support Children, Youth Or Young Adults With Special Education/Complex Needs. Get started on accessing much-needed supports that will aid with the overall development of your child/youth/young adult.

When: Monday, November 13th, 2023, from 9:30 am to 12:00 noon and the same information

will be repeated on Monday, November 20th, 2023, from 5:30 pm to 8:00 pm.

[Click here to join the meeting](#) Meeting ID: 255 846 447 429 Passcode: 3BWFVF

TDSB Winter Outerwear Drive

The TDSB [Winter Outerwear Drive](#) has launched and will run until February, 2024. With your support, we can ensure that students are properly equipped for Canadian winter weather so that they can focus on learning and enjoying all of the fun outdoor activities that winter has to offer.

TDSB Mental Health Resources

Need Immediate Help?

- [TDSB SOCIAL WORK & SUPPORT FOR FAMILIES](#)
- Telehealth Ontario at 1-866-797-0000
- Kids Help Phone at 1-800-668-6868 or texting CONNECT to 686868
- [Mental Health TO](#)
- [211](#) – community supports such as food banks, housing and more.
- [Toronto Public Health](#)

